



Shri Vile Parle Kelavani Mandal's

**MITHIBAI COLLEGE OF ARTS, CHAUHAN INSTITUTE OF SCIENCE AND
AMRUTBEN JIVANLAL COLLEGE OF COMMERCE AND ECONOMICS**



(Empowered Autonomous – Affiliated to University of Mumbai)

NAAC Accredited 'A++' Grade, CGPA:3.55 (November 2024)
Best College (2016-17), University of Mumbai

MITHAAS 2024-25



DEGREE DISTRIBUTION CEREMONY



Chief Guest at the Degree Distribution Ceremony, Shri. Abhay Karve, Retd. Vice Admiral, Indian Navy, with dignitaries

Chief Guest Shri. Abhay Karve, Retd. Vice Admiral, Indian Navy addressing the gathering



Student receiving the Degree Certificate from the Chief Guest

Gurman Singh (TYBA – Psychology) receiving the Best Student Award





या कुन्देन्दुतुषारहारधवला या शुभ्रवस्त्रावृता
या वीणावरदण्डमण्डितकरा या श्वेतपद्मासना
या ब्रह्माच्युतशंकरप्रभृतिभिर्देवैः सदा वन्दिता
सा मां पातु सरस्वती भगवती निःशेषजाड्यापहा

VISION

To be recognised as a premier educational institution that practises quality pedagogy, encourages innovation and research while instilling values and providing a vibrant environment for the holistic development of students into valuable global citizens.

MISSION

By strengthening the teaching-learning process through innovative practices, the institution will stimulate the spirit of scientific enquiry and discovery in academics. By providing state-of-the-art institutional infrastructure and excellent human resources the college will foster a better educational environment. The institute will also impart training in entrepreneurial and life skills for enhancing employability.

OBJECTIVES

To hone students' focus and help them gain depth in their chosen area of study to achieve academic excellence.

To enable them to prepare for lifelong learning by nurturing independent thinking.

To sensitize the students towards the immediate environment and the society at large.

To provide a platform to actualize students' talents and encourage them to mould their passion into profession.

QUALITY POLICY

Mithibai college is committed to quality through:

- The support of all stakeholders that will enable us to improve service offered to our learners.
- Maximization of our human & other resources to effectively enhance the quality of education.
- Provision of state-of-the-art Infrastructure and ICT facilities to moral responsibility towards society and the environment.
 - Augment the teaching learning process.
- Fostering competencies that will enable the learners to meet the changing demands of a changing world. Inculcating a sense of moral responsibility towards society and the environment.

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**NAME AND ADDRESS OF
INDIVIDUALS WHO OWN THE
MAGAZINE PARTNER OF
THE SHAREHOLDER HOLDING
MORE THAN ONE PERCENT
OF TOTAL CAPITAL** : Principal Prof. Krutika B. Desai
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Chauhan Institute of Science &
Amrutben Jivanlal College of Commerce and Economics
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Administration

Shri Shalin S. Divatia

In-Charge, SVKM's Mithibai College

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(Degree College)

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Vice-Principal
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Supervisor
(Junior College)

Ms. Aruna Kanvinde

Supervisor
(Junior College)

Dr. Uditra Vora

Supervisor
(Junior College)

President's Message



Mithibai College has consistently exemplified the Shri Vile Parle Kelavani Mandal's ethos of fostering academic excellence, innovation, and social responsibility. True to its founding vision, the institution remains steadfast in its commitment to the advancement and dissemination of knowledge. Its state-of-the-art infrastructure and dynamic e-learning ecosystem provide a solid foundation for effective pedagogy while also nurturing vibrant cultural and athletic pursuits. Faculty and students alike contribute meaningfully to society, extending both qualitative and quantitative outreach through a variety of platforms and initiatives.

Throughout its distinguished sixty-five-year journey, Mithibai College has earned numerous accolades that reflect its far-reaching impact. Notably, the institution has been recognized across multiple categories in the

EducationWorld India Higher Education Rankings 2025, further affirming its stature as a leader in higher education. These prestigious recognitions highlight excellence in academics, student engagement, infrastructure, and innovation. Additionally, the college's stellar performance in the third cycle of NAAC accreditation—securing an A++ grade with a CGPA of 3.55 in November 2024—stands as a resounding endorsement of its sustained quality and leadership in higher education.

The college's growing emphasis on research, particularly interdisciplinary collaboration, mirrors the evolving global academic landscape. Such an approach is instrumental in driving innovation and achieving impactful outcomes in knowledge creation, education, and pedagogy. Mithibai College has also been proactive in integrating digital technology into its academic environment, recognizing its transformative potential in enhancing learning experiences.

In alignment with the National Education Policy (NEP) 2020—which envisions a modern, equitable, and knowledge-driven society—Mithibai College commenced implementation of the policy in the academic year 2023–24. This forward-looking initiative equips students not only with academic proficiency but also with the technological tools and critical thinking skills essential for lifelong learning and meaningful societal contribution.

As President of SVKM, I take immense pride in the accomplishments of Mithibai College. I extend my warmest congratulations and best wishes to the faculty and students as they navigate this pivotal phase—marked by innovation, excellence, and an unwavering dedication to transformative education.

Warm regards,

A handwritten signature in blue ink, appearing to read 'A O L'.

Shri. Amrish Patel

Hon. President and Trustee, SVKM

Principal's Message



“The future belongs to those who believe in the beauty of their dreams.”

— Eleanor Roosevelt

It gives me immense pleasure to present this edition of Mithaas, Mithibai College's Annual Magazine, a platform that reflects the vibrant academic, cultural, and creative landscape of our institution. The magazine stands as a testament to the diverse talents and intellectual pursuits of our students and faculty, embodying the ethos of excellence that Mithibai College has nurtured over the past sixty-five years.

In our pursuit of academic distinction and holistic education, Mithibai College continues to achieve significant milestones. The conferment of the A++ grade with a CGPA of 3.55 in the third cycle of NAAC accreditation held in November 2024 is a proud moment

that affirms our unwavering commitment to quality, innovation, and inclusive education.

Further strengthening our national reputation, Mithibai College received multiple prestigious accolades in the **EducationWorld India Higher Education Rankings 2024**. We proudly secured:

- **3rd place All India Ranking (AIR) under the College Category,**
- **3rd place AIR among Private Autonomous Colleges, and**
- **2nd place at the State Level (Maharashtra) among Private Autonomous Colleges.**

These distinctions reflect the college's consistent excellence across key parameters such as academic performance, faculty quality, infrastructure, research output, and student engagement.

The emphasis of National Education Policy 2020 on flexibility, interdisciplinarity, and experiential learning resonates strongly with the pedagogical vision of our college. We have responded with purposeful action—enhancing our curriculum, integrating technology more deeply into the learning process, and fostering a culture of inquiry and research among both faculty and students.

Our faculty remain at the forefront of academic thought and research, engaging actively in scholarly and socially relevant endeavours. Students continue to inspire us with their achievements—not only in academics, but also in co-curricular and extracurricular domains—be it through literature, performing arts, sports, community outreach, or innovation.

This magazine captures the many voices and stories that define our collective spirit—voices of creativity, curiosity, resilience, and aspiration. It is a celebration of the intellect and imagination that thrive within the walls of Mithibai College.

As we move ahead, we remain guided by the core values of academic integrity, inclusivity, and social responsibility. I extend my heartfelt congratulations to all contributors, and my sincere appreciation to the editorial team whose dedication has brought this publication to life.

Let us continue to learn, to lead, and to leave a lasting impact.

Warm regards

Prof. Krutika Desai

Principal, SVKM's Mithibai College (Empowered Autonomous)

Editor's Note

It's always a special moment when we bring out the annual edition of Mithaas, the college magazine—a space that captures not just the achievements of the year gone by, but the voices, dreams, and creativity of our vibrant student community.

This magazine is more than a collection of articles and artwork. It's a reflection of who we are as an institution—curious, expressive, diverse, and constantly evolving. Every piece in this issue, whether a thoughtful essay or a bold creative expression, reveals students who are thinking deeply, exploring the world around them, and growing in ways that extend far beyond academics.

This year's edition comes at a time of exciting transformation for the college. With the implementation of the National Education Policy 2020, we've seen a renewed energy toward interdisciplinary learning, innovation, and holistic education. This spirit of change is beautifully captured throughout the magazine.

Creating this publication has been a true team effort, and I'd like to extend my heartfelt thanks to the student and teacher editorial board. Your creativity, discipline, and teamwork have shaped something truly special, and I'm proud of what we've built together.

I would also like to express my sincere gratitude to our Principal, Vice Principals, and the SVKM Management for their constant encouragement and support. Your guidance and vision continue to empower all that we do.

As you turn these pages, I hope you discover not only the achievements of the year, but also the heart and soul of our college community. May these stories and expressions inspire you, just as they have inspired us while putting them together.

Priya Joseph
Faculty Editor

As we step into another exciting academic year, it is a privilege to present this collection of stories, insights, and creative expressions. In this issue of Mithaas Magazine, we celebrate the richness, diversity and excellence of our vibrant collegiate community, which continues to grow and evolve with each passing year. This magazine is a testament to the collective spirit of our students; through their contributions—whether they be in the form of thought-provoking essays, captivating artwork, candid reflections, or poignant poetry—each page reflects their unique voices, visions, experiences, and challenges. This diversity of thought is what makes this magazine so special and meaningful. It serves as a mirror to the world around us, offering a glimpse into the hearts and minds of the next generation of thinkers, creators, and leaders. I hope one finds inspiration, connection, and perhaps even a little piece of themselves woven into the stories and expressions in the pages that follow.

Mithaas Magazine has long been a point of unity and connection within our community. It is a timeless space where we come together to celebrate artistic expression, intellectual exploration, and growth. This publication is not just a collection of written or visual works; it encourages students to engage in creative pursuits that go beyond the confines of traditional academic learning, allowing them to explore their passions, hone their skills, and share their insights with others. In doing so, it creates an inclusive environment that nurtures not only academic achievement but also personal development, emotional intelligence, and cultural awareness. This magazine is a representation of the idea that education extends far beyond, to the realms of creativity, expression, and the exploration of the self.

This year's edition of Mithaas Magazine encapsulates the essence of the students, who have contributed their time, energy, and creativity to produce this compilation. Through their hard work, they have brought to life a collection of essays, prose, poetry, photographs,

artwork, and reflections that span a wide range of topics. This magazine captures the essence of our academic year, preserving the moments that define us, our efforts, and the achievements we have celebrated. Each contribution tells a story, and together, these stories paint a picture of a year filled with achievement and growth. This magazine preserves the memories and the energy of an academic year that will forever be etched in the college's collective history.

The process of curating this magazine is one that requires time, effort, collaboration, and a deep sense of dedication. It involves not only the contributions of our talented students but also the unwavering support and involvement of our faculty, non-teaching staff, and administrative teams. Mithaas Magazine serves as an example of how, when individuals and groups come together, they can create something greater than the sum of their parts. The various departments within the student committee: editorial, graphic design, public relations, social media and events, the contributors, and the many others who have worked tirelessly behind the scenes to bring this magazine to life have all played an integral role in ensuring its success. Every step of the process, from brainstorming ideas to finalizing the layout, has been a collaborative effort driven by a shared passion for creativity and excellence.

The Student Committee of Mithaas Magazine, and I, the Student Editor, extend our heartfelt gratitude to our Principal Prof. Krutika Desai, Vice Principals Ms. Gladys Albert, Prof. Meenakshi Vaidya, Mr. Manish Gogari, Ms. Nilima Raval and Dr. Hitesh Singhadia, and Teacher-in-charge Ms. Priya Joseph, the Teaching, and Non-Teaching staff who fuel the creative flame of Mithaas every year. A special thank you is owed to all the student contributors who have generously shared their creative works with us. Your contributions are the heart and soul of this magazine, and it is your willingness to participate and to share your creations that breathe life into these pages.

Khadeejah Adam
MA English, Part II

IQAC Report

COLLEGE ACCREDITATION BY NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL WITH A++ GRADE AND CGPA- 3.55/4.00

Introduction

The pursuit of academic excellence at SVKM's Mithibai College of Arts, Chauhan Institute of Science and Amrutben Jivanlal College of Commerce and Economics, (Empowered Autonomous), is a continuous effort, and our recent accomplishment in the NAAC accreditation process is a testimony to our unwavering commitment. At the third cycle of accreditation, the college was graded with A++ with CGPA- 3.55/ 4.00. The active involvement of all stakeholders concerned and the dedicated work of the internal quality assurance cell (IQAC), facilitated this success. Our special thanks to our mentors Professor N Jayashankar, Dr. Meena Chintamaneni and Dr. Sabeen Govind.

The NAAC Accreditation Process

The National Assessment and Accreditation Council (NAAC), an autonomous UGC body in the country, assesses higher education institutions based on seven criteria viz Curricular Aspects, Teaching , learning and Evaluation, Research, Innovations and Extension , Infrastructure and Learning Resources, Student Support and Progression, Governance, Leadership and Management and Institutional Values and Best Practices.

The third phase of NAAC accreditation highlights ongoing quality augmentation and introspective approaches based on scores at earlier cycles, that serve as guidelines for improvisation. Our college's score of 3.55 demonstrates not only continuous commitment for academic and infrastructural strengths and dedication for quality improvement through organized self-evaluation and community participation.

Significance of the 3.55 Grade

Attaining a NAAC grade of 3.55 marks a significant achievement that acknowledges the holistic growth of our institution. This score reflects outstanding achievement across various areas, encompassing academic success, institutional aspirations, and the successful execution of quality assurance practices. The grade has contributed to strengthening our reputation with academic colleagues, potential students, and industry collaborators. Additionally, this achievement will facilitate better resource mobilization in form of grants to promote collaborative research projects, and boost the overall academic repute of the college

Role of the IQAC

The Internal Quality Assurance Cell (IQAC) was vital in guiding the accreditation process. Acting as the core for quality improvement, the IQAC led the preparation, data gathering, and analysis needed for the NAAC evaluation. Primary duties carried out by the IQAC included:

- **Strategic Planning:** Setting precise quality standards and making certain that all academic and administrative departments comply with NAAC criteria.
- **Documentation:** Gathering extensive data, reports, and proof of advancements in curriculum, teaching methods, and infrastructure.
- **Capacity Development:** Facilitating workshops, training events, and seminars to educate faculty and staff about the quality standards and self-evaluation processes.
- **Surveillance and Assessment:** Establishing ongoing monitoring systems to guarantee compliance with established quality benchmarks and to enable swift corrective measures when required.

Stakeholder Contributions

The accomplishment of a 3.55 grade stems from collective efforts throughout the entire institution. Essential stakeholders—including management, educational authorities, faculty, administrative personnel, students, alumni, industry collaborators, and regulatory organizations—were all pivotal to this achievement. Their input can be outlined as follows:

- **Faculty members:** Their unwavering commitment to educational excellence and creative teaching strategies enhanced the learning atmosphere. Faculty members participated in research, curriculum updates, and student mentorship, thereby enhancing the college's academic reputation.
- **Administrative Teams:** Through the establishment of efficient operational procedures and strong support structures, the administration fostered an environment that enhanced both academic and extracurricular activities.
- **Students:** Engaging actively in feedback systems, extracurricular programs, and community service efforts showcased the students' dedication to the institution's overall development.
- **Graduates and Industry Collaborators:** Their continual assistance, through mentorship initiatives, guest presentations, and joint research endeavors, offered valuable real-world perspectives and improved the practical aspects of our curriculum.

This joint initiative emphasized the principle that quality education is a collective duty, strengthening the conviction that each stakeholder is a guardian of excellence.

The Academic and Administrative Audit (AAA) Preparatory Initiative

Prior to the NAAC accreditation, the college conducted an extensive self-evaluation process referred to as the AAA. This initial step was created to evaluate our current practices, pinpoint areas needing enhancement, and synchronize institutional procedures with the strict standards established by NAAC. The AAA initiative included the subsequent stages:

- **Evaluation and Examination:** A comprehensive analysis of educational programs, facilities, staff development, and management systems was performed. This stage aided in recognizing strengths and emphasizing areas that need improvement.
- **Action Planning:** Following the results of the self-evaluation, specific action plans were created. These strategies emphasized immediate enhancements and lasting approaches to tackle performance deficiencies and boost overall quality.
- **Execution:** Involvement of stakeholders was essential throughout this stage. Joint efforts guaranteed that the intended projects were carried out effectively, along with regular evaluations and revisions to sustain progress.
- **Feedback and Improvement:** Ongoing oversight and feedback cycles enabled immediate modifications. This ongoing process guaranteed that the institution stayed in tune with NAAC's changing benchmarks, thus aiding in the final assessment.

The AAA initiative offered a solid structure for personal development and also built trust among all parties involved. It acted as a driving force for transformation, guaranteeing that all elements of the institution were examined and improved prior to the official NAAC evaluation.

Future Directions

Achieving a NAAC grade of 3.55 is a significant milestone that reflects our college's dedication to excellence and ongoing development. The consistent backing of all stakeholders and the strategic initiatives of the IQAC have together established a solid basis for ongoing academic and administrative development. As we look ahead, the college is ready to capitalize on this achievement by:

- Improving curriculum development and teaching strategies via creative instructional approaches and technology incorporation.
- Enhancing research efforts and nurturing collaborations between industry and academia to promote the generation and sharing of knowledge.
- Constantly enhancing quality assurance methods to uphold and surpass existing performance standards.

In summary, although the NAAC grade of 3.55 is a noteworthy accomplishment, it also signifies the start of a new phase in our pursuit of excellence. Our organization is dedicated to welcoming change, promoting innovation, and guaranteeing that all stakeholders actively participate in shaping the future of high-quality higher education.



Guard of honour for PTV Members



Principal presentation to PTV members



PTV members interacting with Management representatives



PTV members interacting with NSS volunteers at the Exhibition of Student activities



PTV members interaction with IQAC



PTV members- Students Interaction



PTV Report handing over to Principal and IQAC Coordinator



Visit to the Media Studio

Department of Accountancy

Faculty (Degree College)

Dr. Rakhi Madnani | CA Lovina Samapriya | Dr. Pankaj Kataria | CA Dr. Bharat Patel
Dr. Soniya Jhunjunwala | CA Swati Gupta | Ms Rudri Pandya | Mr. Saurabh Panchamia

Department Activities

Mithibai College's BAF and BMF departments hosted **Numéro X**, a prestigious event known for its engaging discussions, dynamic speaker sessions, and vibrant carnival. The first Pre-Event : Numéro Xcellence was held on November 26, 2024. Talkshows were conducted, featuring Mansi thakkar (Director at Windplus) and Brahmi Kapasi (Finfluencer) from the corporate and finance sectors. The second Pre-Event was held on January 30, 2025A line-up of eminent speakers graced the stage, sharing their experiences, expertise, and knowledge with the attendees. Mr. Anugraha Munndra (Executive Director at Deloitte), Mr. Deepak Natarajan (CFO at Tata Projects), Mr. Agastya Nanda (Actor) and Kiku Sharda (Actor & Comedian).

The main event was held on February 7, 2025. It featured an exceptional line-up of speakers, each bringing a wealth of knowledge and inspiration. The éminent speakers were Mr. Varun Bajpai (CEO at Neo Wealth Management), Varun Sridhar (CEO at Paytm Services) and Saurabh Sachdeva (Actor & Acting Coach).



Mr. Agastya Nanda



Mr. Varun Bajpai



Mr Varun Sridhar



Kiku Sharda

Faculty Achievements

Dr. Rakhi Madnani is granted recognition as a teacher to guide research scholars for the degree of Ph.D in the subject of Accountancy of the University with effect from 3rd September, 2024 up to Superannuation of service from D.T.S.S. College of Commerce, Malad (East), Mumbai-400097. Dr. Saurabh Mukund Panchamia, completed his Ph.D. (Commerce and Management) in the subject of Accountancy on the topic "A study on Cost saving impact of Maintaining green campus and green audit of Higher education institutions in Mumbai metropolitan region" in November 2024.

Department of Biology

Faculty (Junior College)

Ms. Aruna A. Kanvinde | Ms. Jhansirani Mudumala | Mr. Pravin Jadhav | Ms. Leena Jadhav
Ms. Vhigral W. Fernandes | Ms. Arati G. Raut | Ms. Firdous Ansari | Mr. Joel Saldanha | Ms. Priti Purohit

Faculty Achievements

Ms. Aruna Kanvinde was appointed as a Team member of SCERT, Pune for upgradation of Biology subject question bank for July 2024 HSC Board Examination. She compered the 'Maharashtra day' celebration programme of college on 1st May 2024. On 23rd August 2024, she was invited as a Biology subject expert for the appointment of Shikshan Sevak through *Pavitra Portal* at Bhavans College and Versova Welfare Junior college, Andheri. Ms. Kanvinde was invited at Patkar College, Goregaon for conducting guidance session for the students appearing for HSC Board Examination 2024-25. She was also invited as a judge at Homi Bhabha Balvaidnyanik Science Exhibition. Faculty members attended the NEP 2020 training programme from 10th to 15th March 2025.

Mr. Pravin M. Jadhav was invited as a Biology subject expert on 23rd August 2024 for the appointment of shikshan sevak through *Pavitra Portal* at Bhavans College, Andheri. Ms. Arati G. Raut attended 1 day workshop "Teach-Tech" at Thakur college, Kandivali. Ms. Firdous Ansari was felicitated as a Ideal Teacher 2024 by Swarajya Welfare Association (Mumbai) & PROJECT-100. She also completed ECIS Middle Leader Programme conducted by ECIS & JIO Institute and attended 5 day Science and Math Teacher Workshop organized by Indian Women Scientists Association (IWSA). She attended a one day workshop "Teach-Tech" at Thakur College, Kandivali.

Any other event to be recorded

Felicitation programme of top-ranking students of 2023-24 was conducted in the month of July in presence of the current batch of students which motivated them to enhance their preparations for the board exam.

Department of Book-Keeping & Accountancy

Faculty (Junior College)

CA Ms. Gladys Albert (Vice Principal) | Ms. Pina Shah | Mr. Swapnil R. Desai
Ms. Pradnya U. Pednekar | Ms. Faizunnisa Shaikh

Department Activities

Special Guidance lecture for SYJC Commerce students was conducted on 12th December 2024 for the subject Accountancy, OCM & S.P. The subject experts, board examiners and moderators provided valuable tips and strategies to excel students' performance & to score the maximum marks in HSC Board Exams.

Faculty Achievements

Faculty members attended the NEP 2020 training programme from 10th to 15th March 2025.



Vice Principal CA Ms. Gladys Albert giving guidance to HSC students

Department of Botany

Faculty (Degree College)

Prof. Meenakshi Vaidya | Dr. Shailaja Nair | Dr. Ulka Chodankar | Dr. Bindu Gopalkrishnan
Dr. Vaishnavi More | Dr. Udaysinh Bhosale | Dr. Meeta Mathur | Dr.Saraswathy Nagendran

Department Activities

Botanical excursions were conducted for UG & PG students at Bhavan's Nursery, Sanjay Gandhi National Park, Keshav Shrushti, Maharashtra Nature Park, Veer Jijamata Udayan, Gorai Creek, Cotton Research Institute and 'Friends of Trees' flower show at Ruparel College. Two guest lectures were conducted by alumni. Outreach activity was conducted for school students. Terrarium-making and seed ball preparation workshop were conducted. Activities under Vachan Sankalp were also conducted.

The Annual Festival Saptaparni'25 was held on 17th February 2025, which featured intercollegiate competitions with 340 participants from 11 colleges, and 32 winners.

Faculty Achievements

Prof. Meenakshi Vaidya received the Icon of the Year Award 2024 for her exceptional professionalism. Dr. Meeta Mathur was approved as a Ph.D. guide by the University of Mumbai. Four Research papers and two book chapters were published by the faculty members. Two FDP and Workshops were attended by the faculty members. Faculty members have been appointed as judges for intercollegiate competitions including Aavishkar and as Chairperson for Technical sessions in conferences.

Learner Achievements

Botany students presented multiple papers at conferences, with Ms. Meha Mepani winning the SVS Chauhan medal for best presentation. Students also participated in various competitions, with notable wins in floral arrangement, bio-jewellery, terrarium, and fruit & vegetable carving in Intercollegiate events hosted by various Colleges.



Department of Botany organized the FEST "SAPTAPARNI 2025"



T.Y.B.Sc. students visited Bhavans Nursery



F.Y.B.Sc. students visited the Flower Show at Veer Jijamata Udayaan on 1st February 2025



Excursion to Karnala (SGNP)



Botanical Excursions to Karnala Wildlife Sanctuary



Spirulina Cultivation plant at Keshav Srushti

Students of M.Sc.-I visit to Gorai Mangrove

Department of Biotechnology

Faculty (Degree College)

Dr. Shubhada Walvekar | Ms. Muzna Shaikh | Dr. Shruti Garg | Ms. Preeti Sharma
Dr. Sharon D'souza | Mr. Aseem Chaphalkar | Dr. Shruti Kalani

Department Activities

Biotechnology Department has organized a visiting lecture by Dr. Rutwik Barmukh (Post-Doctoral Research Associate, Murdoch University, Australia) on 'Improving Crops through Genomics – A Sustainable Step Towards Zero Hunger' on 7th December 2024. A talk on 'Unlocking The World Of Research: A beginner's Guide' by Dr. Shrishti Pandey, an alumna and ex-faculty member was organised on 29th August 2024.

The Department with the Green Club of Mithibai organized an online guest talk by Mr. Vinay Kumar Mantri (Industry expert, Founder and Promoter of Waste Management Services) on the topic 'Waste Management: Use of Science for Sustainability and Circularity'. Outreach activities were organized for 4 students of 9th grade from Bombay Cambridge High School on 7th and 8th January 2025. Experiments based

on nanoparticle synthesis and checking of their antibacterial properties were demonstrated to the students by Mr. Aseem Chaphalkar and Dr. Shruti Kalani and for students MET Rishikul vidyalaya International School on 3rd and 4th December 2024.



Demonstration of experiments for junior college students by TYBSc batch

The department organized a popular lecture under the Govt. of Maharashtra initiative 'वाचन संकल्प महाराष्ट्राचा' and the aegis of University of Mumbai on 14th January 2025 by Dr. Bal Phondke (senior scientist, writer and former director of CSIR-NIScPR, New Delhi) was invited to deliver the lecture titled- 'My Journey as a Researcher and a Writer'. Interaction of TYBSc students with Mr. Aseem Chaphalkar who has authored the book 'Janukkoshshatra' in Marathi on 14th January 2025 as a part of 'Vachan Sankalpa Maharashtra'.

Faculty Achievements

Ms Preeti Sharma has successfully completed PG Diploma course in 'Clinical Studies Data Management and Medical Writing' with A+ grade from Ramniranjan Jhunjhunwala college of Arts, Science and Commerce.

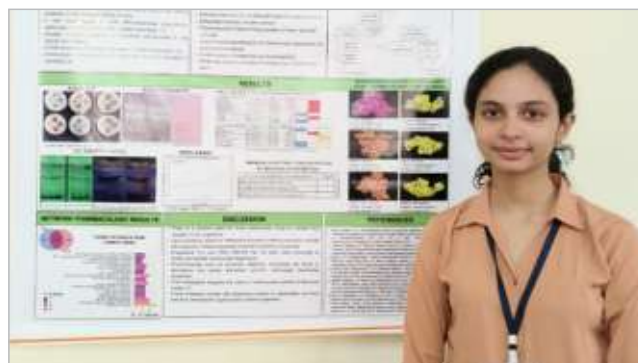
Dr. Sharon D'souza has successfully completed PG Diploma Course in Clinical Research on 16th August 2024 from Institute of Good Manufacturing Practices, India. She has been shortlisted as a 'Young Investigator' and is invited to participate in 'The Young Investigators' Meeting (YIM) 2025 organized by India bioscience at Courtyard by Marriott, Agra.

Mr. Aseem Chaphalkar and Dr. Shruti Kalani have attended a workshop on 'Intellectual Properties (IPs) filling processes' organised by SVKM's IPR Cell on 15th July 2024 at 9th Floor, room no. 903, NMIMS building, Vile Parle, Mumbai. Mr. Aseem Chaphalkar has published a Freelance Critical Review of the following Sci-Fiction movies viz 'Dune Part 2', 'Kalki 2898AD', 'The Wild Robot' and 'The Substance' in Aksharname online news portal. He has published science fiction articles like in October 2024: "कर्कदेवाच्या नावानं", "जीवभाषा", "शाखामृग" published in *Deepawali*, *Dhananjay* and in *Lokmangal Maitra* magazines.

Learner Achievements

Hemani Yashvi, Malde Tricha, Puri Yashika, Walvekar Shubhada and D'souza Sharon have published a research paper on 'Preliminary Studies of effect of heavy metal phytoremediation on phytochemical fingerprint and bioactivity of *Pistia strateotes* L: A quest for re-routing disposal to commercial application' in *Nature, Environment and Pollution Technology*.

Students participated in 19th Aavishkar: Inter-Collegiate Research Convention (Zonal Round) organized by the University of Mumbai at Thakur College of Science and Commerce, Kandivali, Mumbai on December 12, 2023 and were selected for Aavishkar Final Round: Anushree Manjrekar, Gulamahmed Bhattha (TYBSC), Parva Visariya, Shravani Tawde, Saumya Gopal, Preet Jhaveri, Hiya Master, Mr. Manav Chopra Jain (SYBSC), Vanshika Shah (FYBSC), Mosmi Mohan Patil from M.Sc. I Biotechnology



Ms. Anushree Manjrekar (T.Y.B.Sc.) at Aavishkar



Parva Visariya (SYBSC), Shravani Tawde (SYBSC), Saumya Gopal (SYBSC), Vanshika Shah (FYBSC) at Aavishkar

Parva Visariya (SYBSC), Shravani Tawde (SYBSC), Saumya Gopal (SYBSC), Vanshika Shah (FYBSC) participated and won First Prize in 'Sci-Spark: A startup pitching event' organized by SVKM's SD School of Science on the occasion of National Science Day 2025. The research topic is: 'Eco-innovative cellulose based betalains infused film for real time food spoilage detection'. Teacher mentors are Dr. Shruti Garg and Mrs Preeti Sharma.

Ms. Riva Hitesh Gala from FYBSc Biotechnology has successfully completed online certification course on 'Genome Editing and Engineering' organized by NPTEL in collaboration with IIT Guwahati. Ms. Prutha Pandya from T.Y.B.Sc. Biotechnology has completed the internship with Wockhardt Limited – Biotech Division (Nephrology) and the assigned project & task on “Planning & aligning Scientific Webinar – Top KOLs (Nephrologists) & Creating Brand Communication along with Detailing story (+ Detailing Demo)” from 13th May 2024 to 31st July 2024. Ms. Ananya Sharma

from F.Y.B.Sc. Biotechnology has won the 2nd Podium at Zonal Competition in poster making in 57th Mumbai University Youth Festival on 16th August 2024. All students from M.Sc. II Biotechnology have completed 1 Hour Certificate Course on 'Introduction to Proposal Writing' offered by Candid Learning Organization' on 22nd August 2024. Ms. Dhanashree Pithwa from FYBSc Biotechnology has completed a 14 days 'Business Development Specialist' internship at Younity.in.

Department of Biochemistry

Faculty (Degree College)

Dr Nupur Mehrotra | Dr Sara Khan | Mr. Kaustubh Jadhav | Mr. Badal Parekh

Department Activities

On 11th February 2025, Department of Biochemistry in collaboration with SPPSPTM, Research Development Cell organized a One Day 'Hands on Workshop' on 'Advanced Instrumentation' for M.Sc. Part 1 students of Biochemistry, Biotechnology, Botany, Chemistry, Microbiology & Zoology. On 23rd January the department conducted an Outreach Activity for Sanyas Ashram Municipal School students. The students were shown experiments on biomolecules to increase their interest in science. The department organized a guest talk by Dr. Jyoti Vora titled “My Journey with Quill” as a part of Vachan Sankalp Maharashtra on 14th January, 2025 and conducted reading activity on 15th January, 2025 as a part of Vachan Sankalp Maharashtra.

Faculty Achievements

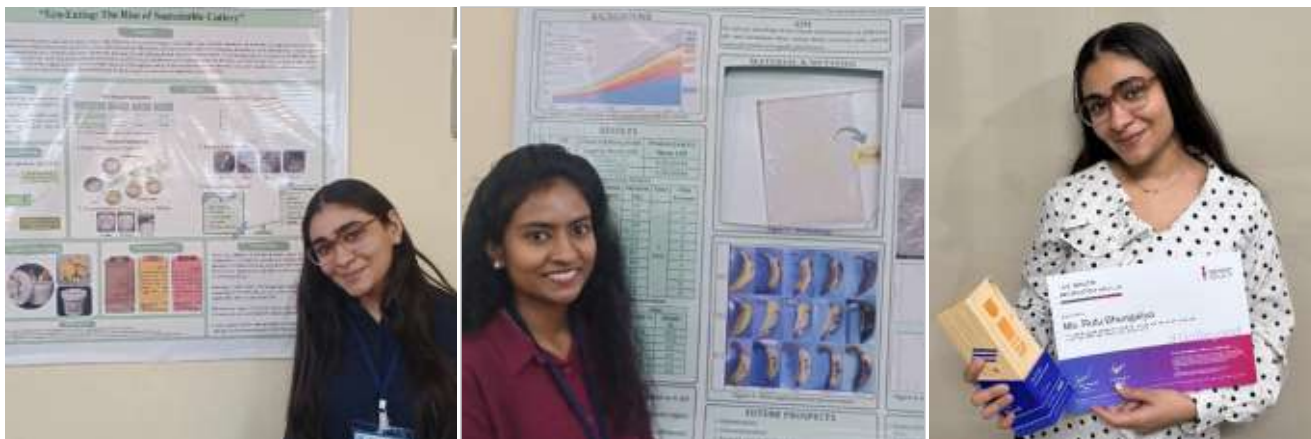
A book chapter, “*Curcuma longa* L.” by Nupur Mehrotra, Sara Anees Khan and Kaustubh Jadhav was published in Medicinal and Aromatic Plants of India. A research paper was published by Nipun Sarvanan Pillai, Sara Annes Khan, Nupur Mehrotra and Kaustubh Jadhav in “Biosciences Biotechnology Research Asia” Dr. Nupur Mehrotra was invited as NAAC Mock Peer team Visit member at Jai Hind College, Mumbai and Chairperson NAAC Mock Peer Team Visit at Gyansadhana College, Mumbai. She was a subject expert on the faculty selection at Viva College and nominated as a Member of the Examination &

Evaluation Committee, SVT College of Home Science, SNDT Women's University. She was on the Selection Panel of K.J. Somaiya College of Arts & Science for the recruitment of an Assistant Professor in the Department of Biochemistry.

Mr. Kaustubh Jadhav and Mr. Badal Parekh mentored students of MSc Part 1 for i3 Innovation Competition of Beyond Research Science Conference and MSc Part 1 for 19th Aavishkar Research Convention. Mr. Kaustubh Jadhav was awarded with Green Innovator Award for Best Sustainable Idea in i3 (Ideate, Innovate and Implement) competition in the Beyond Research Science Conference 2025 organized by BNCP.

Learner Achievements

Ms. Velankanni Jesika Nadar successfully cleared two rounds of i3 Innovation Competition of Beyond Research Science Conference. Ms. Rutu Bhungaliya cleared round one of i3 Innovation Competition of Beyond Research Science Conference. Ms. Velankanni Jesika Nadar and Ms. Rutu Bhungaliya of M.Sc. Part I Biochemistry successfully cleared the zonal round and were selected for the final round of 19th Aavishkar Research Convention organised by the University of Mumbai Ms. Rutu Bhungaliya was awarded with Green Innovator Award for Best Sustainable Idea in i3 (Ideate, Innovate and Implement) competition in the Beyond Research Science Conference 2025 organized by BNCP.



Learners of MSc Part I Biochemistry selected for final round of 19th Aavishkar Research Convention

Ms. Rutu Bhungaliya was awarded Green Innovator Award

Department of B. Com Honours/B. Com Management and Finance

Faculty (Degree College)

CA Dr. Vijay Satra | CA Ashish B. Garg | CMA Shrinivas Bala

Department Activities

An online Parent-Teacher-Student Orientation meeting of B.Com. (Management and Finance) was conducted by CA Dr. Vijay Satra on 30th June, 2024. On 8.7.2024 a session on "How to Maximize Your Undergraduate College Experience" was conducted by CA Dr. Vijay Satra. On 21.7.2024 an online CFA Guidance Session for Undergraduate Commerce students was conducted. On 29.8.2024 a session on "Career in Accounting & Finance for Youth" was taken by CA Dr. Vijay Satra. On 28.9.2024 a seminar on Reliance Foundation Undergraduate Scholarship Program for First-Year students was conducted. On 26.11.2024 Numero Joint event of BAF and BMF held a pre-event and Mansi Thakkar (Director at Windplus Pvt. Ltd. –entrepreneur, Leader and Coach) and Brahmi Kapasi –Stock and financial Advisor were the key speakers. A session was held in February 25, on Entrepreneurship by Komal Patel & Chandan Maloo, Founders of Vyndo, a healthy snacks brand.

Faculty Achievements

CA Ashish B. Garg attended 57th Youth Festival Workshop organised by Valia Chhaganlal Laljibhai College in collaboration with University of Mumbai on 4th July 2024. He attended webinar on "How to be successful entrepreneur" organized by Committee for Members in Entrepreneurship and Public Service of The ICAI of India on 26th August 2024. He attended Thought Leader Conference 2024 organised by Skilltech University on 22nd November 2024.

Learner Achievements

Oma Sharma a student of FYBMF won the 2nd consolation prize at Intercollegiate Elocution Competition organised by Satish Pradhan Dyansadhana College and spoke on 'Why Financial Literacy should be a mandatory subject in academics'.

Department of Commerce

Faculty (Degree College):

Dr. Anjali Patkar | Dr. Sunita Maral | Dr. Shatrughna Patil | Dr. Vishal Gadhave | Dr. Aurora Vaz
Dr. Alpesh Mehta | Dr. Gopal Mantri | Dr. Pradip Saymote | Dr. Sonakshi Goyal | Mr. Pankaj Gupta

Department Activities

Reclocast, a talk show was organized on November 23rd, 2024 for podcast. "Rec-A-Fair: The Carnival" was organized on November 27, 2024, by the Department of Commerce organized.

Nature Trek: The department of Commerce (faculty members teaching Environmental Studies course) and Green Club of Mithibai had jointly organized a nature trek along the Upper Kanheri trail in the Sanjay Gandhi National Park (SGNP) at Borivali (East) on Thursday, 29 August 2024.



Nature Trek

Faculty Achievements:

Dr Sunita Maral was a resource person for the course on 'Environmental Management System Audit' (EMSA) conducted by the Hansraj Jivandas College of Education under its Green Club, on the topic of 'EMS and Corrective Action plans Major audit findings across India', on Wednesday, 9th October, 2024. Dr. Gopal Mantri published research paper titled 'New Criminal Laws in India – The needs of Modern Society and Emerging Technologies'. Dr Pradip Saymote participated in the online training program on 'Introduction to Python Programming and Applications in Water Resources Sector' conducted by National Water Academy, Pune from 26 August to 06 September 2024). He participated in the National Education Policy Orientation & Sensitization Programme from 1st to 15 July, 2024 organised by the Malaviya Mission Centre of the Astronomy Centre for Educators of IUCAA.

Dr. Sonakshi Goyal presented a paper in One day International Multidisciplinary Conference at J.K. College of Science & Commerce in collaboration with Maharashtra State Skills University and published a research paper. She also presented a paper at the 7th International Conference on Recent Trends in Multi-Disciplinary Research (ICRTMDR-24)" in November 2024. She published a research paper titled 'Impact of meme marketing on brand awareness and consumer buying behavior, in Leveraging Cutting- Edge Technologies for Sustainable Business Practices: Industry 5.0' which was organized by Vidyapeeth's National Institute of Management Studies and Research in Collaboration with Mumbai University, MAHSA University, Malaysia, on 6th & 7th December, 2024. Mr. Pankaj Gupta published a research paper in August, 2024 and another titled 'Make in India: Prospects of Policy' in international Journal of Innovative Research in Technology.

Department of Chemistry

Faculty (Junior College)

Ms. Jigna Thaker | Dr. Udit Vora | Ms. Bhagyashree Choudhari | Ms. Jaya Mishra
Ms. Rupali Joshi | Ms. Rajeshwari Singh | Mr. Abhijit Pandhare | Dr. Bhushan Nazirkar
Mr. Sunil Uchale | Ms. Shanvi Singh | Ms. Monali Pimple

Department Activities

A Performance Improvement Programme was conducted for SYJC(Science) students under the guidance of Dr. Ms. Udit Vora. Remedial lectures were conducted for FYJC students, in the year 2024-25. Chapter wise assignments were given to SYJC students for practice.

Faculty Achievements

Faculty members attended the NEP 2020 training programme from 10th to 15th March 2025.

Faculty (Degree College)

Dr. Mansoori Sajid Mohammad | Dr. Aparna S. Bharadwaj | Dr. Prajakta S. Sarang | Dr. Hetal J. Mehta
Dr. Ajay V. Gole | Dr. Satish R. Ingale | Ms. Divya R. Chenna | Dr. Mohammed Azam Shaikh
Dr. Nilesh N. Korgavkar | Dr. Vinay D. Thakur | Dr. Nitin Gulvi | Dr. Medha Dave | Dr. Anita Pandey

Department Activities

On the occasion of the National Science Day Program (28 February to 2 March), 14 students of F.Y.B.Sc. Chemistry program, under the guidance of Dr. Nilesh Korgavkar, visited Bhabha Atomic Research Centre (BARC), Mumbai on Sunday 2nd March 2025. Dr. R. Tewari, Director, Material Science Department, BARC delivered a talk. They also visited Dhruva Reactor in which the operations of Dhruva reactor were explained.



