

The Mithibai Chronicles



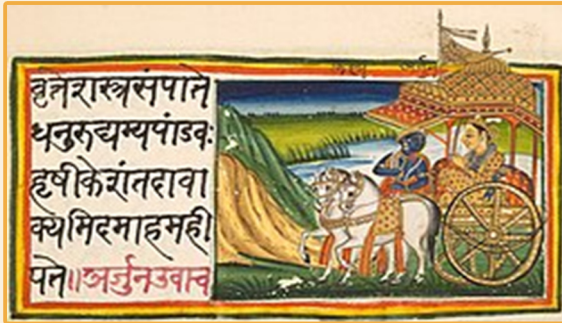
॥ श्रीमद् भगवद्गीता जयंती ॥

यदा यदा हि धर्मस्य ग्लानिर्भवति भारत!
अभ्युत्थानमधर्मस्य तदात्मानं सृजाम्यहम्

The Mithibai Chronicles is a bimonthly newsletter of Mithibai College Jitendra Library. The main objective of this Newsletter is to provide information about New Arrivals and other library resources to library users. Additionally, it serves as a communication channel between a library and its users.

The current issue of this newsletter is devoted to the Sacred Book - The Bhagavat Gita. 1st December is celebrated as Gita Jayanti in India. Mithibai College Jitendra Library organised a book display on this occasion, and the Department of Philosophy conducted activities for students in the library. We provide insights into a few books through the reviews here. A few of the reviews are by Ms. Tanuja Yelale, Assistant Professor- Department of Philosophy, and a few are obtained from online sources. I am sure these reviews will develop the quench among the readers to read the entire book.

Archana Garate
Librarian



The Bhagavad Gita often referred to as the Gita, is a Hindu scripture, likely composed in the second or first century BCE, which forms part of the epic poem Mahabharata. The Gita is a synthesis of various strands of Indian religious thought, including the Vedic concept of dharma (duty, rightful action); Sankhya-based yoga and jnana (knowledge); and bhakti (devotion). Among the Hindu traditions, the Gita holds a unique pan-Hindu influence as the most prominent sacred text and is a central text in the Vedanta and Vaishnava traditions.



Happy Reading

Dear Readers,

Mithibai college's 'Jitendra library' has a rich collection of books themed on the ancient Indian text called 'Bhagavad Gita'. There are multiple versions of edited Gita texts and multiple interpretations of the teachings of Gita by various scholars in the field. Here we have selected some of the most important gems from the collection and taking the humblest responsibility to acquaint you with these books.



The Bhagavad Gita is traditionally attributed to the sage Veda Vyasa (or Krishna Dvaipayana Vyasa), who compiled it as part of the epic Mahabharata, with the divine words spoken by Lord Krishna to Arjuna on the battlefield. While Vyasa is considered the literary author and compiler who recorded the text, Krishna is the divine source of its teachings, and some scholars suggest multiple authors for the entire epic.

Key Figures & Roles:

- **Lord Krishna**

The divine speaker who imparts wisdom about duty (dharma), yoga, and devotion to Arjuna.

- **Ved Vyasa**

The revered sage who compiled the vast Mahabharata, including the Gita, and dictated it (traditionally to Lord Ganesha).

- **Arjuna**

The warrior prince who receives Krishna's teachings.

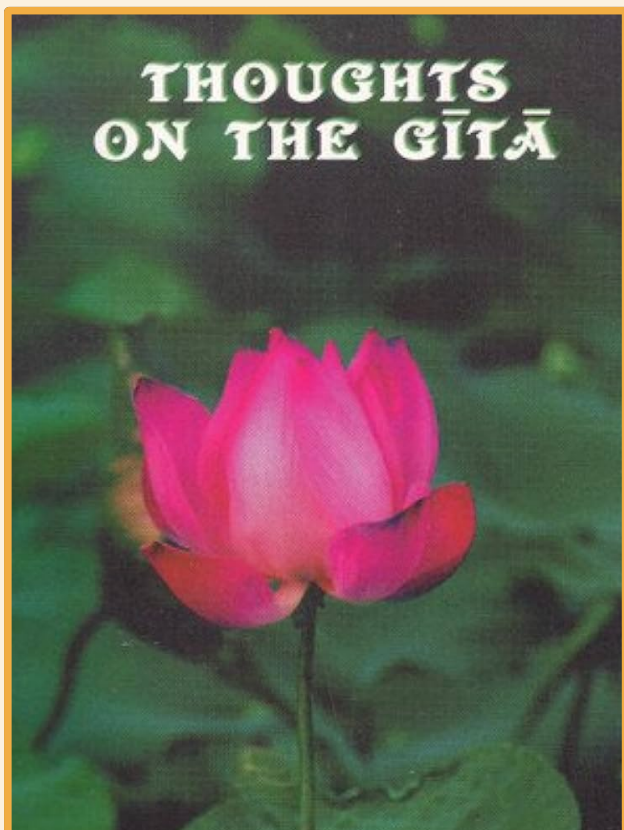
- **Sanjaya**

The narrator who, gifted with divine sight, relays the conversation between Krishna and Arjuna to the blind King Dhritarashtra.

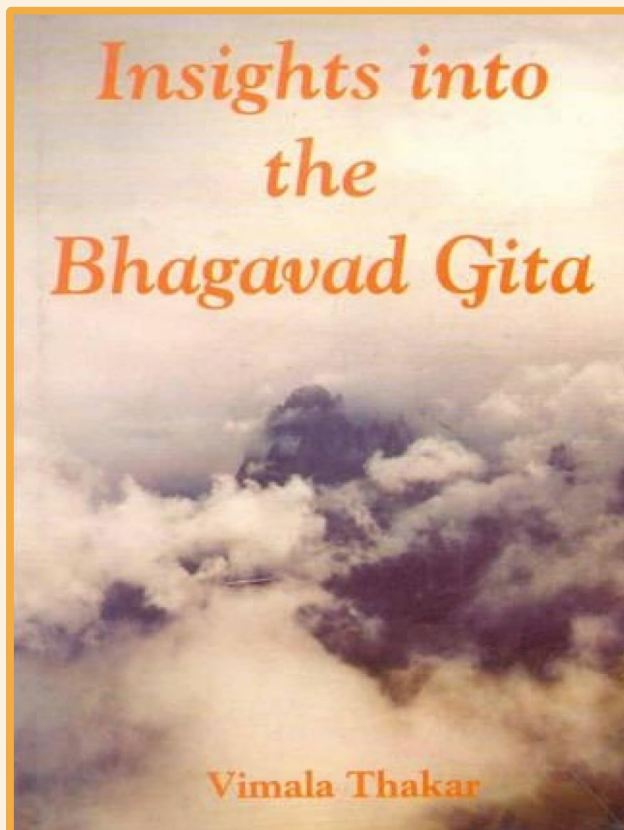
In essence: Vyasa wrote down the dialogue that occurred between Krishna and Arjuna, making him the author/compiler, while Krishna provided the profound spiritual message.

The oldest surviving manuscript of the Bhagavad Gita is dated 1492 CE and is kept at the Bodleian Library at the University of Oxford. However, a silicon copy of the same manuscript is also kept in the Indira Gandhi National Center for Arts, Delhi.

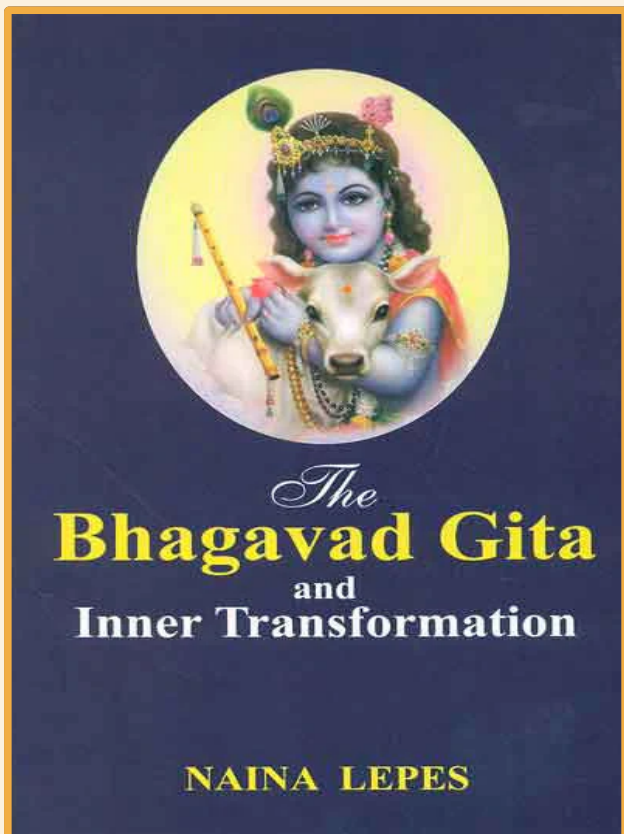
The Bhagavad Gita is a philosophical dialogue between Arjuna and Krishna within the Mahabharata, addressing concepts of duty and spirituality, while the Shrimad Bhagavatam is a narrative Purana that primarily focuses on the life and teachings of Lord Krishna, emphasizing devotion and mythology.



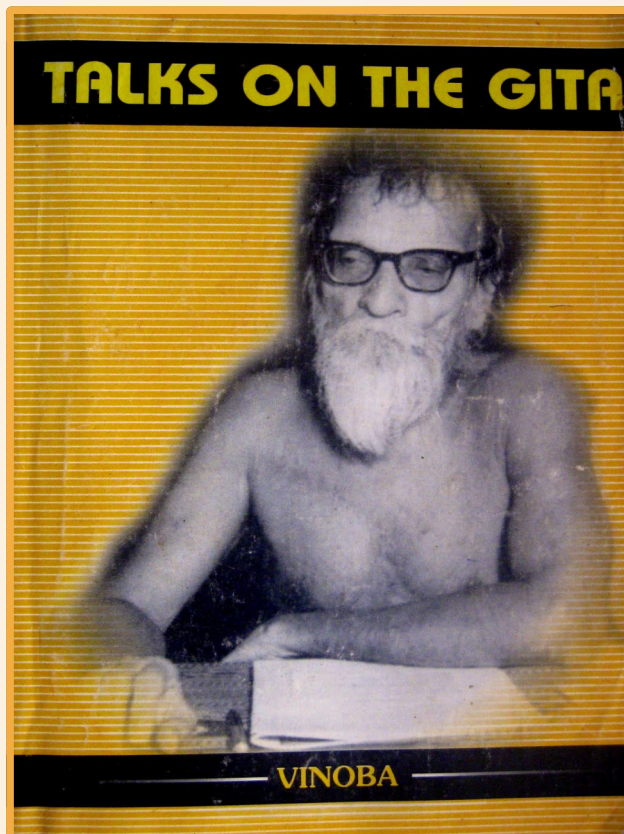
Title of the Book : Thoughts on the Gita
Author of the Book : Smt Hansaji Jayadev Yogendra
Accession : 294.5924 / HAN / D040873



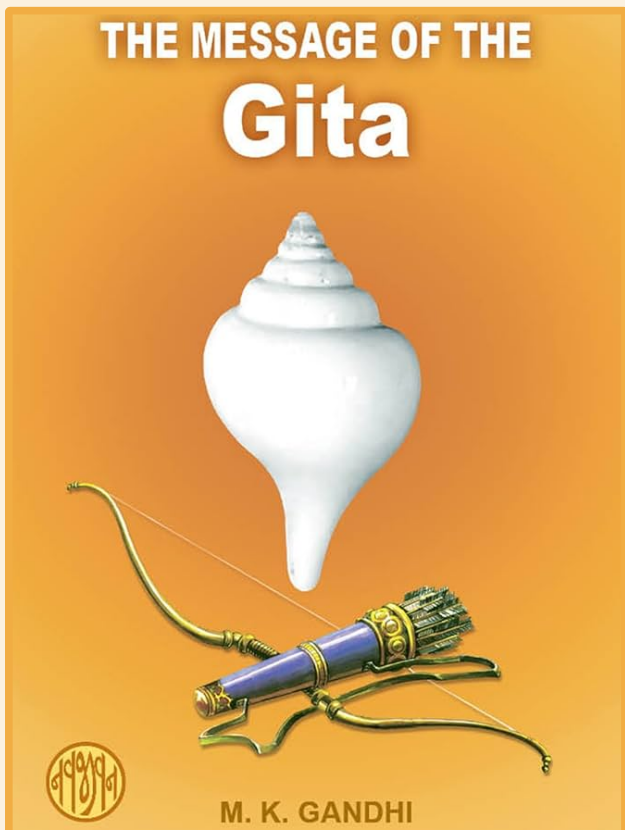
Title of the Book : Insight into the Bhagavad Gita
Author of the Book : Thakar, V.
Accession : 294.5924 / THA / D053842