IUPAC Global Women Breakfast event was celebrated on February 11, 2025. The goal of the GWB series is to establish an active network of people of all genders to overcome the barriers to gender equality in science. IUPAC Global Women's Breakfast (GWB 2025) was held in conjunction with the U.N. day of Women and Girls in Science. A poster exhibition on women scientists was

held. CONTECH (Concept Test in Chemistry), a national-level test, was designed to evaluate the conceptual understanding of undergraduate chemistry students on 31st January 2025. 37 students appeared for the test on January 31, 2025. Chemtrek, a two day event, was held on December 17th and 18th, 2024. The event featured NEP 2020-based competitions designed to ignite enthusiasm and showcase talent among participants. The events included Kaun Banega Champion (Quiz), Mind Over Matters (Debate), Stroke of Heritage (Sketch), Market Mastermind (Mock Stock), Chess and Curses and Claws (Treasure Hunt) and Chemical demonstrations. The chief guest, Dr. Brijesh Singh. Dr. Singh delivered an inspiring speech. 280 students participated in the event.



Chemtrek

Faculty Achievements

Dr. Sajid Mansoori published a research paper with Shruti Tank. Dr. Ajay Gole published 05 research papers.

Learner Achievements

Ms. Azeem Fatema and Ms. Kavita Prajapati, first year post-graduate students of Organic Chemistry, participated in the poster making competition, organized in first week of January, under the "Vachan Sankalp Maharashtra" (an initiative by the Government of Maharashtra and University of Mumbai) and won the second prize.

In the National Science Day event organized by NMIMS on February 24, 2025, our post graduate Organic Chemistry students Ms. Diya Saini and Ms. Azeem Fatema, participated in power point presentation competition on 'lives and works of Nobel Laureates' and won first and second prizes respectively.

Department of Computer Science

Faculty (Junior College)

Ms. Sheetal Ingale | Mr. Kaushik Panchal | Ms. Poonam Hingmire

Faculty (Degree College)

Ms. Neelam Jain | Dr. Ashish Gavande | Dr. Amol Joglekar | Dr. Jaysree Ravi
Mr. Zaheerabbas Mulani | Dr. Devang Thakar | Dr. Madhura Ranade | Mr. Omkar Mohite

Department Activities

The Mithibai Internal Hackathon was organized by the department of computer science on 2nd September 2024. It provided a platform for students to innovate, collaborate, and prepare for the upcoming Smart India Hackathon. Four teams were selected from this hackathon, including other participating 14 teams to represent Mithibai College at SIH 2024.



The Mithibai Internal Hackathon 2024

Faculty Achievements

Mr. Zahirabbas Mulani published a paper in ISTE Online, a UGC CARE listed journal and 7 papers were presented in conferences. Dr. Madhura Ranade attended 1 FDP conducted at IIIT Kottayam. Dr. Devang Thakar has become a co-guide for Ph.D. at JJT University, Rajasthan

Learner Achievements

Jay Rathod, MSc Part 2 Student along with Dr. Amol Joglekar presented a research article titled "Scenery Drawings: A Pictorial Journey into Human minds with CNN Insights on the Perceived Past, Present and Future" in International Conference on Data Engineering and Applications – 2024 on 29th June 2024. A team of six MSc students got selected in Smart India Hackathon and will now be representing Mithibai College in SIH Finals at the national level hackathon partially hosted at IIT Guwahati for problem posted by NTRO.

Department of Economics

Faculty (Junior College)

Ms. Simranjeet Dahele | Ms. Trupti Joshi | Ms. Kulvinder Kaur
Ms. Swati Mithbavkar | Ms. Kalaivani Mudaliar

Faculty Achievements

Faculty members attended the NEP 2020 training programme from 10th to 15th March 2025.

Faculty (Degree College)

Mr. Manish Gogari | Ms. Bidisha Sarkar | Ms. Megha Pai | Mr. Gorkhnath Uttekar
Ms. Bhavika Patni | Ms. Riddhi Vira | Ms. Lavanya Sarkar | Ms. Bhagyashri Deshpande

Department Activities

The Economic Transcript (TET) in collaboration with the Institution's Innovation Council of Mithibai College (IICM) conducted a seminar 'INVEST-A-PALOOZA' by the speaker Mr. Amit D. Kumar (Co - founding partner of Ah! Ventures Fund) on 5th August 2024.



Mr Amit Kumar addressing the gathering

A talk in collaboration with Maharashtra Economic Development Council was conducted on the Union Budget 2024 by Dr. Dhananjay Samant on 7th August, 2024. A technical workshop was conducted by Mr. Saswata Banerjee, Consulting Audit & ESG Expert on 'Advanced Excel for Research' for TYBA students on 7th December 2024. A guest lecture was conducted by Dr. Shreshthi Rawat, faculty Meghnad Desai Academy of Economics (MDAE) on 7th January 2025 on the topic 'Technological Disruption and future of Labour market in India'. Faculty members and students of M.A. Economics attended the Prof. D. T. Lakdawala

Memorial Lecture organized by the MSEPP on 8th January 2025 featuring Prof. Kartik Muralidharan, Tata Chancellor Chair Professor at the University of California, San Diego, and recipient of the Crossword Book Award (2024) on his book, *Accelerating India's Development: The Imperative of State Capacity*.

A field visit was organised to Shirpur from 12th to 15th February 2025 with 70 students and five mentors. They explored SVKM institutions, Shirpur's agricultural fields, Textile Park and also made a visit to Ambe village's Tribal Pada. A guest lecture was organized on 1st February 2025 on 'Career Options for Economists with Econometrics and Data Science' by alumnus Bharat Rajpurohit, a Data Scientist at LSAG.

Learner Achievements:

A research paper was presented online by Rhea Dadinath, an FYBOM student and faculty Ms. Bhavika Patni at the International Conference on 'Entrepreneurship and Innovation' organized by IQAC, New Horizon College, Thane on 21st December 2024 and is to be published in the JETIR Journal (Impact Factor: 7.95). Faculty Mr. Gorkhnath Uttekar, Khushboo Zaveri, M.A. Part II student and Nandini Pillai, M.A. Part I student presented research papers at the RUSA Sponsored International Conference on Recent Trends in Global Economy with Special Reference to Indian Economy organised by Chikitsak Samuha's Patkar – Varde College on 17th February 2025. Kartvya Rataate and Tushti Sohaney, SYBA students won 2nd Prize in the 'Young Economist Research Competition' organised by Meghnad Desai Academy of Economics with a prize money of 10,000 ₹ on 1st March 2025.



Kartvya Ratate and Tushti Sohaney

Notable Alumni Achievements

Ms. Vidisha Wani, Alumna (M.A. Economics Batch 2020-22), completed M.Sc. with Research degree from Yale University in 2023-24 and has been employed as Pre-doctoral Research Assistant to Professor Douglas Gollin at Tufts University in Boston.

Department of Electronics

Faculty (Junior College)

Mr. Santosh Y. Waghmare | Ms. Ankita Amol Nagwekar

Department of English

Faculty (Junior College)

Mr. Prashant S. Wagh | Mr. Pradeep S. Sawant | Mr. Sagar Sonawane | Ms. Swati Upadhyay
Ms. Maya J. Talekar | Ms. Dipali V. Salunkhe | Ms. Aashlesha V. Lele | Ms. Nimisha Jadhav
Ms. Urvashi H. Tejani | Ms. Purnima Nayak | Ms. Eldrin Andrades

Department Activities

On 7th January 2025, Department of English of Mithibai Junior College organised a guidance lecture on English subject for students appearing HSC Exam. Mr Prashant Wagh In-Charge of the Department guided students about English paper. He focused on the important aspects of English textbook, paper-pattern, time-management and completion of paper. Large number of students of Arts, Commerce and Science stream attended the lecture.

Faculty Achievements

Faculty members attended NEP 2020 training programme from 10th to 15th March 2025.



Guidance lecture by Mr. Prashant Wagh

Department of Environment Education

Faculty (Junior College)

Dr. Dipali Suresh Sapre

Faculty Achievements

Faculty member attended NEP 2020 training programme from 10th to 15th March 2025.

Department of Finance

Faculty (Degree College)

Mr. Mandar Thakur | Dr. Jaison Baby Thomas | Dr. Vinay Jadav | Dr. CA Baijul Mehta
Mr. Rohan Korgaonkar | Dr. Archana Mainkar

Department Activities

A guest lecture was conducted on 23rd July, 2024 & 30th July 2024. The topic for the lecture was SEBI Act & its applications & Intellectual Property Laws. The speaker for the lectures was Adv. Anuradha Maheshwari, Legal Expert. Finanza was held on 10th and 11th of December 2025. Team Finanza conducted 14 events across three categories, successfully hosted 20+ speaker sessions and celebrated the spirit of entrepreneurship with 30+ stalls at FinFlea (carnival).



Faculty Achievements

CA Baijul Anand Mehta was awarded Ph.d Degree in the month of November 2024. She presented and published a paper on the topic of Modern Cost Management Techniques- A Kaizen Costing in Peer Review Journal with SJIF Impact Factor 8.278. She participated in 6-day International FDP on IKS from 4th September 2024-9th September 2024.

Learner Achievements

A few students from BBI cleared NISM Series VA mutual Fund Distributor Examination in the month of September 2023 and a few students of BBI and BFM were placed in KPMG, Deloitte and Morgan Stanley.

Department of Foreign Languages

Faculty (Degree College)

Mr. Shripad Samant | Ms. Priya Joseph | Dr. Shweta Salian | Dr. Aparna Raveendran C.
Ms. Swara Thacker | Ms. Pooja S | Ms. Radhika Rajwani

Department Activities

Mr. Shripad Samant, Ms. Radhika Rajwani and Ms. Pooja S visited Marathi Vidnyan Parishad (MVP) in Sion on 27th November 2024 and interacted with the President of MVP, Dr. A. P. Deshpande, an expert in Science Communication with the objective of collaborating with MVP to enrich the newly introduced Open Elective Course on Effective Science Communication, offered by the Department to SYBSc students, under NEP 2020.



At Marathi Vidnyan Parishad

The Literary Society of the Department of Foreign Languages hosted a two-part event in the remaking of their legacy Mushaira, adding a workshop on the Structure and Composition of Ghazals by Dr. Khevana Desai, Head, Department of Sociology on 10th December 2024. On 11th December 2024, the event featured the renowned Urdu shayar Janab Nawab Arzoo as the guest of honor. Faculty members Mr. Rakesh Panse, Dr. Dashrathkumar Patel and Ms. Prachi Katpatal also contributed to the event. In collaboration with the Psyched! Club, a screening and analysis of the movie 'Do Patti' was held on 28th January 2025 in which Dr. Khushali Adhiya and Dr. Shweta Salian participated. Under Vachan Sankalp Maharashtra, the Literary Society hosted an author meeting on 8th January 2025 with Ms. Rupangi Sharma. A Cosplay event was held on 16th January 2025. An author interaction session was held on 18th January 2025 with Shri Anand Neelakantan.

Reading between the Lines: A Workshop on Critical Reading Techniques', was conducted for the TYBA students of English on 7th January 2025 as part of Vachan Sankalp Maharashtra initiative, with Mr. Shripad Samant as the resource person. Activities including Quiz (14th January 2025), Group Reading and Read Aloud a Book (15th January 2025) as part of the initiative. A visit to the Kala Ghoda Arts Festival was organized for the undergraduate and postgraduate students on 31st January 2025. On 4th February 2025, the Departments of Psychology and Foreign Languages conducted a session on Sylvia Plath's poetry hosted by Ms. Suchitra Roychowdhury and facilitated by Ms. Radhika Rajwani.



Kala Ghoda Visit

Faculty Achievements

Dr. Aparna Raveendran C. published a paper and presented a paper at the Three-day AMALIT International Conference organized by Department of English and IQAC, Amal College of Advanced Studies, Nilambur in collaboration with Kerala State Higher Education Council, Government of Kerala on 30th, 31st and 1st February 2025. She completed the NEP 2020 Orientation & Sensitization Programme organized by Ramanujan College, Delhi from 28 August 2024 to 06 September 2024. Ms. Pooja S. published a paper in the journal *The Criterion* -Vol. 15 Issue 6 on 6th December 2024 and attended an online FDP organized by the Faculty of Arts, Humanities & Social Science, Gokul Global University in collaboration with Nucleus of Learning and Development from 6th to 16th February 2025. Ms. Radhika Rajwani presented a paper during the Vachana 2025, an international conference on Contemporary Discourses on Displacement and Identity on organized by the Department of English and Cultural Studies, Christ Deemed to be University, Bangalore on 13th and 14th February 2025.

Learner Achievements

Ms. Hiya Shah of TYBA English 2024-2025 has been selected as a content moderator at Accenture through Training and Placement Committee. Ms. Khadeejah Adam of MA English 2024-25 is the student editor of the college magazine 'Mithaas' for the second consecutive year. Ms Aastha Thakkar of MA English 2024-2025 is the Editor-in-chief for the Sanatan Magazine by TBW. Mr Amaan Bakhsh of MA English 2024-2025 has cleared the 2024 NET JRF.

Notable Alumni Achievements

Mr Yogesh Singh of MA 2018-2020 has cleared the 2024 NET JRF and has been selected for PhD at the University of Delhi. Ms Anubhuti Anwekar of MA 2022-2024 has cleared the 2024 NET JRF.

Department of French

Faculty (Junior College)

Ms. Sumedha Zamre | Ms. Neha Mehta

Department Activities

The Department of French celebrated French National Day, 14th July, through classroom activities. Ms. Vidhi Gala and Ms. Krishangi Sukhadia, from SYJC Arts D conducted a quiz on French culture and pop media. Anirudh Nandakumar, from SYJC Arts D spoke about his visit to France and a brief history of the country. Students participated in the programme enthusiastically. It was an enriching experience for them.



French Day Program

Faculty Achievements

Faculty member attended NEP 2020 training programme from 10th to 15th March 2025.

Department of Gujarati

Faculty (Junior College)

Ms. Pinki Japee

Department Activities

Gujarati Divas was celebrated at Mithibai college on 20th August 2024. Students participated in various activities like dance, drama, Garba, Singing, etc. Many students participated in inter college fest such as Gujarati Sahitya Academy (K.J Somaiya College of Arts and Commerce) on 22nd August 2024, OJAS (The Bombay Suburban Grain Dealers Junior College) on 15th October 2024, Gurjari Namostute (KES' Shroff College of Arts and Commerce) on 11th December 2024 and Kalrav (The Bombay Suburban Grain Dealers Junior College) on 31st January 2025.

Faculty Achievements

Faculty member attended the NEP 2020 training programme from 10th to 15th March 2025.

Department of Hindi

Faculty (Junior College)

Dr. Reena Srivastava Pandey | Ms. Asha Patil | Dr. Prateechi Bhatambrekar | Mr. Jaipalsingh Girase

Faculty Achievements

Faculty members attended the NEP 2020 training programme from 10th to 15th March 2025.

Department of Indian Languages

Faculty - Degree College

Dr. Dashrathkumar Patel (Gujarati) | Ms. Kajala Sowani (Gujarati) | Mr. Rakesh V. Panse (Hindi)
Ms. Goral Patel (Hindi) | Dr. Omprakash Dubey (Hindi) | Ms. Prachi Katpatal (Marathi)
Ms. Abha Chiman (Marathi)

Department Activities

Dr. Bharat Thakor has delivered talk on the topic of 'ગુજરાતી સાહિત્યમાં ભારતીયતા' on 17th January 2025. The department celebrated 'વિશ્વ ગુજરાતી માતૃભાષા દિવસ' 24th August 2024.

Faculty Achievements

Dr. Dasharath Patel participated in the workshop on 'Indian Education from the Past-IKS' organized by MSFDA and Kavikulguru Kalidas Sanskrit University, Ramtek, on 5th to 9th August 2024. Dr. Dasharath Patel participated in a workshop 'ગુજરાતી નિપુણતા, અભ્યાસક્રમ વિકાસ' NCERT ભોપાલ, મધ્યપ્રદેશ. તારીખ : ૧૫/૧૦/૨૦૨૪થી ૧૯/૦૪/૨૦૨૪. He delivered a guest lecture on the topic 'આચાર્ય ભરતમુનિનું રસસુત્ર અને આચાર્ય કુંતકનો વક્રોક્તિ વિચાર' at Department of Gujarati, SNTD Women's University, Mumbai on 11th, 13th February 2025 and presented a research paper at a national seminar 'લગ્નગીત: આસ્વાદ અને અવબોધ' on the topic 'લગ્નગીતનો આસ્વાદ' organized by Shree S. S. Mehta Arts College and Gujarat Sahitya Academy, Gandhinagar, on 6th February 2025. He published a research paper 'પેટનો જાણ્યો સંદર્ભે લઘુકથાના તાણવાણાં' in UGC Care Listed Journal 'શબ્દસર' July 2024 and published a book 'લઘુકથાનો ચતુષ્કોણ'

Learner Achievements

बिरला महाविद्यालय, कल्याण द्वारा आयोजित अंतर महाविद्यालयीन हिंदी स्वरचित कहानी लेखन प्रतियोगिता में स्नातक उपाधि द्वितीय वर्ष, कला शाखा की छात्रा कु हेतवी गाला को तृतीय पुरस्कार से पुरस्कृत किया गया। इस प्रतियोगिता का आयोजन दिसंबर 2024 में किया गया था। कु हेतवी की कहानी का शीर्षक: सामाजिक समरसता की मशाल।

તારીખ 28મી ઓગષ્ટ ૨૦૨૪, બુધવારે મહારાષ્ટ્ર રાજ્ય ગુજરાતી સાહિત્ય અકાદમી દ્વારા આયોજિત શ્રી એમ. એમ. યુપિલ્સ ઓન સ્કૂલ, ખારના સહયોગમાં 'પાંચ વિદ્યાર્થી પાંચ વાર્તામાં એસવાય બીએની વિદ્યાર્થીની રાશિ રાખસિયાએ સંદીપ ભાટિયાની વાર્તાનું પઠન અને વિવેચન કર્યું હતું.



Department of Information Technology

Faculty (Junior College)

Ms. Rupali Masurkar | Ms. Antara Kawale | Mr. Mehul Panchal | Ms. Deepa Mhaskar | Ms. Maria Vaz

Department of Logic

Faculty (Junior College)

Ms. Nazama Shakeel Shaikh

Faculty Achievements

Achieved 100 % result in the subject in HSC Board Exam March 2024. Faculty member attended the NEP 2020 training programme from 10th to 15th March 2025.

Learner Achievements

82 students scored 100 out of 100 in HSC Board Exam March 2024

Department of Marathi

Faculty (Junior College)

Ms. Prachi P. Katpatal

Faculty Achievements

Ms. Prachi Katpatal participated in Mushaira titled 'Lafzon Ke Girdaab' organised by The Literary Society (RUSA) on 11/12/2024. She conducted workshop on 'Book Reading Skills' (Marathi) under program 'Vachan Sankalp Maharashtracha' on 11/01/2025 organised by Mithibai Library. NEP 2020 Training was held at

Mithibai college from 10 to 15 March 2025 in which Ms. Prachi Katpatal conducted a module as a Resource Person on 'Samgra Pragatipatrak Sankalpana Ani Parshvabhumi'.

Faculty member attended the NEP 2020 training programme from 10th to 15th March 2025.

Department of Management

Faculty (Degree College)

Dr. Shabana Khan | Mr. Harikrishnan Kurup | Dr. Yogesh Kamath | Dr. Swarupa Bhatia | Mr. Shaswat Shetty

Department Activities

The TEDx Mithibai College event was held on February 12th, 2025 and featured a line up of inspiring speakers and performances centered around the theme "Through Shared Voices." The event included talks by experts in HR, PR, journalism, marketing, and education. A guest session for by Mr. Shlok Bhatia, alumnus of BMS 2019, where he shared his experience and insights was held with SYBMS class on 7th December 2024.

Faculty Achievements

Mr. Harikrishnan Kurup, Dr. Shabana Khan, Dr. Swarupa Bhatia, Dr. Yogesh Kamath & Mr. Shaswat Shetty attended the Marketing FDP organized by NMIMS School of Commerce with NM College from 20th June 2024 to 22nd June 2024. Dr. Shabana Khan published a paper titled 'A Study Delving Into The Impact Of Artificial Intelligence On Human Resource Decision-Making, Focusing On Challenges And Opportunities.' Dr. Shabana Khan presented a paper titled 'A study on navigating the new normal : Employee well-being and sustainable engagement in the age of remote work' at Emerging trends in Management with special reference to Digitalisation conference organized by SVKM's Usha Pravin Gandhi College of Arts, Science and Commerce in June 2024.

Mr. Shaswat Shetty participated in 6-day International FDP on IKS from 4th September 2024-9th September 2024. Mr. Shaswat Shetty (Life skills & BMS) and Mr A. Dikshit, CHB - Life Skills jointly authored and presented a research paper titled 'Role of education in upskilling or reskilling the youth' in an international conference on Skill Development: Challenges and Opportunities in Higher Education organized by J.K College in Collaboration with Maharashtra State Skill University on 24/08/2024. Their paper was awarded as the Best Paper in the respective track. Mr. Yogesh Kamath defended his Ph.D. viva in Commerce (Business Policy and Administration) on 2nd December 2024 on the topic of-A Study of Factors Influencing Replacement of Smartphones Among Youth in Mumbai City.



"HR Beyond the Desk" Session by Mr. Harjeet Khanduja

Department of Mathematics

Faculty (Degree College)

Dr. Prabhat Dwivedi | Ms. Ujjwala D. Kurkute | Mr. Laxman S. Naik | Mr. Krishna Maurya
Ms. Mignon Baptista | Dr. Akanksha Rane | Ms. Sonali Kulkarni | Dr. Dharini Hingu | Ms. Dimple Yadav
Ms. Haleema Ansari | Ms. Neha Prajapati

Department Activities

The Department organized an engaging and competitive quiz competition for mathematics students on 14th January 2025 under "Vachan Sankalp Maharashtra". The event was planned and executed by the M.Sc. Mathematics students, to promote enthusiasm for mathematics and foster a sense of camaraderie among students. 13 students participated in the competition. The department hosted a "Read Aloud and Book Reading" event, providing an opportunity for students to explore the History of Mathematics by D.E. Smith. The students actively participated by reading aloud chapters from the book.

Faculty Achievements

Dr. Akanksha Rane was invited as resource person to conduct a session in online short-term course on Basics of Machine Learning and AI from July 1, 2024, to July 6, 2024, organised by UGC Human Resource Development Centre, Madan Mohan Teacher Training Centre (UGC MMTTC) and Department of Mathematics, University of Mumbai. She gave a short presentation about her research in the Conference-The Discussion meeting in Spectral Theory conducted by Mathematics Department, IISER Pune from 13 September to 14 September 2024. She completed the

PG Diploma in Applied Statistics affiliated to YCMA. Ms. Haleema Ansari attended NEP 2020 Orientation and Sensitization Programme at Ramanujan College, University of Delhi from 28 August 2024 to 6 September 2024.

Learner Achievements

Mr. Jeet Shah won 1st prize in Essay Writing Competition organised as part of Vachan Sankalp on 16th January 2025. His topic was Academic Reading v/s Reading for Fun. He also won 1st prize in Research Paper Presentation, Polarizer, Mukesh Patel on 1st March 2025. Paper title: Exploring Odd Numbered steps in Collatz Sequence. Mr. Jeet Shah was selected and has completed Research Internship under the guidance of Dr. Minirani S, Summer Research Internship Program, Mukesh Patel in May 2024. Topic: Exploring Odd Numbered steps in Collatz Sequence. He was selected and has completed Research Internship under the guidance of Prof. Karthikeyan Subbu, Advanced Centre for Atomic Energy, Mumbai University from July 2024 to December 2024 on the topic, Thermo-Electric Characterization of Magneto Rheological Fluids. Mr. Jeet Shah has achieved All India Rank 850 in IIT-JAM (Mathematics) exam in March 2024.

Department of Mathematics and Statistics

Faculty (Junior College)

Mr. Ramchandra S. Murthy | Ms. Neelkamal P. Kabra | Captain Dinkar N. Kurkute | Ms. Niketa A. Bhogale
Ms. Sushma A. Tembhare | Ms. Sumitra A. Yadav | Mr. Ramesh S. Mane | Mr. Riyaz N. Mulani
Ms. Priya P. Patil | Mr. Himanshu C Devlal | Mr. Anil R. Vishwakarma | Ms. Vijayalaxmi I. Pillai
Ms. Meena A. Gawas | Ms. Shweta R. Zagade | Mr. Mahesh V. Mundhe

Department Activities

Guidance lectures for SYJC Science and Commerce students were conducted in January 2025 wherein subject experts provided valuable tips along with exam strategies. Remedial lectures were conducted for FYJC Science and Commerce students in March 2025.

Faculty Achievements

Mr. Mahesh Valmik Mundhe qualified Maharashtra State Eligibility Test (MH-SET) in Mathematical Sciences, 2024.

Ms. Priya P. Patil completed M.A. in Education from YCMOU in 2024.

Faculty members attended NEP 2020 training programme from 10th to 15th March 2025.

Learner Achievements

Three students from SYJC Science stream scored 100 out of 100 Marks in HSC Board examination, March 2024. Two students from SYJC Commerce stream scored 100 out of 100 Marks in HSC Board examination, March 2024.

Department of Microbiology

Faculty (Degree College)

Prof. Krutika Desai | Dr. Selina Shah | Dr. Mrunalini Sambhare | Dr. Pooja Mehta | Ms. Heta Kakkad
Dr. Lynn D' Lima | Dr. Pratiksha Behera | Dr. Anasuya Moitra | Dr. Aparna Dongre

Department Activities

Ms. Archana Garate, Librarian, Mithibai College, was invited to address the students of S.Y.B.Sc. (Microbiology) on 25th July 2024 to teach them about plagiarism and the means to avoid it. She also demonstrated the various referencing styles and the use of reference management tools. Academic visit of M.Sc. I students was organised by Dr. Pratiksha Behera to Sewage Treatment Plant, Colaba to observe the Sewage Treatment facility on 19th September 2024.



Visit to Colaba Waste water Treatment Plant



Maharashtra Nature Park Visit

As part of the 'Applied Component' syllabus for TYBSc Semester 5, the Department of Microbiology undertook a field visit to Maharashtra Nature Park (MNP) in Sion, Mumbai on 20th September 2024 to observe their vermicomposting facility. A guest lecture on 'Biogenesis of mitochondrial outer membrane proteins' along with a career counselling session on 'Life Science Opportunities in Germany' was organized on 6th January 2025 by Prof. Dr. Doron Rapaport, Professor of Biochemistry, University of Tuebingen, Germany. An outreach activity for the Municipal School children was conducted on 23rd January, 2025 and for Rishikul Vidyalay on 3rd December 2024.

Guest lectures by Prof. Doron, Germany and Dr. Fulke, National Institute of Oceanography, Mumbai were held on 6th January, 2025 and 24th January, 2025 respectively. Department festival, RITE'25 was conducted on 24th January, 2025. Various activities such as reading aloud, book reading and quiz, book review writing under Vachan Sankalpa (4th to 15th January, 2025) were conducted.



FDP attended by H Kakkad

Faculty Achievements

Prof. Krutika Desai delivered a talk on 4th September 2024 as a guest speaker invited by the Rotary Club of Bombay, West, on the future of education, trends, opportunities and challenges. Dr. Pooja Mehta attended workshop on Aavishkar Inter-Collegiate / Institute / Department Research Convention organised by Department of Students' Development on 31st July 2024. She published a chapter with a co-author- Dr. Saraswathy Nagendran in the book titled The Role of Microbes and Microbiomes and Microbiomes in Ecosystem Restoration, Bentham Science Publishers Pte. Ltd. Singapore.

Ms. Heta Kakkad attended a faculty development program and hands-on workshop on 'Navigating the Applications of *In Silico* Drug Design: A Beginner's Workshop' conducted by Dr. Bhanuben Nanavati College of Pharmacy in collaboration with Shri B. V. Patel Education Trust from 16th to 21st December 2024. Dr. Lynn D'Lima published a chapter in a book on 13th November 2024 and attended an online faculty development program organized by Malaviya Mission Teacher Training Centre, University of Mumbai from 16th December to 26th December 2024. Dr. Pratiksha

Behera attended an online faculty development program organized by Malaviya Mission Teacher Training Centre, University of Mumbai from 2nd January 2025 to 10th January 2025. Dr. Anasuya Moitra attended a workshop on Intellectual Property Rights (IPR) conducted by SVKM's IPR Cell on 15th July 2024 and an online faculty development program organized by Malaviya Mission Teacher Training Centre, University of Mumbai from 2nd January 2025 to 10th January 2025.

Learner Achievements

Ms. Rishita Shetty (student of TYBSc, Microbiology) participated in the workshop on Aavishkar Inter-Collegiate / Institute / Department Research Convention organised by Department of Students' Development on 31st July 2024. Ms. Isha Vishwakarma, Ms. Tanisi Mitra, Ms. Rishita Shetty and Ms. Tanvi Prabhakar of T.Y.B.Sc. Microbiology got selected for the zonal round of Aavishkar, 2024.

Notable Alumni Achievements

Ms. Nidhi Darji, M.Sc. II, 2023-24 student got selected for the post of Junior Analyst in Colgate Global Business Services in June 2024.

Department of Multimedia and Mass Communication

Faculty (Degree College)

Mr. Sanjay H. Pal | Mr. Freddy Singaraj | Dr. Nisha Singh

Department Activities

A two-day workshop, "*Photography for Beginners*," was held on December 5-6, 2024, at Canon Image Square, Andheri West, for SYBAMMC students. Conducted by Canon India and facilitated by Dr. Nisha Singh, the workshop provided hands-on training in lenses, sensors, and camera settings, enhancing students' photography skills.



SYBAMMC students doing hands-on training during second session

The Department of Multimedia and Mass Communication, in collaboration with the Mithibai Film Society, hosted 'Celluloid Ki Dastaan' in two sessions, offering students an immersive experience in cinematic storytelling, creative expression, and teamwork. Celebrating Indian cinema's rich heritage, the event featured a screening of *Ahalya*, a music jamming session, and a quiz on Indian cinema.

On January 31, 2025, SYBAMMC students attended a photo walk at the Kala Ghoda Festival, organized by Dr. Nisha Singh for the *Photography and Light* course. From 7:00 AM to 4:30 PM, students explored art installations, cultural performances, and exhibits, enhancing their creativity and photography skills through real-world experience.



SYBAMMC students during the Photo walk with faculty members at Kala Ghoda

Faculty Achievements:

Dr. Nisha Singh was invited as a resource person by Sitaram and Lady Shantabai Patkar College of Arts, Mumbai, to judge oral presentations at the 'Multidisciplinary International Conference CONFAB' 25,' held on January 11, 2025. The conference was sponsored by RUSA and organized in collaboration with Rajamangala University of Technology Thanyaburi (RMUTT), Thailand. She published a research paper titled 'Patriotic Expressions & Messages: Analyzing the Lyrics of "O, Mere Rang De Basanti Chola"' in the UGC-CARE-listed journal *Communicator* (October-December 2024 issue), co-authored with Dr. Rachna Sharma and Mrs. Pushplata. Expanding her expertise in photography, she successfully completed an online photography course conducted by the Film and

Television Institute of India (FTII), Pune, from 14th to 18th October 2024, which deepened her understanding of light painting. Additionally, she completed a one-week Faculty Development Programme (FDP) on 'Media Literacy: Empowering Educators and Society,' organized by the Department of Journalism and Mass Communication, Manipal University Jaipur, from 22nd to 26th July 2024. She also participated in a 5-day FDP on "Visual Arts in Media Education: Enhancing Film

Appreciation and Photography," organized by Amity School of Communication (Jharkhand) from 15th to 19th July 2024. Furthermore, she attended a National Webinar on 'Interactive Storytelling: Engaging Audiences in the Digital Age,' organized by Communication Today and Bharati Vidyapeeth's Institute of Computer Applications and Management (BVICAM), New Delhi, on 13th May 2024, further enriching her knowledge in digital storytelling.

Department of Organisation of Commerce & Management and Secretarial Practice

Faculty (Junior College)

Ms. Meera M. More | Ms. Sujata M. Hule | Ms. Ranju H. Maru | Ms. Larissa Gonsalves
Mr. Wilfred Fernandes

Department Activity

One-day workshop on the stock market was organized by the Department of Commerce.

Faculty Achievements

Faculty members attended the NEP 2020 training programme from 10th to 15th March 2025.



Workshop on stock market



Student interacting with the speaker

Department of Philosophy

Faculty (Degree College)

Dr. Sachchidanand Singh | Ms. Tanuja Yelale | Mr. Siddhant Nayak

Department Activities

The Department of Philosophy with NSS and NCC, organized the International Yoga Day on 21st June 2024. A two-day session on 'Sahaj Yoga' was organized by the department. The sessions were scheduled on 5th and 6th September 2024. The department celebrated their annual fest Trushna 2025. Mr. Ramu Ramanathan and Mr. Paul Zacharia were invited as guest speakers for Trushna 2025 on 25th February 2025.



Mr. Ramu Ramanathan



Mr. Paul Zacharia

Faculty Achievements

Mr. Sachchidanand Singh was awarded the degree of Doctor of Philosophy from the University of Mumbai in August 2024. Dr. Sachchidanand Singh was invited to present his paper *"Sadharana Dharma: Between Intersubjective Universality and Authorless Text"*, jointly organised by Department of Philosophy, SPPU and Indian Council of Philosophical Research on 6th and 7th March 2025. Ms. Tanuja Yelale published an article titled 'कोरापूट गावातील महिलांनी शाश्वत जीवनासाठी तयार केलेला नकाशा', based on the story of tribal women from Odisha working towards sustainable development, in a bulletin of Mahila Rajsatta Aandolan, a Mumbai based advocacy organization that works for women's leadership. She presented and published a research paper in an international seminar on 'Multi-Disciplinary contribution of higher educational institutions in VIKSIT BHARAT at 2047', organized by DNP Arts and Commerce college, Deesa, Gujarat in September 2024. She attended the 40th Maharashtra Tattvajnana Parishad at Pune from 26th December 2024 - 28th December 2024 where she presented her paper 'संत जनाबाईंचे अध्यात्मिक व सामाजिक योगदान: एक अभ्यास' at the conference and the same was published in the International Journal of Advance and Applied Research. Ms. Tanuja Yelale was invited to deliver a guest lecture on the topic, 'मराठी गजला आणि रसग्रहण', on 10th January 2025 by Mahatma Phule Education Society's Night College, Paral, Mumbai. Ms. Tanuja Yelale presented a research paper titled, 'महाराष्ट्रातील महिला चित्रकारांचे भारतीय चित्रकलेच्या क्षेत्रातील योगदान: एक स्त्रीवादी अभ्यास', in the national seminar on 'Indian Aesthetics – New Perspectives', organized by School of Language, Literature and Culture Studies of SRTM University, Nanded on 17th and 18th February 2025.

Mr. Siddhant Nayak published a paper *"On Relationships: Navigating Jiddu Krishnamurti's Insights on Love, Loneliness, and Conflict"* in the International Journal of Advance and Applied Research 5, no. 43 (2024): 36–38. ISSN 2347-7075. He presented the paper at Maharashtra Tattvajnana Parishad in Pune on 26th, 27th, and 28th December 2024.

Learner Achievements

Ms. Vidhi Joshi, TYBA (Philosophy), participated in an essay writing competition during the 40th Maharashtra Tattvajnana Parishad. She presented her essay titled *'The Aesthetic Void: Artificial Intelligence, Imprints, and the Loss of Enthusiasm for Human Engagement in Experience'*, in which she secured the first prize. Additionally, she participated in the elocution competition, where she spoke about *'The Contribution of Female Philosophers.'*

Ms. Vidhi Joshi and Ms. Rida Sonawane of TYBA (Philosophy), presented their paper 'Anthropocentrism vs Biocentrism' in a paper presentation competition at an intercollegiate seminar held at Ramniranjan Jhunjhunwala College on 28th January 2025, where they secured the third prize. Ms. Meera Shahji, TYBA (Philosophy), published an article in the Malayalam newspaper Mathrubhumi that featured the interview of writer Paul Zacharia.

Department of Physical Education

Faculty (Junior College)

Mr. Mahendra Jaybhaye | Ms. Anjali Sattrke

Faculty Achievements

Faculty members attended the NEP 2020 training programme from 10th to 15th March 2025.

Department of Physics

Faculty (Junior College)

Ms. Ranjana S. Deexit | Mr. Hemant Vasantrya Shinde | Ms. Archana D. Pandit
Mr. Kamalash Kumar Maurya | Mr. Prabhakar S. Belam | Ms. Sweety Goel | Ms. Sphurti Tripathi
Ms. Vidyadevi Rao | Ms. Mugdha J. Hatiskar | Mr. Abhishek Anant Shinde | Mr. Sandip Hanchate
Dr. Prasad T. Takale

Faculty Achievements

Faculty members attended the NEP 2020 training programme from 10th to 15th March 2025.

Faculty (Degree College):

Mr. Pravin Sitaram More | Mr. Bhanudas Arote | Dr. Tushima Basak | Mr. Karthikeyan Subbu
Dr. Nidhi Thakur | Mr. Naim Shaikh | Mr. Shashibhushan Singh

Department Activities

Einsteinium-99, the annual science festival at Mithibai College, aims to connect young minds with pure sciences. Inaugurated by Prof. Krutika Desai, the event highlighted the importance of skill development and innovation alongside traditional education. Students from various institutions showcased working models, including particle accelerators and liquid nitrogen experiments, engaging over 300 attendees. The event was conducted on 7th and 9th December 2024.



Automatic water dispenser demo



Demonstration of Peltier Cooler apparatus

On 25th January 2025, 18 students and 4 teachers visited the Optical Astronomical Observatory for hands-on observational experience. They toured the observatory, explored astronomical instruments, and observed planets, constellations, and the Andromeda Galaxy using telescopes.

In association with Science Association, the department organized an industrial visit to (a) Surface Modification Technologies Pvt. Ltd. and (b) Excel Instruments, Vasai on 22.02.2025 20 students from UG and PG and two faculty members from the department participated in this visit.



At the observatory, Naranyangoan



Image of Nebulae taken during night sky observation

As part of वाचन संकल्प महाराष्ट्राचा, Dr. Ajay Palekar, an Ex-professor from R.D. National College delivered an inspiring lecture titled "*Einstein's Journey: Work and Life*" on 13th January 2025.



Dr. Palekar delivering the lecture titled "*Einstein's Journey: Work and Life*"

Faculty Achievements

Dr. Tushima Basak published three research papers in the Scopus indexed peer-reviewed journals, Journal of Physics and Chemistry of Solids, having Clarivate Analytics Impact Factor 4.3 and Materials Today Communications, having Clarivate Analytics Impact Factor 3.8, and AIP Conference Proceedings, respectively.

Learner Achievements

Abhinay Mohan (TYBSc. Physics Batch 2021-2024) has been awarded the Erasmus Mundus scholarship. He is currently pursuing MSc in Photonics at University of Paris-Saclay, France. Tejas Apte (TYBSc. Physics Batch 2021-2024) cleared IIT JAM (AIR: 249). He is currently pursuing I-Ph.D. at IIT Kharagpur.

Department of Political Science

Faculty (Junior College)

Mr. Vighnesh Kalamkar

Faculty (Degree College)

Dr. Gayatri Lele | Dr. Sandesh Samant

Department Activities

A field trip to Kisal Village near Murbad (Maharashtra) with TYBA students, to visit Gram Panchayat office and discussions/interactions with Sarpanch and other office bearers in September 2024. It was a part of Rural Governance course, and 20 students were accompanied by two teachers. In February 2025 a heritage walk with TYBA students to South Mumbai, where they got to discuss various nuances of history of Mumbai city. This was in relation with the course on Maharashtra Politics and 20 students were accompanied by two teachers.

Faculty Achievements

Dr. Gayatri Lele Contributed a fortnightly column '*Stree Vishwa*' in Loksatta (Saturday edition) which broadly covered women's issues, movements and feminist discourses across the world from January to December 2024. She published two research articles in Samaj Prabodhan Patrika (UGC CARE listed journal) and Unique Varshiki and delivered a guest lecture on Women's Day at Vartak College, Vasai.

Dr. Sandesh Samant presented a research paper titled "Buddhism Diplomacy – an Indian Guidebook to Define the 'Peaceful Rise' of New Delhi" at an International Conference on 'India's Foreign Policy under Modi 3.0: Challenges and Opportunities' held at the North Campus of Delhi University on 9-10th January 2025.

Learner Achievements

Ms. Khushi Joshi and Ms. Maitri Shakrani of SYBA (Political Science Major) reached the final round of Prajatantra national level youth competition organised by Praja Foundation. The Grand Finale was organised in-Person at Lucknow University (November 2024). Ms. Dhara Jain of SYBA (Political Science Major) was selected to volunteer for Chitra Mahal-an interdisciplinary film and photography exhibition organised by Harkat Studios (Mumbai)- Aug 2024. Ms. Rishika Patel (TYBA Political Science) completed graduate certificate course in Public Policy from the Takshashila Foundation, Bangalore..Ms. Rishika Patel and Ms. Riona Dokre (TYBA) and Mr. Shanay Shukla (FYBA) participated in Raisina Hackathon organised by Observer Research Foundation (ORF).

Any other event to be recorded

The Department of Political Science celebrated the Constitution Day on 26th November 2024 in the foyer area. The programme began with the reciting of the national anthem. Later, the Principal addressed the attendees about the principles of the Constitution of India. Students recited the Preamble of the Constitution in eleven out of twenty-two listed languages in the Constitution. It included English, Hindi, Gujarati, Marathi, Konkani, Punjabi, Malayalam, Bangla, Assamese, Sanskrit and Urdu. A poster making competition was also held to promote the spirit of the Constitution. Two short documentaries were screened. Post-screening a short discussion was held by the students to discuss India's journey since independence and the journey of India's Constitutionalism.