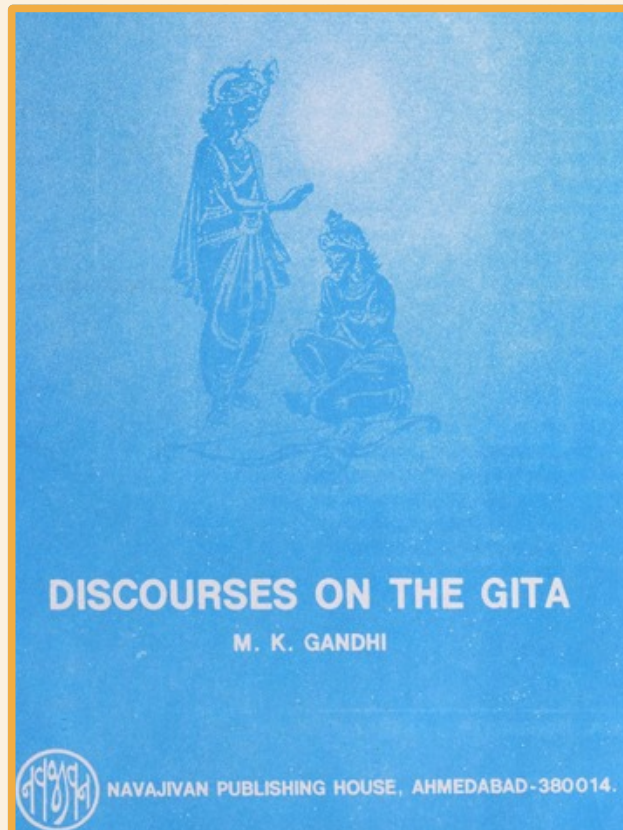
Title of the Book : The Bhagavad Gita and Inner Transformation
Author of the Book : Lepes, N.
Accession : 294.5924 / HAN / D040873



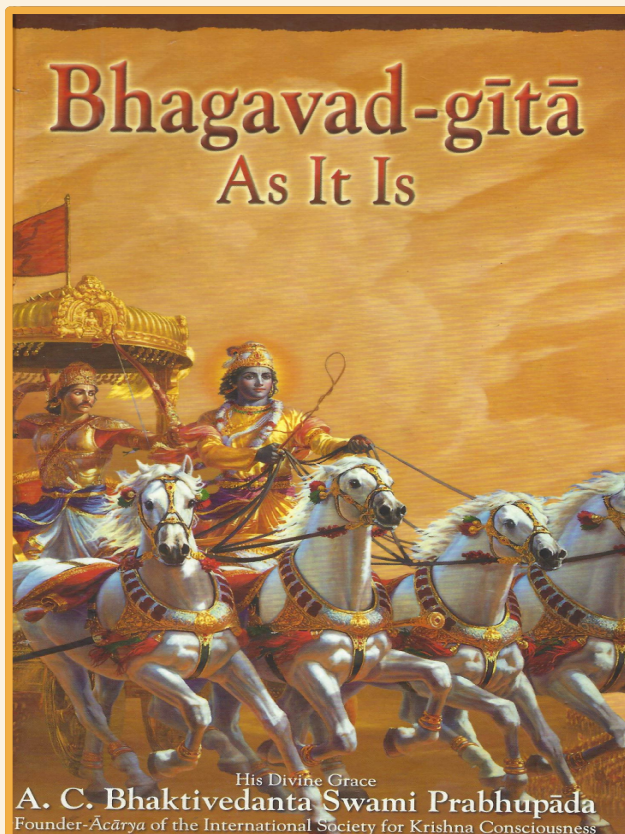
Title of the Book : Talks on the Gita
Author of the Book : Bhave, V.
Accession : 294.5924 / BHA / D062928



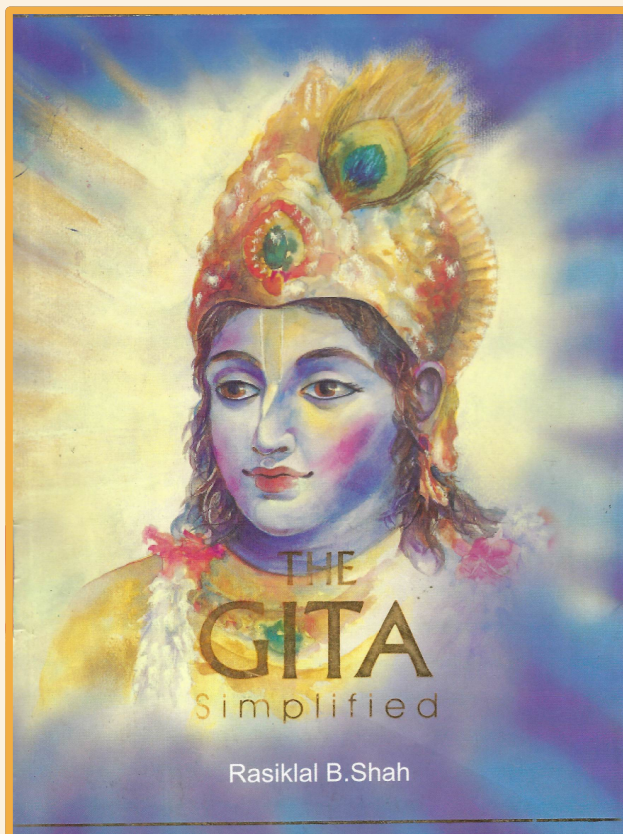
Title of the Book : Message of the Gita
Author of the Book : Gandhi M. K.
Accession : 294.592 4 / GAN / D062939



Title of the Book : Discourses on the Gita
Author of the Book : Desai, V.
Accession : 294.5924 / GAN/DES / D062941



Title of the Book : Bhagavad Gita as it is
Author of the Book : Prabhupada
Accession : 294.5924 / PRA / D052568



Title of the Book : Gita Simplified
Author of the Book : Shah, R.
Accession : 294.592 / SHA / U013781

Ashtavakra Gita
— Song of Self-realisation —
Commentary by
Swami Chinmayananda

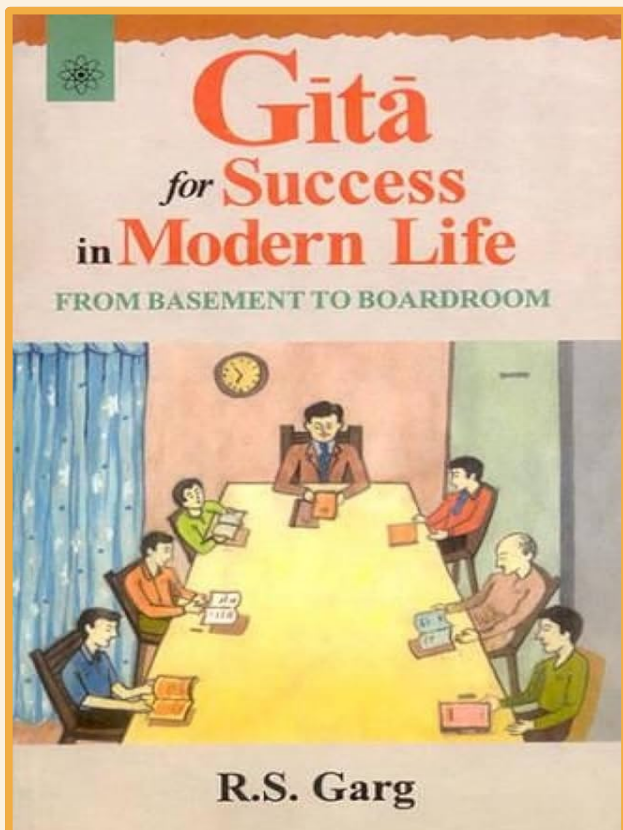
Title of the Book : Ashtavakra Gita
Author of the Book : Chinmayananda, S
Accession : 181.482 / CHI / D061481

Swami Someswarananda
Business Management
The Gita Way
Title of the Book : Business management the Gita way
Author of the Book : Someswarananda, S.
Accession : 658 / SOM / M002150

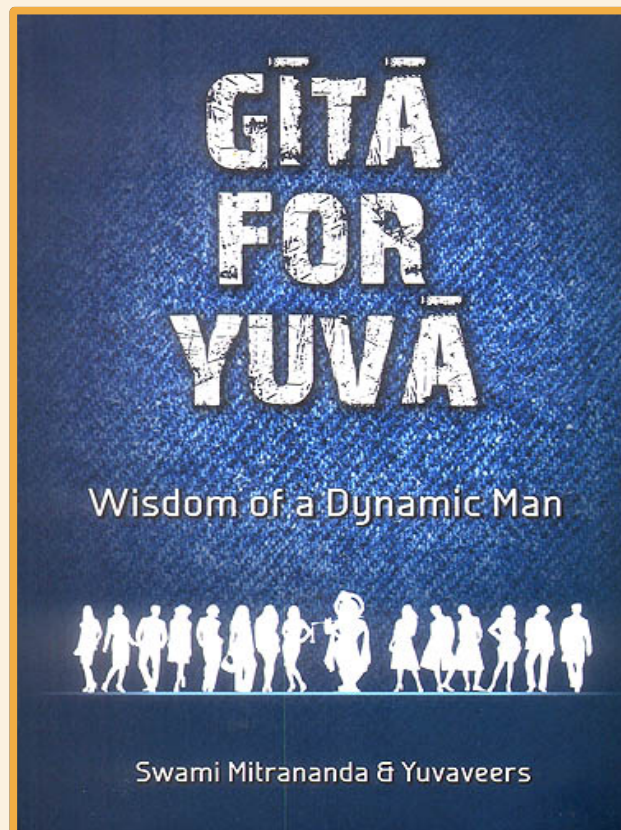
GITA
ACCORDING
to **Gandhi**
MAHADEV DESAI

Title of the Book : Gita according to Gandhi
Author of the Book : Desai, M.
Accession : 294.592 / DES / D013436

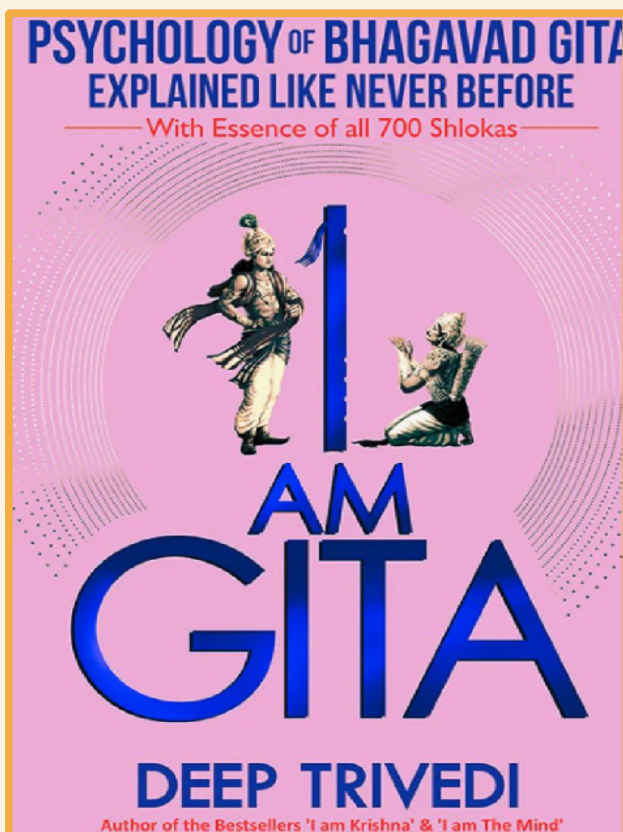
GITA
ACCORDING
TO
GANDHI
Mahadev Desai
PRABHAT
Title of the Book : Gita according to Gandhi
Author of the Book : Desai, M.
Accession : 294.592 / DES / D013437



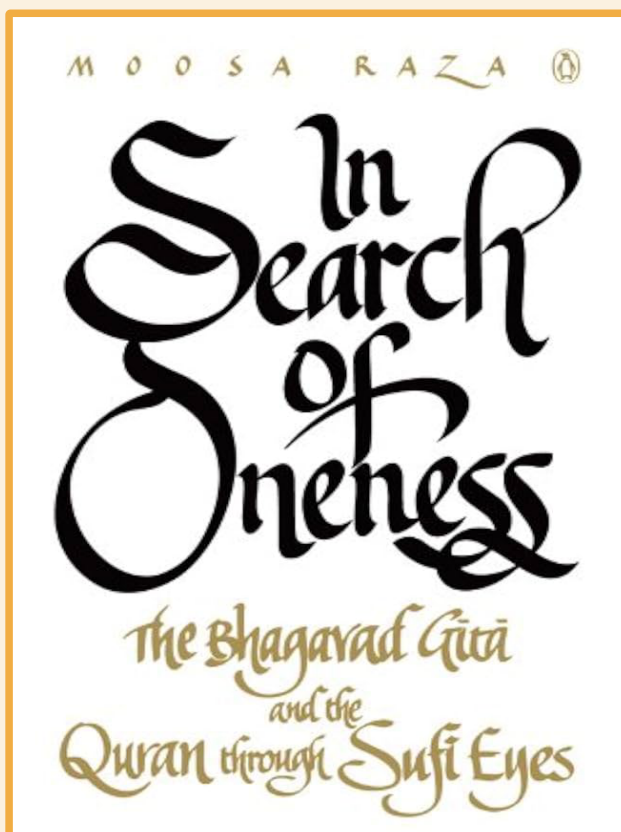
Title of the Book : Gita for Success in Modern Life
Author of the Book : Garg, R.
Accession : 294.5924 / GAR / D053838



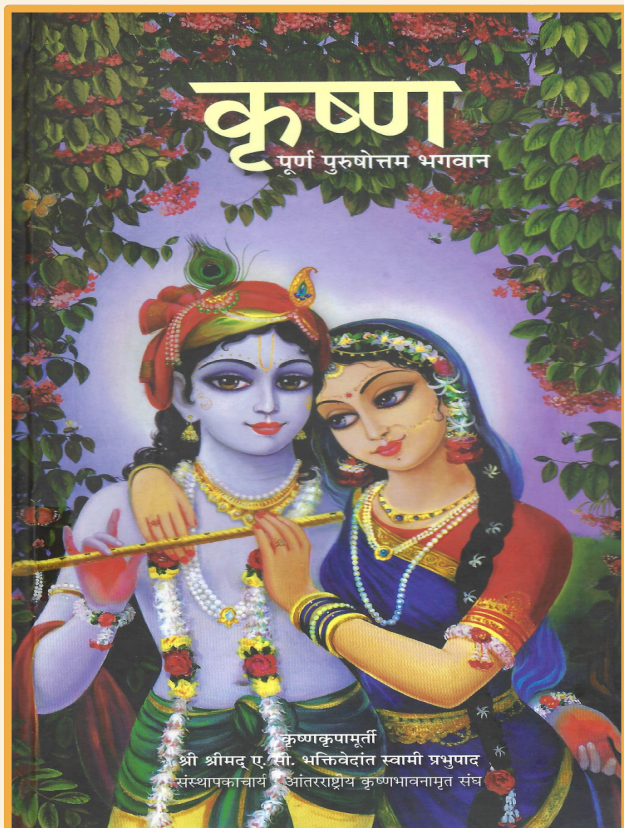
Title of the Book : Gita for Yuva - Wisdom of a Dynamic Man
Author of the Book : Mitrananda, S.
Accession : 294.5924 / MIT/YUV / D061480



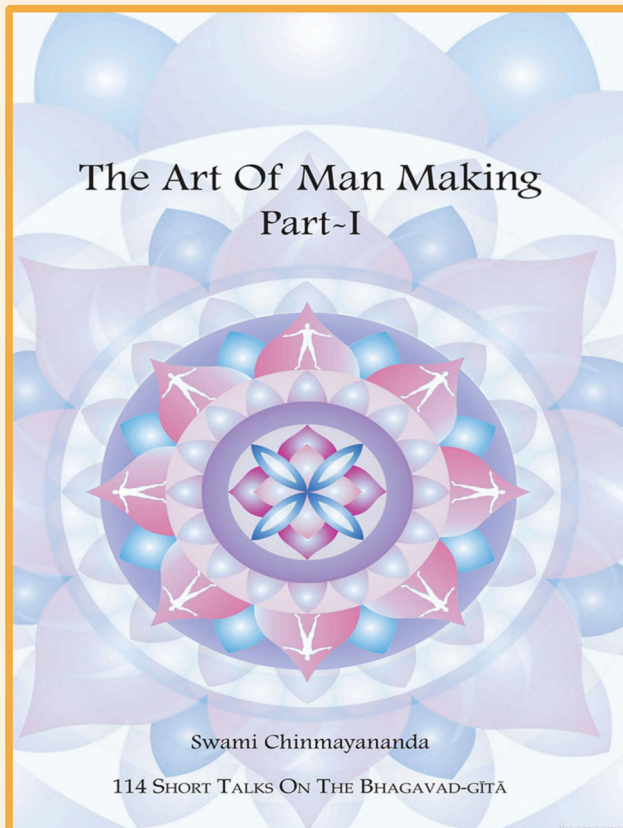
Title of the Book : I am Gita
Author of the Book : Trivedi, D.
Accession : 294.5924 / TRI / D066073



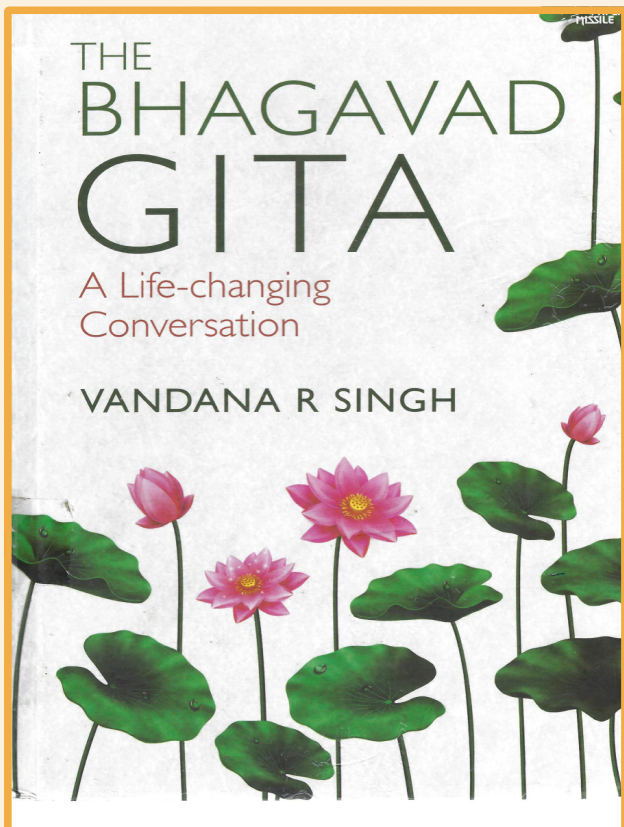
Title of the Book : In search of oneness
Author of the Book : Raza, M.
Accession : 212.7 / RAZ / D061617



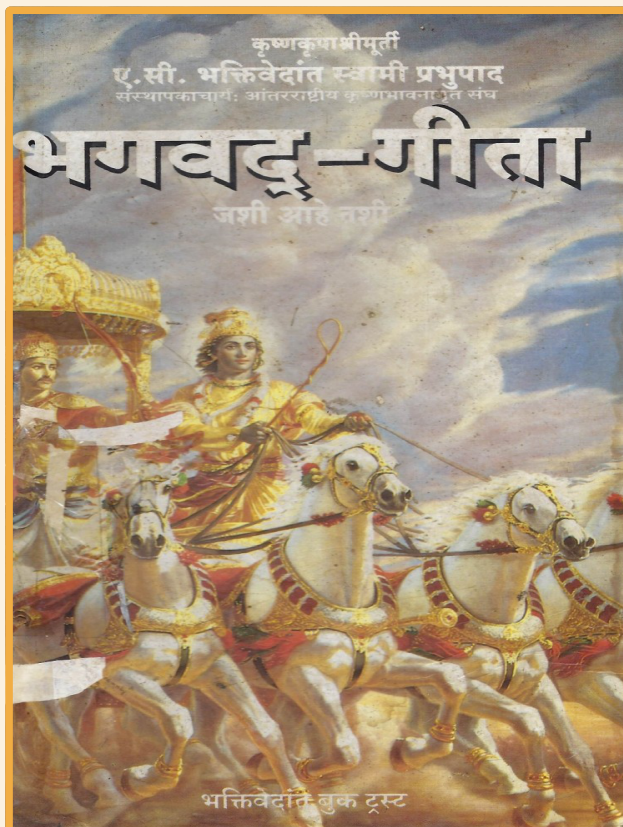
Title of the Book : KRSNA
 Author of the Book : Prabhupada, A.
 Accession : 294.5924/ PRA/ D044895



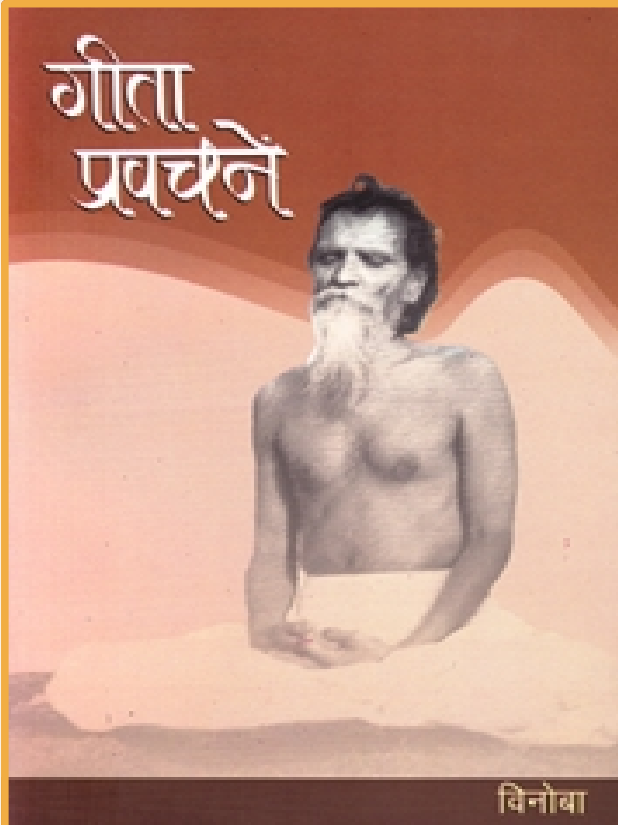
Title of the Book : Art of Man Making Part I
 Author of the Book : Chinmayananda, S.
 Accession : 294.5924/ CHI/ D061821



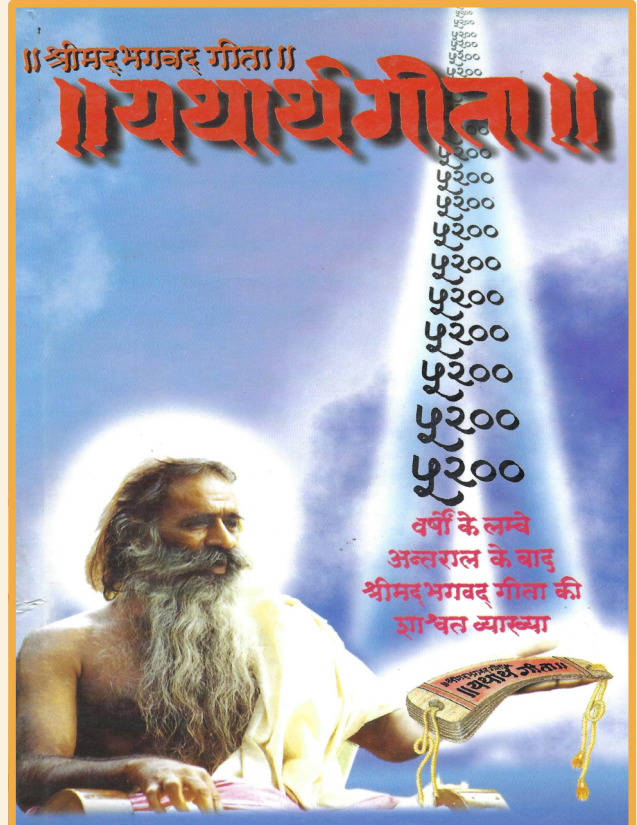
Title of the Book : Bhagvad Gita
 Author of the Book : Singh, V. R.
 Accession : 294.5924/ SIN/ D065432



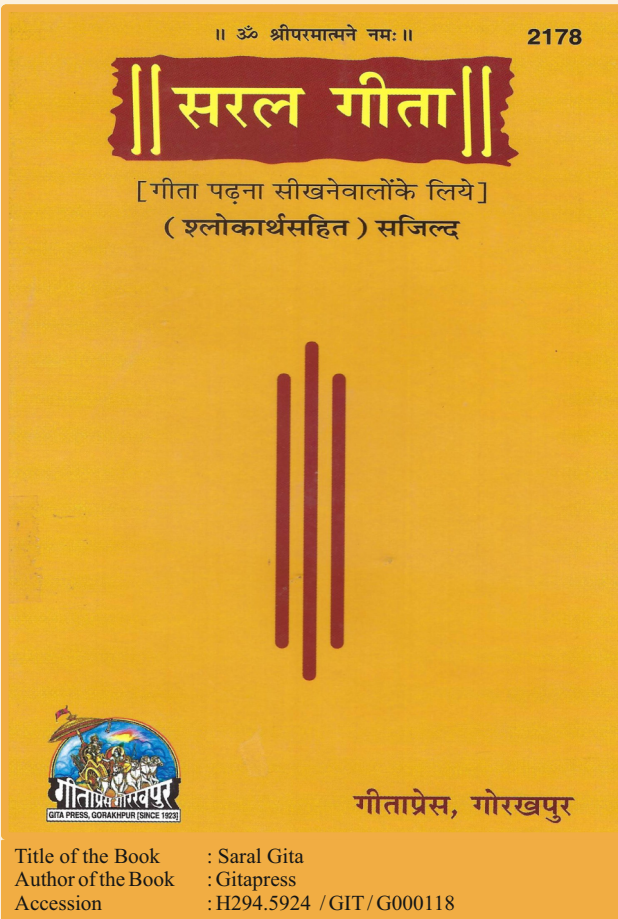
Title of the Book : Srimad Bhagvatam
 Author of the Book : Prabhupada, A.
 Accession : 294.5925/ PRA/ D061039