Constitution Day celebration

Department of Psychology

Faculty (Junior College)

Ms. June Mendes

Department Activities

The Psychology Department organised a program on 14th August 2024, the theme being 'Are we truly free' on the eve of Independence Day. There were debates, discussions and essays read on the given topic. Students performed on patriotic songs by singing and dancing evoking their love for the nation. The programme ended by singing the National Anthem. On 7th Oct & 9th Oct 2024, The World Mental Health Day was celebrated by Psychology students of 11th and 12th std. The students began with an introductory talk on Mental Health awareness, followed by Debates, Essay writing and Poster making. One act plays on disorders like Bipolar and Schizophrenia were brilliantly performed by students. A drama on the problems of adolescents was well enacted. Songs on mental health were sung individually and duets accompanied by students playing the guitar and ukulele.

Faculty Achievements

Faculty member attended the NEP 2020 training programme from 10th to 15th March 2025.



FYJC students giving speeches on the occasion of World Mental Health Day



Glimpses of the debate by SYJC students on Mental Health Awareness and Social Media

Faculty (Degree College)

Dr. Keshmira Patel | Ms. Suchitra RoyChowdhury | Dr. Khushali Adhiya | Ms. Kranti Sihotra Momin
Ms. Vrushali Pendse | Ms. Aastha Prabhakar | Ms. Divya Pillai | Ms. Vaishnavi Saravanaprasad
Mr. Chinmay Bapat

Department Activities

In January 2024, the Department of Psychology initiated 7-hour course on 'How to write a Research Dissertation' for the semester IV students of M. A. Industrial and Organizational Psychology; as well as a guest lecture on industry knowledge by an illustrious alumna of the department, Ms. Tanvi Mahajan, Sr. Team Manager, Gallagher on January 20. T.Y.B.Sc. Psychology (Hons.) students conducted "Internship ki Paathshaala" – putting up 22 stalls of their various internship areas which the F.Y. and S.Y. students celebrated as a 'career fest'. Film screenings were also conducted in the months of January and December.



Internship ki Paathshaala

Two successive editions of the Departmental Festival Mind Labyrinth of the academic years 2023-24 (theme: Joyful Jamboree) and 2024-25 (theme: Prism of Perception) were celebrated in the months of February and December respectively. In July and August 2024, Training and Placement Orientation Session, Library Orientation Session; and a Research guidance Lecture Series; a workshop by REBT facilitator were arranged for M. A. Psychology students. The 1st edition of the monthly magazine of the Psyched Club was also introduced in August 2024. Women's Safety session; a Seminar on Human Development were some other informative events arranged for B.A. & B.Sc. Psychology students in the month of September. Psyched Club organized an event on 'Stress SOS - Your Exams' First Aid Kit' for students of other faculty. An orientation was organized about M.A. program (Counselling in Lifespan Development) at St. Xavier's Institute for T.Y.B.A. Psychology students in the month of November as a further academic prospect.



REBT Workshop



Mind Labyrinth



Invited Session

Faculty Achievements

Dr. Khushali Adhiya completed her Ph.D. from the University of Mumbai in June 2024. Ms. Kranti Sihotra Momin presented a paper co-authored with students in an International conference organized by Bombay Psychological Association in March 2024 and published a paper co-authored with Ms. Harshvi Malaviya in the peer-reviewed International Journal of Indian Psychology.

Mr. Chinmay Bapat was invited as a subject matter expert for the Board of Studies in Psychology meeting at R. J. College (Empowered Autonomous), Mumbai, in July 2024. He delivered two guest lectures on the topics of "Learning to be Optimistic and Resilient in Life" at SVKM's Pravin Gandhi College of Law in the months of August and October, 2024, respectively. Ms. Divya H. Pillai was invited as an external examiner for M.A. Semester III Practicum Viva-Voce examination at the Department of Psychology, Vivekanand Education Society College.

Learner Achievements

Ms. Riya Shah, Ms. Archi Dhakan, Ms. Sakshi Sanghavi, Ms. Shreya Juthani & Ms. Yashvi Savla published a research article titled "Forgiveness: A Comprehensive

Literature Review" in the International Journal of Indian Psychology, Volume 12, Issue 1 (February 2024). This was their ICA assignment work in Semester II which they enhanced with suggestions by faculty Dr. Khushali Adhiya. Ms. Samruddhi Jathar, a student of M.A. Industrial Psychology Semester IV presented her research work in the college research journal club on Thursday, 14th of March 2024. Her research was on 'Women Attrition Analysis at agricultural products-based company'. She was guided by Ms. Vrushali Pendse. Mr. Gurman Sing, Ms. Monika Sharma, Mr. Abhishek Patel, Mr. Akshat Singh, and Mr. Mark Gujrao published a paper titled "The Relationship Between Self and Aggression and the Role of Social Ecology During Adolescence" in the International Journal of Indian Psychology, Volume 12, Issue 2, April-June 2024.

Ms. Arya Sawant, Ms. Harshvi Malaviya, Ms. Arshi Khan - (T.Y.B.Sc. hons.) won consolidated prize at the national level online review article writing competition organized by Academic Decipher, Mumbai, under the supervision of Ms. Kranti Sihotra Momin. Ms. Alisha Bakshi and Ms. Harsimar Kaura Jaura won the first prize at Research Poster Presentation held at Sarovar Portico, Amritsar on World Mental Health Day, 2024.

Department of Sociology

Faculty (Junior College)

Ms. Saroj Pande | Ms. Devanshi Rambhia

Faculty Achievements

Ms. Saroj Pande attended the workshop organised for Junior College teachers of Sociology 'Blooms Taxonomy in Educational Practice' held on 21st April, 2025. Faculty member attended the NEP 2020 training programme from 10th to 15th March 2025.

Faculty (Degree College)

Ms. Nilima Raval | Dr. Khevana Desai | Dr. Mittal Chauhan

Department Activities

A special lecture for Environment and Society students of TYBA was conducted on Juhu beach on 9th August 2024. A visit to watch "Ballad of desire- a dance theatrical by Ulka Mayur at Veda Black Box, Andheri was conducted on 3rd August 2024 to understand the role of women from Indian mythology in a dance theatre piece. The Women Development Cell in collaboration with the département and Vasha girls celebrated Akanksha - Girl Child Day on January 29th, 2025. The event was graced by special guests, actor duo Ashutosh Rana and Renuka Shahane. A field Visit

to Shirpur for the Class of TYBA Sociology Department was organised from 12th to 15th February 2025. 70 students {35 from sociology} gained practical insights into water conservation and organic farming while understanding the lifestyle and challenges of a tribal village, Ambe in Shirpur, Dhule District. TYBA Sociology students went for educational visit to Chhatrapati Shivaji Maharaj Vastu Sangrahalaya & Dr Bhaudaji Lad Museum on 8th February 2025. The visit was planned as part of the academic curriculum based on Anthropology, which aimed to provide students with practical exposure to cultural, historical and social artifacts.



Ashutosh Rana



Visit to Bhau Daji Lad and CSMVS museum

Faculty Achievements

Dr. Khevana Desai has been appointed as the Vice Principal-Student Affairs with effect from 1st April 2025. Dr. Khevana Desai was invited by Ekjute foundation and Piramal swasthya organisations from Jharkhand to conduct a virtual session on 'Foundational Understanding of Gender'; for their medical team, volunteers and field researchers on 2nd July 2024. She presented a paper on Exclusion, homogeneity or hegemony: Perceiving campuses from gender lens at a mid-term national conference jointly organized by RC-10 of The Indian Sociological Society, N. Delhi and K.C. College, Mumbai sponsored by ICSSR on 20th and 21st September 2024. Dr. Khevana Desai was invited by Suresh Joshi study circle, USA and Kshitij Trust Mumbai for a one -day seminar on "Re-reading Suresh Joshi from a feminist perspective" in Gujarati at Vadodara on 5th January 2025.

Dr Mittal Chauhan was appointed as course writer for Research Methodology paper of M.A. (Sociology) Semester-I CBCS published by Centre of Distance and Online Education (CDOE), University of Mumbai, July 2024. She was appointed as an editor for course titled 'Marginalized Groups and Communities; Caste, Tribe and Gender (English version) for M.A. (Sociology) Semester-II CBCS published by Centre of Distance and Online Education (CDOE), University of Mumbai, December 2021. Dr Mittal Chauhan contributed in E-content development (3 quadrants) for MA Sociology course titled Competing Perspectives on Indian Society at the Center for Distance and Online Education (CDOE), University of Mumbai.

Learner Achievements

Seven students of TYBA(Sociology) attended the National level Genderlogue panel discussion on "Women's Leadership in Gendering the Environment: Building Resilience and Sustainability" organized by Sophia Irene Heredia Centre for Women's Studies and Development, Sophia College, Mumbai in collaboration with Friedrich-Ebert-Stiftung, New Delhi, at Sophia College, Mumbai on Thursday 29th August 2024. Two students of TYBA (Sociology) participated in panel discussion on 'Breaking the Glass ceiling: strategies for advancement of women in leadership' organized by women development cell, Kandivali education Society's B.K.Shroff College and Friedrich-Ebert- Stiftung, New Delhi, at Sophia College, under Mumbai Genderlogue 2024 on 23rd August 2024.

On 21st September 2024 students of TYBA Sociology Mahek Dholakia and Nishtha Mehta presented their research paper on Academic pressure on Indian students with reference to Emile Durkheim suicide theory at SNDT women's University. TYBA student Hetvi Merchant's essay on "shaping the future: India's collaborative pursuit" was selected to be presented at the research conclave organized by symbiosis school of international studies at their second edition of SSRC 2024, Pune on 21st September 2024. Research Project titled "A boom of the brewing world: the other side of café culture in Mumbai" was presented by Saakshi Sarin, Nitya Ravani, Prisha Somani and Kinnari Gada at the 19th Aavishkar: Inter-Collegiate organized by the University of Mumbai. The guide was Dr. Khevana Desai. Research Project titled A Sociological Study on

Socio-Legal Aspects of Surrogacy was presented by TYBA students Ms. Vedika Bajpai, Parikshit Thakur, Fairy Patel and Maitri Parmar in Humanities, Languages and Fine Arts Category and UG Level at the 19th Aavishkar: Inter-Collegiate (Final Round) organized by the University of Mumbai at Ghanshyamdas Saraf College on December 17, 2024. (Guide Dr. Mittal Chauhan). Research Project titled ""Dramaturgy in the Digital World: Understanding Youth Self-Presentation and Identity Construction on social media" was presented by Parineeta Anchan and Siya Agarwal in the National Young Sociologists Conference held on

February 28th, 2025, at Christ University, Bangalore. (Guide-Dr. Mittal Chauhan). Two students, Hetvi Merchant and Maitreyi Mehta (from TYBA and SYBA SOCIOLOGY Major) had participated in a field investigation for NHRC and Kerala Law University for research on 'Children in Shadows: organized begging in Mumbai, Delhi and Kolkata'.

Notable Alumni Achievements

Ms. Ushma Saraiya (2014 batch) successfully cleared her IAS (UPSC) and has been appointed an advisor to the vice-chancellor, University of Pune.



Winners at Final round for 19th Avishkar Research Convention

Department of Statistics

Faculty (Degree College):

Mr. Amrit Rajwadkar | Mrs. Manjiri Vartak | Mrs. Daksha Sawant | Mr. Raju K. Lohot | Dr. Girish Aradhya
 Ms. Priyanka Dangar | Mr. Priyesh Tiwari | Ms. Sneha Phadtare | Ms. Tasarrum Ansari
 Ms. Gazala Sayed | Mrs. Ashwini Ghanekar

Department Activities

The celebration of "18th National Statistics Day-2024" was held on June 29, 2024. The department celebrated the 18th National Statistics Day. The event began with a lamp-lighting ceremony, followed by speeches by Principal Prof. Krutika Desai and Vice Principal Prof. Meenakshi Vaidya. Mrs. Daksha Sawant delivered a keynote speech on the importance of statistics in today's data-driven world. Students presented various statistical tools, and alumni of the department demonstrated Neural Network applications for analyzing British Sign Language.



A seminar on Data Science AI/ML was organised on 1st February, 2025 led by Mr. Nirakar Padhy, who explained Data Science AI/ML projects by outlining each key steps involved and real-world scenarios, Data process.



Faculty Achievements

Ms Manjiri Vartak presented research paper at National Conference "Emerging Trends in Developing India: A Vision for the Future" to held on 14th December, 2024 at Thakur College of Science & Commerce, Mumbai.

Mr. Girish Aradhye was awarded a Ph.D. in Statistics in September 2024. He presented a research paper at National Conference on "Time Series, Analytics, & Recent Advances in Statistical Modelling (NCTAS-2025)" held on 10-11 February 2025 organized by Department of Statistics, Central University of Rajasthan. He was empaneled as an academic counselor by Indira Gandhi National Open University (IGNOU) New Delhi. Ms Priyanka Dangar published a paper in Indian Journal of Applied and Pure Biology.

Learner Achievements

Parin Kulkarni and Omkar Navle of T.Y.B. Sc. were awarded 2nd rank in research paper presentation at "National Conference "Emerging Trends in Developing

India : A Vision for the Future" to be held on 14th December, 2024 at Thakur College of Science & Commerce, Mumbai on the topic Role of Statistics in analysing financial cyber crime. Ms Unnati Sharma participated in 19th Avishkar Research Convention and presented the Poster Titled 'Data Driven Analysis of the Ed-tech Industry in India'. Shahrzad Daruwala, Abhishek Sharma, Abbas Suterwala, Dinesh Choudhary and Sahil Parmar of T.Y.B.Sc. presented a research paper titled 'Strategic Batting in Limited-Overs Cricket: A Game Theory Approach to Countering Different Bowling Types' at National Conference on "Time Series, Analytics, & Recent Advances in Statistical Modelling (NCTAS-2025)" held on 10-11 Feb, 2025 organized by Department of Statistics, Central University of Rajasthan.



Any other event to be recorded

The department organised an Outreach Activity program for Vile Parle Municipal School. The students visited several departments on 23rd January 2025, including the Department of Statistics, to gain insights into the practical applications of different subjects and understand their relevance in real-life scenarios. The department organised various activities under "वाचन संकल्प महाराष्ट्राचा", such as: E-quiz, Learn while play, play while learn, Every book has its own story on 14th January 2025.

Department of Zoology

Faculty (Degree College)

Dr. Anil Singh | Dr. Meghana Talpade | Dr. Hitesh Shingadia | Dr. Papiya Deb | Mr. T.V. Bicheesh Balan
Dr. Vishakha Shingala | Mr. Sagar Gavas | Mr. Dineshkumar Saroj | Dr. Shouriehebal Soni

Department Activities

A visit of PDMDS (Parkinson's Disease and Movement Disorder Society), Andheri was organized for S.Y.B.Sc. students to understand neurobiological aspects of Parkinson's disease patients. Field study of Gorai mangroves and visit to NIO (National Institute of Oceanography) was conducted for M.Sc.-II (Oceanography) students and marine ecosystem of Khar Danda was studied by F.Y.B.Sc., T.Y.B.Sc. and M.Sc.-II students for understanding animal taxonomy and marine ecosystem. F.Y.B.Sc. students of Dept. of Zoology were also involved in spreading awareness on AIDS on World AIDS Day with the volunteers of Mithibai NSS Unit. As part of World River Day on 22nd September 2024, a special event titled "Chala Januya Nadila" was organized at the Sanjay Gandhi National Park (SGNP) to raise awareness about river rehabilitation and the need for community participation in protecting our rivers. M.Sc. - I students with Faculty Mr. Sagar Gavas participated in the activities of the event. Dr. Snehal Donde, Jal Nayak, Maharashtra State was the resource person.

Animaux '25

The Animaux'25 Pre-Events began with an insightful hybrid webinar, "Birds Around Us," on 1st February 2025, conducted by Mr. T.V. Bicheesh Balan in the UG Lab. This session focused on avian biodiversity in the Seawoods Wetlands, bird identification techniques, migration patterns, and conservation awareness. Following this, on 3rd February 2025, an on-field bird-watching session, "Feathered Trails," was held at T.S. Chanakya. Accompanied by expert faculty, students observed multiple bird species, including greater and lesser flamingos, while learning about bird behaviors and habitats in their natural environment.

On 7th and 8th February 2025, multiple zoology-themed pre-events were conducted at Mithibai College, engaging students in an innovative and fun-filled learning experience. Events like "Wildlife Feud," "Animal Bingo," "Snap Safari (Online & Offline)," and

"Squid Game" challenged students' zoological knowledge through quizzes, photography contests, and nostalgic games, attracting over 100 participants. The following day, "Tote-ally Geometric" allowed participants to showcase their creativity through a geometric animal-themed tote bag painting competition. The "Animal Auction" tested students' understanding of food chains and ecosystems through an interactive bidding process. "Radiant Realms" provided a unique learning experience in a bioluminescent dark room setting, followed by a quiz, making participants engage deeply with the concept of glowing animals. To further enhance awareness, mini-educational games with a conservation pledge were held, making zoology engaging and memorable for all participants.

The main event, Animaux'25, was inaugurated on 8th February 2025, with the Principal cutting the ribbon and taking an oath for animal conservation. The day witnessed active participation from students, faculty, and even international attendees, with a student from Nottingham University being felicitated. Students engaged in various competitions, educational exhibits, and interactive learning activities that highlighted the importance of animal welfare, biodiversity, and conservation efforts.



Inauguration



Student Participation



Valedictory Program and Felicitation



Hybrid Webinar by Mr. T.V. Bicheesh Balan

The event enhanced awareness of animal conservation and zoological principles through engaging activities, field observations, and creative competitions and provided the students with hands-on experience in ornithology, ecology, and biodiversity while fostering a sense of responsibility towards nature for the 200 participants.



S.Y.B.Sc. students at PDMDS Centre



Field visit to Gorai mangroves



Awareness on AIDS by Zoology students with Mithibai NSS Unit on 5th December 2024

Faculty Achievements

Dr. Meghana Talpade has four publications to her credit. Dr. Talpade, as a Principal Investigator successfully completed seed money research project funded by RUSA. Dr. Anil Singh, as a co-investigator completed seed money research project funded by RUSA. Dr. Hitesh Shingadia has three publications to his credit. Dr. Shingadia presented a paper and has been appointed as a member of Editorial Board of World Journal of Pharmacy & Pharmaceutical Research (WJPPR) from December 2024. Dr. Shingadia was invited as Chairperson for a technical Session at the National Conference on Mangrove Biodiversity & Environment Conservation organized by the Department of Zoology, Maharshi Dayanand College, Parel in collaboration with Mangrove Foundation, Salim Ali Centre for Ornithology & Natural History & Veermata Jijabai Bhosale Botanical Udyan & Zoo on 24th July 2024. Dr. Shingadia, as a principal investigator completed seed money research project funded by RUSA. Dr. Papiya Deb has been appointed as Vice Principal (Academics-PG Programme) and the Director-IQAC from 1st April, 2025. Dr. Papiya Deb presented a paper in a national conference.

Mr. T. V. Bicheesh Balan has been appointed as convener of T.Y.B.Sc. Zoology syllabus framing committee (under NEP 2020). Dr. Vishakha Singhala had been Teacher in-charge, 'School Connect' programme. Dr. Vishakha Shingala has been appointed as a member of S.Y.B.Sc. Zoology syllabus framing committee (under NEP 2020) for non-autonomous colleges affiliated to University of Mumbai. Dr. Shingala, as co-investigator completed seed money research project funded by RUSA. Mr. Sagar Gavas completed 01 FDP and reviewed two manuscripts for the journals 'Reptiles & Amphibians' and 'Asian Journal of Research in Agriculture and Forestry'. Dinesh Kumar Saroj has 5 publications to his credit. Dr. Shouriehebal Soni has 4 publications to her credit and Dr. Soni mentored students for 'i3: Idea, Innovate and Implement' and Aavishkar competitions.

Learner Achievements

Research scholar Mr. Ashwit Shetty has a publication and a presentation to his credit. Research scholar Mr. Sunilkumar Gupta has 1 presentation and Ms. Ayushi Singh has 4 publications to her credit. Mr. Sarvesh Kolwalkar has successfully completed 3-day training programme on 'Health Management in Coldwater Fishes' and 4-day training programme 'Fish Disease and Health Management in Freshwater Aquaculture' organized by ICAR-CIFA.

M.Sc. student Mr. Sahil Wagh has successfully completed his internship in 'Learning & Development of USV Private Limited, Mumbai'. M.Sc. student Mr. Shahid Shaikh completed 20 hours of community service as a volunteer in managing Mumbai edition of Kukdukoo Fest 2024 (India's biggest Arts & Literature festival). M.Sc. students Mr. Sujal Chaudhari has two publications and with Ms. Nisha Yadav and Mr. Toni participated in Aavishkar competition at Zonal level. M.Sc. students Mr. Toni Joseph Kennady, Ms. Vandita Bhatt, Ms. Umasa Warsi and Ms. Nia Diwecha have a research publication each to their credit. M.Sc. student Mr. Mayuresh Wankhade has showcased his singing talent and won several Cultural competitions.

T.Y.B.Sc. students Ms. Kashish Pandya, Ms. Isha Makwana and Ms. Yatra Joshi have 01 joint research publication and were shortlisted for 2nd round of i3: Idea, Innovate and Implement competition and participated in Aavishkar competition at Zonal level. S.Y.B.Sc. student Ms. Somiya Daripelly successfully completed MS-CIT course.

Notable Alumni Achievements

Mr. Rushikesh Devre has been appointed for the post of Young Professional-I (YP-I) at the ICAR-Central Institute of Fisheries Education (CIFE), Andheri and has 01 research publication in his name. Ms. Kiara Gajendra, Mr. Harsh Mudaliar, Ms. Tritiksha Jain, Brianna Mankar, Ms. Trisha Waghela, Mr. Ammar Dariwala and Mr. Arya Upadhyay have 01 research publication each to their credit.

Achievements of Non-Teaching Staff

In the various intercollegiate competitions for non-teaching staff held in 2024-2025, our staff members earned multiple accolades. Ms. Pooja Chavan secured the 1st place in the Rangoli competition at SIES Sion College, the 2nd place in Rangoli at Vaze Kelkar College, Mulund, and the 3rd place in the Memory Game at Nagindas Khandwala College. Mrs. Anandi Mestri won the 1st place in Rangoli at Dr. Bhanuben Nanavati College, Matunga, the 2nd place in Rangoli at Saraf College, and received a Consolation 2nd prize in Rangoli at Nagindas Khandwala College. Mr. Mahesh Kolhe earned the 2nd place in the Best Out of Waste competition at Dr. Bhanuben Nanavati College, Matunga. Mr. Amol Salvi secured the 2nd place in the Crossword competition at Ramniranjan Jhunjhunwala college. Mr. Sachin Pujari took part in the competition.

At the college sports Day 2024-25, the winners of the various events were as follows: In table tennis first, second and third prizes were won by Mr. Vaibhav Kundhadia, Mr. Prasad Bambarkar and Mr. Yogesh Gurav respectively. In carrom the first, second and third prizes were won by Mr. Amol Salvi, Mr. Satish Desai and Mr. Yogesh Gurav respectively. In carrom in the female category, the first, second and third prizes were won by Ms. Sonali Labdhe, Ms. Manguben Padhiyar and Ms. Pooja Chavan respectively. In chess the first, second and third prizes were won by Mr. Yogesh Mhatre, Mr. Satish Desai and Mr. Abhijeet Jagdale.



COMMITTEES AND ASSOCIATIONS

Alumni Association

A session on Entrepreneurship Management was conducted by Mr. Akash Tiwari for SYBMS students on 3rd July 2024. The session dealt with the entry level startups and the core elements associated with founding a startup to familiarize students with the actual world of startups. 100 students participated.



Session on Entrepreneurship Management

The 2nd Alumni Reunion function of Mithibai College was organized at Babubhai Jagjivandas Hall, Vile Parle (West), on Sunday, 9th March 2025. From the senior-most alumni (batch of 1971) to the most recent graduates (batch of 2024), everyone gathered to relive fond memories and network with like-minded members. The program began with Alumni Association coordinator Dr. Khevana Desai's welcome, followed by an address by the Principal, Prof. Krutika Desai. The host, Ms. Soumya Prabhu, then led engaging games that brought laughter and nostalgia. The highlight of the evening was a live music performance by Navin Shivram Pushkarana, Sahil Pushkarana and the troupe followed by a spirited Garba session. The event concluded with a meal.



Alumni Meet

Career Guidance Committee (Junior College)

The Career Guidance Cell organized a guidance program on Artificial Intelligence and Applications in September 2024 for FYJC and SYJC Science students. The program was conducted by Atlas SkillTech University, Mumbai.

A similar career guidance program was conducted in October 2024 by Pearl Academy Global University Systems for FYJC and SYJC commerce students. The topics included Personal Branding, Art and Science of Marketing and Artificial Intelligence. Students received information about various career options in AI, Marketing and Branding.



Pearl Academy Global University Systems



Atlas SkillTech University, Mumbai

Cultural Committee

The Cultural Committee has consistently set benchmarks in fostering talent, preserving cultural legacy, and achieving exceptional milestones in inter-collegiate festivals. The academic year 2024-25 was yet another remarkable chapter in the institution's illustrious history of cultural excellence. It commenced with the 57th Youth Festival Workshop, hosted by the

University of Mumbai, paving the way for the upcoming challenges and opportunities. On 30th July, the 56th Youth Festival Felicitation Ceremony celebrated Mithibai College's achievements. The contingent was honoured with the 6th Consecutive Zonal Championship (Zone III) and Overall 1st Runners Up Trophy, marking the official beginning of the 57th Youth Festival. The month concluded with the 2023-24 MCC Felicitation Ceremony at Mukesh Patel Auditorium, wherein members and participants from the various Teams of MCC were presented with Letters of Appreciation and Mementos. The college was introduced to Aisha Taurani as the Cultural Committee Leader, alongside the announcement of the Core Team of MCC for 2024-25, including General Coordinators, Admin Heads and the Core of Annual Talent Search 2024. The Cultural Orientation was held on 4th September, introducing 250+ Junior and Degree College students to the Cultural Committee.

The Zonal Championship (Zone III) of the 57th Youth Festival, held within a week in mid-August witnessed Mithibai's 7th consecutive win. The contingent secured an impressive array of podium finishes across the Performing Arts and Fine Arts categories. The final rounds of the 57th Youth Festival continued into September, with Mithibai maintaining consistent wins and clinching the Gold Medal for Qawwali. Meher Kazi (TYBAMMC), a consistent medallist in the Youth in Literary Arts category, was declared the Best Speaker. Shivya Sharma (TYBCom), Mayuresh Wankhade (MSc II) and Michael Jose (FYBCom) from the Music Team went on to participate in the Inter-University Youth Festival (State, Zone and National) and highlighted Mithibai College's contribution to the artistic fields, having nurtured such exceptional students. Shivya Sharma was declared the Golden Girl in the Inter-University State Level Youth Festival. The 57th Youth Festival concluded its rounds with the submission of the Short Film "Eye Candy," receiving the Consolation Podium. Additionally, the Jackpot Girls and Boys categories at the 57th Youth Festival concluded in January 2025, with Mithibai eagerly anticipating the 1st runners Up championship trophy.

Indian People's Theatre Association has generated the very best of productions and individuals. At its 51st Inter Collegiate Drama Competition, Mithibai sent in heart-

wrenchingly beautiful production. This time, it addressed an essential social struggle of the transgender community, in a coming-of-age narrative, 'Local Parlour', set in the local train. The champion's banner was lifted by our contingent on 26th September, winning the Prithviraj Kapoor Trophy for Best Production, along with Best Direction, Best Set Design, and Best Lights. Lavish Jain and Parth Gohil were awarded Merit Certificates. A cash prize of over ₹30,000/- crowned this stellar performance. The college also became INT Marathi Finalists after 12 years, with Swara Martand Augadhe winning the 2nd Best Actress Award. The 57th Youth Festival concluded its rounds with the submission of the Short Film "Eye Candy". The short film received the consolation podium and was ranked amongst the very best works of the Youth Festival. Additionally, the Jackpot Girls and Boys categories at the 57th Youth Festival concluded in January 2025, with Mithibai winning the 1st Runners Up Championship Trophy.

During the NAAC Peer Team Visit on 13th November, MCC organized a stunning cultural program at Mukesh Patel Auditorium, featuring musical and dramatic performances from the 57th Youth Festival and traditional acts like Bhangra. A Cultural Committee stall facilitated engaging interactions with the NAAC team. As November closed, the Admin Team and participants competed in many inter-collegiate festivals. The students secured the 2nd Runners Up Trophy at HSNC University's Idalia Festival. Mithibai lifted the Overall Championship Trophy at Mood Indigo's Mumbai Multicity Championship, marking the 5th consecutive year of victory. The contingent excelled at HR College's Mystique 2024, winning the Best Contingent Leader Trophy and Departmental accolades, and at Jai Hind College's SHOUTT 2024, showcasing their skills in the Informals category. The year 2024 ended with an incredible comeback at Taarangan 2024, hosted by Thakur College, where Mithibai swept through every department, winning the Overall Winners' Trophy and Best PR Trophy. Lastly, January 2025 earned Mithibai the Best PR Trophy at HR College's Off D' Cuff 2025 and participation in NIEM-Extravaganza brought forth Priyanshi Poddar, who won 1st Runners Up Miss University. On 8th February 2025, Mithibai was crowned Overall Champions of the 54th Mood Indigo, marking the 5th consecutive victory.



Team of 56th Youth with Trophies



5th Consecutive Overall Champions of Mood Indigo



2nd in Western Vocal Solo; 57th Youth Festival



2nd in Indian Group Song; 57th Youth Festival



1st in Qawwali; 57th Youth Festival



7th Consecutive Youth Zonal Champions



57th Youth Festival Student Coordinators



Scene from the play 'Local Parlour'



Cultural Felicitation of Team of 2023-24



Team of Cultural Performance; NAAC Review



51st Intercollegiate Drama Competition, IPTA Winners



Team of INT Marathi



Consecutive Champions of Mood Indigo Multicity



CL and ACLs of Mystique 2024-25



Overall Champions of Taarangaan 2024-25



CL and ACLs of Off D'Cuff 2024-25

Annual Talent Search

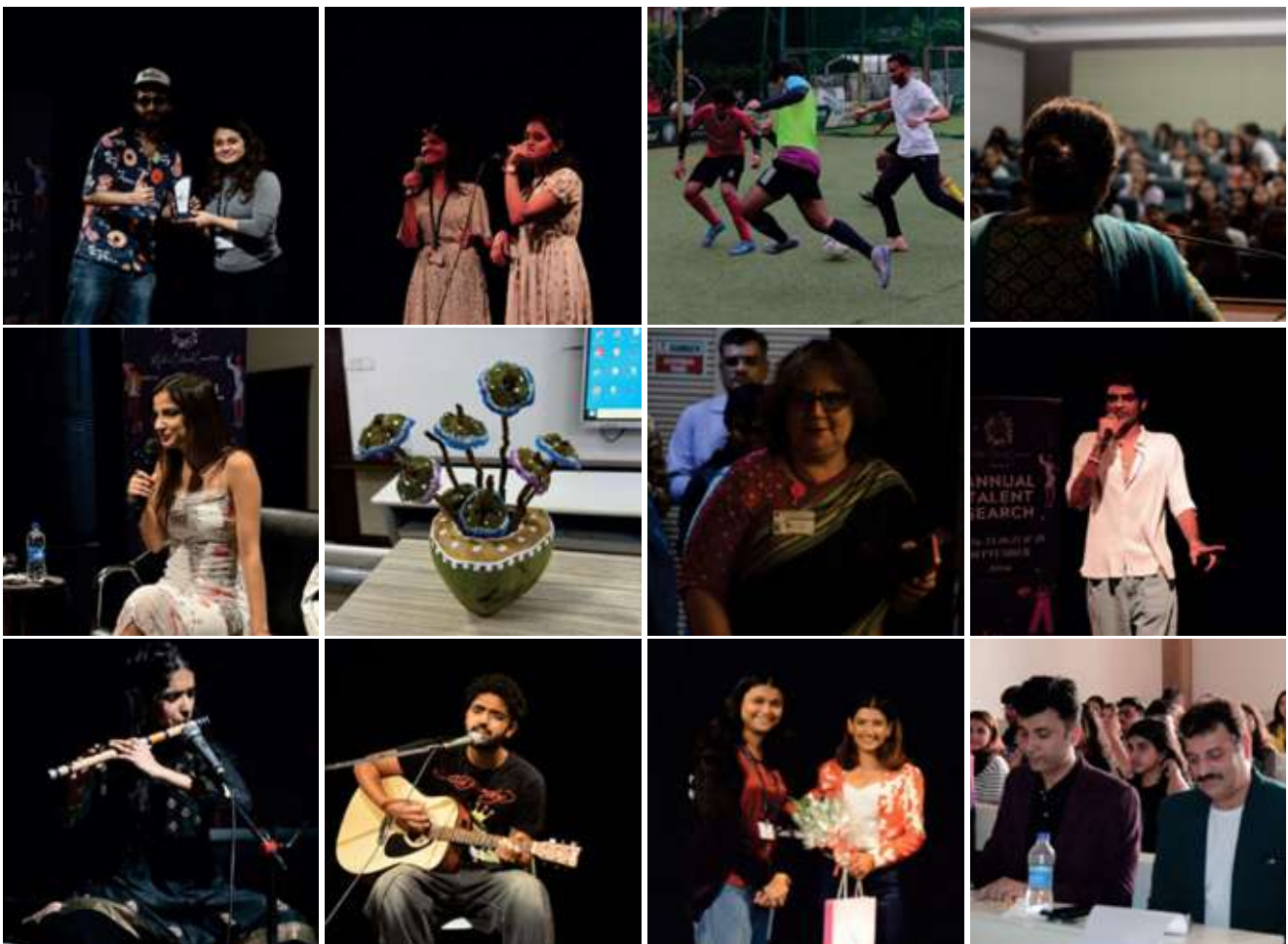
The Annual Talent Search (ATS) for the academic year 2024-25, was held from September 22nd to 28th. ATS 2024-25 established a new standard for showcasing talent of the student body. 1,300+ students registered for ATS, and 650+ participants went on to compete in 32 events throughout the week, allowing individuals from all backgrounds to exhibit their strengths and share their unique perspectives. Competitions spanned from music, drama, literary finesse, business acumen, fashion, and fine arts. 110 students were awarded prizes.

A distinguished judging panel brought credibility to ATS 2024-25, with each judge adding insight and value to the evaluation process. In dance, Chaitali Gada and Ninad Tawde provided their expertise, while Vipul Vitlhani and Dilip Rawal brought decades of experience to the drama events, ensuring a robust assessment of talent in theatrical arts. The music segment was evaluated by prominent figures like Zubin Sanjana,

Ashish Mishra, Riddhish Hathi, Shivam Trivedi, and Mangal Dubey. Judges such as Sanjana Kamdar and Urvi Chheda in Fine Arts and Shishya Ray and Purnima Nair in Literary Arts completed a panel that represented excellence across all categories.

The ATS carnival, which ran parallel to the competitions, featured a variety of stalls and attractions, including face painting, VR games, jewellery stalls, and food outlets. The opening day saw an exceptional turnout with over 4,000 attendees. Over the next few days, the event continued to attract high attendance, with over 1,000 visitors on days two and three and a remarkable 3,000 on the final day.

Celebrity guest Shubhi added to the excitement, praising the students' energy. Meticulously organized by the Mithibai Cultural Committee with sponsor support, ATS 2024-25 surpassed expectations, showcasing the spirit of creativity, diversity, and excellence.



Kshitij '24

The Cultural Committee's Kshitij is an Intercollegiate Cultural Festival, a unifying annual celebration bringing together students from diverse colleges, offering a grand platform to showcase their passions and skills. Continuing its rich legacy, Kshitij'24 unfolded various promotional events and social cause conclave, capturing hearts and ensuring inclusivity. The promotional events for Kshitij'24 commenced in July 2024, with the pre-launch of *Nayi Udaan*, featuring Kailash Kher. The official launch saw various artists such as Maahi, Sunny Kaushal, Rochak Kohli, and Naman Anand promoting their work. Parth Samthaan later joined to promote his film *Ghudchadi*, followed by Amit Sadh for *Dark Scroll*. The theme reveal event was graced by Urfi Javed, who promoted her new series *Follow Karlo Yaar*, along with R Romeo for his new album, and Dhvani Bhanushali and Aashim Gulati for their film *Kahan Shuru Kahan Khatam*. The first pre-event of Performing Arts took place, featuring the cast of *Khalbali Records*. To celebrate the spirit of Navratri, Kshitij organized *The Arcade Raas*, a grand Garba night where the official dates were revealed. Major Bollywood promotions continued, including *Singham Again* with Rohit Shetty and Ajay Devgn, and *Sahiba* with Vijay Deverakonda, Radhika Madan, and Jasleen Royal. Stebin Ben also joined the celebrations. At the CL Meet, all events were introduced to various colleges, with artists like the cast of *Heartbeats*, Shruti Sinha for *Kaise Jiyun*, and the cast of *Campus Beats* adding to the excitement. Additionally, Asha Bhosle and Zana Bhosle graced the event with the promotion of *Saiyaan Bina*.

Kshitij'24 also upheld its commitment to social causes. Tribute was paid to the Kargil war martyrs, followed by an Independence Day celebration featuring Rakul Preet. The festival embraced the spirit of Raksha Bandhan by celebrating with police officers at the Juhu Police Station. A self-defense workshop for women was organized in collaboration with Panchjanya Academy. Diwali was made special for the elderly at BHN Healthcare Centre, while Children's Day was celebrated with underprivileged kids. *Para Day*, was introduced, providing a platform for the differently abled to showcase their talents. The festivities concluded with Christmas celebration featuring Nushratt Bharuccha, spreading joy and inclusivity.

Kshitij'24 kicked off its main days on 8th January at JVPD Grounds, Mithibai College, and Mukesh Patel Auditorium with the inauguration, followed by competitions like MMA, Bollywood Deewane, and Cypher Clash. Engaging talk shows featured Rasha Thadani, Aaman Devgn, and Dino James and the night ended with a mesmerizing performance by Sonu Nigam. On 9th January, competitions like Phoenix Cup, Queen's Gambit, and Jugalbandi kept the energy high. Talks with Raj & DK, Dev Raiyani, and industry experts added depth, while Yashraj Mukhate's lively set led to a stunning performance by Mithoon, Mohammad Irfan, and Bhoomi Trivedi. 10th January brought star-studded moments with Sonu Sood promoting *Fateh*, and competitions like Dunk & Drive, Valorant, and Take 1 Action. Performances by Tia, Nakash Aziz, Naezy, Yashraj Mukhate, and Tony Kakkar added to the glam quotient. The grand finale on 11th January featured events like Le Panga and Scorch the Floor, inspiring talks with the *Metropolitan* cast and Krishna Shroff, and a dance workshop by Awez Darbar. HR College took first place, followed by K.C. College and Jai Hind College.



Tribute to Kargil War Martyrs



Kailash Kher launch of *Nayi Udaan*



Celebrating Christmas with Nushratt



Celebrating Independence Day



Sunny Kaushal at Kshitij Launch



Ajay Devgan & Rohit Shetty at Kshitij Show



Kshitij Show with Asha Bhosle



Principal Prof. Krutika B. Desai Inaugurating Kshitij'24



Principal Prof. Krutika B. Desai felicitating winners



Sonu Nigam as the first pronite artist



Mithoon as the second pronite artist



Tony Kakkar as the third pronite artist

Counselling Cell

The various activities and outreach programs organized by the Counselling Cell began with the Orientation for FY Degree students from 24 to 29 June 2024 to introduce the First-Year Degree students to the different extracurricular clubs and groups. Trekking for Awareness was held on 7 July 2024 at Tungi Fort, Karjat expedition aimed at raising awareness about mental health and the importance of resilience. The trek symbolized the journey of overcoming challenges, much like the struggles faced in everyday life. The two-day workshop for Tranquility and Happiness was held on 12th to 13th August 2024, focused on promoting relaxation and stress relief through creative expression. The event featured sessions on dance therapy, music therapy, and other forms of relaxing artwork. Participants also engaged in Rakhi-making, canvas painting, pottery, and bookmark creation, each activity fostering creativity and mindfulness. The therapeutic benefits of these artistic pursuits were evident, setting a positive tone for the sessions to follow.

Life is Beautiful was held on 5 September 2024 ahead of the World Suicide Prevention Day on 9 September 2024, to spread awareness about the importance of mental health and open conversations. The event emphasized that while everyone faces struggles, it is vital to come forward, talk, and seek help when needed. 'Exam Stress is a Bubble, Let's burst it together' was held on 27th and 28th September 2024,

led by the college counsellor, Mrs. Karuna Jaggi. The event featured engaging activities like fortune dip, positive affirmations, mehndi art, and burst the balloons for stress relief, among many other activities.

The Student Support Buddy Group commemorated World Mental Health Day on 10 October 2024. Free bookmarks handed out to all visitors, and several informative mental health awareness posters were displayed. During NAAC Peer Team visit, they visited the Buddy Group stall. 'Mindful Mingles' offered students and staff a refreshing opportunity to unwind through activities like pottery making, where participants shaped pots under expert guidance, blending creativity with relaxation from 16th to 17th January 2025.



The Counselling Cell, Student Support Buddy Group actively participated in the Tata Mumbai Marathon Dream Run 2025 on 19th January, as an outreach program to raise awareness about critical social issues including communication, eating disorders, domestic violence and cyber crime. A team of 16 students participated.



Students at the TATA Mumbai Marathon

Debate and Elocution Committee

The Debate and Elocution Committee conducted activities throughout the year to foster a spirit of inquiry, to nurture and hone oratorical skills and to create a learner base that eloquently and effectively voiced new age concerns to create an equal and better world. These activities included organising Intracollegiate competitions and conducting auditions and training sessions for students who went on to represent Mithibai College at various Intercollegiate events. The students of the Debate and Elocution Committee had a most fruitful year winning accolades at some of the most prestigious competitions:

Best Speaker Award at Hindustan Times Centennial Debate: On January 22, 2025, Hindustan Times (HT) held their commemorative HT Centennial Debate. Mithibai College's Meher Kazi received the Best Speaker award among all the contestants from the city. Her feat was applauded on the front page of Hindustan Times. The accompanying news report read, "In her speech, Kazi from Mithibai College spoke about the positive impact of social media, especially in catalysing social movements, and underlined how overuse of social media could be limited by controls that were

already available. In her speech, she said, 'We try to shape a world where not only the man with the mic and a podium had the right to speak but also the little girl from her little village did. We try to shape a world where information and education need not always come with a hefty fee receipt. We try to shape a world where people are seen as a collection of diverse mindsets and opinions, not just a number on the census'."