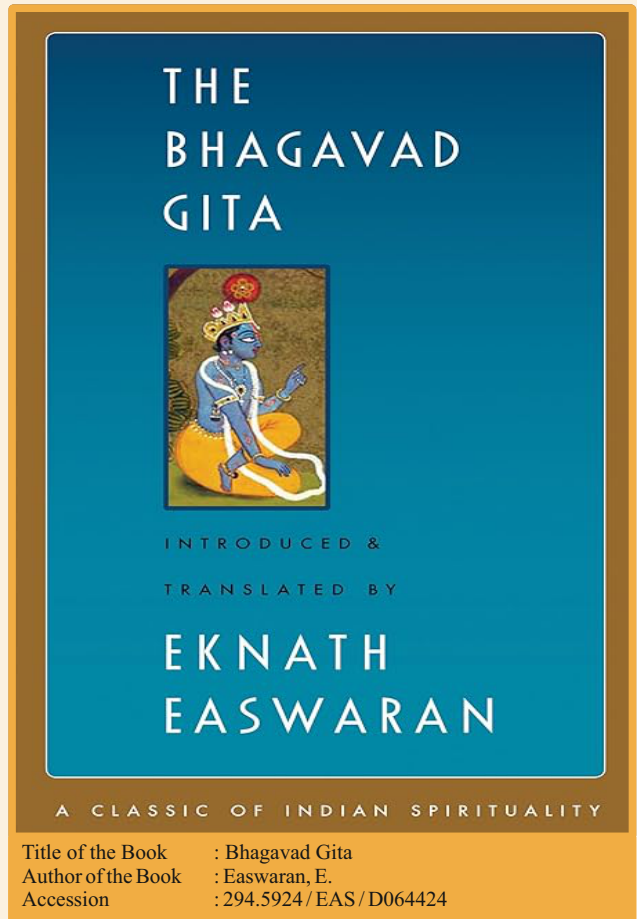
Title of the Book : Geeta Pravachane
Author of the Book : Bhave, V.
Accession : M 294.5924 / BHA / D062933



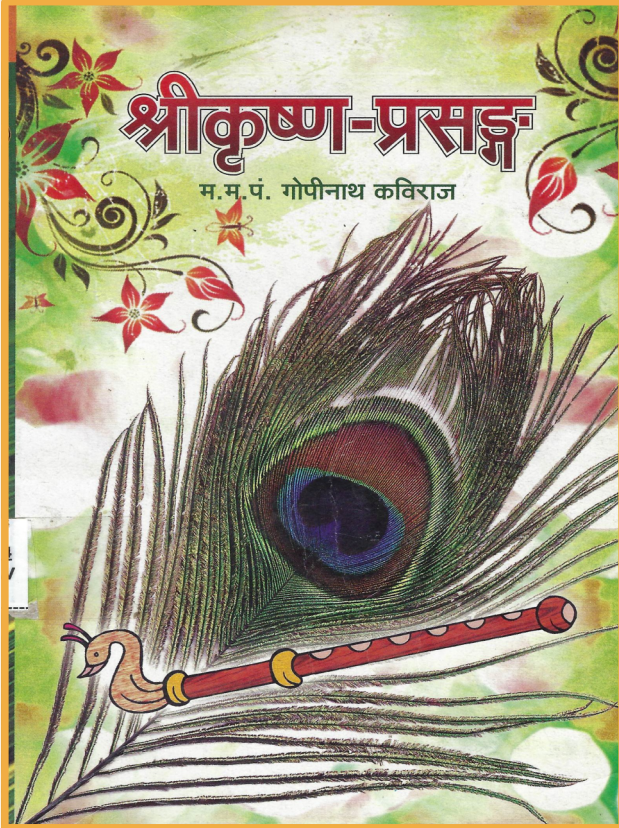
Title of the Book : Yatharth Geeta
Author of the Book : Adgadanandaji
Accession : H 294.5924 ADG 42447



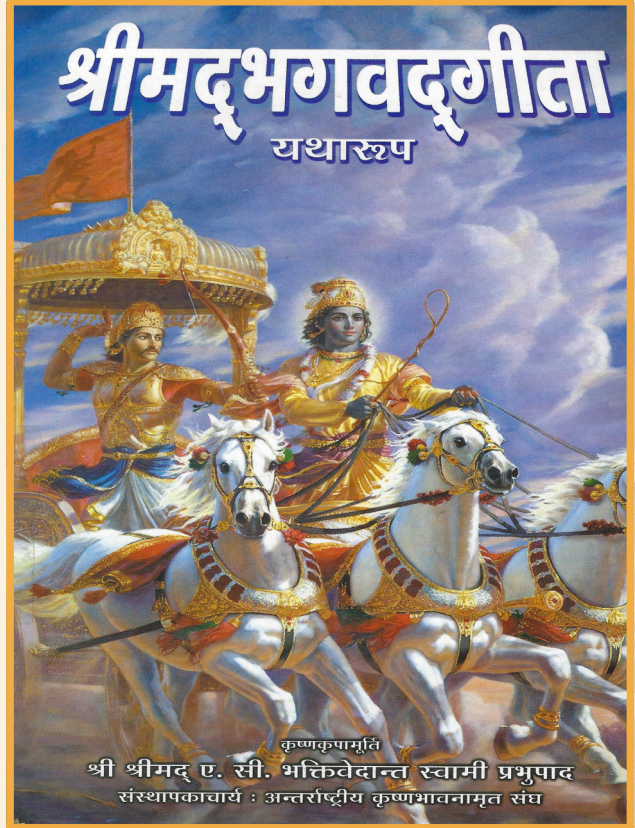
Title of the Book : Saraal Gita
Author of the Book : Gitapress
Accession : H294.5924 / GIT / G000118



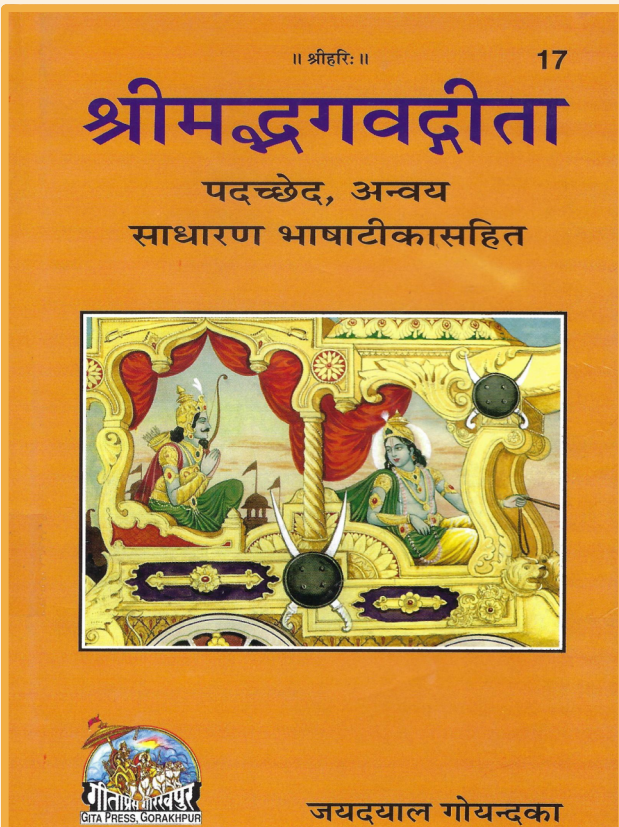
Title of the Book : Bhagavad Gita
Author of the Book : Easwaran, E.
Accession : 294.5924 / EAS / D064424



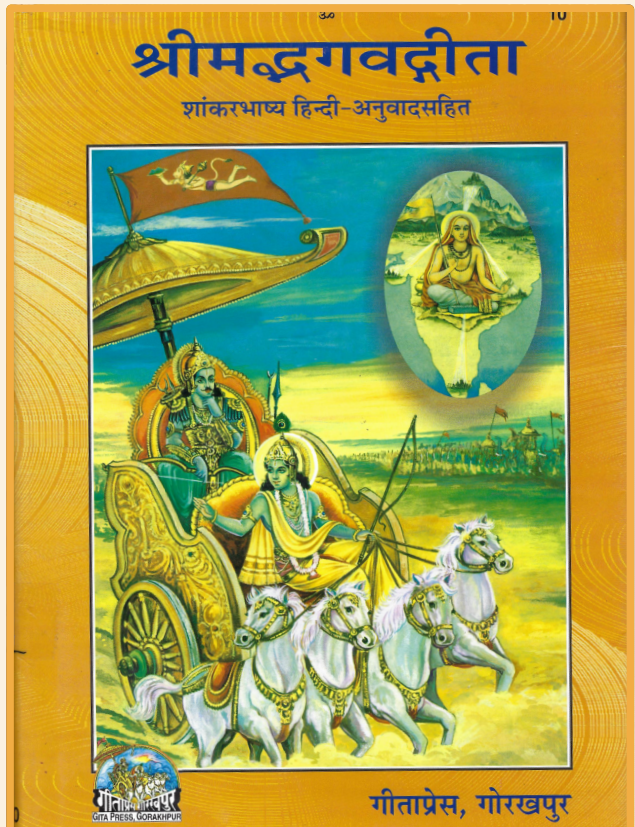
Title of the Book : Shrikrishana Prasang
Author of the Book : Kaviraj, G
Accession : 294.5924 / KRI/KAV / D062957



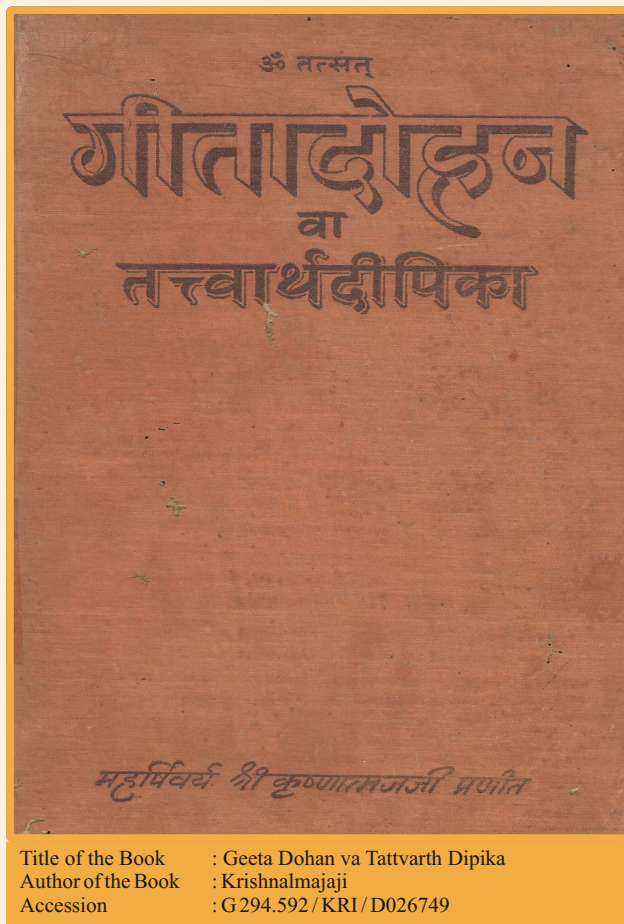
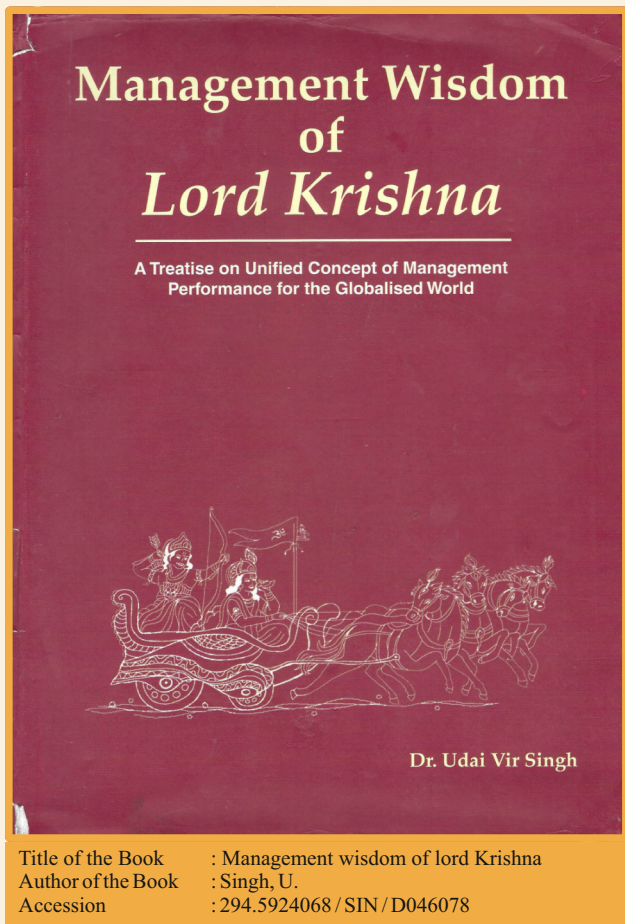
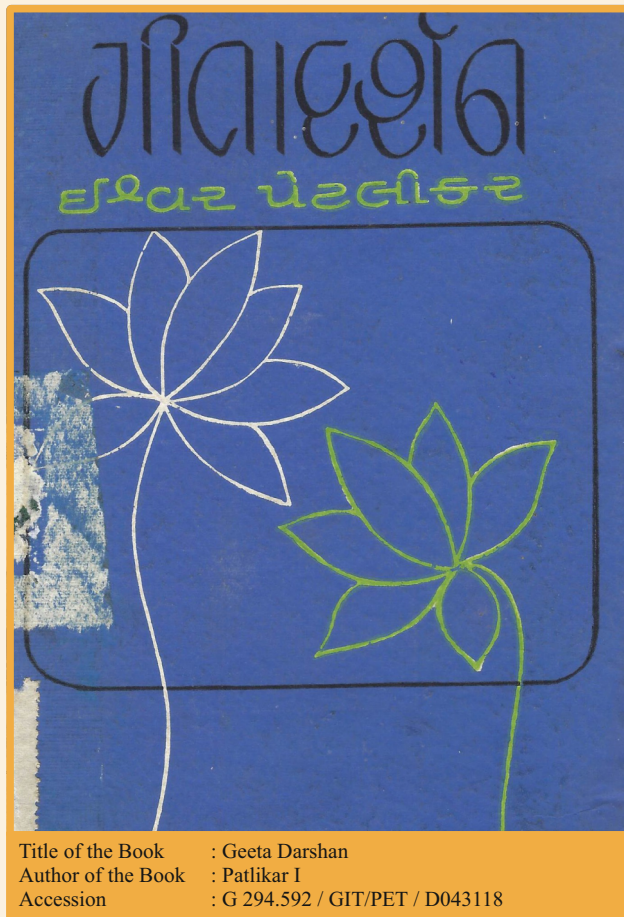
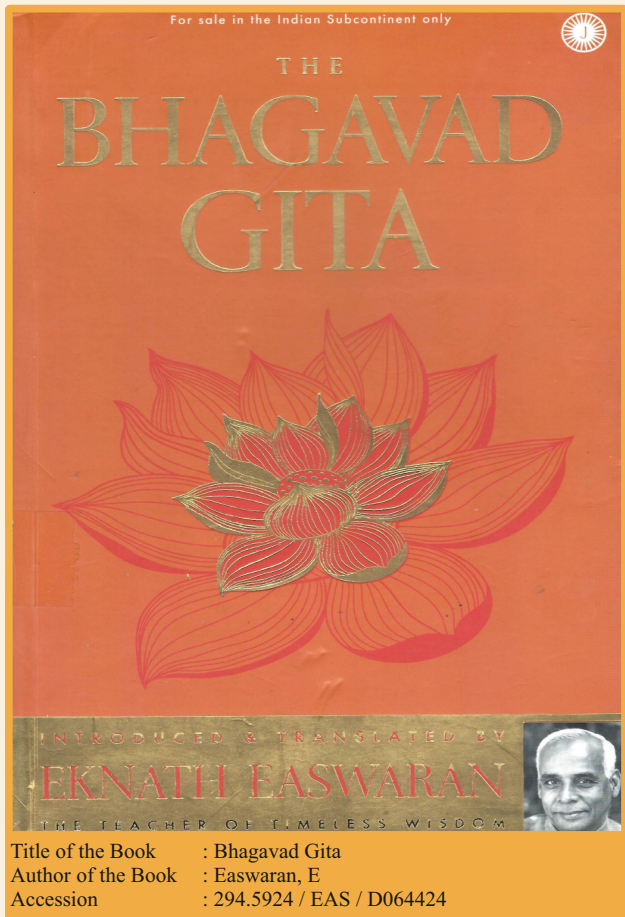
Title of the Book : Bhagavad Gita
Author of the Book : Prabhupada, A.
Accession : 294.5924 / PRA / J004482



Title of the Book : Shrimad Bhagavad Gita
Author of the Book : Goyandka, S.
Accession : H294.5924 / GOY / G000117

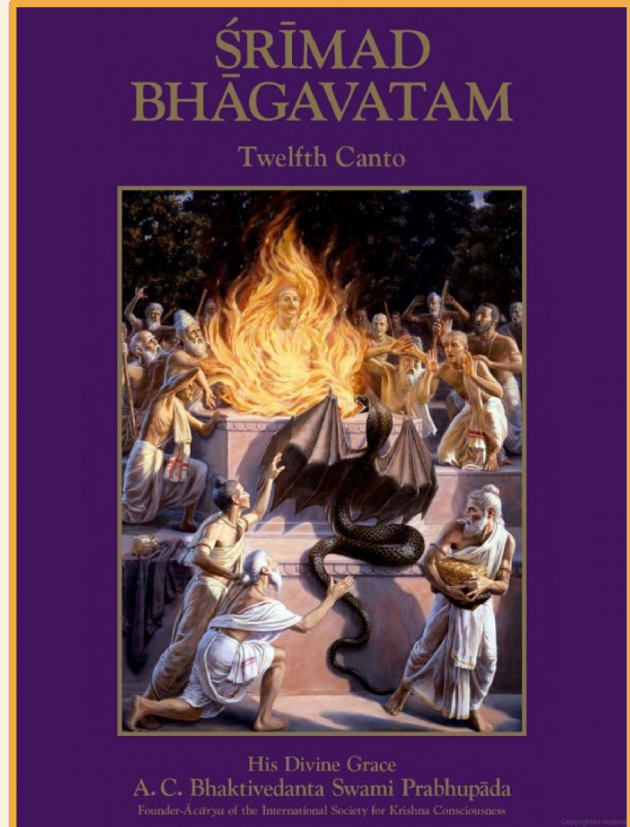


Title of the Book : Shrimad Bhagavad Gita
Author of the Book : Goyandka, S.
Accession : H294.5924 / GOY / G000116





Title of the Book : Geeta
Author of the Book : Raut, B.
Accession : 294.592 / RAU / D053337



Title of the Book : Srimad Bhagavatam
Author of the Book : Prabhupada, A.
Accession : 294.5924 / PRA / D054162

THE MESSAGE OF THE Gita

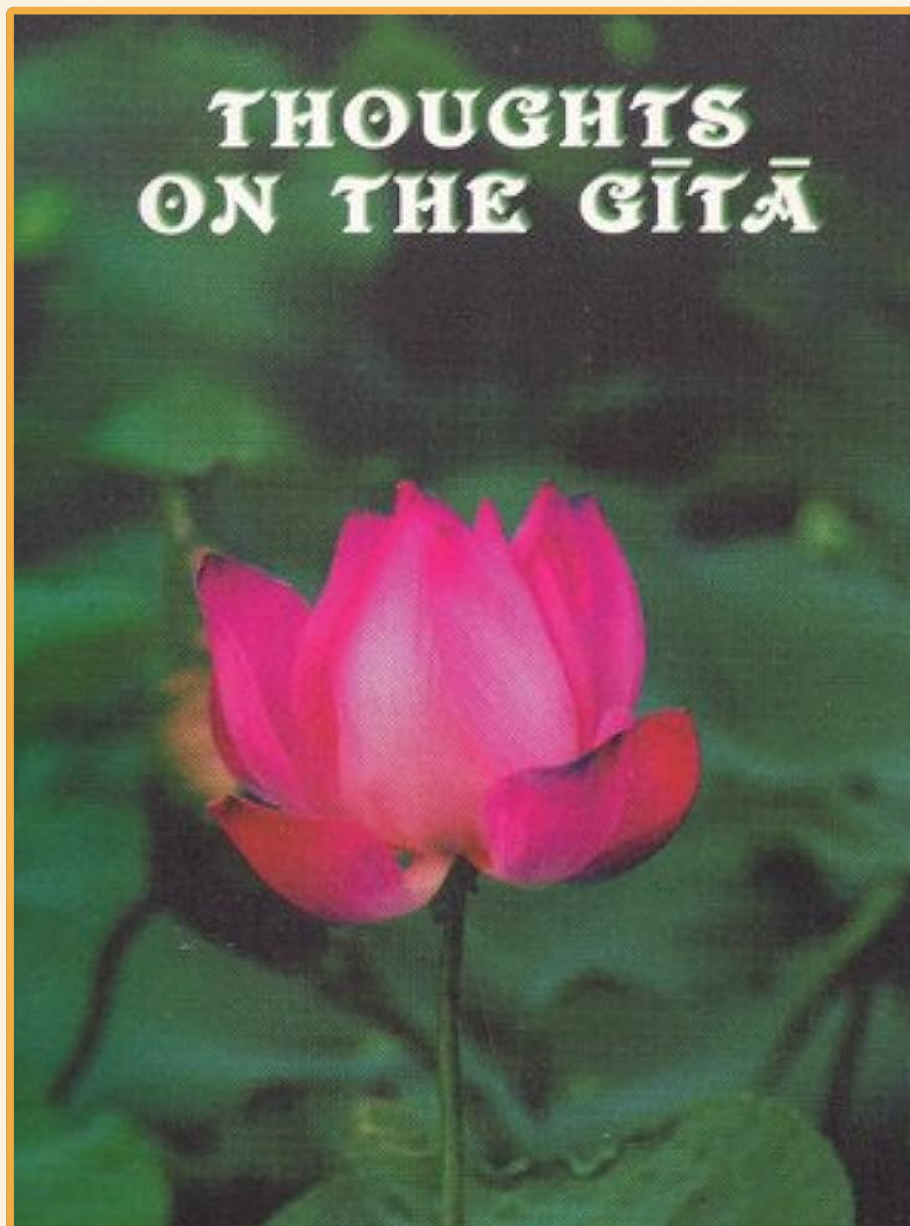


M. K. GANDHI

Title of the Book	:	Message of the Gita
Author of the Book	:	Gandhi M. K.
Publication House	:	Navjivan Publishing House, Ahmedabad - 380014
Publication Year	:	1959
Accession	:	294.592 4 / GAN / D062939

Review of the book:

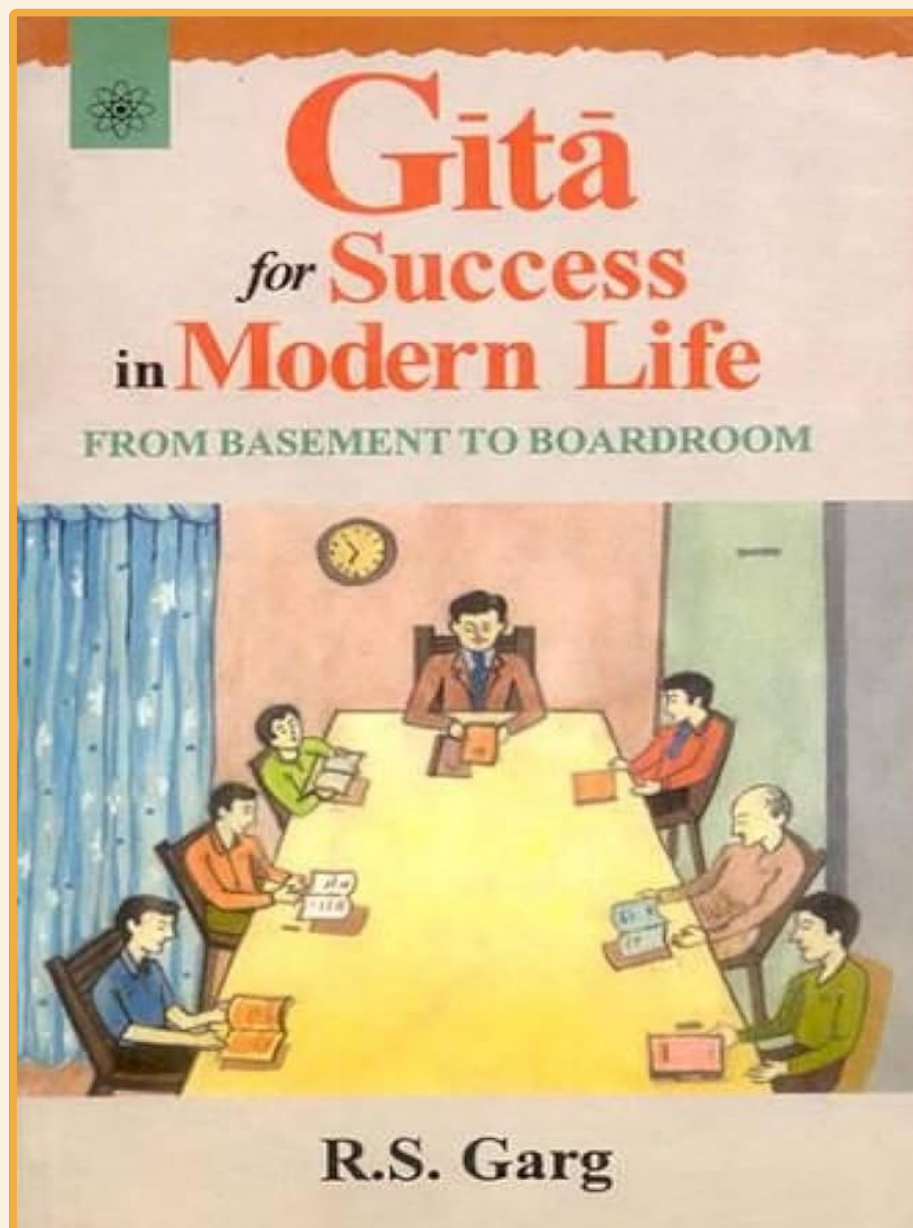
This is a tiny book of 56 pages consisting of 12 articles pre-published mainly in daily papers like Harijan, Young India also there are couple of speeches given by Gandhiji. Most articles were published from 1920 to 1940. Book has a small writing on Gita Jayanti in which Gandhiji says, 'It is a book which is free from sectarianism and dogma. He addresses Mahabharata as outset of Gita as 'a profoundly religious book, allegorical, in no way meant to be a historical record.' Book gives authors honest views on the text Gita. While explaining the central teaching of Gita Gandhiji says, 'I interpret the Gita to mean that if its central theme is Anasakti, it also teaches Ahimsa. It is a good introductory book to Gita in modern times.