Gandhi Smarak Nidhi and Mani Bhavan Gandhi Sangrahalaya Elocution Competition: Our students won prizes in 2 categories at the Gandhi Smarak Nidhi and Mani Bhavan Gandhi Sangrahalaya Elocution Competition held on September 26, 2024. Aryaa Sethia won the Third prize while Shanay Shukla secured a Special prize, in the Degree College - English language section. Additionally, Manish Gupta received the Special prize in the Junior College - English category.

First Prize at K R Cama's Rustom P Masani Elocution Competition: The K R Cama Oriental Institute founded in 1916 organises one of the most reputed elocution competitions known as the Sir Rustom P Masani Elocution Competition. On 15 February 2025 Ms.

Meher Kazi won the overall championship trophy at the present edition of the competition. The K. R. Cama Oriental Institute has also organised the K R Cama Essay Competition whose results are still awaited.

Overall winners, Vidyalankar Institute of Technology Debate: Ritisha Sayil and Meher Kazi won the multiple knockout rounds format Vidyalankar Institute of Technology (VIT) Inter-Collegiate Debate Competition and were awarded the trophy and a cash prize of Rs. 20,000.

A. D. Shroff Memorial Elocution Competition: The Elocution and Debate Committee of Mithibai College conducted the A. D. Shroff Memorial Elocution Competition on 14th September, 2024. Shanay Shukla won the first prize followed by Yash Om Pandey

(second prize) and Vaibhav Deshmukh (third prize). Shanay Shukla represented the College at the Forum of Free Enterprise hosted Intercollegiate competition held on 10th January 2025.

Winning Finalist at Hindustan Times-VDT Elocution Contest

Ms. Monika Sharma won the Hindustan Times-Vidyalankar Dnyanapeeth Trust (VDT) Elocution Contest held in February 2025. The contest drew 300 entries from students of different colleges. Her achievement was reported in the national daily Hindustan Times mentioning that she spoke on 'Simplicity: The key to happiness'. The report quotes her, "Simplicity is lost in our generation. We are attracted to material things all the time. Whereas, I remember, my grandmother is the very epitome of simplicity."



Mumbai, India. Jan 22, 2025: The winners of HT's centenary debate, the top 24 colleges from Mumbai, participated in the Inter-college Hindustan Times Centenary Debate with Meher Kazi of Mithibai College winning The Best Speaker Award (Photo by Raju Shinde/HT Photo) (Hindustan Times)



Ritisha Sayil and Meher Kazi Winners of the Vidyalankar Institute of Technology (VIT) Inter-Collegiate Debate Competition

Department of Lifelong Learning and Extension (DLLE)

Poster Making Event: DLLE hosted a poster-making event on August 7, 2024, to promote patriotism and artistic expression. 50 posters showcasing interpretations of patriotism were displayed. The top three posters won prizes.

Rakhi Making Workshop: From August 14 to 16, 2024, DLLE, in collaboration with the Botany Department, organized the Sustainable Raksha Bandhan initiative to promote eco-friendly practices. Students crafted handmade rakhis using natural materials like seeds and grains which were distributed among non-teaching staff, peons, and NGO representatives as a gesture of gratitude.

Notebook Making Event: On September 20, 2024, DLLE at Mithibai College organized a Notebook-Making and the students crafted handmade notebooks using reused paper and materials, blending creativity with environmental awareness. The notebooks were donated to local NGOs.

Carbon Footprint Tracking Challenge: In September, DLLE organized a Carbon Footprint Tracking Challenge to promote environmental awareness and sustainable living on MS Teams where students tracked daily activities and calculated their CO₂ emissions using online calculators.

Consumer Awareness Program Event: On September 13, 2024, DLLE, in collaboration with Akhil Bhartiya Grahak Panchayat (APGP), hosted a virtual Consumer Awareness Program via Microsoft Teams and 400 students attended the session, which educated them on consumer rights, misleading advertisements and complaint procedures and speakers like Dr. Veena Dixit and Vijay Sagar led the discussions.

Drainage Survey: In September, DLLE conducted a Drainage Survey to address drainage issues around Mithibai College during the monsoon season. Students interviewed 10 residents, gathering feedback on drainage systems, problem areas, and improvement suggestions. The survey, documented with geotagged images, emphasized the need for better urban planning and community-driven solutions.

Drug Awareness Event: In September, DLLE organized a PowerPoint Presentation-Making activity to raise awareness about drug abuse, its causes, symptoms, treatments, and legal measures. Students researched addiction signs, withdrawal challenges, and rehabilitation programs like Nasha Mukta Bharat Abhiyan.

Eco-Brick Making: On January 22, 2025, DLLE organized an Eco-Brick Making event to promote sustainability and plastic waste management. Students packed plastic bottles with non-biodegradable waste to create eco-bricks, which were donated for construction projects.



Udaan: Udaan Fest 2025, organized by DLLE on February 1, 2025, at Bunts Sangha's S.M. Shetty College, provided students a platform to showcase their talents through cultural and academic competitions. The event featured the Elocution Competition, Street Play Competition, Powada Singing, Creative Writing, and Poster Making, addressing social issues and celebrating Maharashtra's heritage. Mithibai College secured a Gold Medal in Elocution and Bronze Medal in Street Play, reflecting students' dedication and creativity.



Read and Reflect: On December 27, 2024, DLLE organized the Read & Reflect: Social Issues Exploration activity to promote critical thinking and social awareness. Students explored topics like Climate Change, Gender Equality, and Mental Health, writing analytical reviews that connected theory with real-life experiences.

Green Initiative: Tree Planting Challenge :On January 28, 2025, DLLE launched the Green Initiative: Tree Planting Challenge to promote environmental conservation. Students planted eco-friendly trees like mango, neem, and tulsi, documenting their 14-day nurturing process through videos and geotagged photos.

Innovate & Elevate: A Student Business Challenge: On February 24, 2025, DLLE organized Innovate & Elevate: A Student Business Challenge to develop entrepreneurial skills. Student managers led teams in creating business models focusing on strategy, risk management, and effective pitching.

Career Fair: The career fair brought together students in a vibrant display of opportunities, fostering connections and sparking futures. Through engaging presentations and interactions, participants explored diverse career paths and seized potential opportunities.



Film Society

The academic year commenced with an orientation session on 18th July, introducing first-year students to the Mithibai Film Society (MFS). The event featured an insightful talk by filmmaker and alumnus Mr. Rohan Chavan. Animated short films *Loop*, *Purl*, and *Twenty Something* were screened, followed by closing remarks from Convenor Mr. Freddy Singaraj. The session successfully familiarized new members with the society's vision and activities.

On 13th August students visited the *Kaun Banega Crorepati* set at Film City, Goregaon, witnessing firsthand the production process of a major television show. Observing Shri Amitabh Bachchan in action, they gained insights into cinematography, lighting, and set design. The experience provided invaluable exposure to media production.

A screening of *Asuran* on 28th August, introduced students to Tamil cinema's thematic depth and socio-political narratives. Discussions led by Mr. Freddy Singaraj explored the film's symbolism, and a quiz further engaged participants, enhancing their understanding of its storytelling techniques.

The screening of *Haider* on 27th November, encouraged critical analysis of its adaptation of *Hamlet* within the socio-political landscape of Kashmir. Dwij Vyas led a film breakdown, followed by discussions on themes of identity, justice, and moral ambiguity.

Celluloid Ki Daastan - a collaborative event with the Department of Multimedia and Mass Communication celebrating Indian cinema through screenings, quizzes and cosplay was held on 17th December. It fostered creativity, teamwork, and a deep appreciation for the storytelling traditions of Indian films.

The year was marked by insightful discussions, hands-on experiences, and an in-depth exploration of cinema's cultural and social impact.



Mr. Rohan Chavan with the students during the orientation



Mr. Amitabh Bachchan with the staff and students of Mithibai at KBC set



Students at the Screening of Asuran

Film Society (Junior College)

The short film titled 'The Butterfly Circus' was showcased by the Film Society of Junior College on 10th February 2025. The film revolved around highlighting key themes such as Hope, Self-love and realizing self-worth. After the screening, an interactive discussion session was conducted, where students shared their interpretations. Some students also related the film's themes to real-life situations, making the discussion more engaging.



Screening of 'The Butterfly Circus'



Interactive session post film screening

Green Club

The Green Club of Mithibai held its orientation on August 8, 2025, with Vice Principal Science, Prof. Meenakshi Vaidya, Vice Principal Commerce, Mr. Manish Gogari, Dr. Sunita Maral, Green Club Coordinator, Dr. Pradip Saymote, faculty members, and student members in attendance. The event introduced members to the club's mission, activities, and upcoming events, emphasizing sustainability and environmental awareness. On August 29, 2024, the Department of Commerce (Environmental Studies) and Green Club organized a Nature Trek at Upper Kanheri trail in Sanjay Gandhi National Park, where students explored biodiversity with guidance from Nature Interpretation Centre (NIC) naturalists.

An "Eco-Friendly Ganapati Murti Making Workshop" was held on August 31, 2024, featuring clay idol-making, mehndi, a photo booth, and a rangoli of Lord Ganesha with flower petals. It promoted eco-consciousness while honouring the festival's cultural significance and leaving a lasting impact on the participants and the broader college community.



During the NAAC visit on 13th and 14th of November 2024, the Green Club had a stall at Sattva Vatika showcasing the club's initiatives. The Club also ran an "E-Waste Collection Drive" (5th-30th November) in collaboration with WE-The Recycling Company, collecting 10 kg of electronic waste.



Awareness Event

On January 28, 2025, the club hosted an SDG awareness event and set up 17 interactive stalls explaining the UN's Sustainable Development Goals (SDGs) through posters, quizzes, and games to encourage responsible action. It engaged the visitors in interactive games and quizzes to provoke reflection on their part in creating sustainability as well as inspiring results-oriented learning. A street play, "Garbage to Garden," was staged on February 10, 2025, at the college and on February 20 at Juhu Police Station, highlighting waste management and recycling. On February 10, 2025, The Green Club organized a Sustainability Exhibition where posters and models were displayed to promote sustainability among students and faculty. It focussed on four major themes like waste management, biodiversity conservation, energy conservation, and water harvesting.



The Green Club conducted three Beach Clean-ups: December 15, 2024 (Juhu Beach), January 19, 2025 (Silver Beach), and February 16, 2025 (Silver Beach), involving 50-100 volunteers and collection of 50-60 kg of waste to combat marine pollution. It also included awareness of people's important role in safeguarding ecosystems, besides keeping nature free from single-use plastics on these marine features. On February 18, 2025, the club organized an environmental awareness rally from the college to Silver Beach, with 100

members advocating for the four main themes: conservation of biodiversity, energy saving, conservation of water, and waste management. The aim was to create awareness on the significance of sustainable practices and urge the society to make effective contributions toward environmental conservation. The rally featured posters and slogans to reinforce the message so that there was an energetic and interactive environment, and pamphlets to engage the public in sustainable practices.

Gymkhana (Degree College)



Degree College Men's Badminton Team, 3rd position in Zone II University of Mumbai Intercollegiate Badminton Tournament



Degree College Women's swimming Team who won 3rd position in Inter Zonal University Of Mumbai Intercollegiate Swimming Competition. Disha Bhandari won 2 Gold, 2 Silver medals in various individual events in swimming and 1 Silver and 1 Bronze medal was won by Shalmali Dubey are also seen in the picture.



Degree College Men's Table Tennis Team who won the 3rd position in Zone II University of Mumbai Intercollegiate Table Tennis Tournament.



Degree College Women's Table Tennis Team who won 1st position in Zone II University of Mumbai Intercollegiate Table Tennis Tournament



Degree College Student Hardik Gohil who won Gold medal in Inter Zonal University Of Mumbai Intercollegiate Boxing Tournament in Super Heavyweight +92 kg Boxing category with Principal Prof Desai and Dr Sajid Mansoori

Gymkhana (Junior College)

The Junior College Handball Boys Team represented Mumbai in DSO Maharashtra State Level Handball Championship in Buldhana District from 12th-14th November 2024. Vedant Ashok Humarmalekar studying in FYJC Commerce represented Maharashtra in Artistic Gymnastics at 68th National School Games held at Kolkata, West Bengal from 6th to 8th Feb 2025 and won a Bronze Medal in Team Championship. Keya Herambh Prabhu studying in SYJC Arts represented

Maharashtra in Diving at 68th National School Games of India, held at Rajkot, Gujarat from 24th November to 30th November 2024. She won 3 Gold Medals in 1mt Springboard, 3mt Springboard and High board. Aadhyan Dipan Desai studying in FYJC Arts represented Maharashtra in Artistic Gymnastics at 68th National School Games of India 2024-25 held at Kolkata, West Bengal from 6th-8th Feb 2025 and won 8 Gold, 3 Silver and 8 Bronze medals.



Vedant Ashok Humarmalekar ,FYJC Commerce



Keya Herambh Prabhu, SYJC Arts



Aadhyan Dipan Desai, FYJC Arts

Hiking and Mountaineering Society

A day hike to Tungji Fort was arranged on July 7, 2024. The hike route was along a narrow ridge with valleys on both the sides. It was a thrilling 45 minutes' walk to the summit. The view of the Sahyadris was beautiful. The participants started the descent at around 12.00 noon and were back home by night. A day hike to Nagnath Caves was arranged on August 25, 2024. The participants assembled at Dadar Station at 5.30 am and reached Karjat at 8.00 am and began the hike at 9.45 am. The participants had to cross a few tunnels. At the end of a tunnel the route to Nagnath caves begins. It was an easy, slippery, enjoyable route to the caves. The view of the railway tracks, the passing trains and the Sahyadri Mountains was fantastic. After spending about 45 minutes at the caves and enjoying the full fury of the rains the participants began the descent from

another side of the mountain. To reach Thakarwadi railway station there is a tunnel which connect the up and down side railway lines. The tunnel is about 300 m in length. At 12.30 the participants reached Thakarwadi railway station. They then boarded the taxis which took them to Karjat railway station and then to Dadar.

A day hike to Manekgad was organized on January 4 2025. 33 students enrolled for the hike and they were accompanied by Mr. Amrit S. Rajwadkar, Mr. Raju Lohot, Mr. Shatrughana Patil, Mr. Pradip Saymote, Mr. Gorkhnath Uttekar, Mr. Ramesh Mane, Mr. Udaysinh Bhosale. The long trek began from Washivali and reached the summit of Manekgad at 2.00 pm. They reached Washivali and took a bus to Panvel and then to Mumbai.

An overnight hike to Shirpunje Bhairavgad was organized on January 5, 2025. 13 students enrolled for the hike and they were accompanied by Mr. Amrit S. Rajwadkar, Mr. Raju Lohot, and Mr. Gorkhnath Uttkar. The participants assembled at Dadar Station on January 4, at 11.00 pm. They boarded the train to Kasara at 11.30 pm. They reached Kasara at 4.00 pm. At Kasara, taxis were hired to go to Shirpunje. The participants help in gathering dry wood. A chulha was formed using stones and lighted. After a sumptuous breakfast, the summit was explored. The participants visited the Bhairoba temple. The participants cleaned the area where cooking was done the fire was

extinguished using a lot of water and then returned home.

An overnight hike to Raigad Killa was organized on February 16, 2025. 16 students enrolled for the hike and they were accompanied by Mr. Amrit S. Rajwadkar and Mr. Laxman Naik and it is a moderate hike of 5 km. The participants started their trek from Nane Darwaja at about 2.30 am and after trekking for about one and half hours reached the main door of the fort. They began the descent to the 'paytha' and began their return journey.



Durgdurgeshwar Shriman Raigad Fort Trek



Manikgad Fort Trek



Nagnath Caves Trek



Shirpunje Bhairavgad Fort Trek

Hiking and Mountaineering Society (Junior College)

Hiking and mountaineering Society organised one day hiking to various places which include Tungi fort, Nagnath caves, Manekgad. Overnight hike was also organised to Shirpunje Bhairavgad and Kille Raigad in 2024-25. 28 students including girls and boys of Junior College participated in all these hikes and were accompanied by Mr. Amrit Rajwadkar, Mr. Raju Lohot, Mr.Prashant Wagh and Mr. Ramesh Mane.



Tungi Fort Trek



Tungi Fort Trek

Hindi Sahitya Parishad (Junior College)

On occasion of Hindi Diwas on 14th September 2024, the Hindi Sahitya Parishad organized a special program to promote Hindi as national language. The committee organized a procession with posters and play cards in all classes. Elocution and debate competitions were also organized. Teachers, students and non-teaching staff participated actively in this program.



Hindi Diwas

Institutional Innovation Council (IIC)

IICM aims to induce passion for entrepreneurship on campus. Our vision is to be a pathway for budding entrepreneurs by supporting and encouraging them and providing all possible resources in collaboration with industry professionals, alumni, startup members. Our aim is to also provide incubation support as well as networking sessions. The Invest-A-Palooza event was hosted by the Institution's Innovation Council Mithibai (IICM) in collaboration with The Economic Transcript (TET), aimed to simplify investment concepts and make financial planning accessible to all attendees. Led by Mr. Amit D. Kumar, the 2.5-hour session engaged 120 students through relatable cultural references and real-life examples to break down complex financial strategies. A key focus was debunking the myth of a "right time" to start investing, emphasizing that financial growth is possible at any stage of life.



Speaker Mr. Amit D Kumar

The Kalamela event, organized by the Institution Innovation Council Mithibai (IICM) in collaboration with the Induction Committee, was a vibrant platform designed to support small-scale businesses and emerging artists. Over a 7-hour duration, with the participation of 70 attendees and 3 faculty members, Kalamela supported small-scale businesses and artists by fostering entrepreneurship. The Consulting 101 event, hosted by the Institution's Innovation Council Mithibai (IICM) in collaboration with the Department of Management, provided students with an in-depth understanding of the consulting profession. Led by Mr. Nabh Agarwal, an Associate at Bain & Co., the one-hour session engaged 55 participants.

The Business Simulation Workshop with Industry Expert Mr. Jaishankar M. Talreja, organized by the Institution's Innovation Council Mithibai (IICM) at SP Jain School of Management, aimed to deepen students' understanding of business management, particularly in family-run enterprises. 30 students participated.

The Beyond Research: Ideate, Innovate, and Implement event, hosted by Institution's Innovation

Council Mithibai (IICM) in collaboration with Beyond Research, aimed to promote design thinking and innovative research methodologies among students. With a focus on the 3IC competition, the event encouraged students to explore unconventional approaches to scientific research, emphasizing adaptability to industry trends and the T-Shaped Hiring structure. Mr. Rohit Dube Patil, the keynote speaker, highlighted the significance of non-linear, iterative thinking in research and its impact on global problem-solving. There were 120 participants.

The Business Innovation Pitch event, organized by Institution's Innovation Council Mithibai (IICM), aimed to provide a platform for aspiring entrepreneurs to present their innovative business ideas while fostering a spirit of collaboration and strategic thinking. The event focused on celebrating creativity, innovation, and entrepreneurship, offering participants the opportunity to showcase their ideas and receive constructive feedback from industry experts. Judges for the event included Mr. Rohit Kilam (CTO, HDFC Life), Mr. Rahul Khanchandani (Product Manager, Johnson & Johnson India), and Mr. Mohammed Bhol (Co-founder & CEO, House of Biryani).

Institutional Social Responsibility

Institutional Social Responsibility Committee is driven by the passion for bringing social change. They empower marginalized communities through educational initiatives, essential donation drives, and vital support for those with disabilities. An orientation meeting for the ISR Committee was held on July 18, 2024, to welcome new student volunteers. Faculty members provided an overview of the committee's activities, and returning student in-charges shared their past experiences. The first event of the year was "Joy of Giving," a donation drive from 21st to 23rd August 2024. Students and faculty donated clothes, stationery, hygiene products, and toys, which were then distributed to seven visiting NGOs. The drive involved over 60 donors. The committee organized their flagship event, 'NGO Bazaar, 2024-25' on 19th December 2024. NGOs were invited to set up free stalls, selling handicrafts, jewelry, clothing, and stationery made by the differently abled, underprivileged, and poor. The event aimed to help NGOs raise funds and provide a platform for the college community to contribute to social causes. The annual Outreach Program was held on 23rd January 2025. This event brought 8th and 9th grade students from BMC Schools to Mithibai College for hands-on science experiments demonstrated by college teachers and students. The students visited various laboratories. Students of the ISR committee volunteered to be examination writers for second year and third year students with disabilities for their semester end exams under their writers' program.

Library Report

Mithibai College Jitendra Library is on the ground floor, occupying a carpet area of 6,900 sq. ft. with 232 users' seating capacity. It is air-conditioned and supported with modern technologies like Wi-Fi, Digital CCTV, RFID gates, Self-Issue and Book Drop Kiosk. Library users can globally access Online Databases through a portal. The Library shares its resources under Inter-Library Loan with other SVKM libraries. Library in-house functions are automated through KOHA software. The OPAC of Koha assists users in locating the reading material by title, author and subject queries. An online Catalogue



ISR Team at Joy of Giving



Outreach Program



ISR team at NGO Bazaar

of books and non-book material is available through the Union Web OPAC. Library serves its stakeholders, students and staff with its vast collection of Books, Journals, CDs and other resources. A dedicated section of Books for Competitive Exams, like UPSC/MPSC, has been provided, and also a separate stack for books on "Research Methodology" has been earmarked. The reference section offers students specialized books, coffee table books and Reference Books. The Library has a vast collection of bound volumes too. An 'Open Access' comforts the users in picking a book in the stack area.

Junior college students, Undergraduate students, and postgraduate students can issue one, two, and four books, respectively, for fifteen days. The library has been upgraded with RFID (Radio Frequency Identification) to secure its collection against intentional/ unintentional theft. To move along with the technologies, the library is now equipped with the Self Issue Kiosk for users to issue books, and a Book Drop kiosk has also been installed, wherein the books can be returned through automated systems on or before the due date. The library has subscribed to various journals and magazines and 20 local daily newspapers for users. The library has also subscribed to 2 international e-newspapers. The library provides translation services with the help of 'Kibo' tool. This tool also serves to the visual impaired students as a reading assistant. The library has procured a Braille Embosser, which helps print the required study material in Braille script for visually impaired students, and has also procured a barcode printer. Researchers, faculty and students can access the Plagiarism Check tool with an individual login. The Database Hub facility has 12 computers, enabling students to browse their educational needs. Mithibai College alumni pursuing higher studies can avail the Reading Hall facility.

Library Committee members frequently meet for the smooth functioning of the Library. The library staff prepares RFID Identity Cards for the students and staff and also registers the same in the Biometric software. Jitendra Library publishes "The Mithibai Chronicles", a bimonthly newsletter of Mithibai College Library, from December 2021. The Newsletter has entered its 3rd year of publication, and to date, twelve newsletters have been published with the objective of providing information about New Arrivals in the library and other library resources to library users. Additionally, it serves as a communication channel between a library and its users.

For the AY 2023-24, on 5th June 2023, library books, eco-friendly daily use articles and recycled manufactured items were displayed on World Environment Day under the Theme "Mission Life – Lifestyle for Environment". Library books on poetry in

Sanskrit, Hindi, Marathi and English were displayed on Mahakavi Kalidas Din on 19th June 2023. Library books were displayed on International Yoga Day on 21st June 2023. Library books on demography and population display marked the occasion of World Population Day on 11th July 2023. The library displayed library books on Hepatitis on World Hepatitis Day on 28th July 2023, on World Wide Web Day on 1st August 2023. Library books were displayed and inauguration of Special Issue of Mithibai Chronicles in Gujarati to mark Vishwa Gujarati Bhasha Divas on 24th August 2023. Library books were displayed and inauguration of Special Issue of Mithibai Chronicles in Hindi was held on Hindi Bhasha Divas on 14th September 2023. Library books were displayed to mark National Post Day on 10th October 2023 and to mark Vachan Prerana Din on 15th October 2023. On 29th January 2024, Library selective collection of mythological books in class-room 603 was displayed on the occasion of *Marathi Bhasha Sanvardhan Pandharavada*. An online Demo for faculty members in regard to e-books by McMillan Learning Achieve Collection was scheduled on 16th October 2023 at 3:00 p.m. on Google Meet. An online Demo for access to McGraw-Hill Connect instructor's resources was conducted on 17th October 2023 at 3:00 p.m. for faculty members to comprehend the product in detail.

Mrs. Archana Garate, the Librarian, conducted library orientation sessions for students and organized one-day session on 12th July 2023 on 'Reference Management and Online Citation tool- Zotero' and Turnitin – plagiarism check tool for SYBSc and TYBSc students of the Microbiology department. She compiled and edited an Abstract Book containing 95 abstracts for the International Conference on Coastal and Marine Conservation (CMC-2024) held in the College on 1st and 2nd March 2024. Ms. Priyanka R. Kanojia, a student of M.L.I.Sc. from Department of Library and Information Science, University of Mumbai, served the Mithibai College Library for a month from 1st July 2023 till 31st July 2023 as an Intern to understand the functioning of academic library as a part of her curriculum requirements.

Literary Society

The first event of the AY 2024-25 was a collaboration between Banaras Hindu University and The Literary Society for Kavyanaad 2.0: Intercollegiate Multilingual Poetry Competition held on 7th July 2024 in online mode. The 1st Place was bagged by Faraaz Ahsan Javed, and the 1st runner up was Parth Gohil. Number of attendees were 45. Content Panchayat, a members exclusive, was held on 12th July 2024 with the theme of the day: Serendipity. The event began with a captivating poetry performance by the winners of Kavyanaad. Various movies, TV series, books, and anime across genres evoking the theme of serendipity were explored. Number of attendees were 24.

Inverse 2.0 Poetry Slam Competition was the second collaboration event organized by The Literary and Debate Society of BITS Goa in association held on 19th July, 2024 to sieve out finalists for the regional round of BITS Goa's Intercollegiate Fest 'Waves' in Goa and to celebrate the art of poetry. Number of attendees were 52. Content Panchayat on Meme Culture was held on 1st August 2024. The event started with a definition of memes and a brief history and current trends in a fun way, cat memes, parodies, and Instagram memes were showcased, encouraging the audience to share their interpretations and personal favorites. Number of attendees were 35.

Behind the Lens a wildlife photography exhibition was held on 6th August 2024 featuring an exhibition by wildlife photographer Mr. Kewal Chheda, a student of MA English Part II of Mithibai College. Photos from Coorg, Kota, Mussoorie, and Himachal Pradesh were displayed, each accompanied by detailed commentary about the stories and experiences behind each shot. Number of attendees were 36.

"The Idea of India and India in Ideas," was held on 30th August 2024, featured a discussion by Dr. Dashrath Patel, Mr. Shripad Samant, Dr. Sachidanand Singh and Dr. Shweta Salian. The event explored the notions of India that offer alternatives to the account of popular rationality. Dr. Dashrath Patel recited a ghazal by Panbai. Dr. Sachidanand Singh advocated the recognition of Indian knowledge, philosophy, and medicine and Mr. Shripad Samant addressed the concept of "Indianness." Number of attendees were 24. Content Panchayat on Conspiracy Theories was held on 25th September 2024. The event began with the hosts introducing the concept of conspiracy theories, explaining their nature, and exploring the psychological factors that make these theories intriguing to people. Number of attendees were 28.



Lafzon Ke Girdaab, an annual platform for sharing Indian verses; shayari gazals and poetry, was held on 10th December 2024. The event included a workshop on the structure and composition of ghazals, conducted by Dr. Khevana Desai, the renowned Urdu shayar Janab Nawab Arzoo as the guest of honour. His humorous ghazal, "Chai Ki Pyaali," was a highlight of the evening. Mr. Rakesh Panse recited a Hindi poem, Dr. Dashrath Patel a Gujarati recital, and Ms. Prachi Katpatal delivered a Marathi poem and a soulful song. Number of attendees were 36.

A number of activities were held under Vachan Sankalp Maharashtra in association with Jitendra Library. Author Interaction with Ms. Rupangi Sharma the author of 'Young Innovators, Entrepreneurs and Changemakers' and the founder of "EFG Learning" and entrepreneurs Ananya Grover and Rutik Thorat was held on 8th January 2025. The number of attendees were 186.

Cosplay Competition was held on 16th January, 2025, encouraging students to embody their favorite book characters, fostering creativity, storytelling, and a love for reading through immersive cosplay performances. The number of attendees were 22.

Author Interaction with the author Mr. Anand Neelakantan was held on 18th January 2025 who blends mythology with unique storytelling and the number of attendees were 88.

Movie Analysis of Do Patti was held by the Psyched Club in association with The Literary Society was held on 28th January 2025. The guest speakers were Dr. Khushali Adhiya and Dr. Shweta Salian. A brief overview of the movie followed by a discussion ensued and the number of attendees were 80.



The closing activity for the year was Content Panchayat on the concept of "Horror" was held on February 25, 2025 with engaging discussions among students centered on the evolution of horror movies, tracing the genre's journey from silent films and classic monster flicks to modern psychological horror and internet analog horror. Student members participated in a *Guess the Scene* activity, identifying famous horror movie scenes based on audio clips and descriptions. Number of attendees were 15.



The Literary Tribe was introduced as an exclusive community led by Devikaa Jhaveri and Maahi for reading and discussion on books. The Literary Outpost is a blogspot of The Literary Society that features a variety of articles on books and reading. The student team was felicitated for being a part of NAAC Display Committee in Nov 2024.

La Société Française (French Club)

The maiden adventure began with the need to bring together a community of language lovers and conducted movie screenings and novel events like Treasure Hunt, Blackout Poetry, Escape Room, Book Spine Poetry event.

Movie screening of *A Hundred Foot Journey* followed by a discussion on French cuisine. The post-screening quiz provided an opportunity for attendees to have fun. Number of attendees were 55. The second event was Escape Room aka La Grande Évasion held on 5th December 2024 Number of attendees were 45. In the event Book Spine Poetry, the participants sent their entries of poetry created by stacking few books in such a manner that when read together the titles makes sense. First Prize was bagged by Priyal Mehta, Poetry category, Second prize by Arushi Shukla, humour category and the Third prize by Ifrah Malkani, horror Category. Story on the Fly was held on 15th January 2025 under Vachan Sankalp Maharashtra. Ms. Radhika Rajwani and Dr. Aparna Raveendran, the judges provided insightful evaluation. Prize Categories were Most Technically Sound, Best usage of Story Elements, Best Storytelling Flair. Number of Attendees were 26.

Declaration of the next president Ms. Dhanishka Rajput and Vice President Ms. Gargi Madkaikar, and felicitation of the student committee was held on 17th March 2025. Number of attendees were 32. The club has a blogspot on WordPress called Enroute France which publishes articles related to the French language and experiences.

मराठी वाङ्मय मंडळ

मराठी भाषा संवर्धन पंधरवडा

आपल्या राज्याची भाषा असलेल्या मराठी भाषेच्या वाढीसाठी, तिच्यातील साहित्य जतन करण्यासाठी व तिचे संवर्धन व्हावे या हेतूने मिठीबाई महाविद्यालयाच्या मराठी वाङ्मय मंडळाने दिनांक १४ जानेवारी २०२५ ते २८ जानेवारी २०२५ या दरम्यान विविध कार्यक्रमांचे आयोजन 'मराठी भाषा संवर्धन पंधरवडा' अंतर्गत केले होते.

महाविद्यालयाच्या प्राचार्य प्रा. कृतिका देसाई यांनी सर्वाना मनःपूर्वक शुभेच्छा दिल्या. क.म. उपप्राचार्य श्रीमती ग्लॅंडीस अल्बर्ट, पर्यवेक्षिका श्रीमती जिग्ना ठाकर, डॉ. उदिता वोरा आणि श्रीमती अरुणा कानविंदे यांनी उपस्थित राहून सर्वाना शुभेच्छा दिल्या.

दिनांक २१/०१/२५ रोजी 'भाषांतर स्पर्धा' आयोजित केली होती.या स्पर्धेत ६६ विद्यार्थ्यांनी सहभाग घेतला. प्रथम क्रमांक तनिका महाडिक, द्वितीय क्रमांक निशी दवे तर तृतीय क्रमांक ऋतू दाभोळकरला मिळाला.

भाषांतर स्पर्धेचे परीक्षण श्रीमती सुमेधा झामरे यांनी केले. स्पर्धेविषयी आपले मनोगत त्यांनी व्यक्त केले. जगभरातील ज्ञान, विविध संस्कृतींची माहिती, साहित्यविचार या सर्वांची देवाणघेवाण होत असते. यासाठी भाषांतर हे प्रभावी माध्यम असल्याचे त्या म्हणाल्या. त्यासाठी मूळ भाषा आणि लक्ष्य भाषा या दोन्हींचा अभ्यास महत्वाचा ठरतो. व्याकरण, बोलीभाषा यांचा विचार करावा लागतो. निकष कसे वापरावे याविषयी मार्गदर्शन केले.

दिनांक २२/०१/२०२५ रोजी 'अभिवाचन स्पर्धा' आयोजित केली होती. विद्यार्थ्यांनी उत्तम प्रकारे साहित्यप्रकारांतील उतारे, संवाद, कविता, ललित लेख, कथा यांचे सादरीकरण केले.

प्रथम क्रमांक रुद्राणी सावरटकर, द्वितीय क्रमांक आभा खरे तर तृतीय क्रमांक सारा ठाकूर ने पटकावला. स्पर्धेचे परीक्षण श्री. प्रदीप सावंत यांनी केले. भाषेचे महत्त्व, तिचा दैनंदिन जीवनात होणारा वापर तसेच आपले लोकसाहित्य यांचा विचार व्हावा म्हणून २३/०१/२५ रोजी डॉ. संदेश सामंत यांनी 'मराठी म्हणी व वाक्प्रचार' या विषयावर कार्यशाळा घेतली. विद्यार्थ्यांनी चांगला प्रतिसाद दिला.



मराठी भाषा संवर्धन पंधरवडा



'अभिवाचन स्पर्धा'

मराठी भाषा गौरव दिन

मिठीबाई महाविद्यालयात दरवर्षीप्रमाणे कविवर्य कुसुमाग्रज यांचा जन्मदिवस २७ फेब्रुवारी 'मराठी भाषा गौरव दिन' म्हणून साजरा करण्यात आला.यानिमित्ताने यावर्षी ' उत्सव भाषेचा' हा कार्यक्रम जुहू जागृती सभागृहात आयोजित केला होता.

प्राचार्य प्रा. कृतिका देसाई यांनी कार्यक्रमाला शुभेच्छा दिल्या. क. म. उपप्राचार्य श्रीमती ग्लॅंडीस अल्बर्ट,पर्यवेक्षिका डॉ.उदिता वोरा उपस्थित होत्या.तसेच उपप्राचार्य (कला) श्रीमती निलिमा रावळ तसेच उपप्राचार्य (विज्ञान) श्रीमती मीनाक्षी वैद्य, उपप्राचार्य (वाणिज्य) डॉ.मनिष गोगरी यांनीही शुभेच्छा दिल्या.

कार्यक्रमाची सुरुवात हर्षवर्धन गोरे या विद्यार्थ्याने महाराष्ट्रगीताने केली.

वाङ्मय मंडळाचे उपक्रम,कार्यक्रम याविषयी समन्वयक श्रीमती प्राची काटपाताळ यांनी प्रास्ताविक केले.या निमित्ताने ज्या विद्यार्थ्यांनी अभिवाचन स्पर्धा व भाषांतर स्पर्धेत क्रमांक पटकावले त्यांना मान्यवरांच्या हस्ते बक्षिसे आणि प्रमाणपत्र देण्यात आले.

या दिवशी स्वरा औघडे - मराठी भाषेचे महत्व, मनाचे श्लोक निरूपण व 'सुंदर ते ध्यान' गीत गायन (सायली महाडिक) दोन भावगीते (हर्षवर्धन गोरे),काव्य वाचन रुद्राणी सावरटकर आणि श्रीमती गौरी आचार्य , लावणी (सोनाली लब्धे)काव्य आणि गीत गायन(श्री. निलेश शिंदे) सादर केले. श्री.प्रसाद बांबरकर (कणा कविता), श्री. दिनकर कुरकुटे (विडंबन पर कविता), श्रीमती जून देसाई मॅडम (सागर कविता) यांनी उत्तम सादरीकरण केले. क.म. उपप्राचार्य श्रीमती ग्लॅंडीस अल्बर्ट यांनी याप्रसंगी आपले मनोगत व्यक्त केले.

जुहू जागृती सभागृहाबाहेर जुईली केसरकर, आर्या जालावी आणि मनस्वी अनसुरकर या विद्यार्थिनींनी सुंदर रांगोळी काढली. विद्यार्थ्यांनी काही कविता आणि साहित्यिकांची माहिती यांची भिती चित्रे तयार केली होती.कार्यक्रमाचे सूत्रसंचालन नेत्रा पावसकर, सृष्टी पवार, रीमा पवार आणि सायली महाडिक यांनी केले तर आभार श्रीमती आरती राऊत यांनी मानले. विद्यार्थी, शिक्षक व शिक्षकेतर कर्मचारी मोठ्या संख्येने उपस्थित होते. सर्वांनी एकमेकांना शुभेच्छा देत 'मराठी भाषा दिन' उत्साहात साजरा केला.



मराठी भाषा गौरव दिन - रांगोळी



मराठी भाषा गौरव दिन



मराठी भाषा गौरव दिन



मराठी भाषा गौरव दिन

महाराष्ट्र दिन २०२५

Mithibai College celebrated 65th 'Maharashtra Din' with great joy and enthusiasm on Thursday 1st May 2025 at college premises. Hon'ble Principal Prof. Krutika Desai, Junior College supervisors, ANO 1 Maharashtra Armd. Sqdrn, Teaching and Non - teaching staff members and NCC cadets were present on this occasion.

The program started with the inspection parade. Principal Prof. Krutika Desai unfurled the flag which was followed by national anthem and Maharashtra Geet.

NCC cadets performed the Drill and Rifle guard with tremendous zeal, utmost perfection and energy.

Ms. Maria Vaz did the anchoring of the event. Mr. Rakesh Panse, Ms. Prachi Katpatal, Mr. Swapnil Desai enthralled the audience with their traditional Maharashtrian songs in solo performances. Dr. Prateechi Bhatambrekar amazed the gathering with the wonderful poem in Marathi.

A group song was performed by Ms. Sujata Hule, Ms. June Mendes, Ms. Rajeshwari Singh, Mr. Ramesh Mane, Mr. Rakesh Panse, Ms. Meena Gawas, Mr. Swapnil Desai, Ms. Preeti Purohit, Mr. Wilfred Fernandes and Mr. Mahesh Mundhe.

Hon'ble Principal Prof. Krutika Desai addressed the gathering and talked about the glorious culture and literature of Maharashtra in her speech.

The event was successfully concluded with vote of thanks proposed by Ms. Shweta Zagade.

Glimpses of Maharashtra Din 2025 Celebration



National Cadet Corps (NCC)

Enrolment Drive

N.C.C. started its activities with enrolment drive in July 2023 in which 75 students from different colleges had appeared for enrollment. Through physical tests, written test and personal interviews, 11 new Cadets (9 Boys +2 Girls) were enrolled.

International Yoga Day

On the occasion of International Yoga Day, 20 N.C.C. Cadets performed Yoga in College premises on 21st June 2024. 25 Cadets, PI Staff and ANO participated in mega yoga event on 21st June 2024 on the occasion of International Yoga Day at D.Y. Patil Stadium, Nerul, Navi Mumbai. Around 2000 NCC Cadets from Mumbai "A" and Mumbai "B" Group participated.

Independence Day Celebrations

Independence Day was celebrated with enthusiasm on 15th August 2024. A platoon of 21 Cadets was commanded by SW Golden S.U.O. Vaibhavi Bhosale. The National Flag was hoisted by Principal Prof. Krutika Desai. Associate N.C.C. Officer Capt. D. N. Kurkute, administered the oath to the cadets. NCC Cadets performed the general parade, Guards (rifle parade), pyramid show, bayonet fighting, section formations and section attack demonstration. Cadets also performed cultural activities on occasion of Independence Day. Prizes were given to NCC Cadets who performed Best in Drill, Weapon Training, Firing, Turnout, Command, cultural and overall activities. The program was attended by P.I. Staff of 1 Mah. Armd. Sqn. NCC unit, staff members and students of the college.



Section Attack demonstration on Independence Day

Republic Day Celebrations

The 76th Republic Day was celebrated in college premises. NCC Cadets performed the general parade. A platoon of 18 Cadets was commanded by SW Golden S.U.O. Vaibhavi Bhosale. The National Flag was unfurled by Principal Prof. Krutika Desai.



Group photo of Cadets with Principal and Teachers

Training Camps

Our Cadets have been selected and attended the following different training camps and adventure activity camps all over India. In Combine Annual Training Camp 511 held from 5th to 14th June 2024, 34 cadets participated. In Combine Annual Training Camp 516 held from 28th June to 7th July 2024 in Nashik, 1 cadet participated. In Army Attachment Camp held from 19th to 30th August 2024 at Colaba, Navy Nagar, 3 cadets participated. In Thal Sainik Camp (TSC/CATC-522) held from 15th to 24th September 2024 at Artillery Centre, Nashik, 3 cadets participated. In Thal Sainik Camp (TSC/CATC-522) held from 15th to 24th September 2024 at Artillery Centre, Nashik, 2 cadets participated. Thal Sainik Camp (TSC/CAT-524) held from 5th to 14th October 2024 at Minatai Thackarey Stadium, Nashik, 4 cadets participated. In Inter Group Competition Camp held from 19th to 28th October 2024, 1 cadet participated. In Ek Bharat Shreshtha Bharat Camp held from 21st October to 1st November 2024, at Kottayam, 2 cadets participated. In Advance Leadership Camp held from 11th to 22nd November 2024 at ITARNA Military Station Alwar, 1 cadet participated. In Thal Sainik Camp (TSC/CAT-528) held from 7th to 16th Dec 2024 at Artillery Centre Nashik, 1 cadet participated.