Title of the Book : **Thoughts on the Gita**
Author of the Book : **Smt Hansaji Jayadev Yogendra**
Publication House : **The Yoga Institute, Santacruz (East), Mumbai - 400055**
Publication Year : **1999**
Accession : **294.5924 / HAN / D040873**

Review of the book:

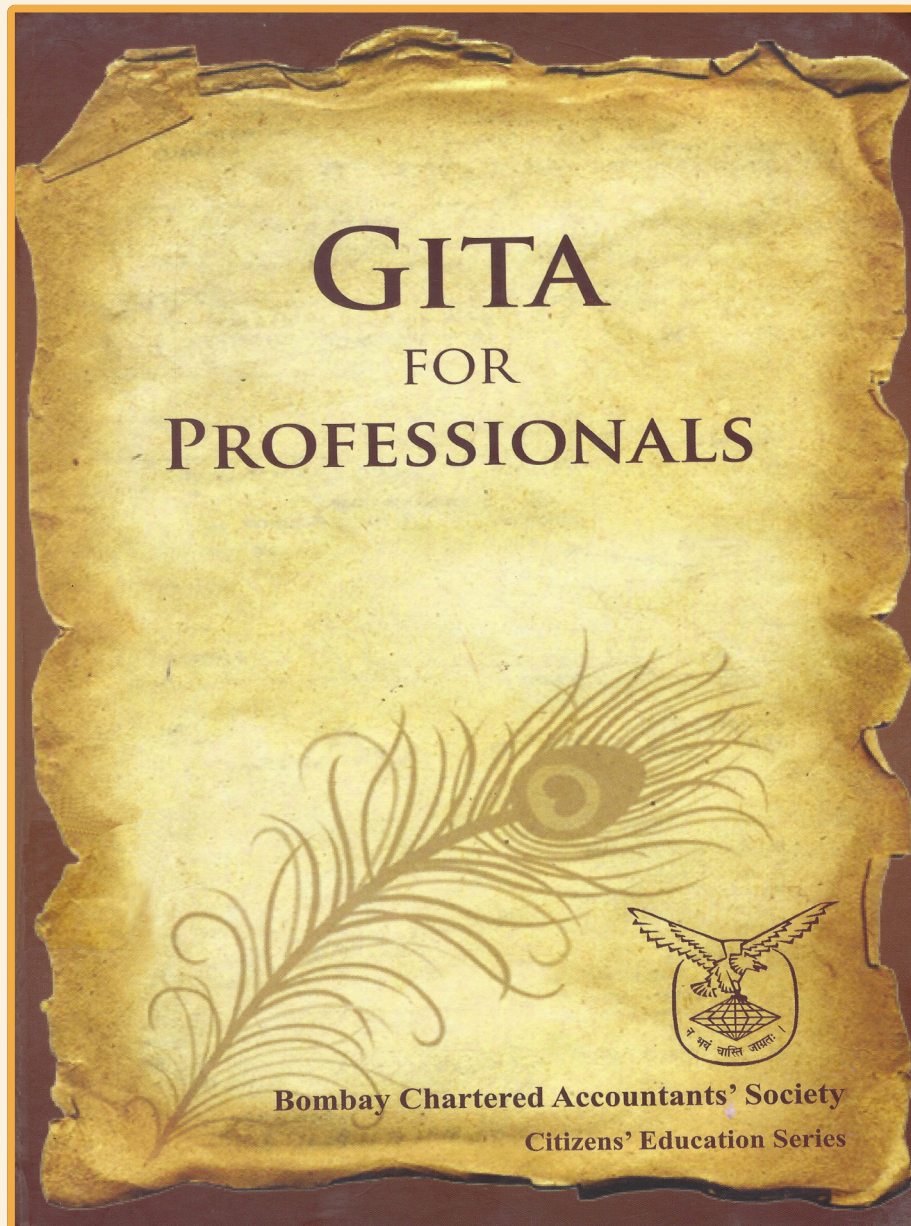
This is a collection of small reflections by the author on numerous teachings of Gita. The author intends to introduce the philosophical teachings of Gita to the beginners of Yogic practices. Some very beautiful insights are shared through this book. The author says, 'Man's intellect gets tossed by conflicting opinions. But when he remains poised in the midst of them, he is said to have got into Yoga'. The author, being a yogic practitioner herself, explains the yogic thoughts from Gita.



Title of the Book	:	Gita for success in modern life
Author of the Book	:	Garg R.
Publication House	:	New Age Books, New Delhi
Publication Year	:	2004
Accession	:	294.5924 / GAR / D053838

Review of the book:

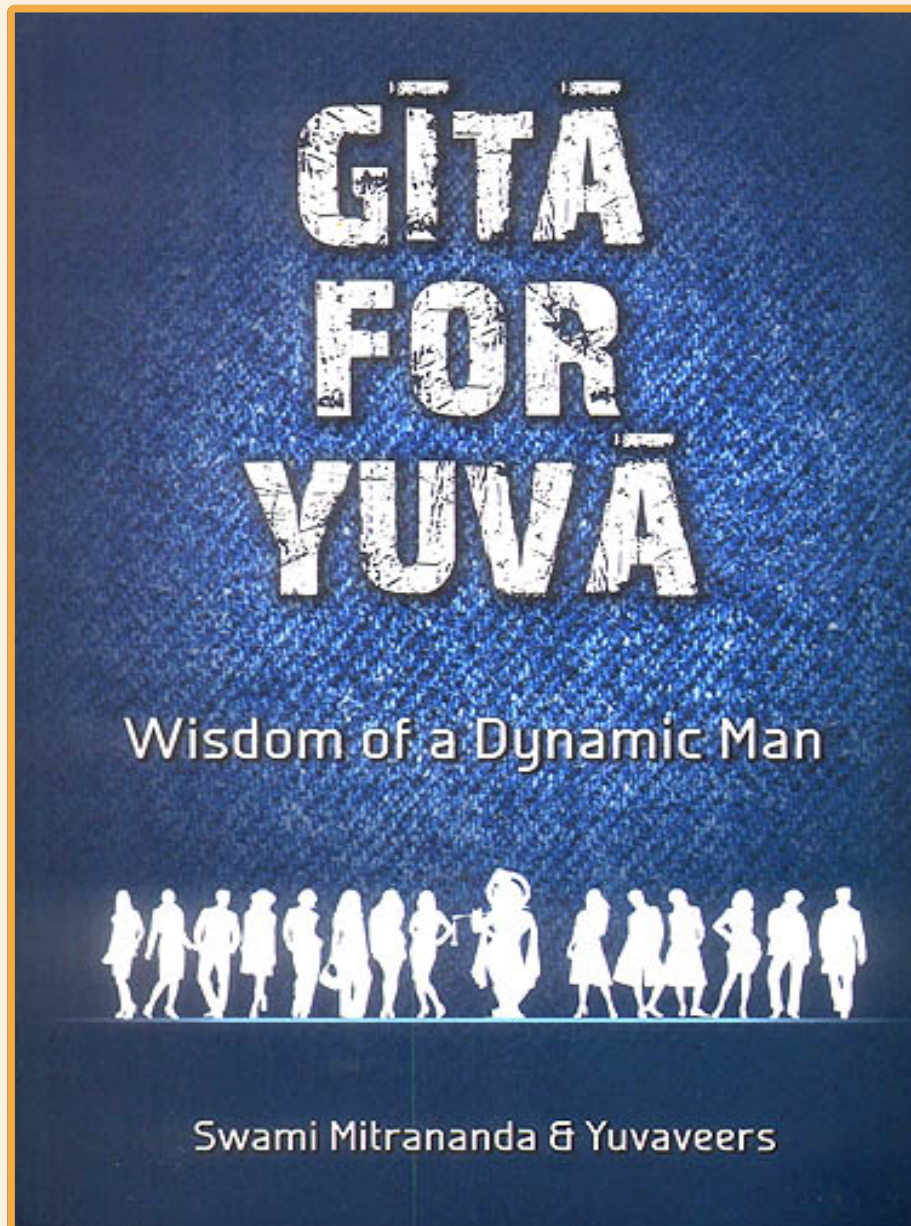
As author declares in the preface of the book, he intends to make Gita a of everyman's life. He strongly believes that all men of action businessman, professional, corporate executives, students everyone is beneficiary of teachings of Gita. Book elaborate on multiple dilemmas of everyday life of common man, suggests how to overcome these problems using insights from Gita. Book explains problem in the life in modern time and life of 'Doer' in the light of Gita. The author tries to see how Gita may work as a policy to practical life through various articles included in this book. He has chosen some chapters from Gita and selected some verses from each chapter to discuss the principal teachings of Gita which have relevance to contemporary modern life.



Title of the Book	:	Gita for Professionals
Author of the Book	:	Dalal C.
Publication House	:	Bombay Chartered Accountants Society, Mumbai
Publication Year	:	June 2012
Accession	:	294.5925 / DAL / D057489

Review of the book:

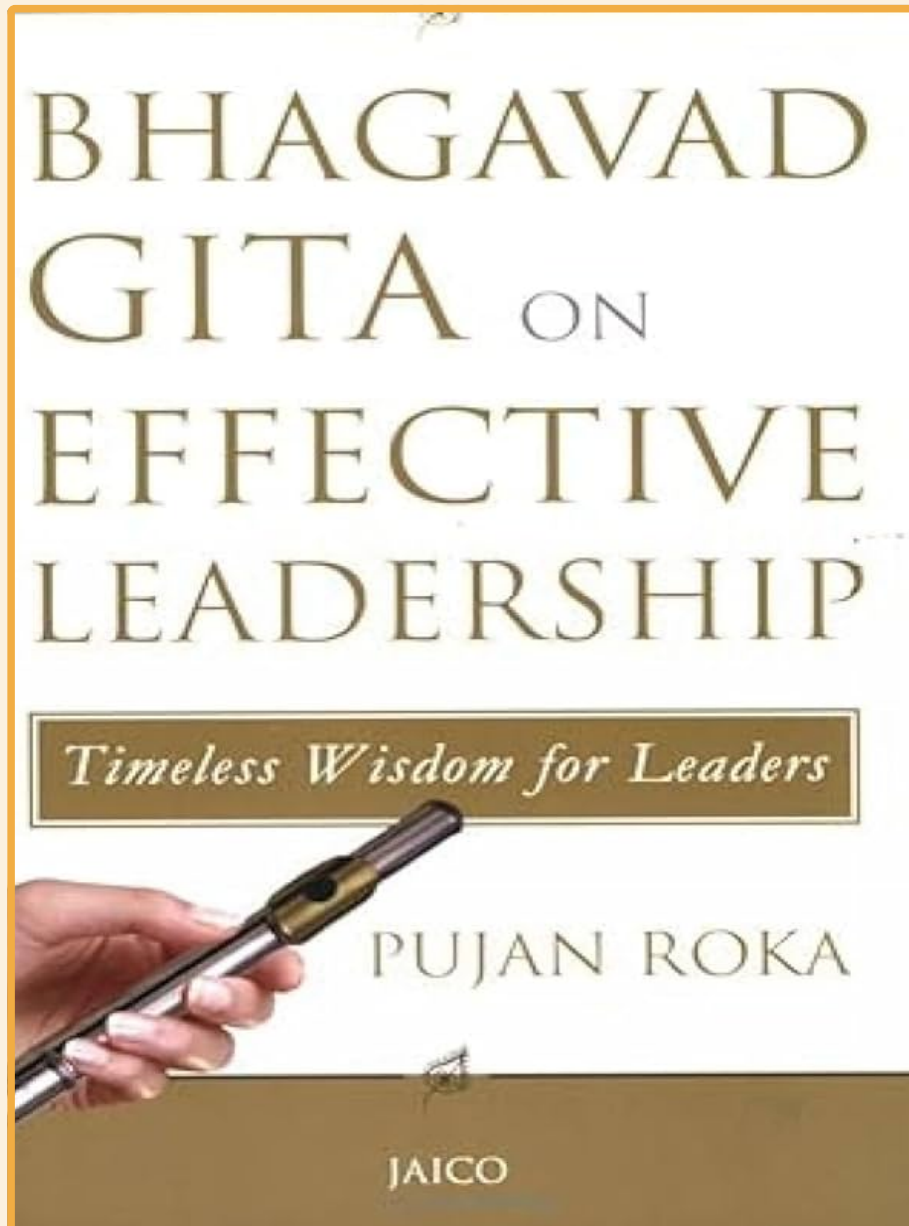
This is a non - fictional book that uses narration method and uses numerous stories from Indian mythology. Book has a section dedicated to explaining the challenges faced by CAs and Bhagavad Gita's relevance to overcome those challenges. Another section of the book gives case studies from the accountancy profession and parallels it with parables from Gita and other scriptures. There are articles explaining different teachings of Gita and its relevance to the life of an accountant.



Title of the Book	:	GITA FOR YUVA – Wisdom of a Dynamic Man
Author of the Book	:	Swami Mitrananda & Yuvaveers
Publication House	:	Central Chinmanya Mission Trust
Publication Year	:	2018
Accession	:	294.5924 MIT/YUV/D061480

Review of the book:

This is a small book of around 72 pages consisting of 70 selective verses from Gita. Authors have selected verses from various chapters of Gita and made it relevant to the life of humans in the contemporary era. Each page is dedicated to one verse. Having Sanskrit verse, its English meaning, value that is represented in verse and adds value to current situations and at the end authors interpretation in a very clear, crisp manner. This is a good, helpful book for the appreciators of Gita. Some of the insights given by the author are precious.



Title of the Book	:	BHAGAVAD GITA ON EFFECTIVE LEADERSHIP
Author of the Book	:	Roka, P.
Publication House	:	Jaico Publication House
Publication Year	:	2008
Accession	:	294.5924 / ROK / D046076

Review of the book:

This book offers a structured and contemporary interpretation of the timeless teachings of the Bhagavad Gita, positioning it as a practical manual for leadership in modern organizational and personal contexts. Pujan Roka approaches the text not as a purely spiritual scripture, but as a strategic guide for decision-making, ethics, and self-mastery—qualities that are indispensable for emerging leaders, especially students preparing to enter competitive professional environments.

The author draws heavily from the dialogue between Krishna and Arjuna, interpreting it through the lens of leadership dilemmas such as uncertainty, moral conflict, and responsibility. One of the central

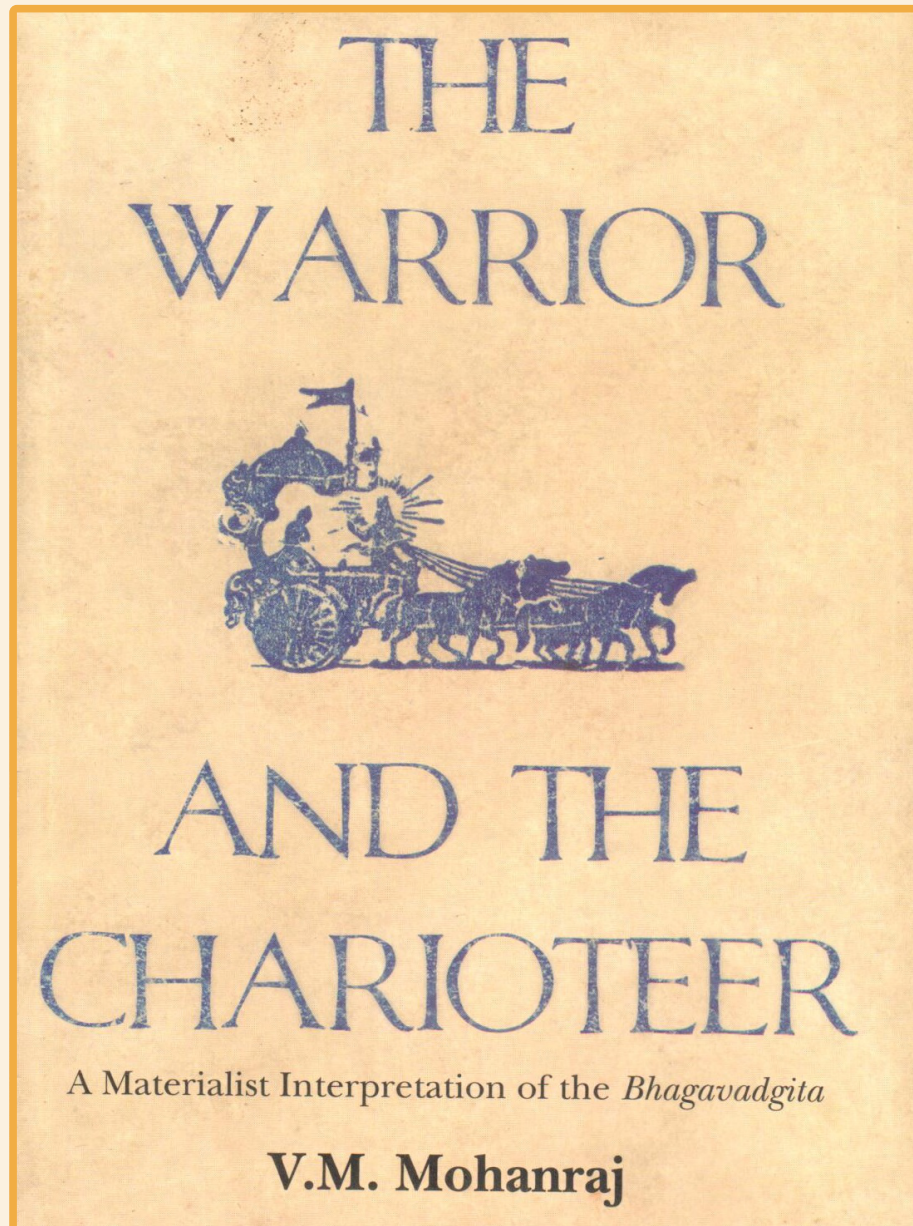
arguments is that effective leadership begins with self-leadership. Roka emphasizes clarity of purpose (dharma), detachment from outcomes (nishkama karma), and emotional equilibrium as foundational competencies. These concepts are translated into actionable insights, making the book accessible even to readers unfamiliar with philosophical texts.

A notable strength of the book is its organization. Each chapter isolates a leadership principle—such as resilience, ethical governance, or crisis management—and aligns it with relevant verses from the Gita. This makes it particularly useful for students in management, humanities, and even engineering disciplines who are looking to integrate ethical frameworks into their technical knowledge. The case-based explanations and real-world parallels further enhance comprehension.

However, readers seeking a purely academic or critical analysis of the Bhagavad Gita may find the approach somewhat selective. The focus is clearly on application rather than textual exegesis. This is not a limitation per se, but rather a reflection of the book's intended audience—young professionals and students.

From a pedagogical perspective, this book is highly suitable for inclusion in leadership development programs or value education courses. It encourages reflective thinking and provides a culturally rooted alternative to Western leadership theories, which often dominate academic curricula.

In conclusion, this work succeeds in bridging ancient wisdom with contemporary relevance. It is recommended for students who aspire to leadership roles and are interested in developing a value-based approach to decision-making. The clarity of language and practical orientation make it an effective introductory text on leadership inspired by Indian philosophy.



Title of the Book	:	THE WARRIOR AND THE CHARIOTEER
Author of the Book	:	Mohanraj, V.
Publication House	:	New Delhi Leftword
Publication Year	:	2005
Accession	:	294.5924/MOH/U013024

Review of the book:

V. M. Mohanraj's *The Warrior and the Charioteer* presents a reflective and interpretive reading of the *Bhagavad Gita*, focusing on the symbolic and psychological dimensions of the text. Unlike conventional commentaries, this book emphasizes the internal conflict within the individual, portraying the battlefield of Kurukshetra as a metaphor for the human mind.

The “warrior” (Arjuna) and the “charioteer” (Krishna) are interpreted not merely as historical or mythological figures, but as representations of the human condition—confusion versus clarity, emotion versus wisdom. This duality forms the core framework of the book. Mohanraj systematically

explores how individuals can navigate internal struggles by aligning with higher consciousness, represented by Krishna.

The writing style is contemplative and philosophical, making it particularly appealing to students of literature, philosophy, and psychology. The author avoids excessive technical jargon, yet maintains intellectual depth. Each chapter builds upon the previous one, gradually guiding the reader toward a deeper understanding of self-awareness and inner discipline.

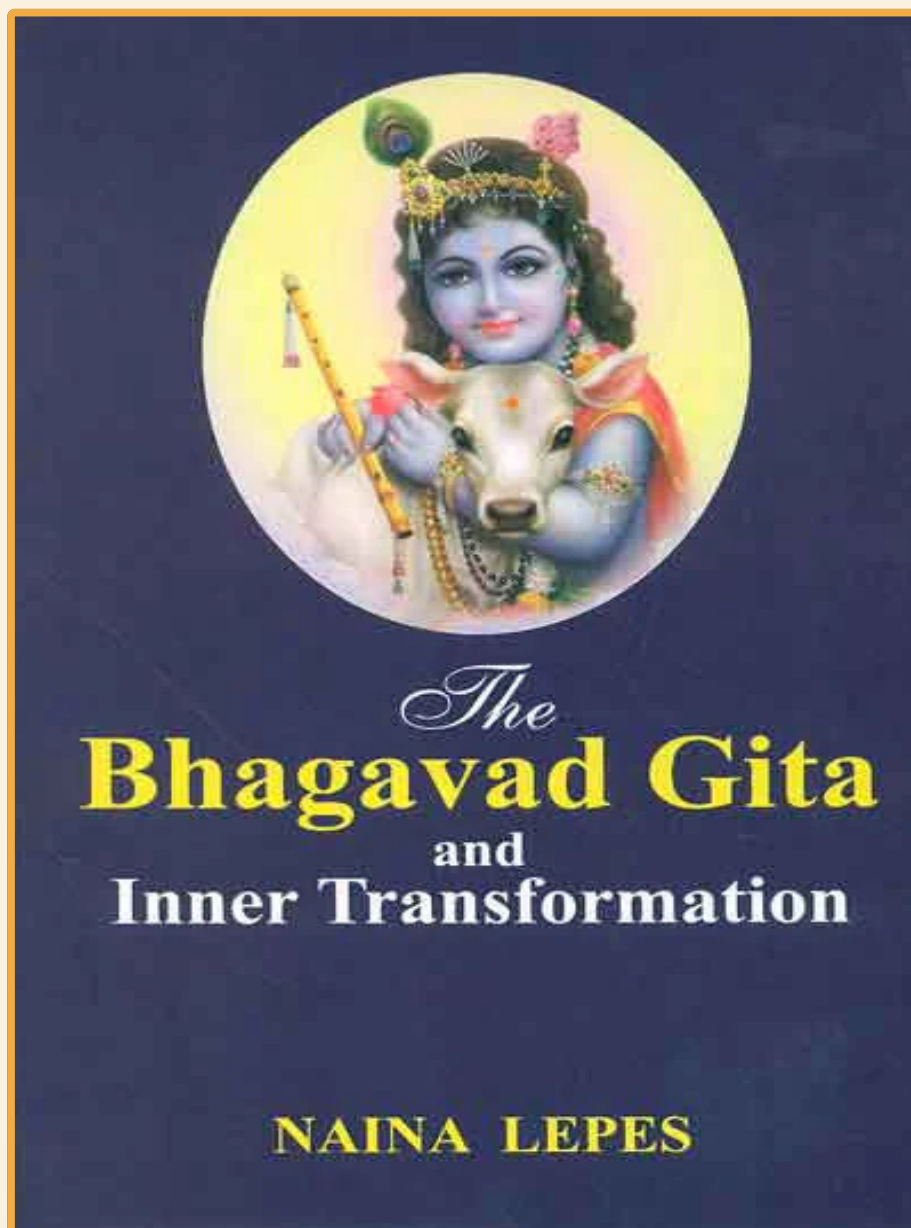
One of the strengths of this book is its emphasis on introspection. Rather than prescribing solutions, it encourages readers to question their own motivations, fears, and ethical standpoints. This makes it highly relevant for college students who are in a formative stage of identity development.

However, the abstract nature of the discussion may pose a challenge for readers seeking straightforward explanations or practical applications. The book demands patience and engagement, rewarding those who are willing to reflect deeply.

From an academic standpoint, the book can be effectively used as supplementary reading in courses related to Indian philosophy, ethics, or even counseling and mental health studies. It offers a nuanced perspective that complements more traditional interpretations of the Gita.

In summary, *The Warrior and the Charioteer* is a thought-provoking work that invites readers to explore the inner dimensions of conflict and resolution. It is particularly recommended for students interested in self-development and philosophical inquiry.

Source: OpenAI



Title of the Book	:	The Bhagavad Gita and Inner Transformation
Author of the Book	:	Lepes, N.
Publication House	:	Motilal Banarasidas publishers
Publication Year	:	2008
Accession	:	294.5924 / LEP / D053852

Review of the book:

Naina Lepes' *The Bhagavad Gita and Inner Transformation* provides a holistic exploration of the Gita as a guide for personal growth and psychological evolution. The book is structured around the idea that true transformation begins within and that the teachings of the Gita offer a systematic pathway to achieve this.