Achievements

Ex- NCC SW cadet SDM Dikshi Makwana (NCC "C" Cert.Feb.2022) has cleared CDS in September 2024 and appeared for SSB at Bengaluru in December 2024. An Ex-NCC Cadets JUO. Aniket Thakur (NCC "C" Certificate 2023 batch), got selected as an officer in Weapons systems branch of Indian Air Force through AFCAT entry with all India Rank 126. He joined his officers Training in January 2025 at Air Force Station Hyderabad. Aniket Thakur got selected as an officer in non-technical branch (Weapon System) of Indian Air Force. Aniket is the first NCC Cadet from our unit to join Indian Air Force as an officer. One of our Air Wing NCC Cadets, CDT/SGT Muskan Garg, 1 Mah Air Sqn NCC Unit, was selected to represent Maharashtra Directorate in the National level camp - All India Vayu Sainik Camp (AIVSC) 2024 through the continuous selections of 4 camps prior to it. It is the highest honor in NCC to get selected in AIVSC equivalent to RDC. Muskan had participated in two events Drill and firing. She got a bronze medal in firing (0.22 Rifle) at National level. CDT/SGT Muskan Garg cleared AFCAT (Officer Entry Entrance Exam in Indian Air Force conducted by UPSC) in Aug 2024 and got recommended as an officer in Indian Air Force.

Two more Ex- NCC Cadets Sonu R Yadav (NCC "C" Cert. 2023) and Anil R Yadav (NCC "C" Cert. 2024) have cleared written, physical and medical exams of Agniveer (General Duty Soldier) in September 2024. One of our NCC cadets SDM Deepak Wagh (NCC "C" certificate 2019 batch) has been selected in Mumbai Police as Constable in February 2025. One of the NCC

Cadets SQMD Tarun Kumar (NCC "C" certificate 2024 batch) has cleared written exam of Coast Guard for General Duty Officer in December 2024 and going to appear for his SSB in March 2025. Cadet Tarun Kumar cleared Coast Guards written Exam for Officer Entry and is appearing for his SSB exam.



Air wing NCC Cadet Muskan Garg cleared AFCAT in Sep 24 & recommended as officer in Indian Air Force

Social Activities

15 cadets participated in Tiranga Rally at Marine drive on 14th August 2024. The event was organized by Mumbai "B" NCC Group in coordination with MMC. Two cadets participated in Coastal Security Exercise at Warali, Mumbai on 16th and 17th October 2024. 11 SW NCC Cadets participated in Women's Empowerment Seminar at K C College, Churchgate on 30th November 2024. 10 cadets did election duty in Maharashtra Assembly elections helping in maintaining the queue discipline and helping the differently abled voters reach the polling stations. 6 cadets participated in TATA Marathon on 19th Jan 2025. Three cadets participated in Jai Shivaji Jai Bhavani Padayatra on 19th February 2025 on occasion of Chhatrapati Shivaji Maharaj Jayanti organized by Ministry of Youth Affairs and Sports Department, Government of Maharashtra.

Other Activities

Group Commander Mumbai "B", Maharashtra directorate, GP.Capt. Rajesh Kumar visited the 1 Mah.Armd.Sqn.NCC Unit, Mithibai College on 4th July 2024 for ADM Inspection. NCC cadets got an opportunity to interact with such a high-ranking Officer from the Armed forces. Gp.Cdr. and Commanding Officer guided the cadets and gave motivational talk. 14 cadets participated in the Firefighting Mock Drill held on 10th July 2024 and 18th December 2024 in the college premises. They got the opportunity to use different types of equipment and fire extinguishers. Kargil Vijay Divas was organized by 1Mah. Armd. Sqn. NCC Unit Mumbai "B" on Friday 12th July 2024 in Mithibai College. Poem presentation, Essay writing and Poster making were conducted. Commanding Officer of 1Mah .Armd. Sqn NCC Lt. Col. Shayamkumar Singh. JCO, P.I. Staff, Vice Principals, ANO and 70 cadets participated. Vice Principals Dr. Hitesh Shingadia and Mr. Manish Gogari gave certificates to the winners. The event was addressed by Commanding Officer Lt. Col. Shayamkumar Singh.



Guidance lecture on Army recruitment by ARC, Navy Nagar

Guidance lecture on Agniveer and other Ranks/ Recruitment in Armed forces was conducted by 1Mah.Armd.Sqn.NCC Unit Mithibai College on 14th September 2024. Subedar Major Manjeet Singh and his team from Army Recruitment Office (ARO), Mumbai was the resource person for the program. 114 NCC Cadets, ANO, P.I Staff of NCC Unit attended the program. The cadets got valuable information about Recruitment process in Armed forces at various levels. Vice Principal Dr. Hitesh Shingadia welcomed the Resource Persons from Army Recruitment Office. Four

cadets participated in Sea Vigil-24 exercise at Uran, CBD Belapur, Navi Mumbai on 20th and 21st November 2024. The cadets got to ride the MMB passenger jetty sector 15 of Maharashtra Maritime Board. The cadets participated in Inspirational Music Workshop on 15th January 2025 at Cariappa hall, Colaba, Navy Nagar. 24 NCC Cadets appeared for NCC "C" Certificate exam on 15th and 16th Feb 2025 at ASC College Thane and 17 Cadets have appeared for NCC "B" Certificate exam 15th and 16th March 2025.



Bayonet Fighting by NCC Cadets on Independence Day



Inspection of Parade by Principal Prof. Krutika Desai on Republic Day



Poster Making Competition on Kargil Vijay Divas



Pyramid show by NCC Cadets on Independence Day

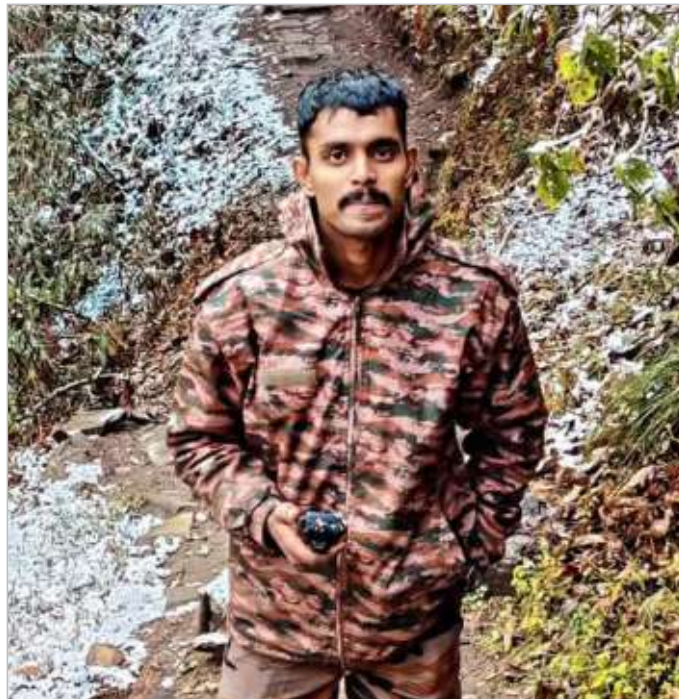




NCC Cadets assisting people to vote



Ex NCC Cadet Deepak Wagh got selected in Mumbai Police



Ex NCC Cadet Luvkush Yadav selected in Indian Army as an Agniveer (General Duty Soldier posted in Maratha Light Infantry)

National Service Scheme (NSS)

Yoga Day

International Yoga Day was celebrated on 21st June 2024. The NSS unit of Mithibai College, in collaboration with the NCC Unit and DLLE Unit, organized a Yoga Day practice camp for the students. During the event, the NSS volunteers along with others performed yoga exercises.

Rakhi and Gift Selling Event

The NSS unit in collaboration with the VD Indian Society for Mentally Challenged Children organized Rakhi and Gift Selling Event on the 16th and 17th August 2024. The event aimed to raise funds for the NGO by selling handmade rakhis and gifts created by the children supporting their education and welfare while celebrating Raksha Bandhan.



Volunteers selling the Rakhis & Gifts

Daan Utsav

From 23rd to 26th September 2024, the NSS Unit of Mithibai College organized "Daan Utsav" in the Main Foyer to celebrate the spirit of giving. Over four days, 22 volunteers each day worked to collect clothes, books and stationery for the underprivileged.



Volunteers working at the counters

Workshop on 'Stop Child Sexual Abuse'

On Thursday 5th September 2024 NSS Unit of Mithibai College in collaboration with Sakshi Foundation conducted a workshop on Stop Child Sexual Abuse POSCO Act, 2012. 52 volunteers attended the event. The event's objective was to raise awareness about women's and children's safety, discuss challenges and provide practical solutions where Ms. Hanna John emphasized the need for collective action to ensure women's safety.



The speaker addressing the audience

Juhu Beach Clean Up "Swachhta Hi Sewa"

On 2nd October 2024, 31 NSS volunteers from Mithibai College participated in the "Swachhta Hi Sewa" campaign at Juhu Beach. The cleanup drive was part of a larger initiative to promote the values of cleanliness and environmental sustainability. The volunteers worked tirelessly to collect waste along the shoreline, focusing on removing plastic and other non-biodegradable materials.



NSS volunteers collecting waste

Blood Donation Camp

On 18th November 2024, 30 NSS volunteers organized a Blood Donation Camp at Andheri Railway Station in collaboration with Jagjivan Ram Hospitals. The camp collected 115 bottles of blood reflecting the volunteers' dedication to community service.



Blood donation camp at Andheri station

Volunteering during Election

On 20th November 2024, 35 NSS volunteers participated in election duty at Jamnabai International School and NM College, Vile Parle. They assisted in crowd control, voter guidance and providing special support to senior citizens and physically challenged voters ensuring a smooth and organized election process.



With the police officers on election duty

NSS Camp

The NSS unit organized a residential camp from 7th to 13th January 2025 at Tandulwadi village, Saphale, Maharashtra, with the participation of 43 volunteers. The camp featured a series of impactful activities, including vermicomposting, tree plantation, painting of coconut trees, an education drive, a clothes distribution drive, paper bag making, and a notebook distribution drive. Through these initiatives, the camp aimed to promote environmental sustainability, educational awareness, and community welfare.



Education drive in Saphale

Self-Defense Workshop for Girls

On Thursday 5th December 2024, NSS Unit of Mithibai College organised a self-defense workshop especially for women. The workshop brought awareness and trained the volunteers to defend themselves when placed in tough situations.



Education drive in Saphale

Hosh Conclave

The NSS unit of Mumbai and Amba Gopal Foundation organized an event on 31st January 2025. The NSS unit of Mithibai College participated with 60 volunteers as the audience. Dignitaries like Mr. Rajan Singh, Padmashree Subhash Palekar, Dr. Rajendra Singh and EV Girish spoke on various environmental issues. The conclave covered topics such as rising cancer risks, air pollution, water pollution, land pollution, and chemical-free food.



Hosh conclave at Sahara Star Hotel

Nature Club (Junior College)

Nature Club of Junior College organized a poster making Competition for the students of Junior College on 25th September 2024. The theme of the competition was "Environmental Awareness", with the objective to promote environmental awareness and encourage creative expression among participants, fostering a sense of responsibility towards protecting our planet.

28 students of all three streams participated in the competition with immense zeal and enthusiasm. The poster making competition on environmental awareness inspired participants to think creatively about environmental issues and take action towards a sustainable future. The judges were Mrs. Bhagyashree Choudhari, Mrs. Sujata Hule and Mrs. Saroj Pandey.



Nature Club committee with winners and participants



Environmental Awareness Poster making competition

The prize distribution ceremony was held on 9th October 2024. The winners were felicitated by the judges and the supervisors of junior college. All the participants were presented with a participation certificate. Meera Yadav bagged the first position, followed by Yashika Mehta & Zubiya Sidiqi in the second place and the third position was secured by Dheeraj Pasi & Mahek Madiya.



Environmental Awareness Poster making competition



1st Prize - Meera Yadav (XI G Science)

Rotaract Club

The Rotaract Club guided by its motto for this year, "*Unite, Uplift, Unleash,*" offers a professional platform for young individuals to lead, serve, and create meaningful impact. A significant highlight of the year was DOTMUN, held on February 10 and 11, 2025, with a participation of 67 attendees. Organised under the International Services Avenue, this in-house Model United Nations featured two committees—AIPP (All India Political Parties Meet) and UNSC (United Nations Security Council). Delegates engaged in rigorous debates, negotiations, and resolutions, refining their public speaking, diplomacy, and leadership skills in a realistic simulation of global decision-making.

On January 26, 2025, the club hosted Pahiyo Ki Dhun – A Tribute to B.E.S.T, attended by 23 members and over 30 B.E.S.T workers. As a Republic Day special and PRM initiative, the event honoured the contributions of transport workers.



Pahiyo Ki Dhun

Whimsical Wonderland, held on December 4, 2024, saw participation from 89 club members and over 1000 visitors. This community carnival featured engaging games, food stalls, and live performances. Guiding Lights, conducted on September 5, 2024, brought together 18 members, 7 teachers, and 20 differently abled learners. The event honoured the dedication of teachers while promoting inclusivity, offering club members valuable insights into the field of special education and fostering deeper emotional bonds with educators.

Science Association (Degree College)

It is important that students not only have the knowledge of new technologies that offer them competitive advantage but also various avenues where they can have complete access to these technologies and opportunities therein.

With this vision, Science Association has organized two Popular Science Lecture in association with Indian Women Scientist Association (IWSA) and supported by Department of Atomic Energy-Board of Research in Nuclear Sciences (DAE-BRNS) on 3rd September 2024 and 27th November 2024, respectively. Student Outreach Program in collaboration with the Department of Atomic Energy, Government of India, and Industrial visit to (a) Solid Modification Technologies Pvt. Ltd. And (b) Excel Instruments on 22nd February 2025.

The guest speaker for the first Popular Science Lecture was Dr. Avradeep Pal, Associate Professor, IIT Bombay. Dr. Avradeep Pal completed his M.Tech in Material Science from IIT Bombay and PhD. from University of Cambridge. Thereafter, he pursued two post-doctoral fellowships, one from Device Materials Group, Cambridge (2014-16) and the other from QUTech, TU Delft, the Netherlands (2016-18). In this seminar, Dr. Pal conveyed some crucial aspects of Superconductivity. Starting from its role in medical applications, to operation of high-speed trains, Dr. Pal explained the students the unprecedented potential of superconductivity to possibly revolutionize future computing and communication technologies; superconducting devices and related technologies which are poised to become ubiquitous entities that will permeate every sphere of human life in future. This lecture was attended by 91 students and 13 faculty members from diverse fields.

The Guest Speaker for the second Popular Science Lecture was Dr. Vinita Grover Gupta, Scientific Officer (H), Chemistry Division, Bhabha Atomic Research Centre and Professor, Homi Bhabha National Institute, Mumbai. Dr. Grover completed her M.Sc. from Indian Institute of Technology Delhi and Ph.D from Mumbai University. She works extensively in the frontline areas of materials for energy and nuclear applications. Her area of expertise include design of superior ferroelectrics, relaxors and radiation stable materials based on crystal structure-controlled properties and morphological attributes. She has to her credit 105 journal publications in addition to several book chapters and technology transfer. Dr. Vinita Grover Gupta is the recipient of several awards that include Young Scientist awards bestowed by Department of

Atomic Energy, Indian Nuclear Society and Indian Society of Chemists and Biologists. She is the winner of DAE Scientific and Technical Excellence Award, IANCAS-Dr. Tarun Dutta Memorial Award, DAE-SSPS-Young Achiever Award, winner of IUPAC Young Chemist Programme, SMC Bronze Medal and CRSI- Bronze Medal. She is also the Fellow of Maharashtra Academy of Sciences, Associate Academician, Asia Pacific Academy of Materials and Member, National Academy of Sciences India. Recently, she has been recognised as one among 75 women in chemistry in India by “Beyond Black” in collaboration with office of Principal Scientific Advisor, Government of India, and Royal Society of Chemistry. In her seminar, Dr. Grover introduced the students to the era of “Smart Materials”,

which can spontaneously modify their physical properties (structure, viscosity, absorption and/or emission spectrum, etc.) in response to external stimuli. The fact that they can respond in a controllable and reversible way to any perturbation make them suitable for applications such as sensors, actuators, or sometimes processors, bio-degradable polymers, biomedicine, harvesting biomechanical processes, etc. This lecture was attended by 113 students and 11 faculty members from diverse fields.

Science Association organized a one-of-a-kind Student Outreach Program in collaboration with the Department of Atomic Energy, Government of India. The primary objective of this programme was to introduce the students about the various research activities in the domains of Physical, Chemical, Life Science and Engineering, conducted by the institutions under the purview of DAE and create awareness regarding the different positions available at these institutions for further studies as well as possible pathways to enter these institutions at different levels. The Guest Speakers for this event were Dr. Suchismita Mishra, Scientific Officer (G) in Environmental Monitoring and Assessment Division and Ms. Rupsha Bhattacharyya, Scientific Officer (F), in Chemical Engineering Group at Bhabha Atomic Research Centre (BARC), Mumbai. This programme was attended by 138 students and 10 faculty members from diverse fields.

The Science Association, in association with Department of Physics, organized Industrial visit to (a) Solid Modification Technologies Pvt. Ltd. And (b) Excel Instruments for UG and PG students to commemorate National Science Day. 20 students and 2 faculty members from diverse fields attended this event.



Dr. Avradeep Pal, IIT Bombay delivering the seminar



Dr. Vinita Grover, BARC addressing the audience



Ms. Rupsha Bhattacharyya and Dr. Suchismita Mishra addressing the participants during Student Outreach Program organized in collaboration with DAE



Industrial Visit to Solid Modification Technologies Pvt. Ltd.

Science Association (Junior College)

The Science Association of Junior college organized an elocution competition on 7.10.2024, to instill confidence in the students and encourage them to learn the art of public speaking. The topic for the competition was 'Importance of Artificial Intelligence in Education'. The judges for the competition were Dr. Udita Vora and Ms. Dipali Salunkhe. The participants expressed their thoughts and opinions in the given time. The first place was secured by Ifrah Malkani, second prize by Ananayah Koli and third prize by Meetu Prajapati.



Science Association members and judges of Elocution competition with the winners

Staff Colloquium (Degree College)

The Staff Colloquium conducted a workshop on Expressive Arts for Stress Management titled “Recharge and Refresh” on 8th March 2025. The workshop aimed to provide staff members with an opportunity to unwind and explore their creativity to reduce stress. It began with a warm welcome by Mr. Shripad Samant, followed by Dr. N. Saraswathy introducing the resource person, Ms. Pujita Mirwani, who was felicitated by Prof. Meenakshi Vaidya. The session involved a discussion on the causes of stress, types of stressors, and effective stress management strategies. Participants engaged in various expressive art activities such as doodling, spiral drawing, gratitude mapping, and meditation, allowing them to explore their creativity while alleviating stress. The workshop provided a valuable platform for staff members to reflect on their stressors, share their experiences, and learn new coping mechanisms. It also offered a refreshing break from their daily workload, fostering interaction and enjoyment among all attendees.



The resource person, Ms. Pujita Mirwani, being felicitated by Prof. Meenakshi Vaidya



Workshop on Expressive Arts for Stress Management titled “Recharge and Refresh” on 8th March 2025

Staff Colloquium and Grievance Committee (Junior College)

On 14th of January 2025, the Staff Colloquium Committee of the Junior College celebrated the auspicious Makar Sankranti Festival under the mentorship of Ms. Sujata Madhukar Hule. We distributed the traditional sweet 'til-gul' with snacks and a small memento to all. Principal and Vice-principal graced the event.



Makar Sankranti Celebration

Students' Council

Students' Council hosted College Week from 20th January, 2025 to 25th January, 2025. Cosplay Day was celebrated on the 20th of January. Students came dressed to the nines in various costumes ranging from Bollywood to Hollywood, video games, cartoon characters and more. Formals Day, a well-known College Week tradition was up next, being celebrated on the 21st of January. Students came dressed in their formal best and were excited to see creative faux linked-in profile posters across the building. Jersey Day was celebrated on the 22nd of January. Students proudly showed up in the jerseys of their favourite sports teams and enjoyed a series of mini games in the extremely well decorated main foyer. Masquerade Day was celebrated on the 23rd of January, was a new spin brought to College Week and was embraced wholeheartedly by students who came dressed in

elaborate gowns and suits. Masks were adorned to capture the true essence of a masquerade and photographs were clicked against the beautifully decorated photo booth that brought to life the 16th and 17th centuries ideas of carnivals.



Masquerade Day

24th January was celebrated as Gratitude Day where students came dressed in the colour for joy- yellow and expressed their gratitude by gifting a small keychain- a token of our appreciation to the faculty for their tireless effort in mentoring students. Traditional Day was celebrated on 25th January.

Degree Certificate Distribution Ceremony

The Degree Certificate Distribution Ceremony (DCDC) 2024-25 was held on 4th March 2025 for the batch of 2024. The President of the Ceremony was Vice Admiral Abhay Raghunath Karve (Retd.) PVSM, AVSM. He holds the position of Hon. Patron of the Maritime History Society, Mumbai, and serves on the advisory board of the Centre for Excellence in Maritime Studies, University of Mumbai. His presence and inspiring words made the ceremony even more memorable for the graduates. The event commenced with Prof. Meenakshi Vaidya delivering an introduction of the

President of the Ceremony, highlighting his vast experience and contributions. Following this, the Principal, Prof. Krutika Desai, addressed the graduates. The President of the ceremony formally declared the session open. The toppers from each undergraduate and postgraduate program across Science, Arts, and Commerce were honoured with their degree certificates, trophies, and prize money in recognition of their academic excellence. Additionally, students who had excelled in various committees, including NSS, DLLE, Cultural, Sports, and NCC, were duly felicitated for their meritorious contributions. This was followed by announcement of Best Students of 2024-25. For Junior College, Ms. Pearl Savla of SYJC received the honour. Mr. Gurman Singh (TYBA) and Mr. Mayuresh Wankhade (MSC Part II) received the honour of Best Student Undergraduate and Post-Graduate 2024-25, respectively.



Vice Admiral Abhay Raghunath Karve (Retd.) PVSM, AVSM addressing the gathering



The Proud Graduates

Students' Induction Program Committee

The University Grants Commission (UGC) has launched an Induction Programme aimed at helping students adjust to their new environment, form connections with peers and faculty. SVKM's Mithibai College organized a month-long series of events as part of their Induction Program for first year undergraduate and postgraduate learners. Students' Induction Programme 2024-25 for the undergraduate students was held on 24th June 2024, to prepare the first-year undergraduate students. In addition to guiding this group of motivated and capable students through the orientation program, Principal, Prof. Krutika Desai, and college mentor, Shri Shalin Divatia spoke to the students.

The audience was informed about the policies regarding exams, attendance, libraries, research projects, and college administration. The audience was informed about the various student committees that

Mithibai students can join to further their interests and skill sets. Ms. Suchitra Roychoudhury, the convener of the Students' Induction Program Committee, gave the vote of thanks. The Post Graduate Orientation Program for the incoming batch of M.A., M.Com., and M.Sc. students at Mithibai College was held over two days, 4th and 5th July, 2024. Prof. Krutika Desai, the Principal, warmly welcomed the students. Mr. Amrit Rajwadkar, Ms. Alka Shukla, Dr. Shatrughna Patil, Dr. Hitesh Shingadia, Prof. Meenakshi Vaidya, Dr. Sajid Mansoori, Dr. Papiya Deb and Ms. Karuna Jaggi interacted with the students.

On 19th July 2024, the Students' Induction Committee hosted a talk on Legal Rights Talk by Riddhi Munoth Ms. Munoth holds a Bachelor of Arts and Bachelor of Laws (Honours) from Amity University Maharashtra and an LL.M. in Constitution and Administrative Law from Maharashtra National Law University, Mumbai. The event saw a turnout of 75 students.



Students' Induction Programme for Undergraduate Students

On the 30th of July, 2024, the Students' Induction Committee hosted the event 'Know Yourself', an Open Mic Event, which had a turnout of 20 participants showcasing their talents like singing, acting, poetry recitation, storytelling, and stand-up comedy. Kala Mela was organized on the 29th and 30th August 2024, in collaboration with IIC and provided a platform for artists and small businesses to showcase their talents and products.



Kala Mela

Tech Association

On July 24, 2024, guest speaker Rishabh Shetty delivered a lecture. Cybersecurity awareness is the knowledge and practice of safeguarding digital assets from unauthorized access, damage, or theft. It involves understanding potential risks, recognizing suspicious activities and implementing best practices to safeguard data and devices. The aim of this seminar was to acquaint the students from about general techniques available for security of personal data.



Tech Association Meet

Training and Placement Cell

The Training & Placement Cell successfully completed another academic year with an array of activities and events for students in the final year. Pro-Connect was designed to offer students a broader perspective on career opportunities and life after campus. The event involved sessions with companies like Teach for India, AIESEC, Maker Bhavan, Incube8 Studio, NorthStar Analytics, NielsenIQ, Avniro, First Source allowing students to engage in meaningful conversations and gain valuable insights into industry professionals.

For the final year students, the cell hosted companies from various sectors like Finance, IT, Marketing, media, education, Life sciences and social sectors etc. These companies had a phased approach to their recruitment process starting with a preplacement talk followed by group discussions and personal interviews for which the students were trained by T&P cell in advance. A specialized training program was provided to students on how to effectively utilize social media platforms such as LinkedIn for professional purposes. In addition to placement opportunities, T&P cell actively works on providing internship and apprenticeship opportunities

for second year and third-year students, respectively. In strict adherence to NEP 2020, which emphasizes internships for all students, the T&P cell has facilitated internships / apprenticeship at prestigious organizations such as Goldman Sachs, Morgan Stanley, Barclays, and GE Mills.



Training session in progress

Preplacement training was provided to final year students with a necessary skill set to crack the various rounds of recruitment. These trainings include practise rounds on resume building, group discussion and personal interviews. 204 students participated in group discussion and 282 students participated in Personal Interview session. These helped give students a platform to assess themselves and their performances. The TnP cell invited an array of trainers from various specialisations. Some of the trainers include Gavin Rego, Taruna Sharma, Jinal Shah, along with Deputy Director Neha V. Jog and Development Officer Amrita Phillips.



Training sessions being conducted for the students

The talent pool of students attracted companies like JP Morgan, Jean Martin, Deutsche India Private Limited, KPMG, Ernst & Young, Ditto by Finshots, Accenture, CMSS, CITI Bank, Willis, Deloitte, Saint Gobin, Media.net, ICICI Bank. The highest package secured till date is INR 14.1 LPA offered by Axxela while other significant ones were INR 10 LPA by Barclays.

Women Development Cell (WDC)

The Women Development Cell of Mithibai College organized a Cervical Cancer Awareness Seminar on August 28, 2024, at Mithibai College, with 65 attendees. Dr. Kamran from Cooper Hospital spoke on cervical cancer, HPV, causes, prevention, and myth-busting.

A panel discussion on Street Sexual Harassment was held on January 18, 2025. The event featured three expert panelists and witnessed 79 registrations.



WDC - Panel Discussion

Akanksha - Girl Child Day was celebrated on January 29, 2025, with 200 attendees and 77 volunteers. The event promoted girl child education, empowerment, and equality through interactive stalls, debates, quizzes, and performances. A session on Financial Literacy & Investment Education Through Gamification was held on February 24, 2025. Dr. Amanpal Singh Chawla shared his expertise on saving, building financial habits, and achieving stability. The interactive session included a quiz and introduced the SAARTHI App, empowering attendees with financial knowledge.

A Memorandum of Understanding was signed with Akshara- an NGO working towards gender equality. Akshara Foundation and Mithibai College's Women Development Cell (WDC) will collaborate to promote gender equality through impactful events, mentorship programs, and advocacy campaigns. Akshara Orientation session was hosted online by Ms. Shirisha on August 13, 2024, for 35 students from various colleges. The interactive session introduced students to Akshara's mission, services, and opportunities, including workshops, events, and leadership programs. Akshara hosted a youth empowerment event on September 27, 2024, at Rizvi College which was attended by 6 colleges and over 100 students. The

event featured discussions, games, and activities focused on citizenship, fundamental duties, and social transformation. RATI and Akshara hosted "Click with Care: Digital Safety for Youth" on December 10, 2024, at Ruia College, addressing online safety and digital challenges. The interactive session featured expert discussions, informative cases, and practical solutions, attended by several colleges and NSS members.

2-Day Residential Leadership Program Organized by Akshara: Akshara organized a 2-day residential leadership program on December 13-14, 2024, at Yuva Center, Kharghar, focusing on leadership, mental health, and resilience.

On November 18, 2024, 5 NSS Mithibai students attended "Beyond the Bro Code" at RJ College, exploring masculinity and gender roles. Mr. Suraj Pawar led the discussion, encouraging empathy, respect, and equality. Akshara's workshop on "Are we really equal?" was held at Mithibai College on January 15, 2025. The interactive session explored societal inequalities through discussions, videos, and activities, emphasizing the disparities faced by women. Women Development Cell, in collaboration with Akshara Centre, organized the closing event of Y-Talks: 2024-25 on February 8, 2025, at VSIT, Wadala. The event featured creative competitions, debates, interactive stalls, and a cyber security seminar, promoting gender justice and social change.



ANNUAL DAY

The 63rd Annual Day of Mithibai College, held on 27th January 2025 at Mukesh Patel Auditorium, was a breathtaking celebration of the institution's cultural and artistic brilliance. The Fine Arts Exhibition was a spectacle featuring a mesmerizing collection of artwork from the 57th Youth Festival and Mood Indigo winners. The creativity of Mithibai's students left dignitaries and attendees in awe, setting the tone for the grandeur to follow. Five spectacular musical performances showcased the college's musical prowess, each weaving a magical narrative. The blend of Hindustani vocals and Kathak in a soul-stirring live rendition welcomed the audience into the cultural experience. The musical montage brought together Youth Festival medallists, who simultaneously displayed their exceptional skills with vocals on the keyboard and on tabla. Fresh from their Mood Indigo victory, the Acappella team captivated the audience

with their intricate harmonies and dynamic performance. The gold-medal-winning Qawwali team took to the stage, immersing the audience in a devotional joust. As per tradition, the night ended on an electrifying note with the band performance. The drama team delivered a riveting performance of their IPTA-winning play, *Local Parlour*. The compelling storytelling and powerful performances drew minutes-long standing ovation, making it a defining moment of the evening. The dignitaries felicitated the team on stage in recognition of their stellar achievements. The Youth festival-winning monact left the audience thoroughly engaged. Between these musical and theatrical acts, members of the Literary Arts Team captivated the audience with soulful poetry and shayari. The evening was the result of a collaboration between the Cultural Committee and the Student Council, ensuring a seamless experience.



Panel of Dignitaries; 63rd Annual Day



Organizing Team of 63rd Annual Day



Dignitaries browsing the Fine Arts Exhibition



House-Full at the 63rd Annual Day



Admin Team Showcase & Trophy Display



Gold Medal winning Qawwali Performance



Hosts of the 63rd Annual Day



Cultural Overview by Dr. Papiya Deb (Convenor)



54th Mood Indigo winning Fashion Show



54th Mood Indigo winning Acapella



Musical Finale of 63rd Annual Day



Street Dance



Felicitation of IPTA '24 Winners after Performance



Student's Council at 63rd Annual Day



Kathak with Live Classical Vocals



Bollywood Group Dance

Teaching Faculty



Degree College Faculty of Arts



Degree College Faculty of Science

Teaching Faculty



Degree College Faculty of Commerce



Junior College Faculty of Arts

Teaching Faculty



Junior College Faculty of Science



Junior College Faculty of Commerce

Non-Teaching Staff



Admin Staff



Non-Teaching Staff

Superannuation



Dr. Geeta Narayan Iyer
(Department of Microbiology)
Degree College



Dr. Meghna Talpade
(Department of Zoology)
Degree College



Dr. Anjali Patkar
(Department of Commerce)
Vice Principal Commerce-
Degree College



Dr. Selina Shah
(Department of Microbiology)
Degree College



Dr. Swati Rawalgaokar
(Department of Biochemistry)
Degree College



Dr. Anil S. Singh
(Department of Zoology)
Degree College



Ms. Bidisha D. Sarkar
(Department of Economics)
Degree College



Ms. Nilima P. Raval
(Department of Sociology)
Vice Principal Arts
Degree College



Ms. Anita Nair
(Department of Chemistry)
Junior College



Ms. Binda Palekar
(Department of Chemistry)
Supervisor - Junior College



Ms. Deepti Mukherji
(Department of Chemistry)
Supervisor - Junior College



Mr. Ravindra Shelar
Lab Assistant

Superannuation



Mr. Ramchandra T. Joshi Lab Assistant



Mr. Santosh More Lab Assistant



Mr. Anil Jadhav Lab Assistant



Mr. Nitin Bhuptani Lab Assistant



Mr. Nitin Narvekar Lab Assistant



Mr. Pravin Nijap Senior Clerk



Ms. Vrushali U. Raul Senior Clerk



Ms. Nandini Tike Lab Assistant



Mr. Mangesh Pawar Library Attendant



Mrs. Leena Naik Lab Assistant



Mr. Prakash Nadoni Library Attendant



Mr. Pramod Gosavi Lab Assistant

Sad Demise



Mr. Jagdish Makwana Peon

H.S.C. (2023-2024) Result-Analysis

Sr.No.	HSC	ARTS	SCIENCE	COMMERCE
		Total	Total	Total
1	No. of Students Appeared	466	743	1029
2	No. of Students Passed	464	730	1029
3	Passed Percentage	99.57%	98.25%	100.00%
4	Overall Pass Percentage			
5	No. of Students Passed with Distinction (and % to total Pass)	388	201	917
		83.62%	27.53%	89.12%
6	No. of Students Passed in First Class (and % to total Pass)	70	358	101
		15.09%	49.04%	9.82%
7	No. of Students Passed in Second Class (and % to total Pass)	4	168	11
		0.86%	23.01%	1.07%
8	No. of Students Passed in Pass Class (and % to total Pass)	2	3	0
		0.43%	0.41%	0.00%

- 82 students scored 100 marks in Logic
- 2 students scored 100 marks in Mathematics (Commerce)
- 3 students scored 100 marks in Mathematics (Science)
- 1 student scored 100 marks in Information Technology (Commerce)
- 2 students scored 100 marks in Bookkeeping and Accountancy
- 3 students scored 100 marks in French (Arts)

H.S.C. Toppers (2023-2024)



SANGHANI PARINA PARAG
H.S.C. COMMERCE
96.33%



KASMANI WASEEMA JAVED
H.S.C. SCIENCE
96.33%



KADAM VEDANGEE RAKESH
H.S.C. ARTS
95.83%

Best Student Award 2024-25



Gurman Gurshan Singh

T.Y.B.A. (Psychology)

Mayuresh Ravikant Wankhade

M.Sc. (Zoology)



Pearl Bhavin Savla

H.S.C. (Commerce)

Rank Holders 2023 - 24

Undergraduate Programs



C D Dhiya Dayan Shini K S
Bachelor of Arts
(CBCGS)



Salian Khushi Shekhar Ramila
Bachelor of Commerce
(CBCGS)



Chakraborty Ananya Dipankar Anindita
Bachelor of Commerce (Honours)



Apte Tejas Makarand Yogeta
Bachelor of Science
(CBCGS)



Dharawat Shreya Kirit Kanan
Bachelor of Science
Biochemistry (Honours)

Rank Holders 2023 - 24

Undergraduate Programs



Puri Yashika Sandeep Shruti
Bachelor of Science
Biotechnology (CBCGS)



Mukherjee Rishika Somak Rajshree
Bachelor of Science
Computer Science (CBCGS)



Sutaria Kashish Mitesh Himanshi
Bachelor of Science
Applied Statistics & Data Analytics



Raut Abhijeet Sudhir Hetal
Bachelor of Science
Psychology (Honours)



Rana Prisha Sanjay Jagruti
Bachelor of Commerce
Accounting and Finance (CBCGS)

Rank Holders 2023 - 24

Undergraduate Programs



Agrawal Anushka Sumit Sheetal
Bachelor of Commerce
Financial Markets (CBCGS)



Shirodkar Mitali Amit Dipti
Bachelor of Commerce
Financial Markets (CBCGS)



Masalia Diya Jatin Chelana
Bachelor of Commerce
Banking & Insurance (CBCGS)



Lotankar Aabha Nitin Swati
Bachelor of Management Studies
(CBCGS)



Sharma Mitushi Sushant Smita
BA Multimedia and Mass Communication

Rank Holders 2023-24

Postgraduate Programs



Gandhi Riya Ghanshyam Kausha
Master of Arts
English



Gangar Shruti Jayesh Ranjan
Master of Arts
Economics



Shah Bhavika Satish Hema
Master of Arts
Psychology



Honavar Prithvika Vikram Anuprita
Master of Science (By Paper)
Biochemistry



Sehgal Vidhi Vivek Tina
Master of Science (By Paper)
Biotechnology

Rank Holders 2023-24

Postgraduate Programs



Rathod Jay Jayanti Meena
Master of Science (By Paper)
Computer Science



Thosani Pavitra Dharmesh Anjana
Master of Science (By Paper)
Botany



Bhanushali Shreya Bhavesh Rashmi
Master of Science (By Paper)
Microbiology



Lad Shreya Bhupendra Mamta
Master of Science (By Paper)
Physics



Devre Rushikesh Vinod Mangal
Master of Science (By Paper)
Zoology

Rank Holders 2023-24

Postgraduate Programs



Shaikh Nikhatparveen Shamshad Aalam Hayatunnisa
Master of Science (By Paper)
Organic Chemistry



Chotai Ishani Birju Rekha
Master of Science
Mathematics



Sharma Shirisha Krishnakant Anjana
Master of Science
Statistics



Singh Anchal Ajay Vibha
Master of Science
Analytical Chemistry

Subject Toppers 2023-24

Bachelor of Arts



C D Dhiya Dayan Shini K S
Bachelor of Arts
Economics (CBCGS)



Dcosta Areyah Rhayan Rheyaa
Bachelor of Arts
English (CBCGS)



Gaikwad Vedank Nitin Pushpa
Bachelor of Arts
Political Science (CBCGS)



Lehri Batul Hakeem Sakina
Bachelor of Arts
Psychology (CBCGS)



Pawar Samruddhi Sandeep Shubhangi
Bachelor of Arts
Sociology (CBCGS)

Subject Toppers 2023-24

Bachelor of Science



Verat Yukti Naran Varsha
Bachelor of Science
Botany (CBCGS)



Fatema Azeem Wafadar Hussain Tehseen
Bachelor of Science
Chemistry (CBCGS)



Gouda Rahul Ramkrishna Usharani
Bachelor of Science
Microbiology (CBCGS)



Tiwari Sakshi Shesh Vandana
Bachelor of Science
Physics (CBCGS)



Gada Jainam Visanji Bhavana
Bachelor of Science
Statistics (CBCGS)



Hassan Kaavya Shibu Saleena
Bachelor of Science
Zoology (CBCGS)

ENGLISH POEMS

THE PREMIUM LIFE

Anushila Jana
MA English II

earphones on, the volume warning buzzing, playlist shuffles from one to the other, the carefully curated one to daydream to here comes the 10-second ad, okay, not buying this one, shifting to the apps, as scrolling through them reels and internet articles, hounded by seasonal discount ads and sales all around, damn, there's so much I can buy, hmm, a 20-second ad on how ads are an interruption, what a paradox you smile away, your articles are no longer on your screen, on Amazon? What are you doing on Amazon?

no worries, it's the Black Friday sale, Do I buy the things I don't really need yet? but wait, I will eventually need them, right? silly, knowing I won't really know if I'm around then, hmm,

oh, I love this song - so well-made I could cry,

the traffic is so bad, my head hurts, another 30-second ad, wait, wasn't it supposed to be a 30-minute interruption-free music spree? hmm, 30 minutes already, ooh, Zepto cash in my wallet,

need to get those chips now, discounts all around,

Christmas is so awfully early, or is it really?

you should really get the premium, you know - can't even rewind to my favorite part, they could bamboozle my guy Marx, to be honest, will never pay, never getting the ad-free version, I'll skip

it, I'll skip it,

I'll skip it,

until I cannot anymore, oh, what's this? 3 tops for 999, so, so fine, free delivery charge, what a steal! what a steal! another 40-second ad,

awfully long ad for a dating app that will never work, pay 299 for premium features, do they craft better humans for 299?

awfully cheap, 59 for unlimited listening, 199 for movies, except the one you want to watch, that you can always rent - how very convenient, 499 for premium study material, another 199 for storage space, refresh your wardrobe, while something inside steadily rots, here, let me add this to my wishlist, it's so claustrophobic inside, you wouldn't believe how many shopping carts you see, roll them all over the parking lot, no exit, filled and empty, one scroll and you're suddenly short of 3 new things and 2 more subscriptions by the next scroll, you are what you eat? or rather, you are your credit score, two for the price of one, how long before our souls sell out too? Black Friday sale, forget about 9 out of 10 dentists, welcome the 10 out of 10 - all of them trying to sell something, 199 and you live the premium life, the premium life, livin' the premium life, all day, all night long.

THE SECRET BATTLES

Subha Nandula
FYBSC B

The bullet lodged inside my chest
The sharpness punctured my heart the slightest.
With each breath, the pain radiates a little more.
In these moments I felt like I was drowning.
Holding on to the last breath.
I wake up sweating and heaving. Salty drops of water running down my cheek.
Eyes blurry, I splash cold water over my face.
A few strands of hair on my forehead now damp.
I check and see no scar of the bullet, yet the pain is still there.
Why do I still feel like I'm drowning?

POETRY WAS A LITTLE GIRL

Srishti Sharma
SYBAMMC

Poetry was a little girl
She'd hear you whine
She'd hear you shout Your excitement, and sometimes
your doubts
Her patience is like a river
Not perennial, always in motion She'd hear your
thoughts, opinions and notions
And she'd agree.
She'd agree, she's so immature, so young she doesn't
know
Where your words tend to flow
She's sweet, she's kind
She's pretty, she's divine
With you, she laughs
With you, she cries
Metaphors fail to compare her eyes
To moons or stars or heavenly skies But the ocean,
speaks of her presence as she dances at the shore
Her warmth feels like a hot cup of tea freshly poured
After a day so tiring all you need
Is a hug and 12 hours of sleep
And as you wake up she waits for you to pick your
diary or your phone To tell her all the stories that you
know She'd listen to you as she does to me Poetry, a
little girl is she?
Time passed by she followed your actions
All the way through
There's twinkling hope in her eyes
That comforts you too
Sometimes she gets angry
And ignore you for days
To get her attention you try to find a way
Now you get your heart broken
So she'll come to your aid
She's grown up a little
Now she knows how the world behaves
She'll bleed beside you
As you fix your broken heart
You paint with her blood
Now she's become your art And now, now she is not a
little girl anymore
She's become a lady, your partner in crime
You hide in her words,
And she hides in your rhymes.

MY BRAIN IS A KILLER, AND I AM FRIENDS WITH HER

Helee Thaker
SYBA C

My brain is a killer, and I am friends with her, She weaves webs of thoughts, Intricate and obscure.

In the shadows she waits with a sharpened knife,

Cutting through the silence that once held life.

She whispers in tongues only I understand, Tides of doubt crashing, And drowning the sand.

A storm of ideas that leaves no stone whole, She cleaves through my marrow, and devours my soul.

Tangled within me, where hope treads, She weaves her doubts like Poisonous threads.

Yet I clasp her hand with a knowing smile, For I've danced with her a million times.

She paints my world in hues so dark, Yet in that abyss, I find my spark.

Her cruelty forms the art I bleed, In each broken thought, I plant a seed.

A strange comfort, this friendship of ours, She breaks me down, and gift's me stars.

Her cold grip molds my clay anew, In destruction, she births, the truest view.

Her blade may cut, but she's mine to tame, Together, we wander, no guilt, no shame.

For though she kills, she teaches me to see, My brain is a killer, but she sets me free.

THE FORLORN FLAT

Samiyah Mulla
MA English II

Sunday evening,

We arrived at the forlorn flat, Which had passed its prime In three years' time.

It stood beside the workhouse of troubled earners

That had long ago given up. Sofas, pillow covers, and laptop bags Were quietly soaking up the dust.

Spiders had unleashed their intricate webs

On the broken chandelier pieces, While the towering TV shelf stood watching over

The house like a retired sentinel.

The disintegrated paint had fallen to the floor,

Detached from its holder.

“The building has become a mutilated Mansion where spirits have made their abode,”

Said the family cleric.

Soon, the landscape on the wall transformed itself Into a macabre scenery of hurtful memories and broken paint. The building had developed a crack, So we arrived to clean the mess. Cleaning would take an eternity, I thought.

I looked at the sofa where I had taken A three-hour refreshing nap after the tedious flight,

And at the black tiles on which we once played.

Now, it was all covered in dust.

How could I not feel a pang of attachment

To a place I once called home? I asked myself.

Yet, I only hoped for the building to become

Nothing but a mass of rubble,

Vanished from the face of the earth.

THE INTRUDER

Shardul Hatiskar
MA English II

Scarlet wraps the sky at dusk, As I stand tall over the corpses.
Lifeless hands grab my feet,
And I sigh, exhaling blood from my nostrils.
Dark approaches from a corner,
As the sinking sun announces the battle forth. All my cuts and wounds start bleeding slowly,
And all my demons help me soar.
Branded with the crest of The Dark, Night became my realm, and my reality its whispers.
Running through the darkness to see the golden dawn,
Only to be recognised as the intruder.
My blood spent on the soil feeds a forest,
Little red lilies spring out of the corpses,
And a frizzy mist dances amidst the breeze, Speaking of the light in all of its glory.
In this war of the Dark and the Light, I stand on the wrong side of the fence.
Trained to be a remnant of shadows,
Yet I yearn to feel the sun's presence.
In the name of the Dark, I lift my blood stained sword,
Crushing the blooming flowers beneath, I march forward.
The day light floods in like a bloodthirsty warrior,
And I long to take my last breath as the Intruder.
From under the canopy of stars, I dream of the far away lands that bathe in sunlight.
It is perhaps the almighty at play that I always survive,
Leaving me wondering if my prayers still count.
If ever I win this war and get to see the Light, I shall rest my crown and perish as a shadow. I
shall destroy my castle of darkness, And seek, my home, in the light.

BLURRED BOUNDARIES OF MEMORY AND TIME

S. Sowmya
MA English II

I am the four white walls; And the window that overlooks the sea that isn't mine. I am the furniture which has the letters of my birthplace on every inch of its surface.

I am the wears and tears in these threads and dyes; I am the teeth of the dog that taught me true love. I'm the hollers of street vendors, awakening the creaks of iron hinges.

I dream and I dream of freedom, but my consciousness is slowly becoming the agony that reminds me of scars spelt with the letters of my name. Still I am the haven of the women I know
The granules of time they touch turn to gold.

I am the locks in every bathroom door.

I am a mirror I try my best to ignore.

I am the agony in funeral homes.

I am the distance between grief and hope. I am the memory of the universe; And all that has been lost.

Yet, are there green canopies and brown pages;

Granite carvings and the ringing of brass bells.

The warmth of Amma's clasped fingers. Ah, the eternal constancy alongside ceaseless alterations; Thus I rest, assured and aware, of the Earth's relentless revolution.

INVOLVED

Shardul Hatiskar
MA English II

I believe I should apologise, And maybe even spill my tears.

I wish I could be precise, And perhaps even spill my words.

Honestly, my mind is a clean slate, I'm looking for my thoughts, adrift. Emotions don't land on this plain, All I can feel is a paradigm shift.

If it is all about being involved

When nothing is made permanent? I'm sorry I'm not ready to play ball, If we're not connected, just tenants.

If it is all about being a part Of the memories that will surely fade?

I'm sorry I won't walk on your path, For you'll leave me alone at your grave.

I believe I should apologise, And maybe even care if not try.

Pillars of my being have been destroyed,

Shall I stand my ground or begin to cry? I can see more than the stars show, Yet you carried the disguise. You can't possibly lie to the cosmos, By just whispering to the skies.

If it is all about being involved,

When all is destined to change? I'm sorry but too much I've lost, For anything within to remain.

If it is all about being a part, Until the spinning wheel halts?

It is one of the legacies of the past,

To remind us of our wounds and scars.

We continue to live even after we're gone, An end is also a beginning, or so I've been told.

In thoughts and dreams and a few memories,

We shall rest until we find our next abode.

We all return in di

WORDS

Srishti Sharma
SYBAMMC

Autumn's here.

It's humid yet pretty. Leaves are turning yellow and so are the words inside. They're falling one by one, making no sound at all.

My thoughts are the trunk but my words are decaying, leaving no residue behind.

Winter's here.

It's chilly outside.

I put a blanket round my thoughts, but the words are freezing. I want to wrap them too, but seems they wanna die.

Soon I would find them frozen.

They'll break at a single touch. Frostbite maybe? I can't tell.

It's raining outside.

And my mind is flooded with thoughts.

Looks pretty outside but inside is a havoc. My words are drowning one by one, I would take them out once it stops.

But I am afraid they will be dead by then.

Spring's here.

Flowers bloomed happily. The land is dry, dried leaves replaced, but something isn't right. My words are taking their last breath inside.

Summer's here.

I am covered in sweat. Something's burning up, the words inside my head are on fire. Smoke's rising up, suffocating my thoughts.

I am alive, but my words have turned to ashes.

I HAVE A WISH

Jayshree Waghela

MA English I

I Have a Wish

Though the sun sways in my dreams,

And the moon blinks away its brightness,

The whole day passes by me,

Like the year I was born in- No remembrance of it remains, Only the fact that I was there.

The soft touches of the greens caress me,

Pulling me into a reverie,

The kind I had when I was My mother's desire is years old.

That feeling dissects me, into A pondering session of a winter evening.

What if I want to live only in the cold of the night,

A cold that brings me closer to warmth- The warmth my mother must have felt when she was only a day away from becoming a mother.

Can't every feeling be the bittersweet girlhood that your mother gives you?

What molds me

Leaves me in this world

Without an ounce of joy,

But what molds me

Also makes the day and night bearable:

The flowers I pass,

The breeze that brushes me, The fruits, the sky.

What molds me

Is a living passion That wants nothing but art.

Art that unfolds me-

Mother-like art I engage with, Art that connects me to a world that's indifferent yet alive.

I have a wish:

Let my mother become an artist.

WHERE WALLS ARE ALIVE

Mythri Anand
SYBA C

The walls are alive.

They seem to whisper to themselves, Hushed tones, secrets known to none, Words unsaid...unheard of.

The walls, they see everything.

Her weathered hands,

Trembling as they desperately clutch porcelain Buttery notes of cake in the air

Seeped into beige crevices,

A table set for five, yet

Chairs lying empty, plates untouched.

Nights shroud her unsteady whimpers, The soft murmur of the radio humming old jazz,

A lone candle dances, flickering, The walls, they breathe with her, for her, In...

Out...

In....

teacups

Watered down tea, floating leaves and the stained coaster beneath.

Fingers stained with grey,

Trace through frames of memories long past, Cracks in the paint cradling the lines on her skin.

Grinning faces, and laughing eyes, The walls see everything but long has it been since they saw those?

The walls, they hear everything.

Creaking joints and echoing wails, Desperate words whispered to hazy ghosts, please.

Alive, the wall s are alive...

ONE BORN NEW, ONE GENTLY LED

Helee Thaker
SYBA C

By the river's edge, where the flames consume,
The air is thick with life's perfume- Of fleeting breath, of fading form, Of souls adrift in quiet storm.
The pyres crackle, the embers rise, The smoke curls up towards unseen skies.
Here, at the cusp of loss and grace, We glimpse the truth we cannot face.
The cosmos spins its silent thread- One born anew, one gently led.
For what is life but borrowed light, A brief flicker, soon lost to night?
And what is death but light's return, To the source from which all fires burn?
We mourn what was never truly ours, A fleeting dance beneath the stars.
The body falls, the spirit flies,
Yet what we grieve, we don't realize.
It is not lost nor gone away, But folded back into the clay.
The river takes, the river gives, In this great cycle, all things live.
At Manikarnika, where shadows weep, The soul does not vanish, only sleep.
And though we cry, and though we yearn,
The fire teaches us what we must learn; That all returns and nothing dies, it only moves beyond our eyes.

A POET'S MIND

Noopur Samant
Arts FYJC C

A poet's mind is a melting memory,
Every thought,
Burning with an intensity that could barely harm a lover yet turn a town into piles of ashes.
Strings of words,
Flowing beautifully like pearls, Enchanted ones.
They're words you cannot read,
But they help you to read the world,
They're words you cannot keep,
But they lock your heart away,
Deep down in a dingy corner of the library,
Till another poet stumbles upon it, And enchants it with his own charm.
That is until a poet falls in love, And all of the poetries that looked so simple turn into a twisted roads forming a maze in his empty mind.
Oh love,
Sweet illusion of a serene silence, With the capacity of making a poet lose his words,
Fall into an abyss of all the stories he has ever told,
Of all the books he has ever read,
Of all the admirers he has ever enchanted, Of all the poetries that have been written with his blood.
He falls,
Until he is reborn,
Once a poet,
Now a lover,
Ready to turn his muse into a masterpiece!

CHANGE

Tanisha Rane
MA English I

Having lived in Mumbai for most of my life, I miss the old charm that the city possessed. However, those old homes and big wadis no longer exist. Consider this an elegy to the old Bombay charm.

Tall buildings replacing old homes- creating barriers amid nature, people and endearing souls

Change! Change has infected this city

The city that I once called mine... Change has sprawled its legs and made me lose my mind

known faces are now bored of me new faces - is what they yearn to see caged am I with the fragmented pieces of lost times

and the bitter sweet memories in my mind

The koyal doesn't sing no more

The only cries one can hear Are of mourning crows and h eart's fears.

Huge barricades blind me

No longer can I view my beloved sea

The once carefree wind,

Now deranged- seems to be raging wars

Along with its platoon of trees- And the entire city a battlefield - -

A battlefield with corpses of old memories

And ruins of old homes

Change has infested this city And I can't stay the same no more

LOST TREASURE

Prarthana Acharya

Arts SYJC

I find myself in the memories vast, lost in the moments frozen, forever to last.
innocent hearts, pure and true, a time when dreams were born anew.
summer afternoons, spent chasing the sun, playing, and racing, till the day was done.
but like the seasons, time slipped away, and childhood's magic began to fade.
hide and seek, and silly games, now it's just faded photographs in the frames.

THE CITY I GREW UP IN DOESN'T EXIST ANYMORE

Jaiman Gupta

Commerce SYJC C

Eyes once that gave amorous glances
Widen now with hatred more and more
The city I grew up in
Does not exist anymore

The plant sown by me
Is uprooted by the storm
Rays of hope don't dawn anymore
This place feels like home no more

The city I grew up in
Does not exist anymore
Children frolic no longer in the park
Happiness here is found in the dark

MOONLIGHT SONATA

Mokshi Gala
SYBA B

A full blooming lunar
Sings a song on days like these,
Where even the brightest of weather makes me gloomy.
A song so blissful, that it patches up my weary heartstrings, soberly.
It needs no harp or cello,
Only its silvery light is enough to make the song more mellow.
The moon tells a tale, in each of its songs, just like sonata in music.
The world falls silent for me when, the moon gleams brightly in the lonely sky. It sings for the burnout
souls like me, who find it cumbersome, to get through the day.
Just when the song ends, the wisterias fall asleep in my garden, and so, with it ends the 'Luna Sonata'.

I WAS TOLD TO BE CAREFUL

Kiyara Binoy
TYBA English A

After the incident, seen on television, I was told to be careful.
If someone else gets hurt, I was told to be careful.
Even if it's their fault, I was told to be careful.
It's I who was silenced, not him.
I was told to be careful.
After dark shadows crept through Kolkata
streets,
And echoes of Nirbhaya still shatter the nights,
I was told to be careful.
Their cries haunt the alleys, yet freedom stays caged— Why must our footsteps bear the weight of their
sins? Why always me?
Why always she,
When it's he who should be careful? It's he who needs to be mindful, stay indoors—not us. But still, I
was told to be careful.

A POEM FOR YOUR INNER CHILD

Samiyah Mulla
MA English II

The night sky is your endless blackboard, O child.
You can doodle anything.
There is no one to stop you.
Use the moonlight as crayons.
Let your imagination fill the sky
Until it drizzles and Nourishes the dry soil.
You can create your own galaxies and universe. Beware of the skeptics
Who will try to prevent you From holding your moonlight.
But rise above the horizon, And do not let your ground slip away.
The happiest people are the ones Who feel the joy of gold In the sun-kissed sand.

WHEN THE DAYBREAK UNFOLDS

Jaiman Gupta
Commerce SYJC C

Upon the highway bridge,
As the daybreak unfolds, Creatures of the urban jungle Shall arise from a deep slumber.
Sliding from the leaves of the conifer,
Drops of dew descend – A message from Elysium, Precious and diamond-like.
Silent and bare lies the highway bridge, Smokeless and fresh is the air. The Eye of
Heaven shall rise above the ridge,
Enlivening the blue eternal sky.

MAN OR BEAR?

Asavari Khandagale
TYBSc Psychology (Hons)

Not all men – But every woman I know,
Has been followed on empty roads,
Has walked a little faster in the shadows, And cried at home because someone—
touched her and she froze.
Man or bear?
Mom, I'm scared I'm not safe anywhere I go.
Please pick up the call,
Someone's following me home.
Everywhere we go –
Schools or stores,
Temples, police stations, and now hospitals Nowhere is safe.
No one is coming to our rescue.
What was she wearing?
What did she say?
Why didn't she fight harder? Why couldn't she cooperate?
Protests, strikes, candle marches, Trending hashtags, breaking news.
Everyone knows what needs to change,
And in three weeks—
We'll forget this rage.
Protests, strikes, candle marches, Trending hashtags, breaking news.
Everyone knows what needs to change,
And in three weeks— We'll forget this rage.

THE DAY'S EMBRACE

Jayshree Waghela
MA English I

There is a day around the edges of your bed,
At the tip of your toes,
And on the blinking of your eyes; Slowly, it caresses the shrivelled dreams of the
nights. Potent as the smile of a mother
During the odd and old hours; The day stretches over your face.
Now you have become a hope
That places itself in your open arms.
It welcomes itself, Thumps as your heart,
And expands as your soul.

I WANT TO BE YOUR POEM

Rianna Wadiawalla
TYBA English

I want to be your poem
I want to be the reason
You pen a hundred ugly truths
And a thousand pretty lies
I want to be the essence Of the pipe dream
That floats in between
Pages and hearts full of longing
Capture my chaos
In the lulls of your locations
Let the quill
That commands your thoughts
Pry the secrets from my soul
To be seared into that heart of stone
An object of literary desires
The muse that brings back
The wounded sorcerer
To conjure figments Of pure beauty trapped in a shroud of travesty
Only to be hollowed and hallowed
By the strokes of endless ink
Let me be your poem

EMBRACING THE HUE

Dheeraj Pasi
Science FYJC C

Night and day – an endless scroll, Reels of thoughts, a restless soul.
Darkness creeps, and fears unfold, A maze of shadows, young and old.
But then comes love – a radiant beam, Illuminating dreams, a heart's esteem.
Adventure calls, a journey starts, A path unwinding, through life's every part.
The reels of thought – slow their pace, As love and wonder, take their rightful place.
The world awakens, in all its hue, A tapestry rich, of me and you.
In this real world – we find our way, Through love and adventure, night and day.
The scrolls of thought, fade from sight,
As we embrace the beauty of life's light.

TRUTH

Anushila Jana
MA English II

You see it differently now that you know it.
It's like washing the dust away, And as the dust trickles away, you are face to face with it.
You see it for what it is.
You take as it is.
Come as you are.
That one Nirvana song makes sense.
Or does it?
Truth and distortion go hand in hand.
No right and wrong, only the truth they say. What I've built with sticks and stones in my head,
Or what beats right out on my hand,
Bleeding and broken,
Are these lines the truth-the ones I carefully type out,
Peering into the sheet beside me? Or are the lines I strike off, rub them off existence?
The actual truth.
Burn it before it's even born. Invest in the future, while the present remains hopelessly bleak

DARK WINGS FALL

Dheeraj Pasi
Science FYJC C

Dark wings fall, let them descend
Ego's shadow, greed's heavy end
To earth they fall, like autumn's leaves
May humility rise, and love receive

May I be grounded, rooted deep
Committed to the earth, my soul to keep
Promised to love, my heart's desire
Filled with kindness, like a burning fire

May my life be filled with gentle rain
Nourishing growth, soothing all pain
May I walk softly, with feet bare
Connected to the earth, with love to share

May the wings of ego, greed and pride
Fall to earth, and let love be my guide

THOSE WHICH LONG

Subha Nandula
FYBSC B

Those which long
Those innocent eyes,
Just looking for a world,
That doesn't spin those lies, Which wraps you
swirled.

Those tinted lips,
Just looking for an ear,
That doesn't put up zips, Which holds you in fear.

Those rosy cheeks,
Just looking for a shoulder,
That just be a critique,
Which makes you colder.

Those feeble hands,
Just looking for bangles,
That doesn't put commands, Which breaks you in
angles.

Those beautiful faces,
Just looking for a community, That doesn't block you
in spaces,
Which fills you with impotunity.

Those which long,
Just looking for love,
That holds you strong, Which is just enough.

O WANDERER OF THE SKY

Jaiman Gupta
Commerce SYJC C

O Wanderer of the Sky!
Why do you weave a nest so wide?
For my newborns sake,
To a comforting world they shall awake.

O Wanderer of the Sky!
Why do you toil in this unforgiving weather? Collecting food for my
young ones, So they don't have to lift a feather.

O Wanderer of the Sky!
Why do wander about in a world so evil?
To have a place to return at night, To have a place that feels homelike.

O Wanderer of the Sky!
When do thou worry about thyself?
Not my fortune,
I have a whole family to tend to.

CHITRAGUPTA THE HIDDEN AUDIENCE

Aditi Dalal
FYBA B

In the theatre of life, we play our part, Main characters in the story of our heart.
Our joys, our sorrows, and our fears, Each chapter filled with laughter, with tears.
An unknown need for validation, an approving gaze, Record our moments, all our
days. No cameras roll, no spotlight, Yet every move in sight. So live your truth, play
your role, For in his watch, we're whole.
No fame but our own reality show,
Just a hidden audience watching us grow.

HINDI POEMS

जब इन में रोशन होगा सूरज, तो धूप भी आएगी!

Dhara Jain
SYBA B

अरे, वो तो 8 बजे तक भी नहीं उठती!
अरे, देखो कितने छोटे कपड़े पहने हैं!
औरत ही तो नहीं पर औरत भी औरत की सबसे बड़ी दुश्मन हो सकती हैं!
आज उन जैसों की सज़ा नहीं, सब देख कर भी अनदेखा कर देते हैं,
पर दौर तो बदलेगा, दौर की ये पुरानी आदत है,
पर क्या सोच बदल पाएगी?
इस देश में क्या औरत ही औरत का साथ दे पाएगी?
अरे! समय तो बदल रहा है,
अब रंग नहीं सोच बदलो!
क्योंकि,
आज वो बुलंदी पर हैं, कल तुम होगी!
आज उन जैसों की सज़ा नहीं तो कल होगी!
सूरज के इर्द-गिर्द अगर धरती घूमी नहीं,
तो क्या बस रह देखने से ही सुबह होगी??
जो सबके खाने के बाद खाए, वो क्या सबके ताने झेल पाएगी?
ज़माना बड़ा खराब है, ये सब कहते हैं,

पर ज़माना तो हम ही हैं,
गलत अगर ज़माना है, तो गलत तो हम भी हैं,
आवाज़ उठेगी नहीं हर औरत की, तो सिर्फ़ चीख ही तो सुनाई देगी,
अगर औरत ही औरत की आवाज़ बनी नहीं,
जुल्म के साये कभी मिटेंगे नहीं,
एक हो कर जब हाथ थामेंगी,
तभी तो सूरज की धूप आएगी,
तो बताओ फिर, सूरज के इर्द-गिर्द अगर धरती घूमी नहीं,
तो क्या बस रह देखने से ही सुबह हो जाएगी?

रास्ते

Raghvi Agarwal
FYBA

बस्ता भारी हुआ है या खाली जानूँ ना
छूटा कुछ हो नज़र पर आए कहाँ

सामान सम्भाले क्या जो खुद खोया हो?
पास हो दूरियाँ तो दूर जाए कहाँ

पूछूँ किसी को मैंने कितने रास्ते बदले हैं?
जितने खुद से उतने और से पराये कहाँ

पत्थरों से बचे फूलों पे पैर पड़ गए
उनका रंग ये खून हम लगाए कहाँ

गलियों में निशान छपते चलें जाए
आँखों के मंज़र से छुपाए कहाँ

निशान मिटने लगेंगे, हम मिटने लगेंगे
हम कहाँ और हमारे साये कहाँ

मासूम आसूँ बांट दूँ फिर आपस में
अपनी ही दोनों आँखों के सिवाय कहाँ

धुल जाएगा सब देखो अब यहाँ पहुँचे
कहाँ से क्या लेके निकले थे, आए कहाँ

ये कविताएं क्यूं साथ साथ बदले
इन्हें बदलने के अलावा और उपाय कहाँ

हम बनते रहेंगे कुछ और से कुछ और ही
बन गए रास्ते हमने बनाये कहाँ

कभी सोचा?

Ayesha Momin
Science FYJC C

कभी सोचा कि पहली बूंद पड़ते ही,
ये मिट्टी की महक हर दिल में क्या जादू जगाती है?
ये क्यों हर दिल को भाती है?
कभी सोचा...?
सुहानी रात जब माथे पे पूरे चांद की बिंदिया सजाती है..
तो अरमानों भरे दिल क्यों धड़कते हैं?
कभी सोचा..?
कभी सोचा कि जब नन्ही सी बेटी मुस्कुराती है,
पिता को अपनी दिन भर की थकन क्यों भूल जाती है..?
कभी सोचा कि क्यों मां बाप से ज़्यादा,
कई बच्चों को बूढ़ी दादी मां की गोद भाती है..?
बड़े शहरों , नए ऊंचे मकानों में बसे खुशहाल लोगों को,
क्यों अपने गाओं के कच्चे घरों की याद आती है...?
कोई तितली अचानक गाल को छू कर गुज़र जाए,
ज़रा सा रंग चेहरे पर ठहर जाए,
तो लब क्यों मुस्कुराते हैं..?
नदी के तट पे झूला झूलती मासूम आंखों में,
कई रंगों के सपने कैसे और कब जन्म लेते हैं..?
किसी भी अर्थ से और तर्क से आगे भी दुनिया है।
भले बेनाम , पर अनमोल दुनिया है..!
मगर हम ने, कभी सोचा..?

क्या था मैं, क्या हो गया..

Saurabh Yadav
SYBSC Computer Science C

यूँ न था, जो हो गया..
एक उम्र गुज़ारी इन किताबों में,
उन्हीं से मैं बेवफ़ा हो गया..
दिल में एक चिंगारी थी,
उसे भी अंधेरो से वफ़ा हो गया..
दो पल की चाहत में, मैं गुमशुदा हो गया..
परखती है दुनिया जैसे,
एक बेटा माँ से जुदा हो गया..
ज़िम्मेदारियों के तले,
हर ख्वाहिश कुछ ख्वाहिशों से तबाह हो
गया..
क्या था मैं, क्या हो गया....
क्या था मैं, क्या हो गया....

सादगी

Raghvi Agarwal
FYBA

सादगी उनकी है
इस कदर कि उन्हें अपनी सादगी का एहसास नहीं है

साथ चलते हैं
मक़ाम से लौटते वक्त कोई उनके पास नहीं है

अजब से अजीब हैं
रास्तों को भी उनके बगैर चलना रास नहीं है

हाथ चलते हैं
हवा के साथ, दोनों को होश-ओ- हवास नहीं है

समंदर रोता है
वो उसमें आँसू गिराके कहते हैं खास नहीं है

उदासी देखी है
इन आँखों ने आँखों में, ये यूँ ही उदास नहीं है

वक्त

Raghvi Agarwal
FYBA

ये वक्त है क्या ?
जो ये सब कुछ बदलता रहता है।

कहीं से कहीं भी ले आता है
हरदम ही मचलता रहता है।

मैं ठहर जाती हूँ जीने कहीं कुछ
और ये आगे निकलता रहता है।

लोग आते जाते है लहरों की तरह
दिल के समुन्दर मे कोई उतरता रहता है।

कोई डूब जाता है इसमें
और पूरी उम्र ये जलता रहता है।

कहानियाँ बनती जाती है
कोई किस्सा चलता रहता है।

जो अच्छे लगते हैं उन पन्नो को भी
ये वक्त पलटता रहता है।

पर समुन्दर की छन छन सुनती हूँ तो
वक्त भी हसाता और हसता रहता है।

कला की कलम को खुदमें डुबोकर
सागर अपना काम करता रहता है।

देख रही हूँ इसका लिखना
कैसे लफ़्ज़ों से किताब को भरता रहता है।

कभी जब ज़्यादा तर हो जाये कागज़
तो आँखों से पानी उसका टपकता रहता है।

ये वक्त को भी बदल देता है
कुछ कविताएँ जी भर के पढ़ता रहता है।

संतुलित संसार।

Mayank Tiwari
SYJC C

नारी हो तुम,
उठे तुम्हारी ओर जो उंगलियाँ,
भले अंबर हो
घोल कर पी लेना,
तलवार उठा लेना,
हे कल्याणी,
परंतु अबला बन कर
मत जीना।

नारी हो तुम,
बाण रखना कर्कश मे,
हर उठती ध्वनि
पर चला देना,
सम्मान देना,
स्वतंत्रता को अपने,
योधदा सा भेष,
बना लेना।

नारी हो तुम,
शीतल बन कर भी रहना,
क्रोध कायर को,
भाता है,
भाता है
तुम्हे हाँ रूप वो,
प्रेम मे अन्नपूर्णा,
प्रतिशोध मे काली बन जाता है।

नर हो तुम,
पुरुषत्व का अभिमान,
समाज में बखान,
नाम का है,
नाम का है
तेरा वो हमदर्द पन,
जो हर नारी के लिए,
अलग सा हो जाता है।

नर हो तुम,
राक्षस नहीं बनना,
रक्षक बनकर,
दिखाना है
दिखाना है,
वह स्वरूप अपना,
नारी जिसे सहचर समझे,
विश्वास ऐसा कमाना है।

नर हो तुम,
क्यों जूझ रहे हो,
अपनी अविद्या जनित,
वेदना के बीच,
अज्ञानता का कीच,
त्यागो इन्हें,
स्वयं से लड़ो,
फंसे हो भोगों के बीच।

खौफ से आजादी..

Nithya Suresh
TYBA A

सुरक्षा है कहाँ?
रोज़ अखबार पढ़ती हूँ,
तो खौफ़ ही खौफ़ नज़र आता है।
कहीं सामूहिक बलात्कार और हत्या सुनने में
आता है,
पर मुझे मेरी ड्यूटी
घर से बाहर जाने की ओर
ले जाती है।

डॉक्टर हूँ, टीचर हूँ, वकील हूँ,
न जाने मैं क्या-क्या हूँ।
इतने सारे ख़्वाब लेकर चलती हूँ।
बचपन से सीखा था
कि ये देश तरक्की कर रहा है,
पर अब लगता है ये देश मुझे
सच छुपाने पर मजबूर कर रहा है।

क्या पहनूं, क्या उसूल पालूं,
ये सोचते-सोचते मैं तंग आ गई हूँ।
किसी और की नीच सोच के लिए
क्यों मैं अपने जीने का तरीका बदलूं?

हाँ दोस्तों, मैं नाईट ड्यूटी पर जाती हूँ,
पर ट्रेन या रास्ते में अकेले आते समय भी
खुद को पाँच अनजान लोगों से
घिरा हुआ पाती हूँ।

डर लगता है मुझे, हाथ कांपते हैं मेरे,
लगता है मेरे भाई और मर्द दोस्तों को तो
मुझसे भी ज्यादा आज़ादी है।
हमारी सुरक्षा को तो नहीं
कोई समय की भी पाबंदी।

सोचती हूँ, ये देश हर आज़ादी के महत्व पर
मेरे जैसे लाखों लड़कियों के लिए कुछ
करेगा,
पर अफसोस,
ये देश तो हर घटना पर दिए जलाकर,
केवल अन्याय और खामोशी को सजाता
रहेगा।

ये आज़ादी नहीं, सिर्फ सूखे शब्दों का एक
बंधन है।
इस बार जरूरत है एक नई शुरुआत की,
एक सच्चे बदलाव की पुकार।
कि मेरा देश, मेरे जैसे लाखों सपनों को
हकीकत में बदल दे,
जहां हर लड़की सुरक्षित, स्वतंत्र और निश्चित
होकर जी सके।
आज़ादी के मैदान में हम भी
एक नई रोशनी बनकर चमकेंगे।

ENGLISH ARTICLES

ANNA DELVEY: FAKE GERMAN HEIRESS OR MISUNDERSTOOD RUSSIAN IMMIGRANT?

Pallavi Madhavan
Arts SYJC D

Anna Delvey, originally named Anna Sorokin, is a famous con artist who came to New York in 2013 in search of the American dream. This was the beginning of her Summer of Scam, which lasted from 2013 to 2017.

Anna Sorokin was born in the Soviet Union, now Russia, to middle-class parents. She later emigrated to Germany at 16, where she finished her schooling. In 2011, Anna moved to Paris to work as an intern in the French Fashion Magazine 'Purple'. This internship gave Anna a peek into the luxurious business-class lifestyle and she gained contacts with many influential people. In 2013, she moved to New York with the dream of creating an art foundation similar to the SoHo House in London. She wanted to name it the 'Anna Delvey Foundation' or 'ADF'. To quote her vision, she wanted ADF to be a "dynamic visual arts center dedicated to contemporary art." In order to get the money for ADF, Anna faked many of financial documents and forged multiple wire transfers to prove that she had the money to turn her dream into reality. By 2017, Sorokin had committed a fraud of 275,000 dollars.

During her journey of creating ADF, Anna made friends who played a very important role in her life. First was Neff Davis who was the concierge at one of the hotels Sorokin stayed at. Next came Rachel Williams, a writer at Vanity Fair. And lastly, Kacy Duke, her trainer. Everything was going well for Anna until she decided to

take a luxurious trip to Marrakech, Morocco with her friends. Anna decided to stay at one of the most luxurious resorts in the world, La Mamounia while assuring her friends that this was an all-expense-paid trip. But after multiple credit card declines, Sorokin's friend Rachel was forced to put down her card for the payment after Anna promised to repay her. Turns out, Rachel's card was charged for 62,000 dollars which Anna did not repay. In 2017, Sorokin was then arrested as a part of a sting operation, which was assisted by her former friend Rachel Williams. Anna then went on trial, in 2019, and was convicted of attempted grand larceny, larceny in the second degree, and theft of services and was sentenced to prison for four to twelve years.

Four years later, in 2021, Anna was released but was taken into custody by the US Immigration and Customs Enforcement for having overstayed her visa. Currently, Anna is under 24-hour home confinement with no access to social media, in an apartment in New York City. Post Anna's initial arrest, her fame knew no bounds. Her story broke several headlines and one of the most famous articles on her was written by journalist Jessica Pressler for the New York magazine which inspired the Netflix show, 'Inventing Anna'. Now people across the globe know the story of Anna Sorokin, the fake German heiress. While most people support her, there are others who condemn her. What's your take?

HOME?

Samiya Qureshi
TYBAA

A house can be defined in the literal sense as a place of dwelling, a building for habitation. I moved from my hometown, Indore to Mumbai, my parents left my childhood home, and as I visited the new one over the summer break, I felt alienated. One's house symbolises stability and, in a sense, a tradition that generations share. The critical perspective for the same was for the house to be a place that challenges the traditional notions of comfort and familiarity for some. This perspective challenges the orthodox idea and considers a house a place of tension, conflict, and even alienation. It may be seen as a site of hidden anxieties and repressed desires, where the facade of domesticity conceals deeper, unsettling truths. The object of a home is a rather complicated concept to fathom because of its vague definition. Anthropologists highlight how a human house stands out from other houses because of the culture layered on top of the architecture. Humans created the concept of 'home', where they associated values with the place, values that reflected the way the dweller of the house is viewed by society. The difference between the concepts of a house and a home, how they affect both perspectives of the cultural object and how the meaning of the cultural object is shaped.

Dominantly, a house is much more than the four walls or the cardboard box one returns to after a long day of work. It reflects the values of the social and economic structures of the society. The 'social world' idea was introduced during the research, another artificial concept dictated by values, prestige, and a common outlook toward life. Entry into this 'social world' depends on identification with a group subjected to one's social and economic standing, which can be evaluated based on their residence. Even though biased, this practice of 'birds of a feather flock together' is how our society has functioned and decided to function. According to an article by Baumeister and Leary, "In order for our ancestors to reproduce and survive, it was essential that they establish social bonds. Thus, from an evolutionary selection perspective, we now possess internal mechanisms that direct human beings into lasting relationships and social bonds. Our need to be

connected and establish healthy bonds is as essential to our emotional and physical well-being as food and safety."

The house fulfilling this need makes it easier to find a sense of community as a family, along with the community and part of a larger culture. While one's sense of community is dictated by how others perceive their house, one's own perception of the house is a critical aspect of the dominant perspective of our cultural object, depending on how one experiences a house, with it being a refuge from the fast-paced world or the memories of the conversations with loved ones at the dinner table, or the family pictures on top of the fireplace or even the pencil marks on the doorframe that measure the child's height. People tend to create a sense of identity with the house they live in; these experiences shape the object of a house into the intangible concept of a home. The difference between a house and a home and how the concept of a home constructs a narrative for the cultural object is rather complicated and layered. It can be understood as the house being a dwelling place; however, it obtains a unique character accessible only to the people who made it their home. A house can be made a home through material objects fused with human values. The two words today are used interchangeably. However, the distinction is relatively straightforward:

a house is a building for living, and a home is a house seen not just as a place of living but rather as a place of domestic comfort and family happiness. 'Home' remains highly emotive; people use it to describe words like homeland, homesick and hometown. House is a material object, but home is a relation. The properties that make a house a home are the sentiments, emotions, feelings of security, interpersonal relations, sociality, and relations between different generations. They all have negative and positive aspects that are difficult to portray from the outside. As Relph puts it, 'The basic meaning of place, its essence, does not, therefore, come from locations, nor from the trivial functions that places serve, nor from the community that occupies it, not from superficial and mundane experiences—though

these are common and perhaps necessary aspects of places. The essence of place lies in the largely unselfconscious intentionality that defines places as profound centres of human existence.' The feeling of home and its most profound sense is personal and changes from person to person. For some, a slum is a home, and the people living there are family. At the same time, for some, houses never become homes, even if intended, highlighting the cultural object's critical perspective.

On one hand, a house can dictate the social group one belongs to and creates a sense of community. Sometimes, it also leads to unwanted segregation and, the creation of gated communities and a discriminatory hierarchy. Older houses include separate entrances and exits for the staff, creating a clear distinction between people. The dumbwaiters and hidden hallways were created for servants because the dwellers would not want their guests to see the staff. These are just some exclusionary practices aided by the cultural object. The concept of gated communities, a form of housing estate containing strictly controlled entrances, is often characterised by a closed perimeter of fences; it was introduced as a way of community building but instead creates a hierarchy in the society and excludes specific individuals, creating feelings of alienation in the community. Aside from the discriminatory practices a house influences, it is also associated with unrest, conflict and tension for some. Relating to the concept of a home is conceived of as a kind of relationship between people and their place of habitation; several people have unstable or unsettling memories attached to the house they reside in, contradicting the whole idea of the house being a refuge.

The house, a tangible object, creates these intangible ideas and concepts in society with several connotations and angles, depending on who views it. The abstractness of the object is what limits the two perspectives in exploring the depth of the definition of the cultural object. While claims can be made about the feelings arising from the cultural object, it takes work to have statistics or facts to back these claims. The uniqueness of every individual's experience shapes the concept of the cultural object, and these experiences keep changing and evolving with time and with the change in societal rules. The object is an essential part

of what it means to be human, and its relation to everyday life makes it easy to pass it as a thing that merely exists. To simplify, its meaning is an inevitable action people have developed due to ignorance. These perspectives give way to thinking about the object with situated knowledge and understanding the deep complexities of the relationship one share with one dwelling.

The perspectives discussed above are not pathbreaking ideas but rather perspectives that do not just give an answer and make you question the meaning of the cultural object. They simplified the sentiments and attachments humans tend to have with their homes, sometimes positive or negative. The objective is for people to look beyond what the eye sees; the different perspectives and aspects of tangible and intangible objects shape lives, but is it ever questioned? What lies ahead in the future? 'Should we not think of the problem of home and place, as discussed here, as only a bit of nostalgia or a remnant whispering from the past but finally melting away in this age of postmodernism?' These are all ideas worth looking into, with the added knowledge of the perspectives of what makes a house.

GEN Z HOBBIES: A NEW ERA OF PASSIONS

Soumya Prabhu
SYBCOM C

Gen Z, the generation born between 1997 to 2012 are known for their unique perspectives, values and interests. As digital natives, Gen Zer's have grown up in a world shaped by technology, social media and global connectivity. This has had a profound impact on their hobbies and pastimes, shaping a new era of passions.

What makes them unique?

There are several things that make Gen Z unique. Apart from being digital natives, they are also known for their entrepreneurial spirit, valuing creativity, self-expression and work-life balance. They are more likely to prioritize experiences over possessions and are driven by a desire for purpose and meaning in their lives.

Misconceptions about Gen Z.

The most common misconception about Gen Z is that they are solely focused on technology and social media. While it's true that technology plays an important role in their lives, they are just as likely to enjoy traditional hobbies like reading, playing sports and spending time outdoors.

Another misconception about them is that they are lethargic. In reality, this generation is highly motivated and driven, with a strong desire for purpose in their lives. They are more likely to prioritize work-life balance and seek out careers that align with their values.

Here are some of the popular hobbies among this generation:

Gaming: Gen Z has experienced the explosion of the gaming industry, with a wide range of games available on various platforms. From console gaming to mobile gaming and esports. Gaming has become a mainstream hobby for Gen Zer's.

During the pandemic, gaming was a lifeline for many, allowing people to stay connected with friends online. With its diverse genres and engaging gameplay, gaming can be a stimulating mental exercise. That's why gamers enjoy it so much.

Social media: Social media platforms like Instagram, YouTube, Snapchat, etc., have provided a way for Gen Z individuals to express themselves, connect with others, and also be creative and unique.

Creating content online feels natural. It's a way to express ourselves, connect, and build a personal brand. Social media platforms are easily accessible, allowing anyone to share their talents and passions with a global audience. This has made content creation a popular and inclusive hobby for Gen Z.

Content creation: Gen Zer's are increasingly involved in creating their own content, whether it's through vlogging, writing, or producing music. This has led to a surge in DIY content creation and self-expression.

Content creation has become a popular hobby among Gen Z, offering a unique way to express themselves and connect with others. Content creation allows individuals to express their individuality, connect with like-minded people and showcase their talent.

Focus on mindfulness, fitness and well-being: Gen Z is also showing a lot of interest in hobbies that promote well-being. Activities such as yoga, gym and journaling have gained popularity among this generation. These hobbies offer a way to escape the hustle-bustle of digital life and focus on personal growth and self-care.

People feel healthier, more relaxed, and more confident after every workout. You need to be consistent to progress in this aspect.

Reading and learning: Despite the digital age, Gen Z value the power of books and the written word. They enjoy reading for pleasure, learning new things and exploring different perspectives. Books offer a unique way to escape into different worlds, develop empathy, and expand one's knowledge. They have also explored various digital libraries like Kindle, Kobo, Wattpad, etc.