The author integrates traditional interpretations with modern psychological insights, making the text particularly relevant for contemporary readers. Concepts such as mindfulness, emotional regulation, and self-awareness are discussed in relation to the Gita's teachings. This interdisciplinary approach

enhances the book's appeal, especially for students in psychology, social sciences, and humanities. Each chapter focuses on a specific aspect of transformation—such as overcoming fear, cultivating discipline, or achieving mental clarity. Lepes uses selected verses from the Gita as anchors, elaborating on their significance in a modern context. The explanations are clear and supported by relatable examples, which aid in comprehension.

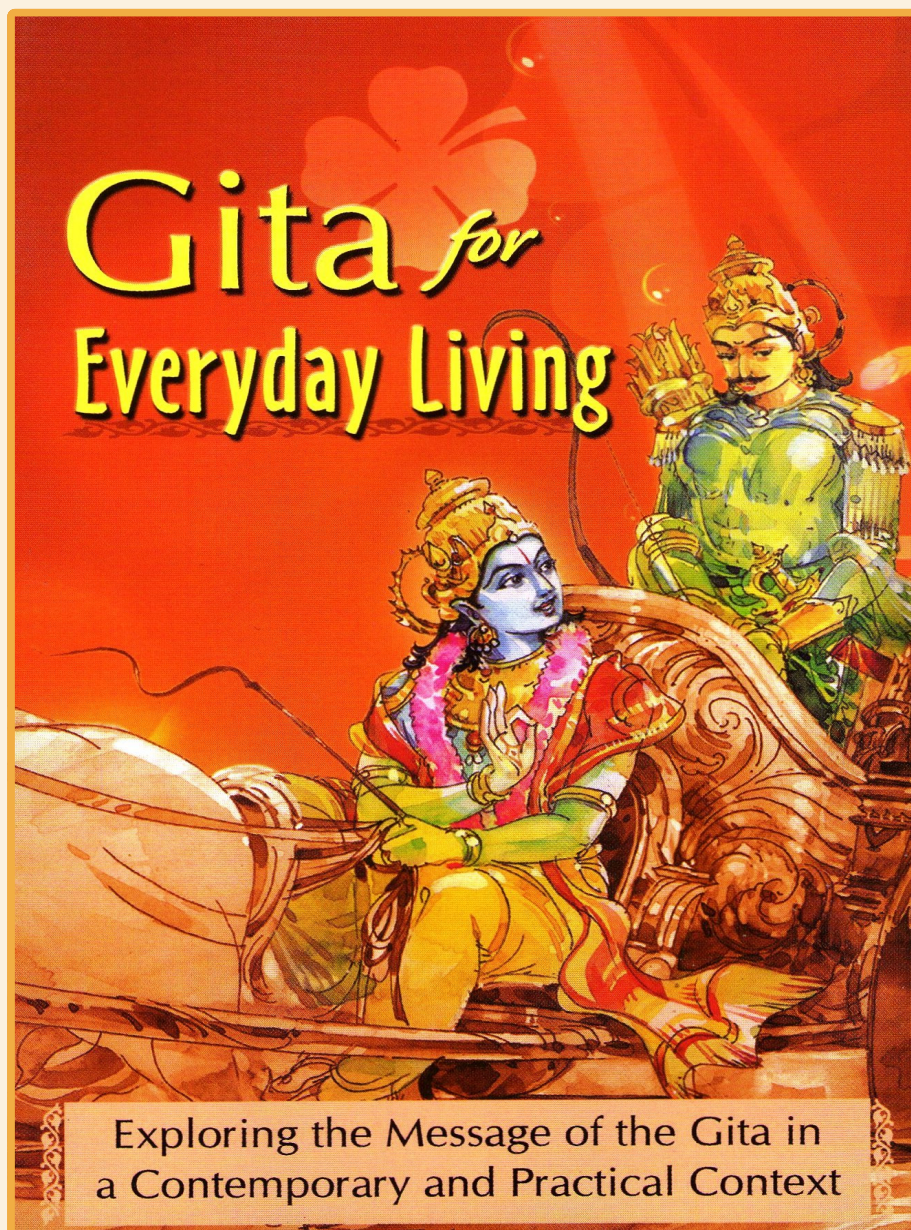
A distinguishing feature of this book is its practical orientation. It includes reflective exercises and thought prompts that encourage active engagement with the text. This makes it not just a reading resource, but a tool for self-development. Students can benefit from applying these exercises to their daily lives, particularly in managing academic stress and personal challenges.

One limitation is that the book occasionally simplifies complex philosophical concepts to make them more accessible. While this enhances readability, it may not satisfy readers looking for rigorous academic analysis.

Despite this, the book's strength lies in its ability to connect ancient wisdom with modern psychological needs. It successfully demonstrates that the Gita is not merely a धार्मिक text, but a universal guide for inner well-being.

In conclusion, this book is highly recommended for students seeking personal growth and emotional resilience. It serves as a bridge between philosophy and practical life, making it a valuable addition to any academic reading list.

Source: OpenAI



Title of the Book	:	Gita for Everyday
Author of the Book	:	Ramkrishna
Publication House	:	Sri Ramkrishna Math
Publication Year	:	2009
Accession	:	294.592 / RAM / D048775

Review of the book:

Gita for Everyday, published by Sri Ramakrishna Math, is a concise and accessible guide designed to bring the teachings of the Bhagavad Gita into daily life. Unlike extensive commentaries, this book focuses on simplicity and clarity, making it ideal for beginners and young readers.

The book is structured in a user-friendly format, often presenting short passages or themes that can be read and reflected upon daily. This makes it particularly suitable for students with busy schedules who may find it difficult to engage with more comprehensive texts. The emphasis is on practical application—how to remain calm under pressure, perform duties with sincerity, and maintain ethical integrity.

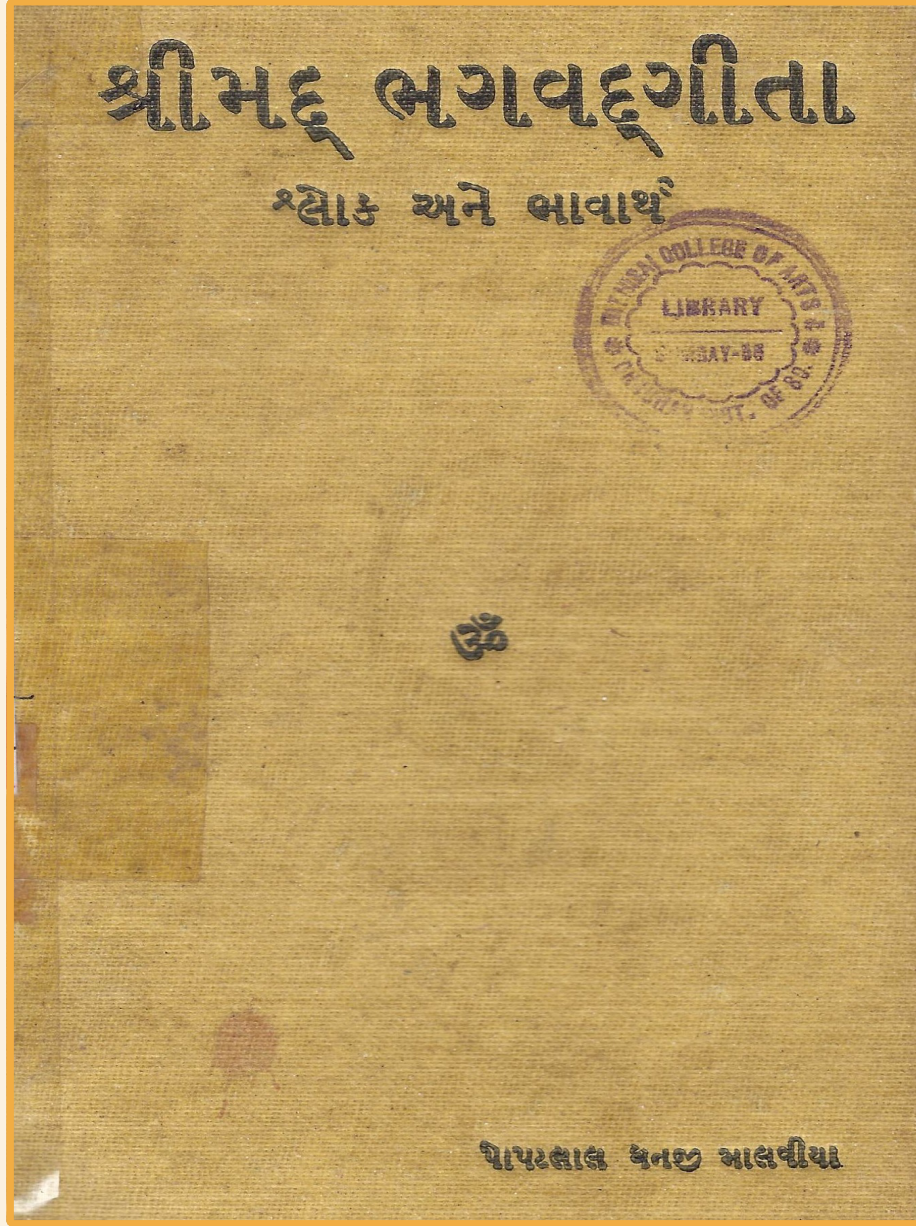
The language is straightforward, avoiding complex philosophical terminology. This ensures that readers from diverse academic backgrounds can engage with the content without difficulty. Each section highlights a key teaching of the Gita and provides a brief explanation, often accompanied by a moral or takeaway.

One of the major strengths of this book is its adaptability. It can be used as a daily reader, a supplementary text for value education courses, or even as a source of inspiration during challenging times. The focus on actionable wisdom makes it highly relevant for college students dealing with academic stress, career uncertainty, and personal growth.

However, due to its brevity, the book does not delve deeply into philosophical debates or multiple interpretations of the Gita. It is more of an introductory guide than a comprehensive study. From an institutional perspective, this book is well-suited for library circulation and student engagement programs aimed at promoting reading habits. It encourages consistent reading and reflection, which are essential for intellectual and personal development.

In summary, Gita for Everyday is a practical and approachable text that successfully translates the essence of the Bhagavad Gita into everyday guidance. It is strongly recommended for students who are new to philosophical reading and are looking for meaningful, digestible insights.

Source: OpenAI



Title of the Book	:	Shrimad Bhagavad Gita: Shlok ane Bhavarth
Author of the Book	:	Malaviya, P
Publication House	:	Ramesh priting press
Publication Year	:	-
Accession	:	G 294.592 / GIT/MAL / D016797

Review of the book:

Shrimad Bhagavad Gita: Shlok ane Bhavarth by Popatlal Malviya is a thoughtfully composed Gujarati rendition of the Bhagavad Gita that combines the original Sanskrit verses (shlokas) with clear and accessible explanations (bhavarth) in Gujarati. The primary strength of this work lies in its commitment to preserving the authenticity of the original text while making its philosophical depth approachable for regional readers, particularly students and general readers who are more comfortable engaging with Gujarati as their medium of understanding.

The structure of the book follows the traditional chapter-wise arrangement of the Bhagavad Gita, presenting each shloka in Sanskrit followed by its Gujarati meaning. Malviya's interpretative style is

straightforward and avoids unnecessary complexity, which makes the text especially suitable for young readers and first-time learners of the Gita. The explanations are not overly academic; instead, they aim to convey the essence of each verse in a manner that is both relatable and practical.

One of the most commendable aspects of this book is its pedagogical value. For college students, particularly those studying in Gujarati-medium institutions or those with an interest in Indian philosophy, this text serves as an effective bridge between classical Sanskrit literature and contemporary understanding. It enables readers to engage directly with the original verses while simultaneously grasping their contextual meaning without requiring prior expertise in Sanskrit.

The book also encourages reflective reading. The bhavarth provided does not merely translate the verses but interprets them in a way that highlights their relevance to everyday life—covering themes such as duty (dharma), self-discipline, detachment, and ethical conduct. These themes are particularly significant for students navigating academic pressures, career decisions, and personal development.

However, readers seeking a comparative or critical analysis of different philosophical interpretations of the Gita may find the scope somewhat limited. The book adheres to a more traditional and devotional perspective rather than engaging in scholarly debate or cross-referential analysis. This, however, aligns with its purpose as an introductory and practical guide rather than an academic commentary.

From a library and educational standpoint, this book is highly recommended for inclusion in regional language collections and value education resources. It can also be effectively utilized in reading circles, study groups, or introductory courses on Indian philosophy.

In conclusion, Shrimad Bhagavad Gita: Shlok ane Bhavarth is a valuable resource for students seeking to understand the teachings of the Gita in a clear, concise, and culturally resonant manner. Its simplicity, authenticity, and practical orientation make it an ideal starting point for engaging with one of India's most significant philosophical texts.

Source: OpenAI

या कुंदेंदु तुषारहारधवला या शुभ्रवस्त्रावृता ।
या वीणावरदंडमंडितकरा या श्वेतपद्मासना ॥
या ब्रह्माच्युत शंकरप्रभृतिभिर्देवैस्सदा पूजिता ।
सा मां पातु सरस्वती भगवती निःशेषजाड्यापहा ॥



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