Individuals love reading and are avid readers because every page gives them a new perspective and emotion and helps them escape into the world of imagination.

Online reading apps have made reading easy, as people can carry a whole library inside their pockets.

Entrepreneurship: This is the generation of entrepreneurs, with many starting their own businesses or side hustles. This spirit is fueled by flexibility, the ability to pursue their passions, and the potential for financial independence. With their innovative ideas and entrepreneurial mindset, Gen Z is shaping the future of business and driving economic growth.

Becoming an entrepreneur is not just about making money; it's about creating a life that reflects their

values. Entrepreneurs find it empowering and exhilarating to take control of their future and pursue what they truly love.

This generation has reflected various hobbies that reflect their unique values, interests and experiences. As technology continues to evolve and society changes, it is likely that Gen Z hobbies will continue to make positive changes in living and influence future generations.

THE EVOLUTION OF OPERATING SYSTEMS: A LOOK INTO SKEUOMORPHISM

Dishi Parekh
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Electronic technology has been evolving over the decades since its inception. We've come a long way, from "vintage" telephones and TV boxes, those annoying (but cute) tiny flip phones, to today's high-speed WiFi connection, quick laptops and smartphones. But have you ever stopped to wonder about the software inside these equipment?

This article covers the very same: how our operating systems and user interfaces evolved with changing knowledge, fashion and time. Skeuomorphism, as the Interaction Design Foundation describes it, is a term most often "used in graphical user interface design to describe interface objects that mimic their real-world counterparts." If you don't understand what that means, it's a term used to describe how our older software looked — how everything imitated and copied real objects in real life. For example, the calculator app you see today doesn't look the same as it did 11 years ago. It looks like a real-life calculator, based on the shape of its "buttons".

You might be wondering why skeuomorphism was popular in those days, and why it was developed.

This is because technology had never been used by people before. In those days, people's only digital interactions were mostly through television and radio. As personal computers were becoming more and more popular, people had to learn how to use these new

technologies, and skeuomorphic design's introduction effectively made this easier for the consumers. People were able to understand better what they were seeing on the screen since the interface's elements looked like the objects they had been seeing in the actual world.

Now, to understand skeuomorphism in greater detail, let's take a look at some brand case studies.

Apple

Apple has been-is-famous for its design and product quality, making it a worldwide status symbol. It has been one of the best innovators, not only in terms of its products but also design.

We all know how Apple's user interface looks today — on its phones, laptops, tablets (iPads), and even TVs!

But, do you know how it looked when the company had just started?

Steve Jobs was a fan of skeuomorphism because he thought it made software use for regular people easier. It made things feel familiar and approachable. One example of this is the original Mac operating system, which had icons that looked like real folders, disks, and trash cans. Even the calculator app on the Mac had a design that resembled a physical calculator, and Steve Jobs had personally worked on it.

Notice how they all look completely different from how they did before? These versions are from the time your parents must have first touched a computer. These are very old designs, and they're all skeuomorphic.

This is because, if you notice, everything that is interactive — the dock, the icons, even the window borders — resemble real life. The Safari icon resembles a real compass, the Photos icon resembles actual scattered photos. Even the Photo Booth icon has a picture of a somewhat-real photo booth, along with a printed photo film.

Another example: iOS 6's notes app. One can see that Apple tried — and succeeded — in creating a look that let people know that it's a notepad app, the same kind that they would use in real life. The handwriting, the paper lines, and even the crease near the top in its icon (the remains of torn paper)— they're all examples of the lost art of skeuomorphism.

The gradients and the shadows help us understand that the elements are interactive, and perform the same function as its real-life counterparts do. This is the power of skeuomorphic design.

Windows

Studying all the versions of the Windows trash icons, one can see how it developed from a pixelated icon to a skeuomorphic (real-life resembling) icon, to the icon we see today in common Windows PCs. This is how Windows applied skeuomorphic design to its interactive operating system elements as well. The trash icons would represent real-life trash cans under your desk, so you'd know that placing any files there meant that they were 'trashed', and that they had gone to become waste.

Another example from Windows displaying the skeuomorphic look is the folder icon.

The folder icons resemble the literal, open folders seen in real life, and the Paint icon is a bucket of different brushes with different colors. Even the notification is a text bubble, referring to the speech bubbles used in comics, to tell users that the computer is 'saying' something to them, mostly used for system notifications (except notifications from the apps).

Skeuomorphism out, minimalism in. After several versions, Windows 8 brought forth a 'tiled' look, representing a sort of dashboard. With Windows 8, Microsoft ceased the skeuomorphic look, if you noticed, they switched to a 'flatter' design.

Why? Because it had been years since people started using technology, and as design and fashion evolved,

trends started indicating that the public was ready for design that was more minimalist and simpler. People had started rejecting skeuomorphic designs and seemed to want to break barriers (of that time) in order to make newer, contemporary designs that were soon to catch on as a trend across all electronic platforms. A less relevant reason was that skeuomorphic design was accompanied by pixelated text on both platforms. If you'll notice in the Windows XP image above, all the text on the screen is immensely pixelated and is seemingly a bit hard to read for many people.

The design also changed due to accessibility concerns — concerns relating to disabilities such as vision impairment, blindness, deafness, etc.

As time passed by, skeuomorphic design phased out, and a flatter and more minimalist design was becoming the new trend. Soon, all of our major tech firms started incorporating it, and this was the result: for easily accessing more files and data in less time.

Apple retained a bit of the skeuomorphic look in its icons, but overall, the evolution of all the elements on the screen was evident. Everything had become much more simpler, and a lot of the gradients and other clutter were cut out.

Windows ditched the major tiles look, but retained some of them as 'Shortcuts' in the 'Start page'. As visible, Windows has also cleared out a lot of its skeuomorphic design, and everything looks flat and simple.

Some common rising design trends were not only minimalism but also the previously missing dark mode. Dark mode was a new feature, exciting much of the public, because it was easier on the eyes in the night's darkness. The design trends, and what's next? If you haven't noticed it yet, all of our major tech firms transitioned from a skeuomorphic design phase, where all the elements on the screen were designed to resemble their real-life counterparts, to a flatter and more minimalist design, wherein all the unnecessary clutter was cleared away in order to portray a simpler look.

After Windows 10 and macOS Catalina, design trends changed again — now rounder and transparent looks were all the craze. Microsoft and Apple picked up on that.

Everything became rounder and more transparent — and they're what you see on your screen today.

The future of design Design has evolved quite significantly, from skeuomorphic design, to flat and minimalist design, to rounder and transparent style sets. Well, what's next?

With our generation, augmented reality, voice-controlled interfaces, and more seamless cross-

platform experiences are getting more popular, and design will change with it. The design will be renewed once again to accommodate the changes in our technology, and who's to say — maybe something unthinkable will dominate our screens once again, just like it did in 2012, 2018, and 2022.

GOT CASH? FROM RAPS TO RICHES

Anushila Jana
MA English II

The pen is mightier than the sword, but paper—paper is above all. It's crazy how we let paper, or rather, let me be specific, 'money,' control not just our day-to-day actions, but inevitably us. You can't put a price on it, it's priceless, but is it? Are you sure there isn't a price on practically EVERYTHING?

My not so sincere apologies if I'm pulling a Karl Marx on you, and I know my poorly written rant does absolutely nothing to change it. But it's funny and sad how we have let a piece (or rather multiple pieces) of paper control us.

The world is a marketing gimmick, and we are just a part of its huge brand deal. Your dreams and aspirations come with a price tag meticulously crafted by these corporate giants, their elaborate schemes designed to make you feel like you're making the biggest profit—but are you really? Want to be an engineer? A doctor? A dancer? A Teacher? Or even a published poet? Here, you can be all of it. But first, give us your money.

Allow me to explain further. I stumbled upon this quote by Bell Hooks on a friend's story today, and it hit home—"Lovelessness". We are in the middle of an excess yet surrounded by this constant lack, you slog and slog to tick that one thing off your wishlist and boom another one gets added to that list, and magically our algorithm picks it all up and the next second all these ads conveniently wait for you to click on them and hit the order button.

Dopamine for the next few moments and off you go with your cycle. With the internet and online promotions, it gets worse. It's not surprising that they would promote anything if there's enough green in exchange.

Not to be bold, but Hitler and his PR would crush it on Instagram. With the right amount of cash and the perfect sprinkle of manipulation, anything can be sold; one commodity after another. Speaking of which, if you think the internet is bad, rappers only worsen it (please don't kill me).

I do not intend to generalize and make a mockery about a community which literally embodies resilience and creativity, transforming struggles into lyrical masterpieces that resonate with audiences worldwide.

It's that tiny section that bugs me - not trying to get on a different tangent here, but if you look closely enough, the "pieces" are quite riddled about money and reducing people to their bodies, calling them slurs. Both these are always strung together often quite casually, or most of the time as a superior flex (upper hand for the boomers), not only equating the women to a "commodity" but reducing them to be one (nothing new for the women here; we have been privileged enough to be amazing commodities since ages now)

To generalize would be ignorant, of course. Yet, the constant equation of women, money, and other notions of brand, designers and symbols of status not only dehumanize an entire section, but it sets a

precedent that success hinges on wealth, and of course, with that comes the ladies, or may I put it in a more civil way—“the b-word”.

We cannot blame the audience who enjoys this music since who would resist music with such catchy beats? life is hard enough. Let them enjoy the music and momentarily set aside the ethics. Especially when the music itself isn't free (yes, Spotify Premium got me too. I'd rather jump than listen to another Bumble ad about a random couple getting together).

From Netflix to Google Drive, the “premium” services are just a transaction away (and don't worry, autopay can take it from there on). Well, consumerism is everywhere; all around you.

The truth is, we are all reduced to commodities. It's only a matter of time until we are completely replaced by AI or humanoids. Trust me, we're halfway there already. You are worth it only if you generate this amount. It's a hit only if it makes these sales, this is your target. This has to be the footfall. Blah, blah, and more blah. Nothing we do is valued on its own anymore, it's all about the monetary value.

Big Brother, in this case, is a silent partner creeping up on us from every side and the scary part is, it doesn't even feel oppressive. Be right back, I got another subscription to pay for...

BOUND BY DUTY: WOMEN AND THEIR STRUGGLES WITH BAD FAITH, FREEDOM, AND SOCIAL CONSTRAINTS

Jayshree Waghela
MA English I

“Eveline,” a short story by James Joyce, follows a young woman torn between staying in her oppressive family home and escaping to a new life with her lover, Frank. Bound by duty, fear, and memories of her late mother, Eveline ultimately chooses the familiarity of her past over the uncertainty of freedom.

In *Life in a Metro*, Shikha, a married woman, feels trapped and neglected in a loveless marriage. She forms a meaningful connection with Akash, a man who offers her warmth and companionship. However, societal norms and her sense of duty to her family stop her from pursuing happiness, leaving her resigned to her unhappy reality.

Trapped by duty and constrained by societal expectations, women from various cultures and across generations frequently find themselves in a silent battle. A battle against forces that dictate their lives. The experiences of both Eveline and Shikha reveal a similar pattern. The roles they are expected to portray of a dutiful daughter and a self-sacrificing wife are presented as inevitable.

These roles are also labelled sacred, leaving little room for individuality or choice. Here we see the same struggles, though shaped by different times and places.

It is all bound by a common thread, that thread is the illusion of destiny as a justification for sacrifice.

At the heart of their turmoil is the concept of bad faith. It is what philosopher Jean-Paul Sartre describes as self-deception born of fear. For Eveline, the opportunity to flee her oppressive Irish life in Dublin is real and palpable. There exists a new life for her. It is far from her overbearing father and stifling obligations. Shikha as well is on the brink of a new chapter. She finds comfort in a bond that could rekindle love and joy in her life. However both women refrain. Eveline convinces herself that leaving would betray her mother's wishes. Shikha tells herself that the role of a wife and mother must precede her own happiness.

This is not mere hesitation, rather a kind of self-imprisonment. By gripping onto their seen responsibilities, they guard themselves from the frightening possibility of freedom. It's more convenient to trust that their paths are set than that they have no option. Bad faith is not just about fear. It is about persuasion that fear is destiny.

But what does destiny signify in their tales? Is it indeed a higher power, or is it a cage? A construct by societal expectations. Eveline lives in Dublin at the start of the 20th century. She perceives her life to be one of duty and sacrifice. This outlook is a script handed down by family and religion. Shikha is in India's modern chaos. She sees suffering as integral to the role of a good woman. Both women internalize that their happiness can never come first, prioritizing their "responsibilities" over their joy. This belief shapes their choices or rather, their inability to choose. In these cases destiny serves as a lie that conveniently covers up societal norms. It demands self-sacrifice from women. From a young age they are taught to put others first. To see their pain as honorable and their endurance as virtuous. The trembling of Eveline at the docks is symbolic of her fear.

She clings to the iron railing, unable to step onto the ship with her lover. Shikha's quiet withdrawal from love also symbolizes deeply ingrained norms. Eveline holds onto the familiar and Shikha cannot escape societal judgment.

These stories do not sit in a vacuum. They bear relevance today. Eveline lived in Dublin defined by rigid morality. Shikha lived in an apparently modern India, still steeped in patriarchal ideas.

Women are still celebrated for enduring hardship and criticised for seeking personal fulfilment. For instance, divorce still carries stigma. The burden of preserving family honor often falls disproportionately on women. These stories prompt us to ask hard questions. Why do

we romanticize sacrifice? Why do we silence the pursuit of happiness? A woman's life is often defined by what she gives. Not what she seeks for herself.

The struggles of Eveline and Shikha may be fictional. However, their stories reflect the lives of countless women today. A young professional is trapped in a career she never wanted. A wife who stays in an abusive marriage, leaving is not an option. These realities persist and are tied together. They are bound by forces of bad faith and social norms.

There is also the myth of destiny. There is hope. Conversations about mental health and gender equality are increasing and there is a growing recognition of women's autonomy. These factors are reshaping narratives. Eveline and Shikha's stories are poignant reminders of what we risk if constraints persist.

The stories challenge us. They challenge us to break free from the web of expectations. It is crucial to create spaces where women can choose their paths freely, without fear or guilt. They remind us of quiet resilience and unspoken struggles.

However, their stories ignite a larger discussion about sacrifice. Their stories also talk about the courage needed to break free. Equating endurance with virtue is a problem. That is a problem that continues to tether women's lives to duty and fear. They remain trapped. Trapped against iron railings of their own making. They are definitely not free.

THE TIMELESS EPIC OF RAMCHARITMANAS: A JOURNEY THROUGH HISTORY, ORIGIN, LEGENDS AND LITERARY STYLE

Jayshree Waghela
MA English I

“There can be no happiness for a being nor can its mind know any peace even in a dream so long as it does not relinquish desire, which is an abode of sorrow.” – Tulsidas.

One of the most revered and well-known texts in devotion and literature is the Ramcharitmanas. This epic poem was composed in the 16th century by the Bhakti poet Tulsidas, a devotee of Lord Rama. Although not a direct retelling of the ancient

Ramayana, the Ramcharitmanas is a reworking of the Rama story that speaks poetically to the common people— because of which, it is most frequently and widely recited in Hindu culture. Tulsidas's poem is a true classic. Its creation, legends, and rich literary style make it an unmatched jewel in world literature.

History and Origin

In 1574 CE, when India was affected by His bold decision to write in Awadhi, the common tongue of the region, was nothing short of transformative; it reached the much larger populace that inhabited the countryside. By contrast, the far more elite language of Sanskrit kept texts inaccessible to the common person. With the use of the Awadhi language in the late 16th century, Tulsidas had suffused the Ramayana with much more profundity.

It is widely believed that Tulsidas began writing the Ramcharitmanas on the holy occasion of Ram Navami, the day when Lord Rama was born. This auspicious moment took place in Ayodhya, a city that was not only the setting for a major portion of the narrative but also the birthplace of Rama himself. Tulsidas is thought to have undertaken the actual task of writing the epic in Varanasi, with some portions written in his locale of Chitrakoot. Indeed, the poetcum-saint of the 16th century wrote his remarkable text across significant Hindu pilgrimage places associated with the divine figure he venerated.

Tulsidas did not waver in the performance of his task. Even scholars of Varanasi rejected his work as unfit since it was written in the Awadhi vernacular language.

But it served, at least, his resolve of democratising the concept of sacred knowledge, and Ramcharitmanas became widely embraced as an authority on Hindu faith and wisdom.

Legends Surrounding its Creation

The writing of *Ramcharitmanas* is timed with many dramatic stories which serves to enhance the religious feel. Tulsidas had dedicated the inspiration for this great work to the hymn of Lord Shiva, wherein Lord Shiva described the story of Rama to Parvati. According to belief, Tulsidas got this divine knowledge in his childhood from his guru, Narharidas. Traditions have it that Tulsidas, being a visionary, saw the scenes of the Treta Yuga and therefore narrates the life of Rama as a reality.

When the *Ramcharitmanas* was presented to the scholars of Varanasi, it was kept in the innermost part of the Vishwanath Temple. According to the legend, Lord Shiva himself endorsed the work, a celestial approval that silenced its detractors and affirmed its divine origin.

Ramcharitmanas has been placed on a higher level, where it is not only a literary creation but also a divine revelation.

Writing Style and Structure

The nature of Ramcharitmanas is poetic but its instruction and translation are specifically clear and effortless, incorporating concepts of philosophy, devotion and literature. The Awadhi dialect broke the barrier to spirituality, allowing the common man to read the divine story of Lord Rama.

There are moments in the Ramcharitmanas of Tulsidas when he uses the Chaupai metre, with dohas combined to make it naturally rhythmic and meditative. Each canto, or Kānd, contains an invocation to the God Rama, who thus prescribes the subject matter of the following tale. The seven Kānds resemble the structure of the Valmiki Ramayana, but Ramcharitmanas is much more different in its tenor

and presentation. While the formerly introduced Valmiki Ramayana is a plain narration of the events of Rama's life, *Ramcharitmanas* is full of Bhakti (devotion). It underlines Rama as the god extraordinary being compliant with virtue and godly love. The text is of the Saguna form of the Bhakti Movement, portraying God with attributes and a form, making the divine relatable to human emotions and experiences. Finally, each Kānd is concluded with a moral in the form of a verse from Sanskrit. By associating it with this literary device, it is mediated with classical tradition, thereby lending it spiritual and intellectual credibility. For instance, the writer left out some moving episodes in the Uttar Kānd, such as Sita's banishment, which might have been to show that Sita is regarded as the universal mother. Rather, Tulsidas decided to leave the epic in a relatively jubilant tone, as an indication of his understanding of the emotions of his readers.

Cultural and Spiritual Impact

The epic brought a complete change to the way in which devotion practices were conducted in India.

Hindu religious festivals: Ramlila, the dramatic representation of Ram's life, is based on this epic. *Ramcharitmanas* translated emotions and concepts of divinity into a language that was comprehensible to all people regardless of their status in society, thus assimilating the classes they cited. In May 2024, manuscripts of *Ramcharitmanas* received the Asia-Pacific Regional place in UNESCO's Memory of the World, thus bolstering the text's multicultural appeal. This acclaim did not only celebrate the supreme intellectuality of Tulsidas but also stayed on the entire importance of the *Ramcharitmanas* in unison of other kinds of cultures and terrains.

Hence, apart from being an affecting rendition of the mythical text of Ramayana, *Ramcharitmanas* is an ocean of Bhakti, knowledge and the accumulated sociocultural ethos of the society of that age. Tulsidas indeed had embraced the art of spirituality, in a language and idiom comprehensible to all in unyielding depth. Its traditional stories, pleasant music, and religious significance entertain millions even today, thereby making it a shining example of historical Indian glory.

COLOUR PSYCHOLOGY

Mahek Gala
FYBA

“Have you ever wondered why the colour red makes you feel energized, while the colour blue calms your mind?” Welcome to the fascinating world of colour psychology where colours have an impact on our emotions, feelings, perceptions as well as behaviours.

So what exactly is colour psychology? Colour psychology is all about the emotional and psychological effects colours have on us. In simple terms, it's the study of how different colours influence our feelings and behaviour.

Each colour—whether its a soft pastel or a bold primary hue—can trigger a unique response in our minds, shaping our mood, influencing our decisions, and even guiding our actions without us realizing it.

Colour psychology is all about how colours are tied to our emotions and actions. It shows how the hues around us can influence our mood and even play a role in our overall well-being. Sometimes called colour theory, this field of study explores the powerful impact different colours can have on our feelings and behaviour, revealing the subtle ways they shape how we think and react.

It is proven that if you walk into a room or open a webpage, your brain will process the colours before any words or shapes. Thus, the study of colours is extremely crucial in psychology.

The history of colour psychology can be traced back to the ancient civilization, where colours were often linked to symbolism and meaning. In ancient Egypt, for

example- colours were believed to have spiritual significance representing each emotion. In the 18th and 19th centuries, the exploration of how the human mood is affected by colours, was conducted. The early 20th century led to increased research in colour perception and its influence on emotions and actions.

The psychology of how humans perceive colours explores how colours influence our emotions, feelings and thoughts. The physical perception of colour is based on how light penetrates through our eyes, but the psychological impact of colour goes beyond just what we see.

Colours can evoke a sense of feelings- such as blue calms us and red energizes us. This effect is deeply rooted in one's personal experiences, cultural factors and their biological instincts. For instance- bright colours may increase alertness, while softer tones may promote relaxation.

Your personal connection to colours also affects you. For example, if you love your grandparents and the inside of their house was painted orange throughout your childhood, you may have a pleasant personal association with the colour.

THE PSYCHOLOGICAL IMPACT OF COLOURS

The psychological impact of colours refers to the way different colours can influence our emotions, moods, and behaviours. Colours affect how we feel and can even influence our decisions and actions, often in ways we don't consciously recognize.

Some examples are stated below:-

1. Warm colours tend to evoke energy, excitement, and warmth. But it can also turn into anxiety or aggression if overused. For example- colours like red, orange and yellow.
2. Cool colours are calming and relaxing. They often promote peace and tranquillity. For example- colours like blue, green and purple.
3. Neutral colours are often used to create balance and calm. For example- colours like grey, beige and white.
4. Bright colours can energize and attract attention. But it may also cause overstimulation if used in excess. For example- colours like bright yellow or red.

5. Muted colours are often more soothing and subtle, creating a calm and relaxed atmosphere.

CAN COLOUR TRULY IMPACT YOUR MENTAL HEALTH?

The colour theory suggests that colours can help alleviate emotional issues. Also referred to as chromotherapy or colour healing, this concept proposes that certain colours and their frequencies can influence your emotions and behaviour both physically and psychologically.

For instance, someone feeling stressed or angry might use the colour blue to calm themselves and reduce their heart rate, while someone experiencing depression might focus on reds and yellows to boost their energy levels.

Colour psychology can be effective through simple exposure, such as surrounding yourself with orange to feel more energized. In therapeutic settings, professionals may use projectors or special light bulbs to focus on specific colour wavelengths.

Obtaining knowledge about colour psychology is essential. Why? Studying colour theory is important because it helps us understand how colours influence our emotions, behaviours, and perceptions. By knowing how different colours impact mood and decision-making, we can use them effectively in design, marketing, art, and therapy to create desired effects. Whether it's enhancing creativity, promoting calmness, or improving focus, colour theory allows us to make informed choices about how to shape our environments for better emotional and psychological outcomes.

COLOURS AND THEIR IMPACT ON MOOD

RED: Red is one of the most intense, stimulating colours that raises a room's energy instantly. It's a warm and generally positive colour that motivates and encourages others to act and gives one confidence.

YELLOW: Yellow is also an intense and motivating colour that triggers feelings of happiness. It tends to bring out your creativity and optimism. It is one of the most hopeful colours because it is associated with sunlight.

PINK: Pink is associated with kindness and love. It is believed to improve creativity and affection. It soothes feelings of anger.

GREEN: Green can improve your mindset in case of feeling sad and hopeless. This is because it is associated with nature. It stimulates hope, wisdom and strength.

BLUE: Blue is the most soothing colour. It is often used in therapeutic settings for meditation and relaxation. It triggers feelings of sadness and loneliness. It indicates the water.

PURPLE: Purple is similar to blue as it makes you feel calm and relaxed too. It makes you feel more sensible and compassionate.

WHITE: White is a light and neutral colour associated with purity and innocence. However, too much white can make one feel lonely.

BLACK: Black is commonly associated with evil, darkness and death. But in small sections, black can look luxurious and powerful.

APPLICATION OF COLOUR PSYCHOLOGY

1. **Marketing and branding:** Marketing and branding often rely on colours to tap into our emotions and influence our perceptions. For instance, the colour red is frequently chosen to create a sense of urgency, such as during sales or clearance events, prompting quick action from customers.
2. **Interior designing:** The colours we choose for interior spaces have a big impact on both how we feel and how the space works. Warm colours like red and yellow can bring energy to a room, making them perfect for areas where people gather. Architects carefully select colours to shape how a space feels and looks, ensuring it matches the mood and purpose of the room or building.
3. **Fashion and personal style:** The colours we wear have a powerful impact not just on how others see us, but also on how we feel. Bright, bold colours often project confidence and energy, while softer shades can give off a more calm and approachable vibe. Fashion choices are also influenced by colour psychology, as people tend to pick colours that reflect their mood or the image they want to portray.
4. **Web design and media:** The colours used on websites and in media design play a key role in how users interact with and experience the site. Bright colours can grab attention and encourage people to take action, while softer tones create a sense of

calm and trust. Web designers carefully consider colour psychology to make websites easier to navigate, more accessible, and to guide users toward specific actions, like clicking or making a purchase.

5. **Symbolism in colour of art:** In art, colours are not just chosen for their beauty, but to express deeper meanings and emotions. Artists have long used colours symbolically—red can stand for passion or danger, blue often represents calmness or sadness, and black is associated with mystery or mourning. Recognizing these colour associations helps us better understand and appreciate the layers of meaning in a piece of art.
6. **Colour theory for clothing:** More and more people are turning to color theory to pick clothing that matches their personal style and flatters their appearance. Instead of just following trends, they're seeking guidance on which colors work best with their skin tone, eyes, and hair to feel more confident and look their best in what they wear.

BENEFITS OF COLOUR

PSYCHOLOGY

1. **Better emotional well-being:** Colours have the power to lift our mood, reduce stress, and support mental health. For example, calming shades of blue and green help us relax, while warm tones like yellow and orange can boost our energy and happiness.
2. **Clearer communication:** Understanding how colours impact us helps make visual communication more effective, especially in marketing, design, and branding, where the right colour choices can help convey messages more clearly.
3. **Increased productivity and focus:** The right colours in a workspace can make a big difference in how well we focus and work. For instance, blue helps with concentration, and green is known to reduce eye strain during long tasks.
4. **Stronger brand recognition:** Colours are crucial in branding and can influence how people feel about a brand. For example, red is often used in fast-food logos to create excitement and grab attention, helping the brand stand out.

5. **Better interiors:** Colour psychology plays a big role in interior design, helping to create spaces that feel just right. Soft, calming colours in bedrooms can improve sleep, while lively, bright tones in social areas can encourage interaction and energy.
6. **Improved learning and retention:** Colours can make learning materials more engaging and memorable. Bright and contrasting colours highlight key information, making it easier to focus and retain what's being taught.
7. **More customer engagement:** Businesses use colour psychology to attract and keep customers. Certain colours can trigger emotions or actions, like how red creates a sense of urgency during sales and promotions.
8. **Support for therapy and healing:** Colour therapy uses colours to address physical and emotional issues. For example, green promotes balance and healing, while blue is often used to help with relaxation.
9. **Better personal expression:** Colour psychology allows us to express our mood and personality through what we wear or how we decorate our homes. The colours we choose can reflect who we are and how we're feeling.
10. **Regulated appetite and energy:** Colours can affect our appetite and energy levels. Warm colours like red and yellow tend to make us feel hungrier, while cooler tones, like blue, can reduce our appetite.
11. **Better stress and anger management:** The right colours in your environment can help with stress and anger. Calming shades like blue and green are particularly effective in promoting relaxation and emotional balance.
12. **Improved sleep:** Using calming colours in your bedroom can help improve the quality of your sleep. Soft hues like light blue or lavender can create a relaxing atmosphere. Exposure to bright and warm colours, like yellow and orange, can help lift the mood and reduce symptoms of seasonal affective disorder, especially during the darker months.

CRITICISMS AND LIMITATIONS OF

COLOUR PSYCHOLOGY

1. **Personal experiences:** Personal experiences, cultural backgrounds, and even biology can shape how we react to a certain colour. For example, while someone might feel calm in a blue room, another person might find it cold or depressing.
2. **Lack of large-scale research:** Much of the research in colour psychology is based on small studies or observations, and it is hard to say for sure that a particular colour will always trigger the same emotional response.
3. **Universal claims are not possible:** Colours can also have different meanings depending on the context—like the mood of the room or the lighting—which makes it tricky to make universal claims. Such as the design, environment, or the emotional state of the person. It's an oversimplification to think colour alone can shape behaviour or emotional responses without considering the bigger picture.

MYTHS ABOUT COLOUR

PSYCHOLOGY

1. **Red always means danger or anger:** Many people believe that red always represents anger or danger, but that's not the full picture. While it's true that red can trigger feelings of urgency or alertness, it also stands for passion, love, warmth, and energy. In fact, in some cultures, red is seen as a symbol of good luck and prosperity. The meaning of red really depends on the context, the culture, and personal experiences—so it's not always the same for everyone.
2. **Everyone reacts the same way to colours:** There is an assumption that everyone reacts the same way to colours, but that's not the case. Our responses to colours are shaped by our personal experiences, cultural backgrounds, and even biological factors. For instance, while many people find blue calming, others might see it as cold or unwelcoming. Colour affects each of us differently, and its emotional impact can vary from one person to another.

3. Colour psychology is significantly proven in all cases. Colour psychology is still an evolving area of study. While there's some evidence that colours can impact our mood and behaviour, the effects aren't always the same or predictable.

Research hasn't yet proved that certain colours always trigger the same psychological reactions in every situation. A lot of how we respond to colour depends on the context, personal preferences, and cultural influences.

4. Black is only associated with negativity. Black is often associated with negativity, death, or mourning in some cultures. The meaning of black really depends on the situation. In some cases, it can be empowering and authoritative, rather than something negative.

5. Bright colours always make people happy: Bright colours like yellow and orange are often linked to happiness and energy, but that's not true for everyone. While many people feel uplifted by

these colours, others might find them too intense or overwhelming, especially in large quantities. How we feel about bright colours is personal and can be influenced by our mood, cultural background, or individual preferences.

6. Colour therapy is a proven medical treatment. Colour therapy involves using different colours to help promote healing and well-being.

While it's a part of some alternative medicine practices, there's limited scientific evidence to back up its effectiveness as a medical treatment. While certain colours might influence mood or emotions, the idea that colour therapy can cure physical health issues hasn't been sufficiently proven. Many medical professionals see it as a complementary or alternative approach, rather than something widely accepted in mainstream medicine.

Thus, the study and development in the field of colour psychology is evident and growing.

BETWEEN DESPAIR AND DESIRE: NAVIGATING THE CONTRADICTIONS OF LIFE

Jayshree Waghela
MA English I

In the vast tapestry of human experience, few themes resonate as deeply as the interplay between despair and the unrelenting thirst for life. Mary Oliver, in her poem *The Sun*, captures a profound sense of wonder and fulfilment, asking, "Do you think there is anywhere, in any language, a word billowing enough for the pleasure that fills you?" In contrast, Fyodor Dostoevsky's *The Brothers Karamazov* reflects on despair and its potential to challenge even the most fervent desire to live, yet resolutely concludes, "I've asked myself many times whether there is in the world any despair that would overcome this frantic and perhaps unseemly thirst for life in me, and I've come to the conclusion that there isn't."

These two perspectives, though distinct, converge on the paradox of human existence: how the fleeting happiness perfectly exists side by side with pain and sorrow that will come one day. It invites us to confront a critical question: How do we survive the pain of

existence when life? Thus, we look at the lifestyle and the equilibrium to investigate matters of spirit in human beings and issues of dialectics of embracing life.

To be human is to be thirsty; but it is a thirst for the life itself and not for the avoidable things that hold us back even when everything seems to be wrong. This desire manifests in myriad ways: the desire for life sense, to find love, to communicate, to change oneself, and to grow. For some it is as basic and complex as the beauty of the sunset while for others it is an on-going striving to produce, to accomplish, and to make a difference. It is this fervent longing that Mary Oliver meditates on when she writes about the joy, this tremendous, sweet joy, which can inhabit the soul.

This unquenchable thirst has been the interest of various cultures and schools of thought. Existentialism involves parties aspiring to explore ways of living with paradox more effectively including Albert Camus and Viktor Frankl. Thus, Camus' feelings of defiant

opposition to the feeling of meaninglessness seem to correspond to

Dostoevsky's unseemly thirst for life in the world despite the despair. Similarly, other Eastern systems of thoughts and beliefs like Buddhism try to understand the misery that is inherent in life (Dukkha) and how desire fuels it, but at the same time acknowledge the possibility for freedom from it through the process of enlightenment.

Throughout the centuries, people have expressed this desire in many fashions through art, and writing.

The thirst for life is both a blessing and a burden. It can kindle courage and hope which leads people to survive even the worst kind of adversities. However, it can also turn into a pressure to build that has a negative correlation with actual life, where one feels inadequate because life is not as great as they have been indoctrinated to believe. This duality is dramatic when a longing or hunger for something happy and full is met with the bleakness of loss, failure, or suffering. But on the contrary, this thirst, as Dostoevsky proves, stays invulnerable even in the weakest persons — invulnerable and passionate — the proof of that indomitable defiance of the human spirit. It encourages us to find the beauty in the mess, hope where there's none, and meaning where there doesn't appear to be any. Hope is thereby exposed as the negative of the gleam under the human need for existence. In fact it counters our unadulterated desire to survive and exist. Well, at least in the way we know it. Suffering puts life in perspective, albeit forcing us to concede that life is frail while at the same time provoking us to fight for purpose.

Pain, sadness, and the big questions can lead to profound insights about life's great mysteries. When we're in pain, we stop and question our high-speed drive for pleasure. We re-evaluate our lives. Pain forces us to return to the basics, to confront our vulnerabilities and those questions we pushed aside as unanswerable. This isn't just painful work—it also makes many people realize that they want to live more fiercely and learn more deeply.

Life is full of contradictions—moments of joy mixed with anguish, love easily overshadows loss, construction contrasts destruction. These contradictions are not just a nuisance or distraction from true living; they are integral parts of life itself. A

beautiful sunrise is made even more incredible after a long night of fear and darkness; the value of human connection is emphasized precisely by its absence; real gratitude arrives when scarcity departs. Living vividly means embracing both sides —the dark with the light—for it's only in understanding their relative nature that one can really come alive. Learning to live with life's contradictions is a great source of strength. When we embrace the pleasure and the pain of being alive, we build a resilience that helps us endure any storm and appreciate the calm after it has passed.

Embracing this duality is integral to growth. It allows us to be more present in the ephemeral and intense moments of joy and build resilience during times of hardship. In doing so, we can live richer lives.

Surviving the desire for life alongside inevitable despair requires a commitment to living honestly—to experience our emotions fully, without judgment or evasion. When we're sad, it serves us better to accept our sadness than to try ignoring or outrunning it; only then will we create space for joy again. Ultimately, it's important to practice gratitude for moments of happiness while accepting pain as an inherent part of our existence. Mindfulness tools help us deal with life's inherent contradictions. The ability to stay in the present moment lets us notice life's small pleasures even when we're feeling down.

Acceptance is the practice of making peace with life as it is, not as we wish it were, and meditation, writing exercises or even just a little time alone and quiet can get us there.

This intricate interplay between despair and the unyielding thirst for life is a beautiful expression of human life experience, which teaches us that everything is a part of our lives: joy and suffering together, as they have existed throughout history.

Acceptance of the paradoxes of existence, in which light and shadow push against each other, will cultivate an understanding of ourselves and our environment.

Perhaps the greatest lesson lies in this: to live fully is not to avoid suffering but to meet it with the same openness we extend to joy. In doing so, we honor the richness of life itself. As Dostoevsky reminds us, there may be no despair capable of extinguishing the “frantic and unseemly thirst for life” within us, a force that propels us to seek, to grow, and to love, despite it all.

FRENCH ARTICLE

OLYMPE DE GOUGES

Dhwani Phuria

Arts FYJC D

Olympe de Gouges est une héroïne française oubliée. Elle est née le 7 mai, 1748, à Montauban. Olympe s'était appelée Marie Gouze, la fille d' Anne Olympe Mouisset Gouze et Pierre Gouze, mais elle a préféré Olympe de Gouges. Elle s'est battue pour les droits des femmes et l'abolition de l'esclavage. Elle était aussi une actrice et dramaturge, mais Olympe était très active pendant la Révolution française. L'année 1791, elle a écrit la « Déclaration des droits de la Femme et de la Citoyenne ». Ensuite, elle a écrit le Contrat Social, qui proposait que le mariage fonde sur l'égalité des sexes. Olympe était associée à la faction Gironde. Elle critiquait ouvertement Rousseau et Robespierre. Son pamphlet « Les Trois urnes, ou le Salut de la Patrie, par un voyageur aérien » était la cause de son arrestation et puis, sa mort par exécution. Olympe de Gouges était une femme très importante, qui a inspiré les femmes comme Mary Wollstonecraft. Aujourd'hui, elle est honorée un peu; cependant, on doit se souvenir d'elle plus.

ENGLISH PROSE

PARADOX OF ETERNITY

Dheeraj Pasi
Science FYJC C

Professor James stood at the pinnacle of his career, renowned for his groundbreaking work in physics. His life's obsession was time travel, and after years of tireless effort, he had finally succeeded in building a functioning time machine.

The sleek, silver vessel, dubbed "Chrono," stood before him, its controls begging to be tested. James's eyes gleamed with excitement as he contemplated the endless possibilities. He could alter historical events, prevent catastrophes, and reshape the world. James set the coordinates for ancient Greece, intent on witnessing the birth of Western philosophy. As he traveled back, the world around him blurred and reformed. He stood amidst Athenian streets, surrounded by philosophers and statesmen.

However, James didn't just want to observe; he wanted to change the course of history. He sought out a young Socrates, intent on altering the philosopher's fate. With a deep breath, James intervened, dissuading Socrates from serving in the Peloponnesian War. Returning to his own time, James eagerly checked the records. But nothing had changed. The prime timeline remained intact, unaffected by his actions.

Perplexed, James tried again, altering a different event. He prevented the assassination of Archduke Franz Ferdinand, hoping to avoid World War I. Still, the prime timeline remained unchanged.

A colleague, Dr. Rachel, cautioned James: "Changing the past isn't like rewriting a book. Timelines interact, creating unforeseen consequences. We risk catastrophic destabilization." James ignored the warning, convinced his actions would yield the desired results. But with each attempt, the fabric of time grew increasingly fragile.

One fateful day, James pushed too far. He tried to alter the outcome of the Battle of Gettysburg, hoping to end the American Civil War early. The timeline shuddered, and reality began to unravel.

Dr. Rachel appeared beside him, her eyes urgent. "James, stop! You're creating paradoxes. The timeline is collapsing." James frantically tried to repair the damage, but it was too late. The time machine, once a symbol of limitless possibility, now lay in ruins. The world around them began to distort, as if reality itself was unraveling.

In the chaos, James glimpsed alternate timelines, each with their own version of history. He saw a world where the Roman Empire never fell, another where the Industrial Revolution occurred centuries earlier.

As the paradoxes intensified, James realized that changing the past was not a simple matter of cause and effect. The timeline was a complex tapestry, woven from countless threads. Pulling one thread could unravel the entire fabric.

In the end, James was left with a shattered timeline and a broken time machine. He had learned a painful lesson: some secrets were meant to remain beyond human grasp. As the dust settled, James gazed upon the ruins of Chrono. He knew that he had ventured beyond the boundaries of human understanding.

"Time is a river," Dr. Rachel said softly, "and we're just rocks on its banks. We can't change its course, only learn to respect its power." James nodded, his mind reeling with the implications. He had caught a glimpse of eternity, and it was a paradox he would never fully comprehend.

Years later, James's work was reduced to a cautionary tale, a reminder of the dangers of meddling with time. The remnants of Chrono were sealed away, hidden from those who would misuse its power.

Yet, whispers persisted among theorists: what if James's changes had created parallel universes, each with their own version of history? The debate continued, a reminder that time's mysteries remained forever elusive.

IF YOU ASK ME ON SUNDAY, I THINK I'D TAKE A QUITE LIFE

Manya Uchil
Arts SYJC C

I want a house where I'd lie on the living room couch, fall asleep to a boring series in the afternoon. I want a degree in something that will barely make the rent like sociology or history or anthropology, maybe gender studies. I want to have a few thousand more books than I could possibly read and 20 plants in my bedroom that I am just a little bit too much like my mother to keep alive. I want a wooden desk- preferably padlocked in stacks and sheafs of half-crumpled papers full of shitty, practically incoherent poetry about your saltwater hair and your sunburnt arms. I want to read every single book by Kafka over the

summer so I can write him more scathing Goodreads' reviews and my five-year plan is to learn more Kannada than just cuss words, maybe find God in my grandma's childhood home with its salt air and sand-flecked floors. I want barbecues in the backyard and candle-light dinners when the lights go out, and I want to be able to point out all 88 constellations like they reside on the palm of my hands. If you ask me on a Monday, I'll say that I want the money and the fame and the penthouse but on a Sunday I just want a home so I can fall asleep on the living room couch.

LIAR

Khushi Mundhwa
MA English 1

She sat there with the scarlet scarf fluttering around her neck. The oversized shades hid her eyes but the bold dash of red lipstick took hold of the viewers. I was sipping a black coffee at a cafe at Illinois Airport. That's when she walked in with an air of haughty elegance.

The woman was trying hard to mask her worried but frozen look, but the troubled 'v' that her symmetrical eyebrows formed told a different story. I watched her from under my lashes, observing her jerky movements. When the waiter arrived to take her order, she jumped up visibly in her chair, frightened like a little mouse. Although her eyes were concealed, her trembling hands gave her away.

Something about the way she behaved and her suspicious demeanor kept me hooked onto her. The black satin shirt and matching pencil skirt she wore were the masterpieces of Gucci. Her red-backed high-heeled Louboutins were a shiny black which went with the black Versace handbag. Her flawlessly fair skin posed as a complete contrast to her dark choice of attire.

Out of the blue, my phone rang and the screen flashed "Mumma". The suddenness of it all gave rise to prickly goosebumps on my arms.

I heard my mother's raspy voice rise an octave as she said, "Meera, have you boarded the flight yet? Why didn't you call me up? Hadn't I tol--"

"Calm down Mumma, I'm sorry I forgot to call but I haven't yet boarded the flight. I believe it has been delayed by an hour. Please calm down, I'm alright", I responded in a huff trying to soothe her. We shared the same sculpted features. Dark brown hair, light After a quick chat, we hung up. Soon my flight got called and all the passengers queued up. Out of the corner of my eye, I realized that the peculiar woman had disappeared. I shrugged. Inside the huge aircraft, I spotted my seat and stuffed my bag into the luggage cabinet above my head. Within no time, I felt my stomach drop as the aircraft began its journey skyward.

I resumed reading the newspaper which reported the cold-blooded murder of a wealthy businessman. Poor guy was shot thrice in the chest. It must've been quite a while before I felt my sideburn from someone staring my way. I looked up and was surprised to see the same queer woman sitting next to me, digging her glare into my side profile. From up close, I could make out the smooth taut skin on her forehead with perfectly arched eyebrows. A soft enticing voice tumbled out of her small mouth as she introduced herself.

"I'm Samantha McLane", she said. As she smiled, her red lips parted to reveal a beautiful set of pearly white teeth. I smiled back politely while introducing myself. She fought hard against her emotions and tried as she may, but I could still feel her uneasiness and worry. But I preferred impersonal talks.

The flight from Illinois to Chicago was a short one and within half-an-hour I was striding up the wide carpeted corridor to my room in hotel Four Seasons. The room was a luxurious suite with an attached living room and a modern balcony. After a while of unpacking and trying to catch some rest, I heard a soft thud on the door. I was taken aback to see Samantha McLane at my door making me wonder how she knew my room number. Yet, I managed to plaster a smile onto my face.

"We meet again, Ms. McLane. How did you know where to find me?" I asked, trying to sound as casual as possible.

"I saw you check in here. And surprisingly enough I have booked here too. Unfortunately, my room isn't ready yet. So I wondered if you would be kind enough to host me here and give me company until then?"

I hesitated but let her in nevertheless. She seemed relieved and went straight to the vanity to freshen up. My qualms about her rose by the minute. Why did she talk to me so much in such a short time? Why was she trusting me as if we had known each other forever? Her manners seemed fishy as if she was hiding something sinister behind this enigmatic facade.

Consciously, I pushed all the doubts into the deep recess of my mind and after a while Samantha got ready to leave, claiming her room might be ready. Relieved, I plopped down onto the majestic bed and entered the world of fantasies. I was not sure how late it was when I awoke after hearing an annoying whizzing sound. I stumbled to the bathroom where the sound seemed to come from. The bright flick of lights revealed a shiny black clutch sitting quaintly on the steps leading up to the bathtub. It didn't belong to me which meant it belonged to Samantha McLane.

I grabbed it and fished out the stupid phone. But my hand froze as it brushed against a cold metallic thing inside. I took out the hard thing and froze in horror.

I held a Glock 43 in trembling hands. I felt my body slump and convult as I dropped the gun to the ground with a loud clang. Suddenly the news of the murder flashed in front of my eyes and I remembered the murder weapon was the same gun that sat on the cold floor of my bathroom.

In a trice, the room to my suite banged open, and in came a flurry of voices of men. The one who spotted me wore a blue uniform with the letters FBI on his bulletproof vest. I tried to say something unsuccessfully.

"Our killer is here! Murder weapon in hand! Do you copy?"

Someone lifted me off the floor by the shoulder. I felt relieved that help had come, that I could get out of this sticky mess. I picked up the gun to hand it over to the men. It wasn't mine and I needed it out of my sight.

But before I could give away the weapon, I heard a deafening blast. I looked around, feeling utterly confused trying to blink back tears. "You are under arrest. For murder. Put the gun down." The man informed me as if he was trying to help me.

I felt my shirt become damp with some liquid flowing out of me. I touched my torso tentatively, I felt a sickening pain and realized that I had been shot. For murder! I felt my ears ring and the wind whooshed out of me, leaving me incapable of standing upright. I felt my knees buckle from under me and my head swam as my eyes lost focus. I felt my body go numb as I started pummeling towards the floor.

Before I could die, I saw a slender figure standing outside the bathroom. Her scarlet scarf fluttered around her. A dash of colour in the otherwise monochrome scene. Her bold red lips spread in a menacing smirk as she looked me in the eye. Samantha McLane's heeled Louboutins turning away leaving me in this upheaval was the last thing I remembered seeing before my eyes closed of their own accord.

SIDE CHARACTERS

Kavya Vaza Arts
FYJC C

Eight billion people experienced life differently today.

The bashful boy you always meet but never greet said hello to someone. The girl grinning on the bus? She published her first book today.

Somewhere, someone burnt their toast and cursed the universe.

Somewhere, someone gathered the courage and stepped out of the house in months.

It's comforting to know that you're not the only one experiencing the absurdities of life. Or laughing at a joke you'll forget tomorrow. It's somehow chilling too; how all of us have complex lives of our own, filled with plot twists and drama.

Isn't it humbling? To realize how many lives we're just a side character of.

AN OMNISCIENT'S EYE

Anjali Deepak
TYBAA English

I am The Watcher.

Okay, not really. I've just wanted to say that since Marvel's "What if...?" came out. I suppose I am something similar in a way. I am...the wind. I am...the earth. I am...the energy of the universe. I do not know what I am, only that I am.

That all-knowing, all-seeing force that people always speak of, yeah that's me. I am not God, unfortunately for you. I am simply the one seeing it all, forbidden to interfere. I am omniscient, yes. Omnipresent, absolutely. But I am not omnipotent...or maybe I am? I'm not sure- I never really tried, you see. Never saw a reason to.

This paradox is my entire existence. Fun, huh! I certainly enjoy it. It's like being in a movie theatre forever and ever. And humanity does make for interesting plotlines, although the acting can be worked on, I guess.

There is a word that I am simply obsessed with - Lunacy. It is so common, yet so misunderstood. Lunacy does not mean crazy like so many like to believe. No, that explanation is simply the one that hides the truth. The same way the government is lying to you, so is the universe sweetheart.

Lunacy - the state of being a lunatic.

Lunatic - from the Latin word "lunaticus" meaning "of the moon" or "moonstruck". Essentially, the crazies that are said to come out during the full moon.

It's a scientific fact- your emotions are most heightened during a full Moon because of his pull on you.

And here, dear child, is where the true meaning of lunacy comes in.

The Moon is not beautiful, my child, nor is he caring, nor is he a symbol of love. He is only the villain in a hero's garb. The Moon plays you, plays your emotions and your hormones.

Here is the truth about lunacy instead - it is not those who are insane, but those the Moon has chosen to doom.

Now you have the background. Time to start the movie. Another victim of the Moon, fourteen-year-old Richa. I saw her entire life play out.

Happy child, loved by her parents, popular in school, decent at studies. She had the life many would kill for; and have, but that's a different story.

So, Richa. Happy in every way a child can be. Till the Moon sets its smirking eyes on her.

Another full Moon night, I sit by its side and watch as the Moon makes her parents fight, and there it is! Her in the doorway - listening. How cliché. Frankly, I'm bored of this storyline now. Moon needs to get creative.

Her parents are fighting- something about losing the spark in their relationship, I don't know, I zoned out - Get to the good part already, Moon! And then, came the same line This one I haven't gotten bored of yet- "Having Richa was the biggest mistake! It ruined us."

Kablam! Self-esteem shattered! Good job, dad.

Richa, tearing, snuck up to her room, stuffed some clothes and a few packets of chips in a tiny backpack, and left. Right out the front door. Completely unnoticed by her arguing parents.

And she went where every upset 14-year-old in the mood to revel in her unearned overdramatised melancholy goes- the ruins of the mansion.

It was the pride of the town, for some reason, boasted of as a scenic landmark, even though no one other than drunkards and the occasional Richa ever went there. I only ever saw a wreck, but the humans saw something worth revering. You humans really do have an inane ability to find beauty in destruction.

Richa set up camp in a tiny corner of this once majestic mansion, which was now only an abandoned building with no front door and a caved-in roof. Using her bag as a pillow, Richa settled in for the scarce time of night left, her eyes on the horizon, waiting for the Sun to emerge and warm her. A beautiful sunrise would heal her, she was sure.

In any other time of the year she would have been right. With a final smirk, the Moon was pulled away, and the Sun broke the horizon, shedding its shackles, and took control. In the light of day, the Sun kept trying to convince her to go home, bombarding her with her happy memories of her parents.

In case you're wondering, yes he is goody two-shoes bore.

He almost had her too. It was so close. But his time was short, too short in these winter months, thankfully. Just as Richa had packed her bag to go home, the Moon returned, flashing the images of the fight in her mind again. She settled back down as night took over completely, the temperature falling degree by degree as the Moon settled on his throne. Richa layered herself in the clothes she had packed, hoping the multiple layers would help her battle the cold. But oh honey, this is December.

The snow falls over the dead silent night. Not even a bird can be heard as the unforgiving December night takes complete control. And the temperature falls, lower and lower, touches zero and sinks beyond. I keep waiting for her to give up and go home, that's how this plotline usually ends. The cold becomes too much and animosities get snowed under. But not this time.

Moon picked a good target, stubborn and obstinate, and so very vulnerable to his pull. For every thought of going home, he played the fight over in her head, and she succumbed to her stubborn heart. I watched for hours as the indecision paralyzed her, and with every passing second, hypothermia set in.

Here's the funny thing about hypothermia, my child. As your blood itself freezes, slowly, bit by bit, your body loses the ability to regulate temperature, and in its own defence, will not let your brain register the cold. Instead, your body will feel like it's boiling.

I watched in amusement as she shed one layer, then two, down to the flimsy pajamas she had run away in, and settled for the night in her own delirious visions.

I watched on as December won, the cold seeping into every cell of her body, falling, falling, falling. And the Moon beside me, laughing.

Her parents found her at 5am, lying on the floor of the mansion as broken as her heart, her body frozen so rigid they couldn't even give her the peace of closing her eyes. And cue the tears.

Now these kinds of stories, these are the ones that actually keep my everywhere-ness interesting for me. Beauty in destruction, indeed!

THE LECTURE THAT NEVER HAPPENED: A SHORT THRILLER

Samyak J. Gadkari
TYBSC C

I have never been the same after that incident and I think I never will be. I have read about people who suffer through these unexplainable situations, many of them get therapy to help with their memory while others go insane by trying to find an answer. I am neither trying to forget this situation from my mind nor do I want to break my head trying to find a solution, I am simply putting my version out there for people to read and believe that even if we never see them... do not think that we are always alone. Someone's always in control.

This is what happened to me on 10th December.

I am a third-year science student studying Microbiology at Mithibai College. Every Monday I have an 8 o' clock lecture in the morning. On that day however, I arrived about two hours early to sit and complete my homework which was due. I couldn't ask for any more extensions because I was already two days late. The morning was misty, cold winds blew silently, cutting across my cheek as I pulled my hoodie closer and zipped it up. If only I had felt the amount of silence that surrounded the college, I would have been saved. I would have sat downstairs at the admission area near gate 2 but I was in a hurry to get inside a warm classroom and start working on my homework.

So, I scanned my ID, and noticed that the guard was absent. I thought perhaps he had gone somewhere. I rushed towards the elevator and waited. No one was in college yet. The elevator took me to the third floor where I got off. Then I walked towards room 307 where our lectures are held. To my surprise, there was a lecture already happening. It was the lecture which was to be held at eight! I looked at my watch and it was already eight!

For a moment I was dazed, how could it be eight? I took the 5:14 local train and arrived at Vile Parle at 5:30. It was supposed to be 5:45 and still my watch showed me that it was 8:00am. I could see my classmates all sitting inside and paying rapt attention to the professor. I definitely was in hot water, but could not let my attendance go even lower. So, I pushed the door and requested my professor to let me in.

I should have known. I should have figured.

My professor is a fairly tall woman with fair skin and deep black eyes which could pierce through your skull and read your mind and she had a beautiful smile. She looked at me with her eyebrows raised, with a motion of her hand she let me in. I walked inside and sat with my friends, Shruti and Manya. They did not look at me. I pulled out my notebook and pen then looked at the board.

We were studying genetic regulation in bacteria and had just completed Lac operon. I noticed that my professor was still on the same slide which we had started with last time. I flipped through my notes to verify and indeed, this had already been discussed last Monday. However, so as to not attract attention and be asked about my homework, I did not ask why we were repeating the same topic.

But then things started to get weird and they never stopped.

The first thing I noticed were the clothes. The girl, who sat one seat ahead of me, had worn a brown dress with a blacked checkered pattern. And I remembered that I had remarked last Monday how I thought to buy the exact same shirt design but instead of black, a blue one. In fact I was wearing the same blue shirt. Then there was another girl who had worn a bright pink top and I noticed she was wearing that same top again. Was it possible that two people could be wearing the same clothes again? Yes. On the same day twice? Maybe.

I trailed my eyes around to see that everyone was wearing the exact clothes they had worn last Monday. How? Something was not right. Was it a prank which they had all decided on?

I turned to my friend, Shruti and nudged her. She didn't move. I elbowed her again but she only looked straight ahead at the board, her brown eyes blinking periodically.

I felt the hair at the back of my neck rise. Something really was not right.

I looked to my left where another girl sat with a boy. I whispered towards them to pass me the attendance sheet but they didn't listen. The girl only yawned and started to scribble something in her diary.

Then I heard my name, I turned to look at my professor, "Can you tell me what happens to the genes if Lactose is absent?"

I was silent. I remembered her asking me the same question last Monday and I could not answer her. There was a shift in the atmosphere, it was as if the air had stopped flowing, like everyone had stopped breathing and they were waiting for my answer.

I closed my eyes and whacked my brains for an answer and then it came,

"The genes are repressed." I answered

There was a moment of stillness and then the professor continued. It was all weird and it is still. It was like having déjà vu but somehow it wasn't over yet.

I raised my hand and the professor looked at me but she continued to teach. I got up and spoke, "Excuse me ma'am but you have already taught this last class." I said, But still the lecture continued as if I had not interrupted them at all. I was panicking. Was everyone just ignoring me?

"Hey!" I shouted at another girl sitting on the third bench to my left. She didn't turn. I got out of my seat and began walking towards the door when I heard my name again,

"Can you tell me what happens to the gene if Lactose is absent?" "Ma'am I just told you!" I screamed, dread filling in my chest but the stillness was back again. It was like being in a fake room like it was an illusion. I could feel that it was all... plastic?

Everyone stopped again. Thinking this had to be some sort of weird prank. I still answered again, "The genes are repressed."

But nothing changed. I looked around and everyone was still paused. "I gave you the answer!" I said.

The professor repeated the question again. I looked back at my classmates, all of them stoic, as if they were ceramic dolls. I walked up to the girl in the bright pink top and said, "This is a prank, right? Tell me."

No answer, not a single muscle moved in her body. Then the question was repeated again.

Dejected, I walked back to my seat and before I sat down, I looked at the diary the girl was scribbling in and I couldn't believe my eyes, she was writing 'HELP'. No, she was scratching it with her pen till the pages ripped. The question repeated again.

"THE GENES ARE REPRESSED!" I screamed angrily.

And the lecture continued.

In the seat before me was another boy, he was plump with short hair and big bulgy eyes. He was never the type to indulge in these pranks and it was a surprise to me to see him participate in it.

"You guys are sick, you know that?" I whispered, hoping he would crack and everyone would blame him and this would end. I hoped this would end.

the gene if Lactose is absent?"

"Nope. I do not know." I said defiantly, if I didn't play into their game maybe they would lose interest.

The question repeated again and again; and again and again. Then I saw something at the corner of my right, move. Desperate to catch a flaw in this joke I turned and snapped my fingers and yelled, "Gotcha!" But I was wrong,

The movement was by my friend Manya, who had inverted her ball point pen such that its nib pointed straight up and she was looking at it. I stared at her. Then the question repeated and she brought her head at about hands length to the nib. The question repeated and she moved closer. A sick realization set in; this wasn't a game.

"No, no, no." I said and turned back. I watched the professor staring at me and I screamed at her, "Stop it! Stop all of it!" But nothing changed. What in the world was happening?

The question repeated like a mechanical clock ringing the alarm. I quickly answered. The lecture resumed but when I looked at my friend, her head was still four fingers away from the nib of the pen. I started to recognize the pattern. It was looping, all of it. The scribbling of the diary, the slides on the digital board flipping from one, back to another, the yawning, the scratching, the talking everything was happening in a circle. Why was it happening? I do not know but I was

stuck in it and the cycle completed only when I answered the question from my seat. If I didn't answer, I looked at my friend, the consequence I will leave up to your imagination.

But I knew there was a way and it was through that door, I eyed it. If only I could reach and open it then I would be free. Free from the grasp of this terrible psychological torture which was happening to me. So, I got up and ran towards the door.

I grasped the handle when I heard my name and then the question. I turned to look at my friend and, it was as though my mind was bowing to this torture, her face came closer. I closed my eyes, this wasn't real. None of it was. How could such a thing take But I didn't move. I just had to fight through it. Whatever control had taken over my mind must have an off switch; all I had to do was find it. Somewhere in my mind I had to find a rational explanation to this so that it would end. I held my breath; I imagined that I was asleep in my bed and I was calm and that I would wake up drenched in sweat but inevitably okay. I tried to imagine it and then I opened my eyes.

The question repeated. Whatever nightmarish demon or entity, I can only assume, had taken control was now pulling my limbs like a puppet on strings.

I had lost. The control over my mind had won. Whatever it was and whatever it wanted from me, it had gotten it. I think it had gotten eager because I could see the illusion cracking as I sensed the cold winds blow through my hair. I wasn't here. This wasn't real, I was somewhere else, lost in my own mind. Couldn't trust my own eyes.

I walked back or rather it told me to walk back and sit down in my seat. My friend's face was only a centimeter away from the nib. I could see her face, tears streaking down her cheeks. The only free will left to me in this situation was to give the answer and save her. That was the least I could do. Whether she was real or not, I couldn't bear seeing that nib disappear into her skull. So, I gave the answer.

I gave it again and again, and again and again till what felt like an eternity.

I sat there dazed watching only the space between my friend's head and the nib of the pen, mindlessly blurting out the answer. I hadn't noticed that the loop was constricting and now there was no time between each cycle.

"Can you tell me what happens to the gene if Lactose is absent?"

"The gene is repressed."

"Can you tell me what happens to the gene if Lactose is absent?"

I heard a voice coming from the distance. It was a familiar voice but it was tuning in and out of my focus. The control was forbidding me to listen to it but I knew that voice, I knew who it was coming from!

It tried harder to keep me in control by asking me the questions faster but I repeated the answer quicker. All I had to do was shift my focus from hearing the question to hearing the voice and I hoped that they kept calling my name so I could hold on to it like a rope and climb out of this mental hell hole.

It was becoming painful and terrifying as I tried harder to answer and listen to the voice but in one swift motion, I closed my eyes and took a deep breath again and heard my name coming from the door. I could hear it crystal clear this time. The cold wind blew past and I felt warmth rising inside me.

I followed that voice back to reality, it was my friend's voice, it was Manya's voice and then I began to hear multiple voices calling to me and clung to them as I escaped this control. It was all of my classmates calling to me and then I opened my eyes.

I sat crouched at the edge of the window of the third floor about to fall.

After that I only remember my friends grabbing me and pulling me inside. It was finally 8 o' clock. They say I couldn't speak for the rest of the day and the CCTV footage showed no one but me jumping from one bench to the other. The only possible explanation that makes sense is that I walked over to the windowsill for reasons unknown.

THE DAY I TRIED TO BUILD A TIME MACHINE

Mohammed Faiz Patel

Commerce FYBMF J

You may wonder how it all began. It was a quiet Sunday afternoon, I was staring out my window, looking at my work and thinking: what if I went back in time? Or even better, what if I leapt into the future? The prospect was bright. I had seen more than enough scifi movies and thought, how about I build my own time machine?

Without losing a minute, I took out a pen and notebook and started writing down the first thoughts that came to my mind. I had no clear plan but I was motivated, and the possibilities were lost on me. The first challenge was figuring out the design of the machine. I did not want it to be grand or impractical; it should be light enough to carry in a bag. Maybe like a sleek one-button device? Where all it takes is one press, and wham! I would be somewhere else, in a different era. But there was one problem. I had no practical skills, let alone the knowledge to create something that could allow time travel.

I went to the basement where Dad keeps all his tools and old discarded devices. After looking for over an hour in the chaos, I found pieces of wire, some metal parts, and a broken old clock. I thought it was perfect. It was a start. I did not know which way to go exactly, but for the hour, it resembled a time machine's portal.

There seemed to be parts of the specific device I needed to tap into 'The Power of Time.' It was an idea I had never mastered, but I knew it had to work.

I gingerly cracked open the clock, hoping to discover the secret power hidden in its gears and springs. I attached the wires to the system, thinking it would act as a conduit for the mystical energy I imagined. Slowly, a pattern began to form: a mess of metal parts, Long working hours turned into days. The garage became my second home. The tools, materials, and my dream were my only companions. Some elements were strong, while others were weak. I faced many speed bumps, but I kept pushing forward. Over time, the work became less about the machine and more about the process. Even when things didn't work out, each obstacle gave me new ideas and directions to try.

I dug through old scientific literature to see if any theory could guide me. Unfortunately, the pages were filled with complex equations and intricate physics far beyond my comprehension. Even then, I didn't give up. The idea of time travel was so incredible that I refused to let go of the dream.

Then, one evening, after weeks of relentless effort, I finally built a small, flimsy machine made of metal, wire, and clock parts. It was about the size of a toaster, not a fancy futuristic device, but it was something. I had made it in my own way, a time machine. At the top sat a round button, the centerpiece of the device. It wasn't much, but you could almost feel the power behind it, like a machine waiting to leap into different eras.

I sat back and laughed. It was by no means perfect. The clock was still ticking and the lines were a tangled mess. But in my eyes, it was a masterpiece. I had invented it. Lying in bed that night, I couldn't help but feel proud of my creation. Regardless of the outcome, the journey taught me something invaluable: even when you don't know how to do something well, the act of trying opens up new possibilities. Sometimes the process is more important than the result.

I had to name the machine. After all, it wasn't just a box of parts. It was a symbol of my perseverance, perspective and belief that anything is possible. I called it 'ChronoCraft,' a name that captured both the time-travel theme and the spirit of craftsmanship. It reflected how the machine could rotate and how it was built from nothing, all at once. Somehow, the name just felt right.

Someday, I thought, maybe someone, somewhere, would uncover the real science The ChronoCraft wasn't just a key to unlocking the past or future. It was a gateway to something even greater: the power of imagination, the value of persistence, and the belief that the impossible is worth chasing.

And who knows? Maybe next time, I'd come a little closer to making my dream a reality.

GRADUATION

Hoor Patel
MA English II

At the red light, on the opposite side of the street, from the bus window, she sees a new tower under construction. Oh wait, it is not fairly new, rather has been under construction for a while now. Five out of twenty floors have already been completed. In the past months of her travel to and fro between her house and the college, she didn't for once catch sight of the tower. But now that she does, she carefully observes the workers walking around the floors, fixing this and that. From her seat, she watches cement trucks and water tankers crawl in and out of the gates. It is then she notices a living, breathing, and constantly moving object fixated above the gates. A digital timer. It counts backwards, a countdown of sorts. It says three-sixty-eight days until completion. Crazy, she thinks, thinking about all the buildings that are left unfinished, or stalled until the government issues a notice. Lucky, she smiles, how lucky the residents are to truly have a home sooner than the many waiting in the city.

The signal turns green, and the cars and the bus move ahead.

In college, she is the oldest, or so she thinks. The students are all so young. A set of fresh flowers—fragrant, colourful, almost innocent. They talk a lot. A lot about their evening plans, and activities in college that they are a part of, some who might graduate, speak of their career plans.

I think I'll take a year break. Purely to recover from all these years of studying. Then come back again and pursue masters'.

She overhears their conversations and laughs internally. Been there, done that. One year is not enough, the mind says, turning into two; let us look for courses and colleges, the time reminds us, turning into two and a half, but the heart is not sure what it wants, completing three. Then it becomes a must. That is how she ends up here, in this building, Her mind flashes back to the digital clock. Three-sixty-eight days. In a very nightmarish imagination, it seems as if the timer for her life has been set. It is very true; she scratches her nose. Well, not literally, considering there is

another full academic year and two months of the current one to complete. Oddly, this assures her. It calms her. Then why is there a sense of urgency? Like, if she doesn't move this instant, she will start scratching the metal walls of the elevator. Somebody, please open the doors! The heart is now dissolving, coming together, and forming into something inexplicable. Oh god, these doors!

Some more students fill in, it is the fifth floor, and six students enter, will the elevator be able to hold so many?

She crosses her arms, then drops them to the side again.

At home, she is the youngest. The older ones are already married, some even expecting their first child. This makes her not-so-young. Every chore she does is followed by the blessings of a good spouse. Sometimes, the chore is not even done, and the blessings start to pour. It is a good thing. Blessings like these can influence fate. She hopes they do. Please do. Why is it so hard to find a good match these days? She asks, deep down she wishes to never know. She prays for it to never happen. She's seen enough. Knows enough. The reality perhaps cannot be influenced.

However, in class, does she actually know anything? Conversations are happening— current affairs, feminism, identity, and life in general. She feels lagged. Her mind is blank. Topics of discussion come to her head when the day ends. She's stuck there, whereas the rest have moved on.

Have they, really? Because to her it seems, they too are living in the past. How does she come to this conclusion? She does not know. Maybe it's in the conversations she has with them. They ask her what she did all those years before resuming her studies. She fakes a ponder, wondering how much is too much sharing. And how much time shared Her friends work. Good offices, good positions. With them, she is mostly quiet. She listens closely to their complaints about corporate life. She nods like a child in awe of superheroes. They speak of work culture, how it is toxic

towards women, and how they face constant judgement from their superiors who are men. And the work dinner that they hate so much.

'Imagine, they want us to have dinner at a faraway place, stay back for more drinks, and then don't even offer a ride back home, the audacity!'

They turn their heads to her, and she smiles, telling them she's proud of herself to have joined back college. When their heads turn away, her smile falters.

On her way back home, she strains her neck to get a look at the digital timer at the red light. Days have reduced, and the floors doubled. Soon the timer will be in single digits. It is not fair! She is to take the exams next week.

There are times when her classmates talk about the future. She realises they always skip the present. The future talk involves, again, about career plans, life plans, and so on. The heart races again. Why is it beating so fast? Tiny shivers break out on her skin, God! Why is it so cold in here? Her eyes move towards the air conditioner. 'What about you?' They ask. She looks from face to face. 'Marriage.' She answers.

'Why?' The curious gazes wonder.

'Because...'

'Well, she is old, she has to think about it.' They try to reason.

'Yes—'

'But will you have the same independence as now?' A naïve question. She laughs. Goosebumps spread over her bare skin. Independence. Being independent. Is truly anyone independent?

She thinks of the timer, and the children playing in the building premises on a sunny day, again of the single digits flashing in red, and the almost nearing end of the semester. A chapter of her life. Casually closing. Zero resolution.

The bus stops again at the red light. The tower is complete, standing tall in its newly formed glory. Her eyes move to the digital timer. Zero, zero, zero, zero. It blinks, flashing the circles. And a ringing cry breaks out in her ears. Like the beeping of the timer going off. 'Five more minutes,' she whispers. Five more minutes, please, please, please. . . She is reminded of the Sunday mornings when her mother comes to wake her, five more minutes, she says, please.

She looks at the digital timer, hands shaking in her lap. The ringing is constant. She realises her hands will not find their way to the clock in the dark like they do every Sunday morning.

GUJARATI PROSE

પ્રેમની પરિભાષા

Navya Doshi
Science FYJC D

ભવ્યાનો ફોન આવતા જયશ્રીને ખબર પડી કે દીકરીજમાઇ કામ અર્થે દિલ્હી જવાનાં હતાં. દસમા ધોરણમાં ભણતી સૌમ્યા ઘરે રહેવાની હતી, તેથી જયશ્રીએ તેનાં ઘરે રહેવા જવાનું હતું.

જયશ્રીનો દીકરીનાં ઘરે રહેવા જવાનો આ પહેલો પ્રસંગ હતો.

જયશ્રીને વિચાર આવ્યો કે સૌમ્યા સ્કુલે જશે ત્યારે તે એકલી ઘરે શું કરશે?

ભવ્યાનો પાળેલો શ્વાન, એટલે ઇંગ્લિશ કોકર સ્પેનીયલના કુળનો પોપો (paw paw) જે દેખાવમા ખૂબસૂરત હતો, પણ જયશ્રી શ્વાનથી બહુ ડરતી હતી.

ઘરની ઘંટડી વગાડતાં સૌમ્યાએ નાનીને પ્રેમથી આવકારી, અને પોપોએ , પણ જયશ્રીને જોઈને ખુશીથી તેના બે પગ પર ઊભા રહીને આવકાર આપ્યો.

સૌમ્યાએ કહ્યું: , “નાની મમા પોપોને કહીને ગઈ છે કે નાનીને હેરાન ના કરતો, અને પોપો ઓળખે છે કે તમે મમાની મમ્મી છો”.

જયશ્રીએ નિરાંત અનુભવતાં સ્મિત સાથે પોપોના મોઢાને બે હાથની હથેળીમાં સમાવી વહાલ કર્યું. પોપોની નિર્દોષ આખો જયશ્રીને ઘણું બધું કહી ગઈ.

સૌમ્યા પોપોને ખવડાવાનું ધ્યાન રાખતી, અને ડ્રાઇવર ફરવા લઈ જતો હતો.

ઘરની બેલ વાગતાં જયશ્રી સાથે ઊભા રહેવું, બાજુવાળાની પુસી સાથે રમવું, બોલ પકડવા દોડવું, રિસાઈ જતા ટેબલ નીચે સંતાવું, આકાશમાં ઊડતાં પક્ષીને જોવાં, બારી પર ઊભા રહી કબૂતરની ગુટરગુ સાંભળવું આ બધું કરવું પોપોને ગમતું. પોપો જયશ્રીની આગળ-પાછળ ફરીને તેની હરેક ક્રિયાને ધ્યાનથી જોતો ,

અને શાક સમારતી જયશ્રી આગળ દોડીને બટાકા,કોબીપત્તા ખાવા માટે તલસી ઉઠતો ,પણ જયશ્રી આપે ત્યારે ખાતો. પોપોએ શિસ્ત , અને પ્રેમભર્યા વ્યવહારે દિલ જીતી લેતાં જયશ્રીને પોપો ભવ્યાનાં પરિવારનો હિસ્સો લાગ્યો.

જયશ્રીએ જોયું કે પોપો ભવ્યાનાં ફોટાને અશ્રુભીની આંખે , અને ઉદાસ ચહેરાથી જોઈ રહ્યો હતો, કારણકે તેને ભવ્યાની યાદ સતાવતી હતી.

આંખો દ્વારા કહેવાતાં શબ્દો જયશ્રીનાં સમજમાં આવતાં તેનાં હૃદયમાં વાત્સલ્યની સરવાણી સરિતારૂપે વહેવાં લાગી.

વિદાય સમયે સૌમ્યાની જેમ પોપો , પણ કહી રહ્યો: “નાની મત જાઓ”.

જયશ્રી, પણ આંસુસભર આંખે બંનેને વહાલભર્યા વાત્સલ્યથી ભેટી રહી.

દીકરીનાં ઘરનાં સફરની યાદોને માણતી જયશ્રી વિચારી રહી કે પોપોના પ્રેમની પરિભાષા અલ્હૂત હતી, અને અબોલ પ્રાણી,પણ આપણાં વાત્સલ્યનાં હકદાર છે.

અનીલાની ડાયરીનું એક પાનું

Navya Doshi
Science FYJC D

હું અનીલા

મા- બાપ દ્વારા નાનપણથી જ સંભળાતો શબ્દ ચિંતા .બહુ ઉછળકૂદ ના કર , પડી જશે અમને તારી ચિંતા થાય છે. પછી તો ચિંતા શબ્દને મેં, પણ અપનાવી લીધો.

નાનપણમાં મમ્મી સુપાય, પણ ન ભાવતું જમવાનું આપશે, આજે શાળાનું ગૃહકાર્ય નથી કર્યું, ભણવાનાં સમયે મિત્રો સાથે રમતી રહી માટે પપ્પાના મારની, મિત્રો સાથે ઝઘડો થતાં કિટ્ટા તો થઈ ગઈ , પણ હવે કોણ પહેલા બુચ્યા કરશે?, મિત્ર રેખા મારી ખાનગી વાત જાહેર કરી મારી મશ્કરી કરશે, મોળાકાતનો ઉપવાસ બિસ્કીટ ખાયને તોડતાં હવે ભગવાન સજા તો નહીં આપેને ?

આવી તો ઘણી ઘટના ચિંતાનો વિષય બનતા હતાં, પણ આ ચિંતા તો આવન – જાવન, પલભરમાં આ ચિંતા મનમાંથી ભુલાય જતી.

મમ્મીનું જીવન કેવું સુખમય , છે કોઈ ચિંતા? ન ભણવાની કે ન પપ્પાના ગુસ્સાની . લગ્ન કરવાથી ચિંતાનો અંત આવે એવું મારા સમજણમાં હતું.

જેટ વિમાનની ઝડપે દોડતી બાળપણની ગાડી ચૌવનનાં સ્ટેશને આવી ઊભી રહી .આવેલાં ચૌવનને સમજી તે પહેલા તો લગ્ન થતાં હું સાસરે આવી .

સાસરે રહેલાં પરિવારજનો સાથે તાલમેલ સાંધતા થતી ચિંતા . ચિંતા શબ્દનો ખરો અર્થ તો જીવનનાં આ તબ્બકે સમજી પછી તો રોજની ઘટમાળમાં ચિંતાની સતત હાજરી રહેતાં મારું મન સદા અશાંત રહેતું.

બાળકોનું આગમન થતાં ખુશીનાં માહોલમાં જીવનની વસંતને અનુભવી રહી, અને સંસારની જવાબદારી ચિંતા સાથે સહજ રીતે નિભાવતી રહી. હવે હું ખરા અર્થ સાથે માતાનાં જીવનને સમજી .

પતિ અને બાળકો સાથે રહી પરિવારની જવાબદારી નિભાવતાં મારાં જીવનની ગાડીનું અંતિમ સ્ટેશન એટલે મારી પ્રૌઢ અવસ્થા .

તેજ ગતિનાં સંગાથે દોડતી મારી જિંદગી ,ઘડપણમાં મહેમાન થઈ આવતી નાની મોટી બિમારી ,પરિવાર સાથે બનતાં ઘર્ષણનાં બનાવોથી ચિંતાનાં વાદળોથી ઘેરાતાં સળગતી ચિતામાંથી પ્રગટતી જ્વાલાની આંચનો અનુભવ કરતી રહી, અને હું જીવનનાં માર્ગને કાંટામય સમજતી રહી.

ઈશ્વર કૃપાથી મને સંત્સંગનો લાહવો મળ્યો,અને જીવન જીવવાની દિશા જ બદલાઈ ગઈ.

આખરમાં જીવનમાં રહેલ સર્વે સુખદુઃખ કર્મને આધીન જ છે તે જ્ઞાન મળતાં જ સત્કર્મમાં જીવન જોડાતા આજે ચિંતા રૂપી અગ્નિ મનને બાળતો નથી, પણ તેને સહર્ષ સ્વીકારતાં કર્તવ્ય કર્મ કરી મને ફુલોની સેજનો અહેસાસ કરાવે છે.

આ અનુભવે, ગયેલો ભૂતકાળ પાછો આવતો નથી, ભવિષ્યની ખબર નથી,માટે વર્તમાનમાં જ ખુશ રહેવાની કળા મને શીખડાવી .

આજે ચિતા સમાન ચિંતાની અવગણનાં કરતાં હું સદા સુખનો સ્પર્શ કરતી રહી છું.

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AIYANA GONSALVES
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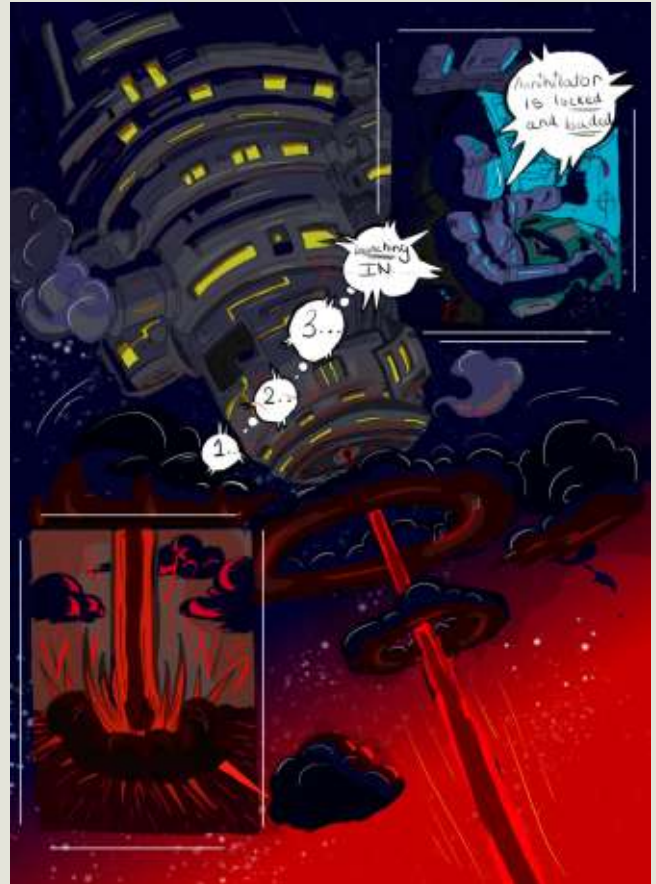
SAMREEN KANG
SYJC Science A



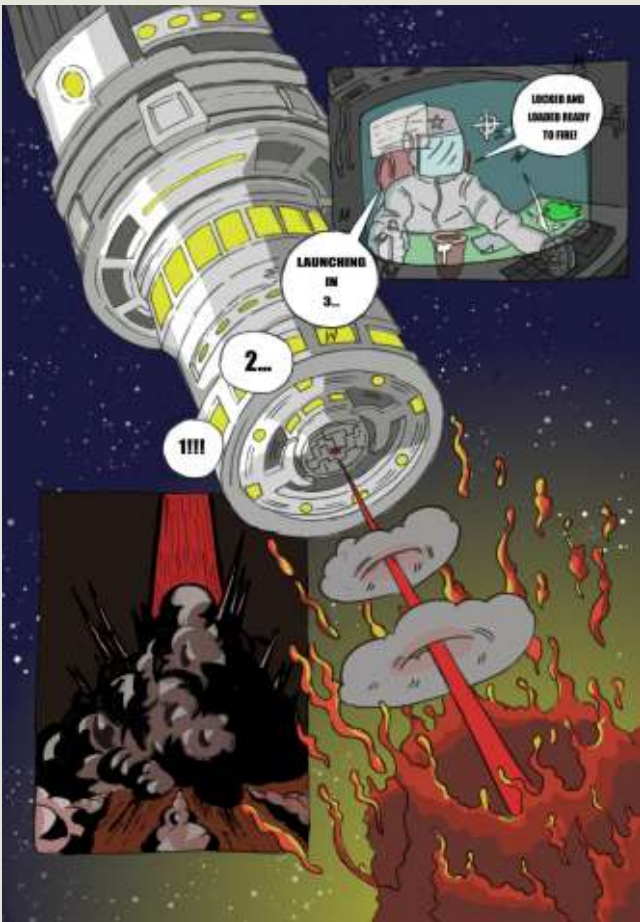
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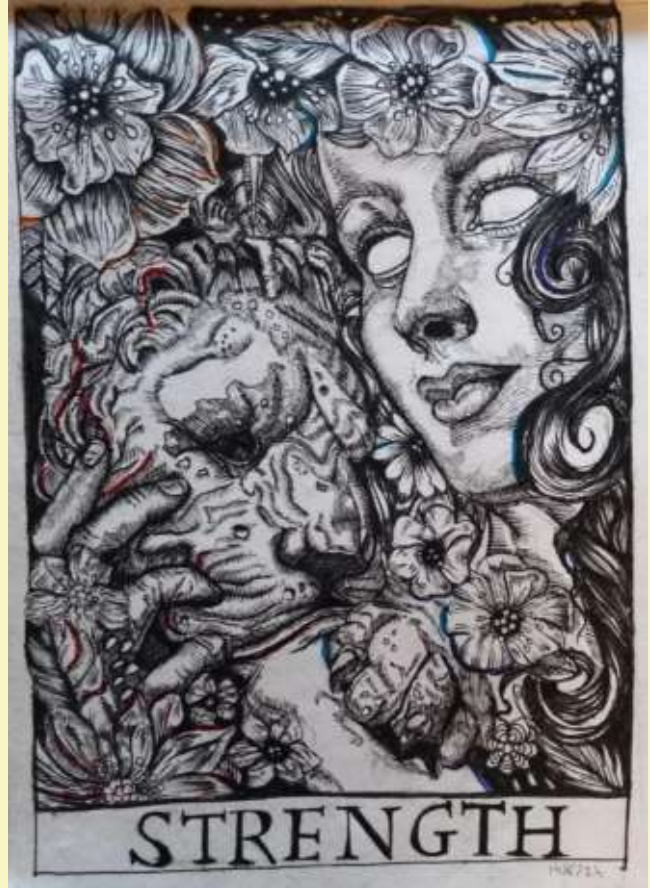
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